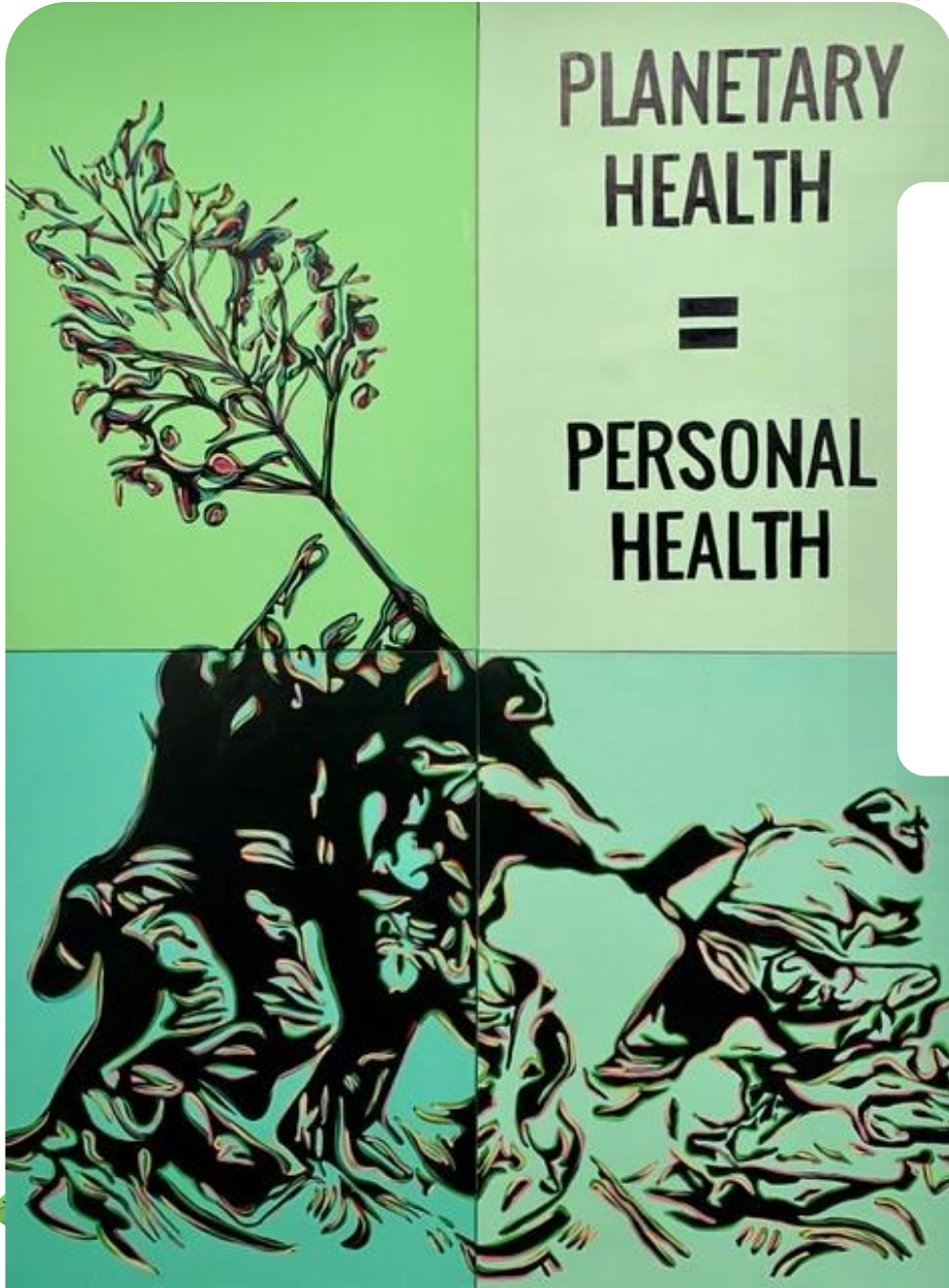


Credit: Jessica Gorlicky, the Mural Campaign



PLANETARY
HEALTH

=

PERSONAL
HEALTH



UBC Family & Community Practice Grand Rounds

An Introduction to Planetary Healthcare

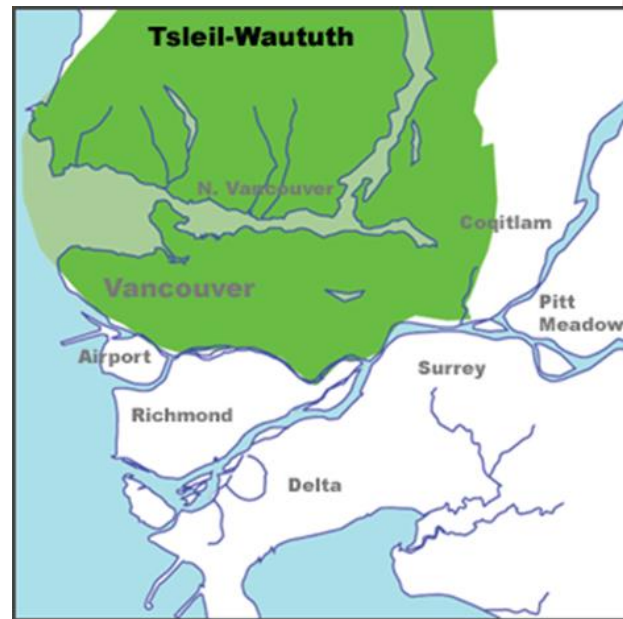
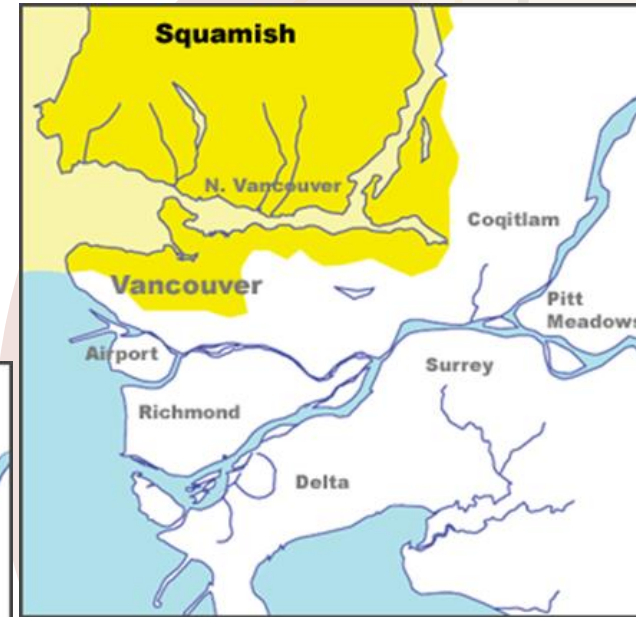
Andrea MacNeill, MD MSc FRCSC

@ecosurgeon

— 28 February, 2023

We would like to acknowledge that we are gathered today on the traditional territories of the Musqueam, Squamish and Tsleil-Waututh peoples.

Source: www.ijohomaps.net/na/canada/bc/vancouver/firstnations/firstnations.html





Planetary Health

Safeguarding both human health and the natural systems that underpin it.



