

Supporting Cancer Survivors' Return to Work

Resources

Lesson 1 – Introduction to Cancer Survivorship and Return to Work

- CMA Policy: [The Treating Physician's Role in Helping Patients Return to Work After an Illness or Injury](#)
- Cancer and Work: [Roles of Professionals](#)
- [Physician's guide to navigating insurance forms and the insurance process from a legal perspective](#)
- Alberta Human Rights Commission: [Sample Medical and Medical Ability to Work Forms](#)
- [The treating physician's role in helping a survivor's return to work after an illness or injury](#)
- Canadian Medical Association: [Third-Party Forms](#)

Lesson 2 – Return to Work: Assessment

- [Chronic Pain in the Cancer Survivor: A New Frontier](#)
- [NCCN Clinical Practice Guidelines in Oncology Distress Management, Version](#)
- Cancer and Work: [Cancer Work Job Analysis Tool for Employers](#)
- Cancer and Work: [Cancer Work Job Analysis Tool for Survivors](#)

Lesson 3 – Return to Work: Addressing Challenges

- Canadian Association on Psychological Oncology: [Algorithm for Cancer-Related Distress, Depression, & Global Anxiety](#)
- American Society for Clinical Oncology: [Screening, Assessment, and Care of Anxiety and Depressive Symptoms in Adults With Cancer Guideline Adaptation](#)
- Pan-Canadian Practice Guidelines and algorithm: [Cancer-Related Fatigue in Adults with Cancer](#)
- American Society for Clinical Oncology: [Screening, Assessment, and Management of Fatigue in Adult Survivors of Cancer](#)
- Annals of Oncology: [ESMO Clinical Practice Guidelines for Diagnosis and Treatment of Fatigue](#)
- Pan-Canadian Practice Guidelines: [Prevention, Screening and Treatment of Sleep Disturbance in Adults with Cancer](#)
- Oncology Nursing Forum: [Sleep-Wake Disturbances in Adults with Cancer Part 2: Differential Diagnosis and Management](#)
- American Society of Clinical Oncology: [Clinical Practice Survivorship Guidelines, Endorsements and Adaptations](#)
- Pan-Canadian Guidance: [Organization and Structure of Survivorship Services and Psychosocial-Supportive Care Best Practices for Adult Cancer Survivors](#)
- Current Oncology: [Exercise for people with cancer: a clinical practice guideline](#)
- Cancer Care Ontario: [A Quality Initiative of the Program in Evidence-Based Care \(PEBC\), Cancer Care Ontario](#)
- American Cancer Society: [Exercise is medicine in oncology: Engaging clinicians to help patients move through cancer](#)
- Pain Medicine: [Chronic Pain in the Cancer Survivor: A New Frontier](#)
- Pain BC: [Assessment Tools & Clinical Guidelines](#)
- Canadian Partnership Against Cancer: [Primary care tools supporting adolescent and young adult cancer survivors](#)
- BC Cancer: [Vocational Rehabilitation Support for Adults](#)
- Canadian Cancer Society: [Community Services Locator](#)
- Pediatric Oncology Group of Ontario (POGO): [School and Work Transition Programs](#)
- Young Adult Cancer Canada: [Adult Cancer Survivor Seminar on Cancer and Work](#)
- Cancer Council Australia: [Communicating effectively with AYAs diagnosed with cancer](#)
- Cancer Council Australia: [Age appropriate clinical management](#)
- Cancer Council Australia: [Psychosocial management of AYAs diagnosed with cancer \(guidance for health professionals\)](#)

Lesson 3 – Return to Work: Addressing Challenges (cont.)

- Canadian Cancer Society: [Community Locator](#)
- Cancer and Work: [Employment and vocational rehabilitation support](#)
- Cancer and Work: [Non-profit human rights organizations and legal organisations](#)

Lesson 4 – Return to Work: Transitioning to the Workplace

- Cancer and Work: [Key questions to guide a return to work plan](#)
- Cancer and Work: [Cancer and Work Return to Work Planner](#)
- BC Cancer: [Task Analysis Worksheet](#)
- Cancer and Work: [Communicating with a Cancer Survivor's Workplace](#)
- Cancer and Work: [Job Interview Resource for Survivors](#)
- Cancer and Work: [Career exploration services and resources](#)
- Cancer and Work: [Online services that provide career exploration guidance \(for survivors\)](#)
- Cancer and Work: [Workplace Accommodations](#)

Additional Information Sources

- [Cancer and Work](#)
- [Wellspring Online Programs](#)
- [Cancer Chat Canada](#)
- [Anxiety Canada](#)
- [Anxiety Canada](#)
- [Living Life to the Full](#)
- [Workplace Strategies for Mental Health](#)
- [Antidepressant Skills Workbook](#)
- [Antidepressant Skills at Work](#)
- [Advocacy Services and Education](#)