



# WEBINAR RESOURCES: YOUTH SUBSTANCE USE: STRATEGIES FOR APPROACHING MENTAL HEALTH, TRAUMA AND SUBSTANCE MISUSE

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## Speaker Emails

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## Resources

- Rapid Access to Consultative Expertise is a program that connects primary care providers to specialist colleagues for urgent advice within two hours: <http://www.raceconnect.ca/>
- Compass Mental Health supports community care providers to deliver mental health and substance use care: <https://compassbc.ca/>
- Foundry BC: <https://foundrybc.ca/>: Offers support for youth ages 12-24 including mental health and substance use

### Resources for First Nations Youth

- The First Nations Virtual Substance Use and Psychiatry Service is a referral-based service and is available at no cost to all First Nations people and their family members living in BC. It provides individuals with access to specialists in addictions medicine and psychiatry as well as mental health and wellness care coordinators: <https://www.fnha.ca/what-we-do/ehealth/virtual-substance-use-and-psychiatry-service>

- Jordan's Principle provides funding to ensure all First Nations children living in Canada can access the products, services and supports they need: <https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824>