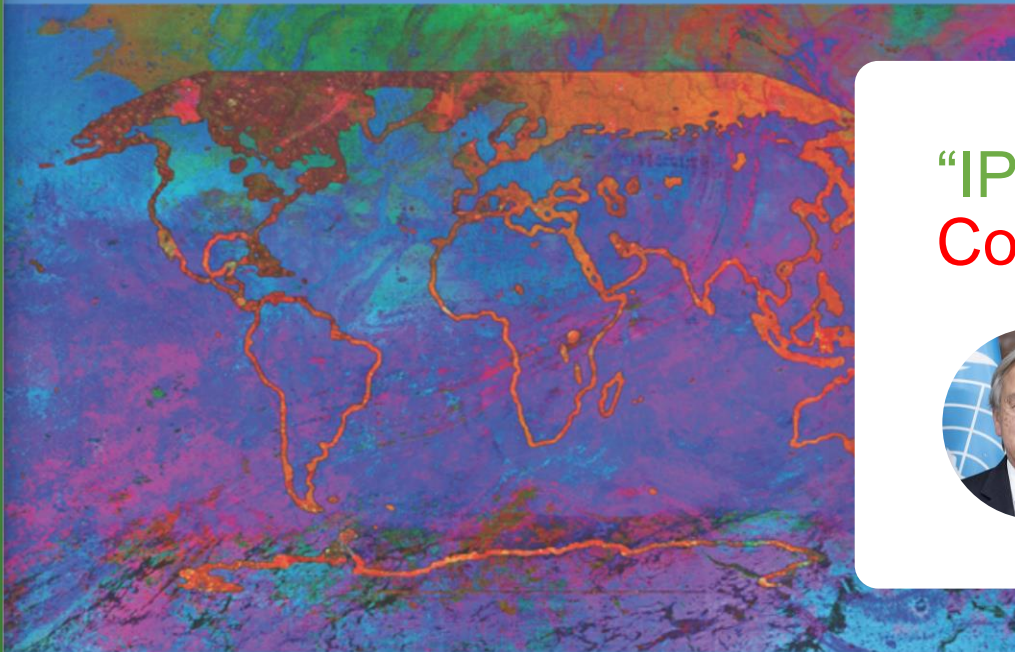
ipcc

INTERGOVERNMENTAL PANEL ON climate change

Climate Change 2021

The Physical Science Basis

Summary for Policymakers



WGI

Working Group I contribution to the
Sixth Assessment Report of the
Intergovernmental Panel on Climate Change



“IPCC Working Group I Report Is A
Code Red For Humanity”



- Antonio Guterres

United Nations Secretary General

Climate Impacts on Health and the Health System

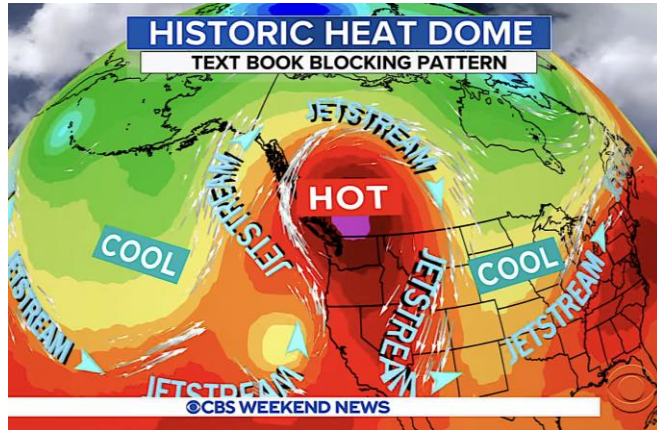
Extreme Weather

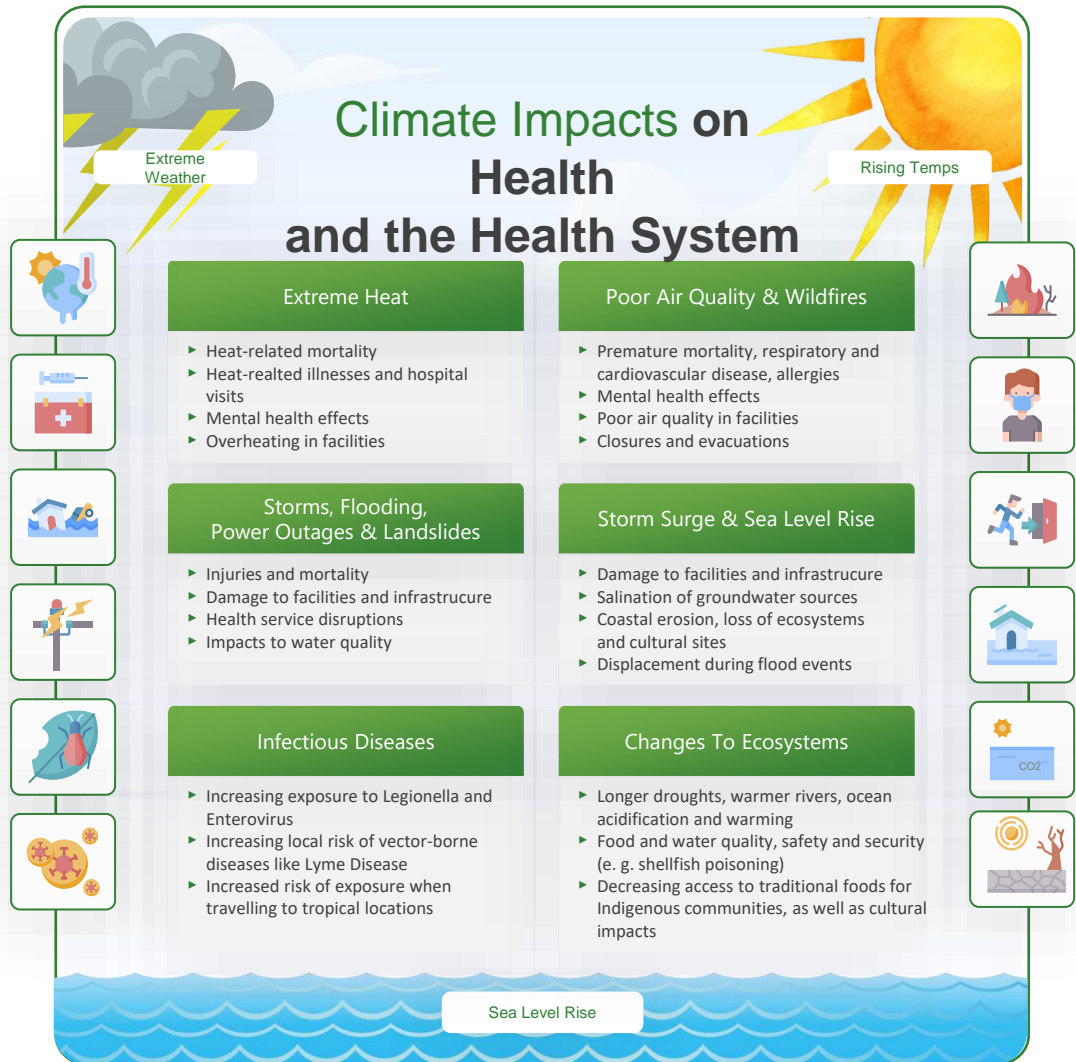
Rising Temps



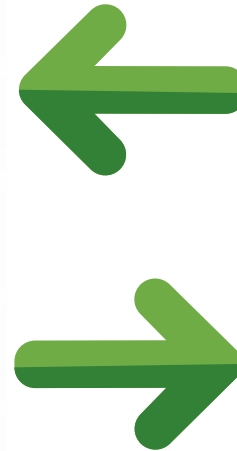
Adaptation:

Health system disruption





Mitigation: Low-carbon health systems



The environmental footprint of health care: a global assessment

Manfred Lenzen, Arunima Malik, Mengyu Li, Jacob Fry, Helga Weisz, Peter-Paul Pichler, Leonardo Suveges Moreira Chaves, Anthony Capon, David Pencheon

Summary

Background Health-care services are necessary for sustaining and improving human wellbeing, yet they have an environmental footprint that contributes to environment-related threats to human health. Previous studies have quantified the carbon emissions resulting from health care at a global level. We aimed to provide a global assessment of the wide-ranging environmental impacts of this sector.

Methods In this multiregional input-output analysis, we evaluated the contribution of health-care sectors in driving environmental damage that in turn puts human health at risk. Using a global supply-chain database containing detailed information on health-care sectors, we quantified the direct and indirect supply-chain environmental damage driven by the demand for health care. We focused on seven environmental stressors with known adverse feedback cycles: greenhouse gas emissions, particulate matter, air pollutants (nitrogen oxides and sulphur dioxide), malaria risk, reactive nitrogen in water, and scarce water use.

Findings Health care causes global environmental impacts that, depending on which indicator is considered, range between 1% and 5% of total global impacts, and are more than 5% for some national impacts.

Interpretation Enhancing health-care expenditure to mitigate negative health effects of environmental damage is often promoted by health-care practitioners. However, global supply chains that feed into the enhanced activity of health-care sectors in turn initiate adverse feedback cycles by increasing the environmental impact of health care, thus counteracting the mission of health care.

Funding Australian Research Council, National eResearch Collaboration Tools and Resources project.

