



THE UNIVERSITY OF BRITISH COLUMBIA

## Continuing Professional Development

Faculty of Medicine

### UBC CPD

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# WEBINAR RESOURCES: RAISING REILIENT KIDS

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- [CBT Skills](#)
- [Raising Resilient Kids Website](#)
  - [Raising Resilient Kids Information Sheet](#)
  - [Referring to Raising Resilient Kids](#)
- [Brazelton Touchpoints Program](#)
- [Sunshine Coast Parenting Classes](#) includes Circle of Security being delivered virtually