WEBINAR RESOURCES: COVID-19, INFLUENZA AND RSV MANAGEMENT UPDATE

Web Resources

1. RSV (Respiratory syncytial virus) – Caring for Kids:
   https://caringforkids.cps.ca/handouts/health-conditions-and-treatments/respiratory_syncytial_virus

2. Influenza in children – Caring for Kids:
   https://caringforkids.cps.ca/handouts/health-conditions-and-treatments/influenza_in_children

3. COVID-19 and your child – Caring for Kids:
   https://caringforkids.cps.ca/handouts/health-conditions-and-treatments/the-2019-novel-coronavirus-covid-19

4. Infant and children's acetaminophen & ibuprofens shortage options – St. Michael's Academic Family Health Team Pharmacists:
   https://d1fdloi71mui9q.cloudfront.net/iFxF5CSYSz6CfGufza4Q_Infant_Children%20Acetaminophen_Ibuprofen%20shortage%20options%20-%20Parent%20handout_v2.pdf?mibextid=Zxz2cZ&fbclid=IwAR17XwjZ6T0La5em9HKxXAKY2WpL8BEdT5kTo7QobDcjtj4Hq7I3omnl4vQ

5. Pediatric Respiratory Focused Care – Child Health BC:
   https://www.childhealthbc.ca/initiatives/pediatric-respiratory-focused-care

6. Get Vaccinated – Government of British Columbia:
   https://www.getvaccinated.gov.bc.ca/s/

Child Health BC Resources

Children's fever and pain medication

- Children's Medication Shortage (pharmacists.ca): Guidance for families on when and how to use these products, and when to speak with a health-care professional for advice.

- Information for families who are having trouble finding fever-reducing medication. Two resources from BC Children's Hospital – Acetaminophen and Ibuprofen.

- Short guide to the wise use of antibiotics. Information for patients and families about the use of antibiotics.

- Information for parents seeking medical care for children (ChildHealthBC.ca): This resource can help families assess and decide if their child needs medical care. Translations available in Arabic, Punjabi and Simplified Chinese.

- When to bring your child to the Emergency Department (BC Children's Hospital): Additional examples to help families decide if their child needs emergency care.

- 8-1-1 HealthLink BC: Families can speak to a registered nurse any time, every day of the year.

- Fever or chills, age 11 or younger (HealthLinkBC.ca): Details about taking temperature, causes of fever, treatment, prevention, etc.

Resources for health-care providers

- Pediatric respiratory resource list (PDF): a compilation of respiratory resources for pediatric health-care providers; topics include asthma, bronchiolitis, croup, COVID-19, RSV and vaccines.

- Real-Time Virtual Support (RTVS) - peer pathways that offer around the clock, virtual clinical support to rural and remote care providers in B.C.
  - Child Health Advice in Real-Time Electronically (CHARLiE)
  - Maternity and Babies Advice Line (MaBAL)
  - Rural Urgent Doctors In-aid (RUDi)

- Compass Mental Health: telephone support for care providers across B.C. to deliver timely and appropriate care for children and youth. Providers have access to a multidisciplinary team including mental health and substance use clinicians (social workers, nurses, psychologists, etc.) and child and adolescent psychiatrists.

Resources and reminders for families

- Information for parents seeking medical care for children (PDF): If parents/caregivers are unsure if their child needs medical care, this resource can help them assess and decide.

- When to bring your child to the Emergency Department: examples to help families decide if their child needs emergency care.

- 8-1-1 HealthLink BC: families can speak to a registered nurse any time, every day of the year.

- Fever or chills, age 11 or younger: HealthLink BC webpage with details about taking temperature, causes of fever, treatment, prevention etc.

- BC Children's Kelty Mental Health Resource Centre: provides mental health and substance use information, resources, and peer support to families across BC.