5.2%

Of Global Emissions (2.4Gt CO₂e)

Equivalent to

5th

Highest Emitting Country

THE LANCET
Planetary Health

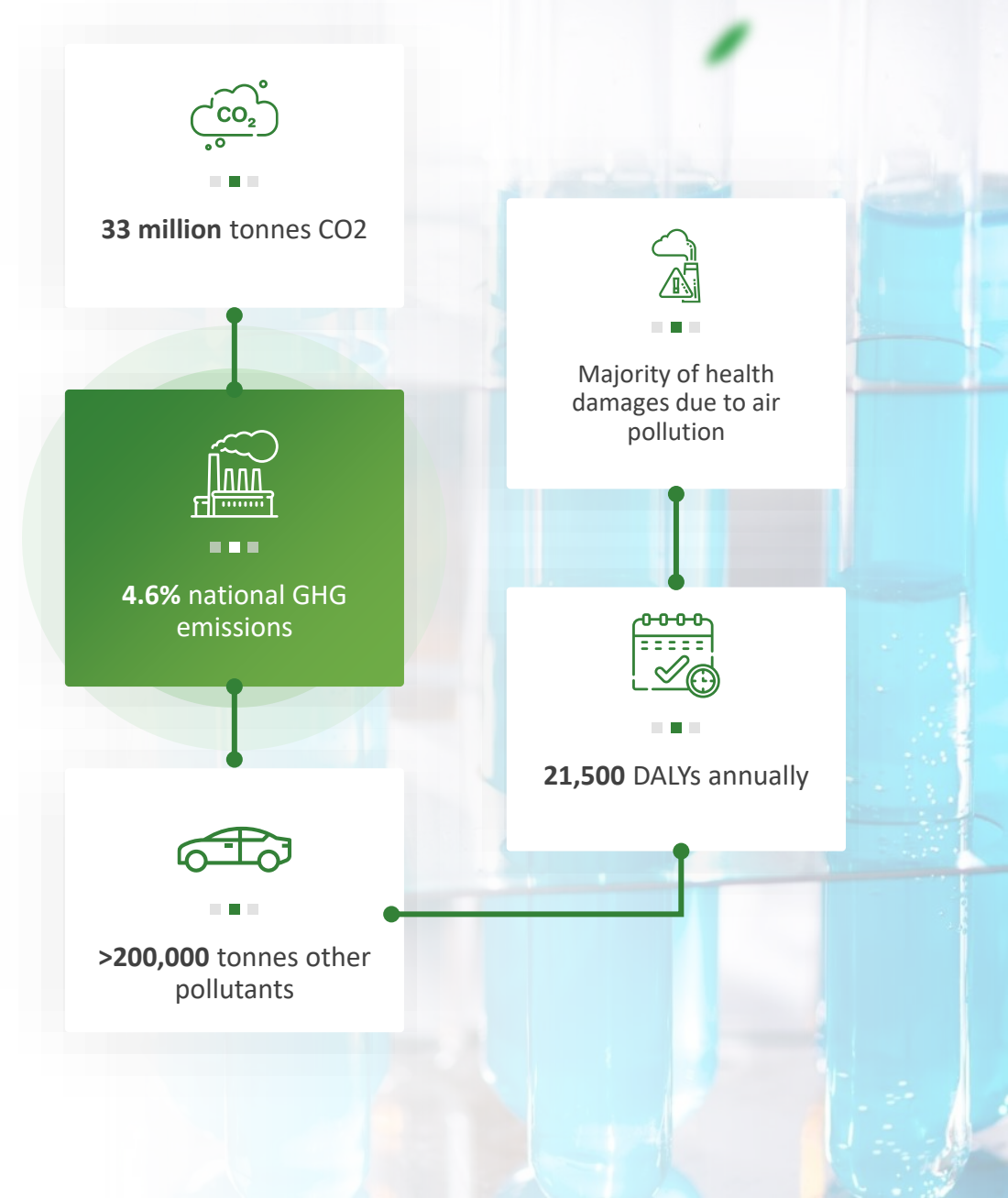




Life Cycle Environmental Emissions and Health Damages From the Canadian Healthcare System:

An Economic-Environmental-Epidemiological Analysis

- ▶ **Matthew J. Eckelman**
Department of Civil and Environmental Engineering, Northeastern University, Boston, Massachusetts
- ▶ **Jodi Sherman**
Department of Anesthesiology, Yale School of Medicine, New Haven, Connecticut
- ▶ **Andrea J. MacNeill**
Department of Surgery, University of British Columbia, Vancouver, British Columbia





Planetary Healthcare

Expanded duty of care from individual patient to public and planet

THE LANCET

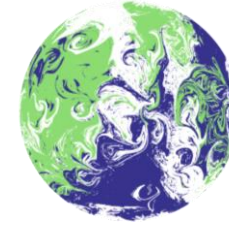
A Pledge For Planetary Health To Unite Health Professionals In The Anthropocene

Katharina-Jaqueline Wabnitz. Sabine Gabrysch. Renzo Guinto. Andy Haines. Martin Hermann. Courtney Howard

Published: September 30, 2020.



BILL C-12 NET-ZERO EMISSIONS ACCOUNTABILITY ACT



UN CLIMATE
CHANGE
CONFERENCE
UK 2021

Five pillars of Canadian Climate Accountability Act

- Pillar 1** Long-term (2050 & 2030) GHG reduction targets that are ambitious and move
- Pillar 2** **Five-year carbon budget:** that cap total GHG emissions and fairly distribute emissions reductions across the country. Carbon budgets are the basis for mitigation planning.
- Pillar 3** **Five-year impact reports** tabled before Parliament that assess the risks of current and predicted climate impacts in Canada. Impact reports are the basis for adaptation planning.
- Pillar 4** **Planning and reporting requirements** to achieve carbon budgets and guide adaptation. Plans, progress reports on their implementation, and the government's response to progress reports must be tabled before Parliament.
- Pillar 5** **Arm's-length expert climate advisory committee** to advise on long-term targets, five-year carbon budgets, climate impact reports and policy solutions, and independently monitor and report on implementation progress. The expert committee is central to the accountability framework and has a key role in each of the preceding pillars.



