



Framework of Continuing Professional Development Activities

SECTIONS	CATEGORY	EXAMPLES	CREDIT RATING
Section 1: Group learning	<p>Accredited group learning activities Conferences, rounds, journal clubs or small-group activities that adhere to Royal College standards. Accredited group learning activities can occur face-to-face or online.</p>	<ul style="list-style-type: none"> • Accredited rounds, journal clubs, small groups • Accredited conferences 	1 credit per hour
	<p>Unaccredited group learning activities Rounds, journal clubs, small-group activities or conferences that have not been submitted for accreditation and have no industry sponsorship.</p>	<ul style="list-style-type: none"> • Unaccredited rounds, journal clubs, small groups or conferences 	0.5 credits per hour (maximum of 50 credits per cycle)
Section 2: Self-learning	<p>Planned learning Learning activities initiated by a physician (independently or in collaboration with peers or mentors) to address a need, problem, issue or goal relevant to their professional practice.</p>	<ul style="list-style-type: none"> • Fellowships • Formal courses • Personal learning projects • Traineeships 	100 credits per year 25 credits per course 2 credits per hour 2 credits per hour
	<p>Scanning Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice.</p>	<ul style="list-style-type: none"> • Reading a book • Reading a book chapter • Reading a journal volume • Reading a journal article • Bulk journal reading with transcript • Bulk online reading/scanning with transcript • Podcasts, audio, video • Internet searching (Medscape, UpToDate, DynaMed) • POEMs 	10 credits per book 2 credits per chapter 2 credits per volume 1 credit per article 1 credit per article 1 credit per hour 0.5 credits per activity 0.5 credits per activity 0.25 credits per activity
	<p>Systems learning Learning stimulated by participation in activities such as setting practice standards, patient safety, continuous quality improvement; curriculum development; assessment tools and strategy development; examination board membership; or peer review.</p>	<ul style="list-style-type: none"> • Clinical practice guideline development • Quality care/patient safety committee • Curriculum development • Examination development • Peer review 	20 credits per year 15 credits per year 15 credits per year 15 credits per year
Section 3: Assessment	<p>Knowledge assessment Programs approved by Royal College accredited CPD provider organizations that provide data with feedback to individual physicians regarding their current knowledge base, enabling the identification of needs and development of future learning opportunities relevant to their practice.</p>	<ul style="list-style-type: none"> • Accredited self-assessment programs 	All assessment activities are 3 credits per hour
	<p>Performance assessment Activities that provide data with feedback to individual physicians, groups or interprofessional health teams related to their personal or collective performance across a broad range of professional practice domains. Performance assessment activities can occur in a simulated or actual practice environment.</p>	<ul style="list-style-type: none"> • Accredited simulation activities • Chart audit and feedback • Multi-source feedback • Direct observation • Feedback on teaching • Annual performance review • Practice assessments 	

This table summarizes the learning sections under the MOC Program framework. Activities submitted via MAINPORT ePortfolio are automatically converted into credits.

ACTIVITY CATEGORIES

ACTIVITY CATEGORIES	CERTIFIED ACTIVITIES MAINPRO+ PARTICIPANTS MUST EARN AT LEAST 125 CERTIFIED CREDITS DURING A REPORTING CYCLE.	NON-CERTIFIED ACTIVITIES
<p>Group Learning</p>	<ul style="list-style-type: none"> • MAINPRO+™ Certified Group Learning activities bearing the CFPC Certification statement (conferences, medical rounds, interactive webinars, journal clubs) • Mainpro+ Certified small group activities (eg, Practice Based Small Group Learning) [PBSGL] • American Academy of Family Physicians (AAFP) Formal Prescribed credits • American Medical Association (AMA) PRA Category 1 Credits™ (maximum 50 credits per cycle*) • Advanced Life Support (ALS) programs (including ALARM) • MOREOb Plus program • Royal College of Physicians and Surgeons of Canada (RCPSC) Maintenance of Certification (MOC) Accredited Section 1 activity credits (maximum 50 credits per cycle*) 	<ul style="list-style-type: none"> • Other (non-certified) educational conferences, medical rounds, webinars • Other (non-certified) small group activities • AAFP Elective credits • Royal College of Physicians and Surgeons of Canada section 2 credits <p>PROMOTIONAL MEETINGS OR EVENTS ARE NOT ELIGIBLE FOR NON-CERTIFIED CREDITS.</p>
<p>Self-Learning</p>	<ul style="list-style-type: none"> • MAINPRO®+ Certified Self Learning activities bearing the CFPC Certification statement • CFPC Self Learning® program • Canadian Family Physician (CFP) Mainpro+ articles • Online CPD (eg, InfoPOEMs, e-Therapeutics, UpToDate, DynaMed) • Formal clinical traineeship • Formal studies/university degree • AAFP self-learning activities • Linking Learning to Practice • Linking Learning to Teaching • Linking Learning to Research • Linking Learning to Administration 	<ul style="list-style-type: none"> • Developing curriculum for a medical education event or activity • Educational planning • Committee participation • Self-study using enduring materials (podcasts, monographs, audio/videotapes, eLearning modules, etc.) • Journal reading • Teaching activities (clinical or academic) • Preparing for and presenting at conferences, speaking engagements, lectures • Preparing/submitting manuscripts for publication
<p>Assessment</p>	<ul style="list-style-type: none"> • MAINPRO®+ Certified Self-Assessment activities bearing the CFPC Certification statement • CFPC Examination of Special Competence in Emergency Medicine—CCFP (EM) • American Board of Family Practice (ABFP) Certification or Recertification Examination • American Board of Emergency Medicine (ABEM) Certification or Recertification Examination • Linking Learning to Assessment • Pearls™ • Pearls.ce/Alternative Route to Certification (ARC) Pearls • Examiner for major medical examinations such as the Certification Examination in Family Medicine, the CCFP (EM) examination, or the LMCC • Provincial practice review and enhancement programs • Practice Audits/Quality assurance programs 	<ul style="list-style-type: none"> • Review of learning materials • Family medicine curriculum review • Manuscript review for medical journals • Review of clinical practice guidelines