### Framework of Continuing Professional Development Activities

**SECTION 1: Group Learning**

**Accredited group learning activities**
Conferences, rounds, journal clubs or small-group activities that adhere to Royal College standards. Accredited group learning activities can occur face-to-face or online.

**Unaccredited group learning activities**
Rounds, journal clubs, small-group activities or conferences that have not been submitted for accreditation and have no industry sponsorship.

**Planned learning**
Learning activities initiated by a physician (independently or in collaboration with peers or mentors) to address a need, problem, issue or goal relevant to their professional practice.

**Scanning**
Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice.

**Systems learning**
Learning stimulated by participation in activities such as setting practice standards, patient safety, continuous quality improvement; curriculum development; assessment tools and strategy development; examination board membership; or peer review.

**Knowledge assessment**
Programs approved by Royal College accredited CPD provider organizations that provide data with feedback to individual physicians regarding their current knowledge base, enabling the identification of needs and development of future learning opportunities relevant to their practice.

**Performance assessment**
Activities that provide data with feedback to individual physicians, groups or interprofessional health teams related to their personal or collective performance across a broad range of professional practice domains. Performance assessment activities can occur in a simulated or actual practice environment.

<table>
<thead>
<tr>
<th>SECTIONS</th>
<th>CATEGORY</th>
<th>EXAMPLES</th>
<th>CREDIT RATING</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Section 1:</strong> Group Learning</td>
<td>Accredited group learning activities</td>
<td><strong>Accredited rounds, journal clubs, small groups</strong>&lt;br&gt;<strong>Accredited conferences</strong></td>
<td>1 credit per hour</td>
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<tr>
<td></td>
<td>Unaccredited group learning activities</td>
<td><strong>Unaccredited rounds, journal clubs, small groups or conferences</strong></td>
<td>0.5 credits per hour (maximum of 50 credits per cycle)</td>
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<td></td>
<td>Planned learning</td>
<td><strong>Fellowships</strong>&lt;br&gt;<strong>Formal courses</strong>&lt;br&gt;<strong>Personal learning projects</strong>&lt;br&gt;<strong>Traineeships</strong></td>
<td>100 credits per year&lt;br&gt;25 credits per course&lt;br&gt;2 credits per hour&lt;br&gt;2 credits per hour</td>
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<tr>
<td></td>
<td>Scanning</td>
<td><strong>Reading a book</strong>&lt;br&gt;<strong>Reading a book chapter</strong>&lt;br&gt;<strong>Reading a journal volume</strong>&lt;br&gt;<strong>Reading a journal article</strong>&lt;br&gt;<strong>Bulk journal reading with transcript</strong>&lt;br&gt;<strong>Bulk online reading/scanning with transcript</strong>&lt;br&gt;<strong>Podcasts, audio, video</strong>&lt;br&gt;<strong>Internet searching (Medscape, UpToDate, DynaMed)</strong>&lt;br&gt;<strong>POEMs</strong>&lt;br&gt;<strong>Clinical practice guideline development</strong>&lt;br&gt;<strong>Quality care/patient safety committee</strong>&lt;br&gt;<strong>Curriculum development</strong>&lt;br&gt;<strong>Examination development</strong>&lt;br&gt;<strong>Peer review</strong>&lt;br&gt;<strong>Accredited self-assessment programs</strong></td>
<td>10 credits per book&lt;br&gt;2 credits per chapter&lt;br&gt;2 credits per volume&lt;br&gt;1 credit per article&lt;br&gt;1 credit per article&lt;br&gt;1 credit per hour&lt;br&gt;0.5 credits per activity&lt;br&gt;0.5 credits per activity&lt;br&gt;0.25 credits per activity&lt;br&gt;20 credits per year&lt;br&gt;15 credits per year&lt;br&gt;15 credits per year&lt;br&gt;15 credits per year&lt;br&gt;15 credits per year&lt;br&gt;All assessment activities are 3 credits per hour</td>
</tr>
<tr>
<td></td>
<td>Systems learning</td>
<td><strong>Accredited simulation activities</strong>&lt;br&gt;<strong>Chart audit and feedback</strong>&lt;br&gt;<strong>Multi-source feedback</strong>&lt;br&gt;<strong>Direct observation</strong>&lt;br&gt;<strong>Feedback on teaching</strong>&lt;br&gt;<strong>Annual performance review</strong>&lt;br&gt;<strong>Practice assessments</strong></td>
<td>2 credits per hour</td>
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</tbody>
</table>
# Activity Categories

## Certified Activities
MAINPRO+ participants must earn at least 125 certified credits during a reporting cycle.

### Group Learning
- **MAINPRO+™ Certified** Group Learning activities bearing the CFPC Certification statement (conferences, medical rounds, interactive webinars, journal clubs)
- **Mainpro+ Certified** small group activities (e.g., Practice Based Small Group Learning [PBSGL])
- American Academy of Family Physicians (AAFP) Formal Prescribed credits
- American Medical Association (AMA) PRA Category 1 Credits™ (maximum 50 credits per cycle*)
- Advanced Life Support (ALS) programs (including ALARM)
- MOREOb Plus program
- Royal College of Physicians and Surgeons of Canada (RCPSC) Maintenance of Certification (MOC) Accredited Section 1 activity credits (maximum 50 credits per cycle*)

### Self-Learning
- **MAINPRO®+ Certified** Self-Learning activities bearing the CFPC Certification statement
  - CFPC Self Learning® program
  - Canadian Family Physician (CFP) Mainpro+ articles
  - Online CPD (e.g., InfoPOEMs, e-Therapeutics, UpToDate, DynaMed)
  - Formal clinical traineeship
  - Formal studies/university degree
  - AAFP self-learning activities
  - Linking Learning to Practice
  - Linking Learning to Teaching
  - Linking Learning to Research
  - Linking Learning to Administration

### Assessment
- **MAINPRO®+ Certified** Self-Assessment activities bearing the CFPC Certification statement
  - CFPC Examination of Special Competence in Emergency Medicine—CCFP (EM)
  - American Board of Family Practice (ABFP) Certification or Recertification Examination
  - American Board of Emergency Medicine (ABEM) Certification or Recertification Examination
  - Linking Learning to Assessment
  - Pearls™
  - Pearls.ce/Alternative Route to Certification (ARC) Pearls
  - Examiner for major medical examinations such as the Certification Examination in Family Medicine, the CCFP (EM) examination, or the LMCC
  - Provincial practice review and enhancement programs
  - Practice Audits/Quality assurance programs

## Non-Certified Activities
- Other (non-certified) educational conferences, medical rounds, webinars
- Other (non-certified) small group activities
- AAFP Elective credits
- Royal College of Physicians and Surgeons of Canada section 2 credits

**Promotional meetings or events are not eligible for non-certified credits.**

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*Credits per cycle may vary based on specific requirements and limitations.*