World Health
Organization



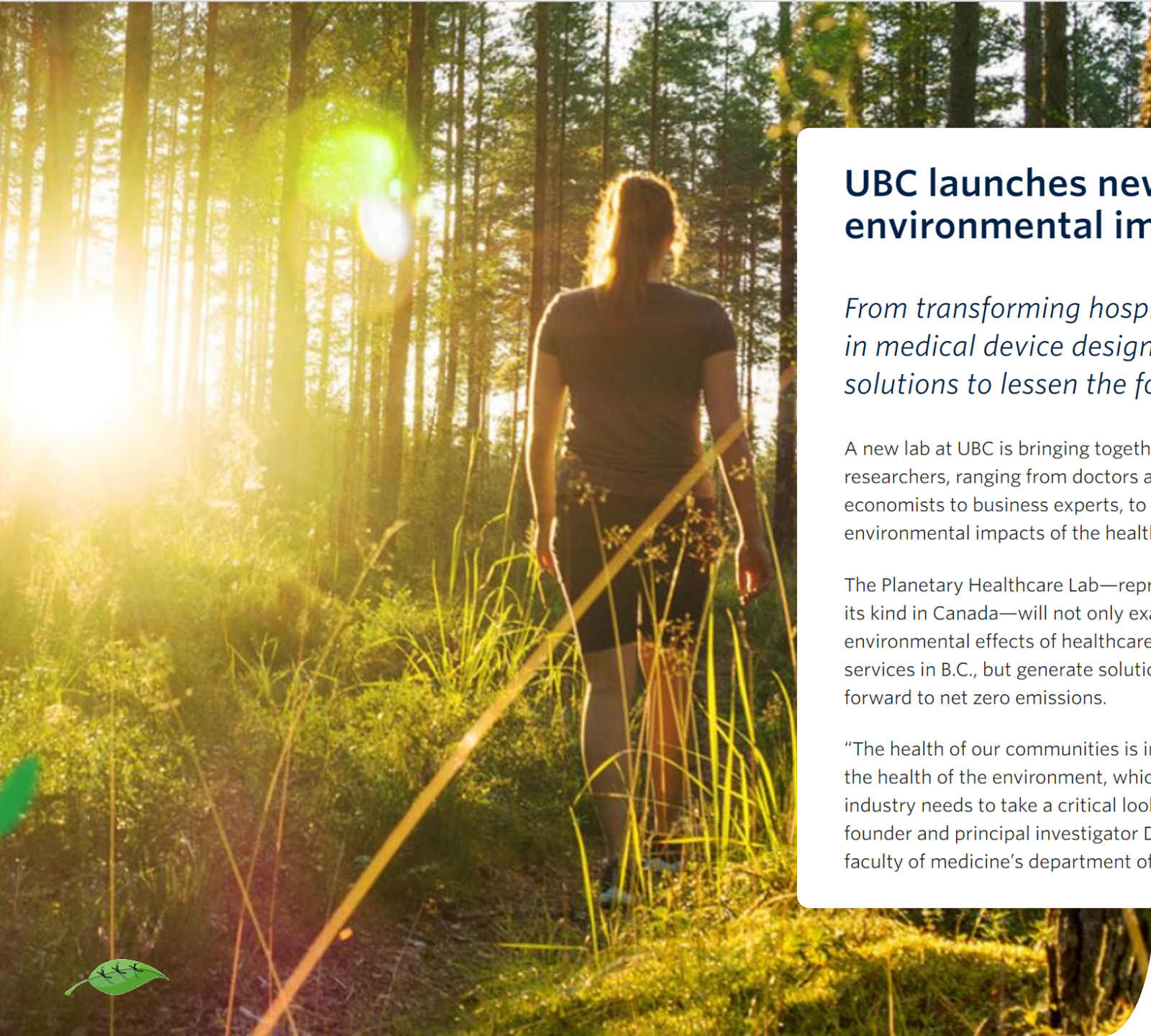
Steven Guilbeault
@s_guilbeault

Canada has signed onto the [@WHO #COP26](#) initiative on resilient, low-carbon health systems. [#climatechange](#) poses significant public health risks & decarbonizing our healthcare systems is an important step on the path to net-zero.

[@jyduclos](#) [@courtghoward](#)

3:06 PM · Nov 9, 2021 · Twitter for iPhone





UBC launches new lab to combat healthcare's environmental impact

From transforming hospital food systems to driving innovation in medical device design, a team of researchers will generate solutions to lessen the footprint of healthcare in B.C.

A new lab at UBC is bringing together a team of researchers, ranging from doctors and health economists to business experts, to combat the growing environmental impacts of the healthcare industry.

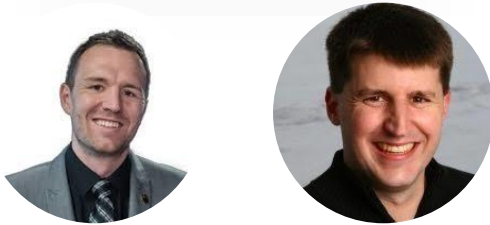
The Planetary Healthcare Lab—representing the first of its kind in Canada—will not only examine the environmental effects of healthcare delivery and services in B.C., but generate solutions to chart a path forward to net zero emissions.

“The health of our communities is inextricably linked to the health of the environment, which is why every industry needs to take a critical look at its activities, including healthcare,” says the lab’s founder and principal investigator Dr. Andrea MacNeill, a clinical associate professor in UBC faculty of medicine’s department of surgery.

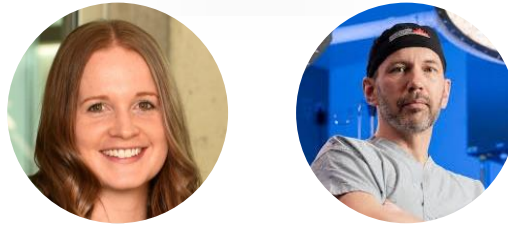


Dr. Andrea MacNeill

Health Economics



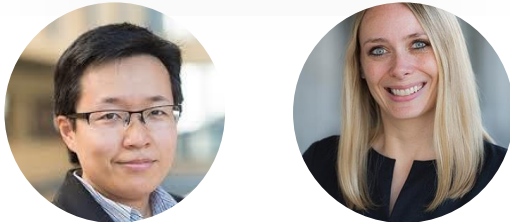
Clinical



Public Health



Behavioral Sciences



Environmental Engineering



Vancouver Coastal Health



VCH Foundational Pillars



Indigenous Cultural Safety

Delivering culturally safe care to Indigenous Peoples every day in every way.



Diversity, Equity and Inclusion

Celebrating each person and distinct experiences so we bring our whole selves to work



Anti-Racism

Creating a community where we dismantle attitudes, practices and processes that treat people differently because of their race or ethnicity.



Planetary Health

Inspiring people to create, restore, steward and conserve healthy ecosystems



VCH Goals and Strategies



Exceptional Care

1. Provide effective population and public health
2. Embed cultural safety and humility
3. Expand team-based primary and community care
4. Expand access to specialized community services for vulnerable populations
5. Increase access to surgical services and medical imaging
6. Provide high quality community and hospital services
7. Build an integrated strategy and plan for Planetary Health



Innovation for Impact

1. Enhance clinical information systems and technologies
2. Expand virtual health
3. Translate research into practice



Great Place to Work

1. Unite VCH under one strategic plan and shared values
2. Transform our organizational health to drive sustainable performance





CASCADES

CREATING A SUSTAINABLE HEALTHCARE
SYSTEM IN A CLIMATE CRISIS



THE
UNIVERSITY OF
BRITISH
COLUMBIA



The Canadian Coalition
for Green Health Care

Coalition canadienne pour
un système de santé écologie



UNIVERSITY OF
TORONTO



DALHOUSIE
UNIVERSITY





CASCADDES

CREATING A SUSTAINABLE
HEALTHCARE SYSTEM IN A CLIMATE
CRISIS



Framework for Planetary Healthcare

MacNeill A, McGain F, Sherman J.
Lancet Planet Health 2021





Ladder of Engagement



Buchman et al. *Practising social accountability*.
Can Fam Phys 2016

Framework for Planetary Healthcare

Net zero healthcare: a call for clinician action

Health professionals are well positioned to effect change by reshaping individual practice, influencing healthcare organisations, and setting clinical standards, argue **Jodi Sherman and colleagues**

Achieving net zero emissions in healthcare will be possible only with radical and immediate engagement of the clinical community. The covid-19 pandemic has served as a wake-up call for high income health systems that resources are finite and globally interdependent, vulnerable to massive surges in demands and simultaneous infrastructure disruption, and that inequities in access to care threaten health and wellbeing for everyone.

During the first months of the pandemic, the medical community united at a historic pace, rapidly sharing information, redesigning models of care, conserving and innovating resources, and moving towards a circular economy. In comparison, the task of transforming healthcare culture and practice to halve healthcare emissions by 2030 as recommended by the Intergovernmental Panel on Climate Change¹ seems entirely feasible.

health and wellbeing depend.² This planetary health lens acknowledges crucial links between ecological change, human health, and our ability to thrive.²

Planetary accountability encompasses actions taken by individual health professionals within the clinical setting, collective actions of clinicians in healthcare organisations with the communities they serve, and interactions of individuals and collectives in professional societies with regulatory and oversight bodies.

For clinicians, this means recognising that healthcare consumes finite resources and produces harmful pollution, accepting that environmental stewardship is integral to our fundamental duty of care, and that we are quickly approaching a climate tipping point.

Healthcare is one of the largest polluting industries, responsible for nearly 5% of total global greenhouse gases.³ Like all industries, healthcare must rapidly and substantially reduce its greenhouse gas

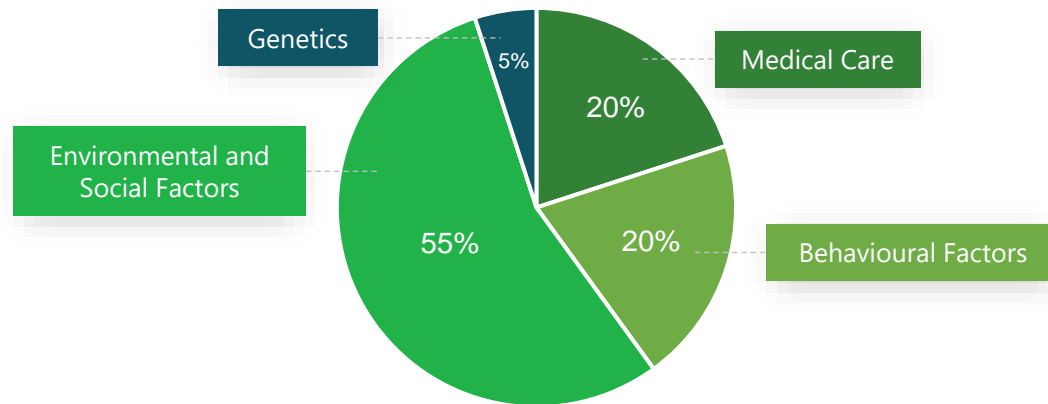
strands of action: reducing emissions from healthcare services, matching supply and demand, and reducing demand for healthcare.⁴ Here we provide practical suggestions to help clinicians enact that framework (table 1).

