






Hours submitted are automatically converted into credits.

## Framework of Continuing Professional Development Activities

SECTIONS	CATEGORY	EXAMPLES	CREDIT VALUE
MOC Section 1: Group Learning	<p><b>MOC Section 1: Group Learning</b></p> <p>Based on group interactivity (Eg. conferences, webinars, etc)</p> <hr/> <p><b>Unaccredited group learning activities</b> <i>Rounds, Royal College self-accredited rounds, journal clubs, small-group activities or conferences that have not been submitted for accreditation and have no industry sponsorship.</i></p>	<p><b>Group Learning</b></p> <p>Conferences, workshops, webinars, series, other group learning, patient partnered learning</p> <hr/> <p><b>Self-claimed:</b></p> <ul style="list-style-type: none"> <li>Royal College self-accredited rounds</li> <li>Unaccredited rounds, journal clubs, small groups</li> <li>Social Media for knowledge translation</li> </ul>	<p><b>1 credit per hour</b></p> <p>1.0 credit per hour 0.5 credits per hour 0.5 credits per hour</p>
	<p>(prev. Section 2: Self-learning)</p> <p><b>Planned Learning</b> <i>Learning activities initiated by a physician (independently or in collaboration with peers or mentors) to address a need, problem, issue or goal relevant to their professional practice.</i></p> <p><b>Scanning</b> <i>Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice.</i></p> <p><del>Systems Learning</del></p>	<p><b>Self-claimed:</b></p> <ul style="list-style-type: none"> <li>Formal courses</li> <li>Traineeships</li> <li>Activity preparation (prev. Personal Learning Projects)</li> <li>Postgraduate studies</li> <li>Individual task training</li> <li>Reading</li> <li>Watching videos, recordings, etc</li> <li>Listening to podcasts, etc</li> </ul>	<p>Credits vary</p>
MOC Section 2: Independent-learning	<p>(prev. Section 3: Assessment)</p> <p><b>MOC Section 3: Feedback (SAP)</b></p> <p>Provide data with feedback to individual physicians regarding their current knowledge base, enabling the identification of needs and development of future learning opportunities relevant to their practice.</p> <p><b>MOC Section 3: Feedback (SIM)</b></p> <p>Provide data with feedback to individual physicians, groups or interprofessional health teams related to their personal or collective performance across a broad range of domains. Performance assessment activities can occur in a simulated or actual practice environment.</p> <hr/> <p><b>Improvement</b> (prev. Section 2: Systems Learning) <i>Individual, group or systems improvement, QI activities to improve patient care, physician well-being, professional practice; health systems, EDI, planetary health, etc.</i></p>	<p><b>Self-assessment programs (SAP)</b></p> <p>Participants demonstrate knowledge, record their responses (eg. online module with quiz, etc.). Program provides learner with individualized feedback on knowledge.</p> <p><b>Simulation Programs (SIM)</b></p> <p>Participants are observed demonstrating performance (eg. skills demo, scenarios, coaching, etc.). Program provides learner with individualized feedback on performance.</p> <hr/> <p><b>Self-claimed:</b></p> <ul style="list-style-type: none"> <li>QI activities</li> <li>Coaching and mentoring</li> <li>Clinical practice guidelines</li> <li>Committee participation</li> <li>Curriculum and exam devel.</li> <li>Investigations</li> <li>Chart audit</li> <li>Multi-source feedback</li> <li>Direct observation</li> <li>Feedback on teaching</li> <li>Annual performance review</li> <li>Practice assessment</li> </ul>	<p><b>3 credits per hour</b></p> <p><b>3 credits per hour</b></p> <p>Credits vary</p>
	<p>MOC Section 3: Feedback &amp; Improvement</p>		

# ACTIVITY CATEGORIES

ACTIVITY CATEGORIES	CERTIFIED ACTIVITIES MAINPRO+ PARTICIPANTS MUST EARN AT LEAST 125 CERTIFIED CREDITS DURING A REPORTING CYCLE.	NON-CERTIFIED ACTIVITIES
 <p><b>Group Learning</b></p>	<ul style="list-style-type: none"> <li>• <b>MAINPRO+™ Certified</b> Group Learning activities bearing the CFPC Certification statement (conferences, medical rounds, interactive webinars, journal clubs)</li> <li>• Mainpro+ Certified small group activities (eg, Practice Based Small Group Learning) [PBSGL]</li> <li>• American Academy of Family Physicians (AAFP) Formal Prescribed credits</li> <li>• American Medical Association (AMA) PRA Category 1 Credits™ (maximum 50 credits per cycle*)</li> <li>• Advanced Life Support (ALS) programs (including ALARM)</li> <li>• MOREOb Plus program</li> <li>• Royal College of Physicians and Surgeons of Canada (RCPSC) Maintenance of Certification (MOC) Accredited Section 1 activity credits (maximum 50 credits per cycle*)</li> </ul>	<ul style="list-style-type: none"> <li>• Other (non-certified) educational conferences, medical rounds, webinars</li> <li>• Other (non-certified) small group activities</li> <li>• AAFP Elective credits</li> <li>• Royal College of Physicians and Surgeons of Canada section 2 credits</li> </ul> <p><b>PROMOTIONAL MEETINGS OR EVENTS ARE NOT ELIGIBLE FOR NON-CERTIFIED CREDITS.</b></p>
 <p><b>Self-Learning</b></p>	<ul style="list-style-type: none"> <li>• MAINPRO®+ Certified Self Learning activities bearing the CFPC Certification statement</li> <li>• CFPC Self Learning® program</li> <li>• Canadian Family Physician (CFP) Mainpro+ articles</li> <li>• Online CPD (eg, InfoPOEMs, e-Therapeutics, UpToDate, DynaMed)</li> <li>• Formal clinical traineeship</li> <li>• Formal studies/university degree</li> <li>• AAFP self-learning activities</li> <li>• Linking Learning to Practice</li> <li>• Linking Learning to Teaching</li> <li>• Linking Learning to Research</li> <li>• Linking Learning to Administration</li> </ul>	<ul style="list-style-type: none"> <li>• Developing curriculum for a medical education event or activity</li> <li>• Educational planning</li> <li>• Committee participation</li> <li>• Self-study using enduring materials (podcasts, monographs, audio/videotapes, eLearning modules, etc.)</li> <li>• Journal reading</li> <li>• Teaching activities (clinical or academic)</li> <li>• Preparing for and presenting at conferences, speaking engagements, lectures</li> <li>• Preparing/submitting manuscripts for publication</li> </ul>
 <p><b>Assessment</b></p>	<ul style="list-style-type: none"> <li>• <b>MAINPRO®+ Certified Self-Assessment</b> activities bearing the CFPC Certification statement</li> <li>• CFPC Examination of Special Competence in Emergency Medicine—CCFP (EM)</li> <li>• American Board of Family Practice (ABFP) Certification or Recertification Examination</li> <li>• American Board of Emergency Medicine (ABEM) Certification or Recertification Examination</li> <li>• Linking Learning to Assessment</li> <li>• Pearls™</li> <li>• Pearls.ce/Alternative Route to Certification (ARC) Pearls</li> <li>• Examiner for major medical examinations such as the Certification Examination in Family Medicine, the CCFP (EM) examination, or the LMCC</li> <li>• Provincial practice review and enhancement programs</li> <li>• Practice Audits/Quality assurance programs</li> </ul>	<ul style="list-style-type: none"> <li>• Review of learning materials</li> <li>• Family medicine curriculum review</li> <li>• Manuscript review for medical journals</li> <li>• Review of clinical practice guidelines</li> </ul>