Reducing emissions from supply of health services

Reducing emissions from healthcare services encompasses all activities that consume materials and energy. Most healthcare sustainability initiatives focus on large scale facility operations, such as improving hospital energy performance and sourcing renewable electricity, which typically are not under the control of clinicians. However, clinicians influence building use through decisions on care settings—for example, whether to administer monitoring or treatment in the home, clinic, or hospital (which has the highest resource and emissions intensity).⁵ Virtual care for patient-provider interactions that do not



Determinants of Health



University of Wisconsin Population Health Institute



HEALTH IN ALL POLICIES

To ensure all people have equal opportunities to achieve the highest level of health

We require different sectors to work together, for example

- HEALTH
- TRANSPORT
- HOUSING
- WORK
- NUTRITION
- WATER & SANITATION

Good health requires policies that actively support health

Find out more at: www.who.int




Health Promotion: Active Transport



Health Promotion: Healthy food systems

Canada's food guide

Eat well. Live well.

Eat a variety of healthy foods each day

Have plenty of vegetables and fruits

Eat protein foods

Make water your drink of choice

Choose whole grain foods

Discover your food guide at
Canada.ca/FoodGuide

Canada

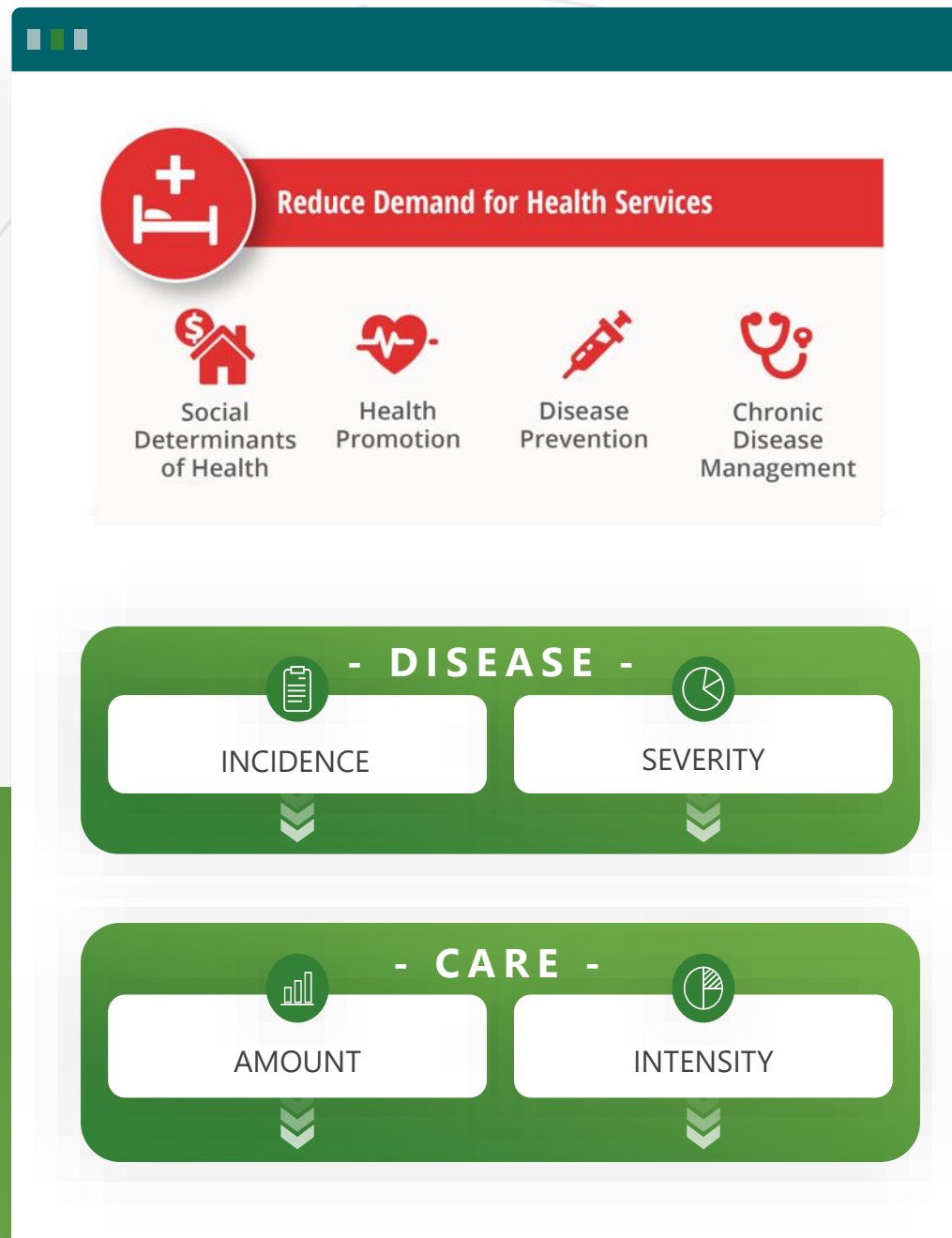
NEW CANADA FOOD GUIDELINES

- Eat veggies, fruit, whole grains, plant-based protein foods regularly
- Replace foods with saturated fat with unsaturated fat
- Drink water almost exclusively
- Avoid processed or prepared foods and beverages
- Avoid alcohol
- Cook more at home
- Pay attention to food labels

SOURCE: HEALTH CANADA



Framework for Planetary Healthcare



MacNeill A, McGain F, Sherman J.
Lancet Planet Health 2021



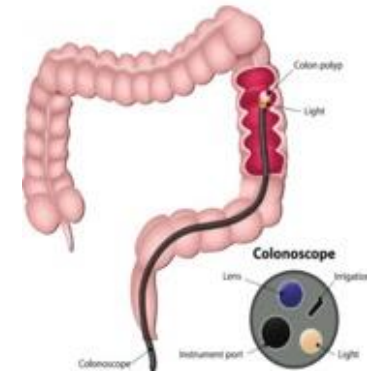
1° and 2° Prevention Opportunities



Vaccinations



Smoking Cessation



Cancer Screening



Chronic disease management

Prevention



Blood Pressure Control



Diabetes Management

Hemodialysis

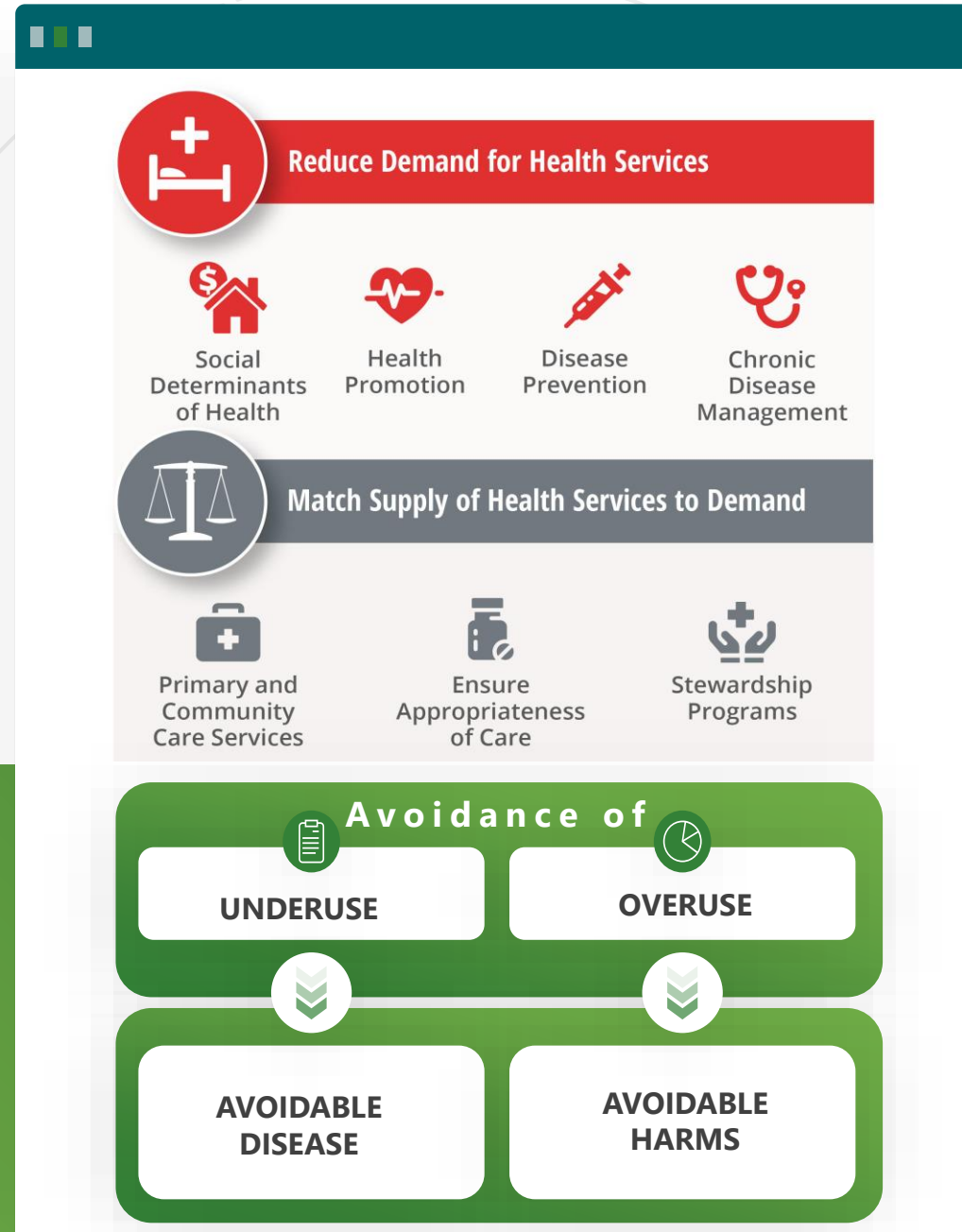


\$60,000
Annually

3.8-7.2 TCO₂e
Annually



Framework for Planetary Healthcare



MacNeill A, McGain F, Sherman J.
Lancet Planet Health 2021



Inappropriate Care

Unnecessary Investigations & Interventions



25% of care

\$100 billion/y (US)



Dimension of **quality**

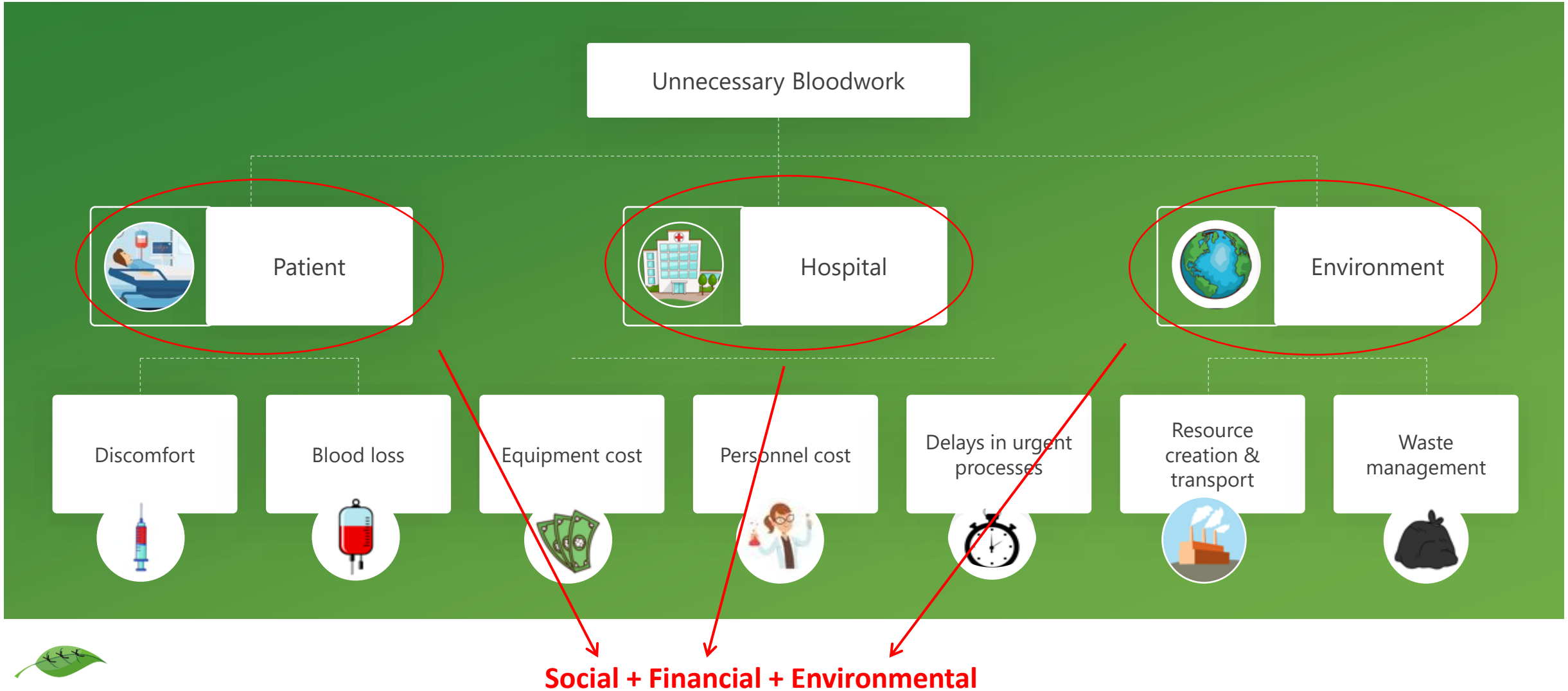


Arises from **system**
structure/funding and **clinician**
and **patient** behaviours



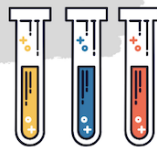


The Burden Of Unnecessary Bloodwork



Recommendation 1

For all patients: Order a maximum of three consecutive days of daily blood work at a time. Reassess the need for ongoing laboratory investigations daily.



Recommendation 2

For **stable patients** with **acute uncomplicated appendicitis** who are **discharged on post-operative day 1** after undergoing an **uncomplicated laparoscopic appendectomy**, do not order post-operative blood work.

Recommendation 3

For **stable patients** with **biliary colic** or **acute uncomplicated cholecystitis** and **no evidence of choledocholithiasis** who are **discharged on post-operative day 1** after undergoing an **uncomplicated laparoscopic cholecystectomy**, do not order post-operative blood work.

Recommendation 4

For **stable patients** with **acute gallstone pancreatitis**:

1. Use lipase as the preferred test to evaluate for pancreatitis
2. Do not trend lipase or amylase

Recommendation 5

For **stable** patients with **acute choledocholithiasis** or **gallstone pancreatitis** who have demonstrated **biochemical or mechanical common bile duct clearance*** and are awaiting same admission cholecystectomy:

1. Stop trending liver enzymes once a clear downward trend has been established, then stop all routine blood work once patient is booked for surgery**
2. Do not order post-operative blood work after uncomplicated same-admission laparoscopic cholecystectomy.

Recommendation 6

For **stable patients** with an **uncomplicated adhesive small bowel obstruction**:

1. Stop routine blood work once the nasogastric tube has been removed and the patient is tolerating a fluid diet.
2. Continue to re-assess patients intake and fluid status, and order blood work as clinically indicated.

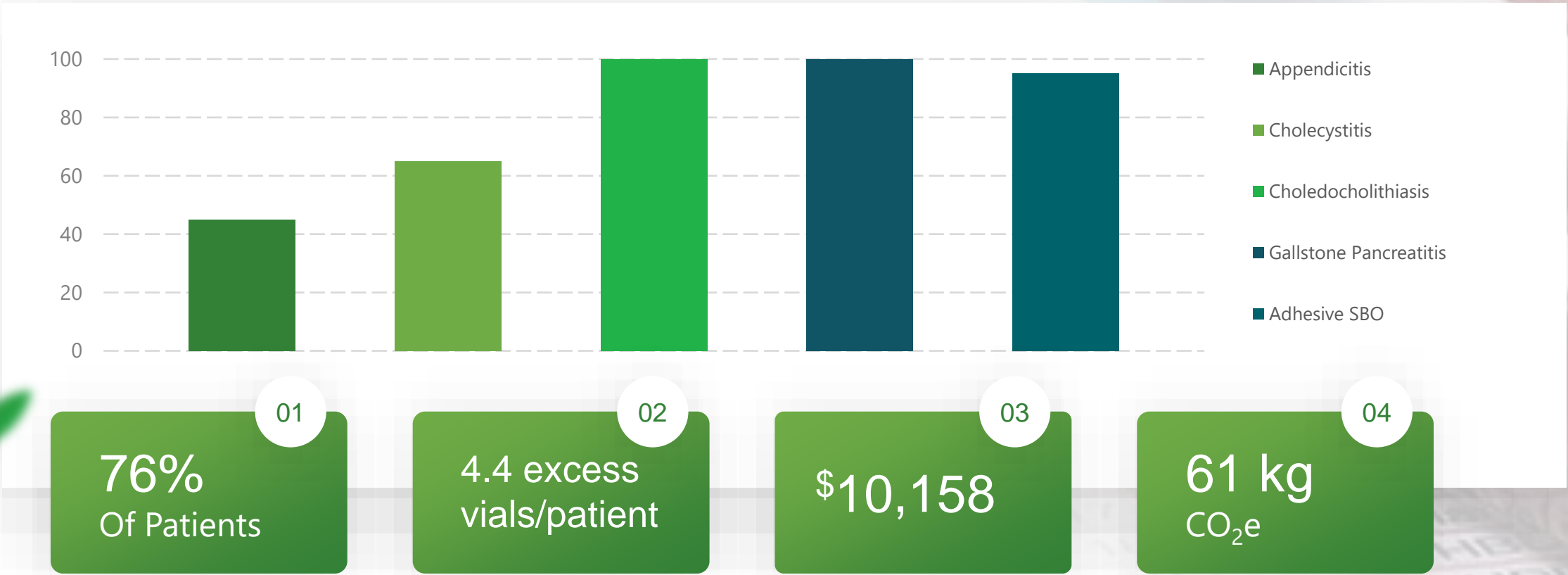


*Common bile duct clearance includes both spontaneous clearance (as demonstrated biochemically with a normalization of bilirubin or radiologically with MRCP or EUS) as well as therapeutic clearance using ERCP.

**Lab work may be repeated every 72 hours if the surgery is significantly delayed or sooner if the patient's clinical status changes

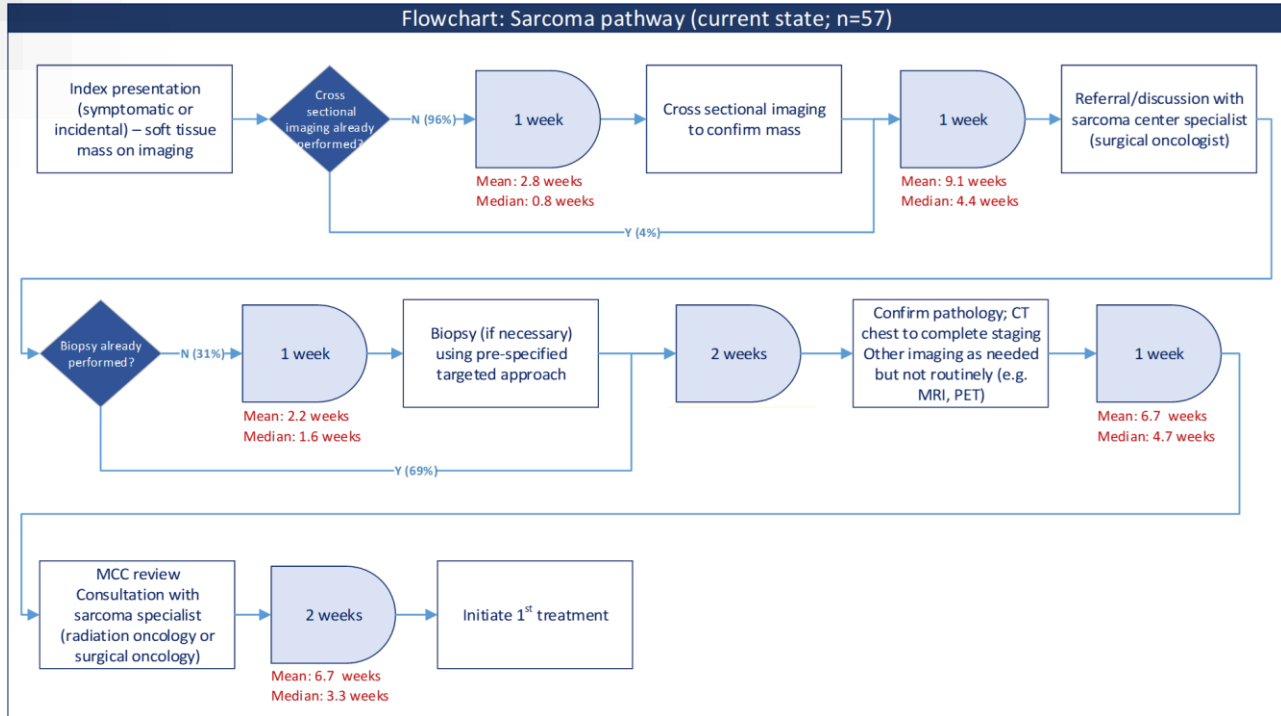
Consensus Process

Patients Receiving Unnecessary Bloodwork





Health System Design



Retroperitoneal sarcoma in BC 2016-2018

N=55

Up to **7** Specialists

27%
unnecessary surgery

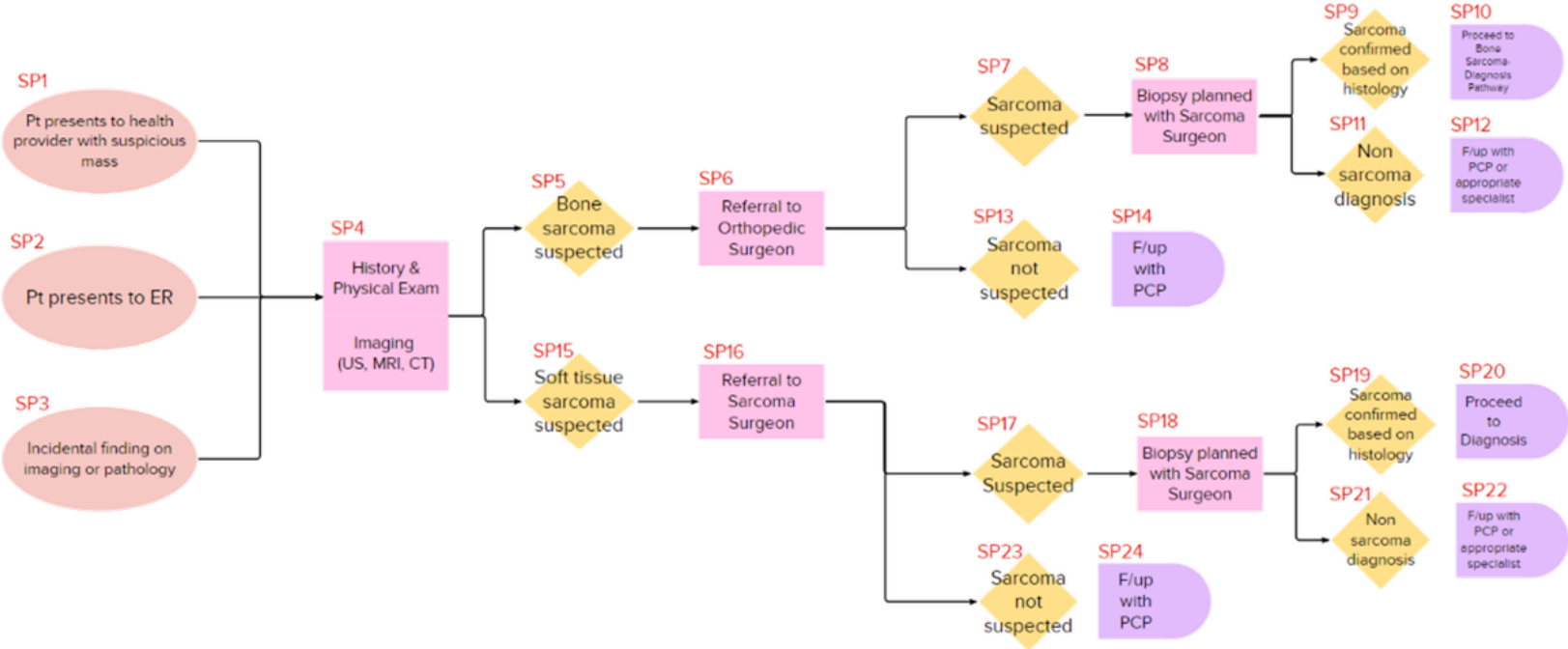
\$20,000
Median excess cost

14 weeks
Median time to definitive treatment



BC Cancer Clinical Pathways

Pre-Diagnosis



Ensuring Appropriate Care

Micro

- Adherence to evidence-based best practices
- Avoidance of technology/indication creep
- Shared decision-making

Meso

- Care coordination to avoid duplication
- Institutional structures to promote best practices
- Protocols for de-adoption of low-value care

Macro

- Universal access to healthcare
- Clinical practice guidelines/standards
- Payment models that discourage low-value care

Framework for Planetary Healthcare

MacNeill A, McGain F, Sherman J.
Lancet Planet Health 2021



Low-carbon clinical services



The impact of surgery on global climate: a carbon footprinting study of operating theatres in three health systems



Andrea J MacNeill, Robert Lillywhite, Carl J Brown

Summary

Background Climate change is a major global public health priority. The delivery of health-care services generates considerable greenhouse gas emissions. Operating theatres are a resource-intensive subsector of health care, with high energy demands, consumable throughput, and waste volumes. The environmental impacts of these activities are generally accepted as necessary for the provision of quality care, but have not been examined in detail. In this study, we estimate the carbon footprint of operating theatres in hospitals in three health systems.

Methods Surgical suites at three academic quaternary-care hospitals were studied over a 1-year period in Canada (Vancouver General Hospital, VGH), the USA (University of Minnesota Medical Center, UMMC), and the UK (John Radcliffe Hospital, JRH). Greenhouse gas emissions were estimated using primary activity data and applicable emissions factors, and reported according to the Greenhouse Gas Protocol.

Findings Site greenhouse gas evaluations were done between Jan 1 and Dec 31, 2011. The surgical suites studied were found to have annual carbon footprints of 5 187 936 kg of CO₂ equivalents (CO₂e) at JRH, 4 181 864 kg of CO₂e at UMMC, and 3 218 907 kg of CO₂e at VGH. On a per unit area basis, JRH had the lowest carbon intensity at 1702 kg CO₂e/m², compared with 1951 kg CO₂e/m² at VGH and 2284 kg CO₂e/m² at UMMC. Based on case volumes at all three sites, VGH had the lowest carbon intensity per operation at 146 kg CO₂e per case compared with 173 kg CO₂e per case at JRH and 232 kg CO₂e per case at UMMC. Anaesthetic gases and energy consumption were the largest sources of greenhouse gas emissions. Preferential use of desflurane resulted in a ten-fold difference in anaesthetic gas emissions between hospitals. Theatres were found to be three to six times more energy-intensive than the hospital as a whole, primarily due to heating, ventilation, and air conditioning requirements. Overall, the carbon footprint of surgery in the three countries studied is estimated to be 9.7 million tonnes of CO₂e per year.

Interpretation Operating theatres are an appreciable source of greenhouse gas emissions. Emissions reduction strategies including avoidance of desflurane and occupancy-based ventilation have the potential to lessen the climate impact of surgical services without compromising patient safety.

Lancet Planet Health 2017;
1: e381-88

See [Comment](#) page e357

Division of General Surgery,
University of British Columbia,
Vancouver, Canada
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Prof C J Brown MD);
Environmental Change
Institute, School of Geography
and the Environment,
University of Oxford, Oxford,
UK (A J MacNeill); and School of
Life Sciences, University of
Warwick, Warwick, UK
(R Lillywhite)

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Dr Andrea J MacNeill, Division of
General Surgery, Vancouver
General Hospital, 950 West
10th Avenue, Vancouver, BC,
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Inhaled Anesthetics



Sevoflurane

GWP₁₀₀ 130



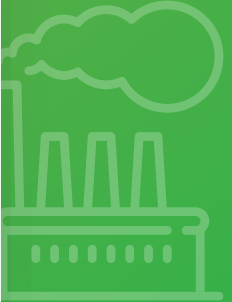
Isoflurane

510



Desflurane

2450



	Volume Purchased (L/y)			CO ₂ e (kg/y)		
	VGH	UMMC	JRH	VGH	UMMC	JRH
Sevoflurane	132	116	217	24,907	21,793	40,898
Isoflurane	34	176	222	26,297	135,636	170,314
Desflurane	536	533	0	1,983,073	1,972,412	0
Totals				2,898,500	3,051,500	211,212

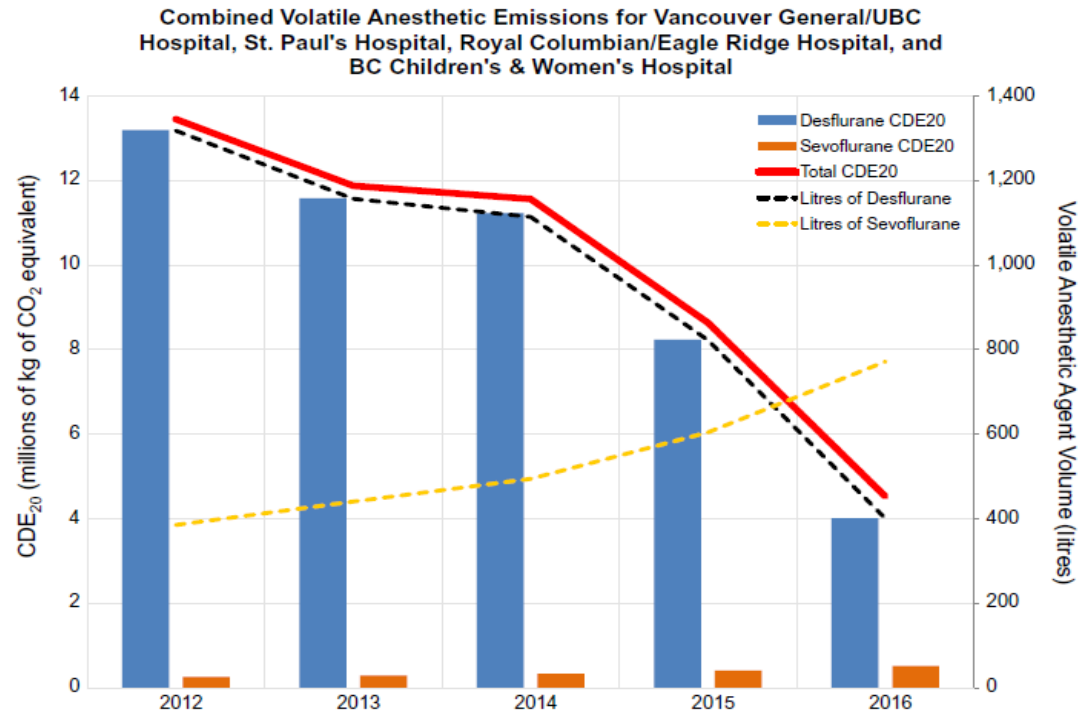




CORRESPONDENCE

Greenhouse gases: the choice of volatile anesthetic *does* matter

Richard Alexander, MD, BSc · Andrew Poznikoff, BSc · Stephan Malherbe, MBChB, MMed, FRCPC



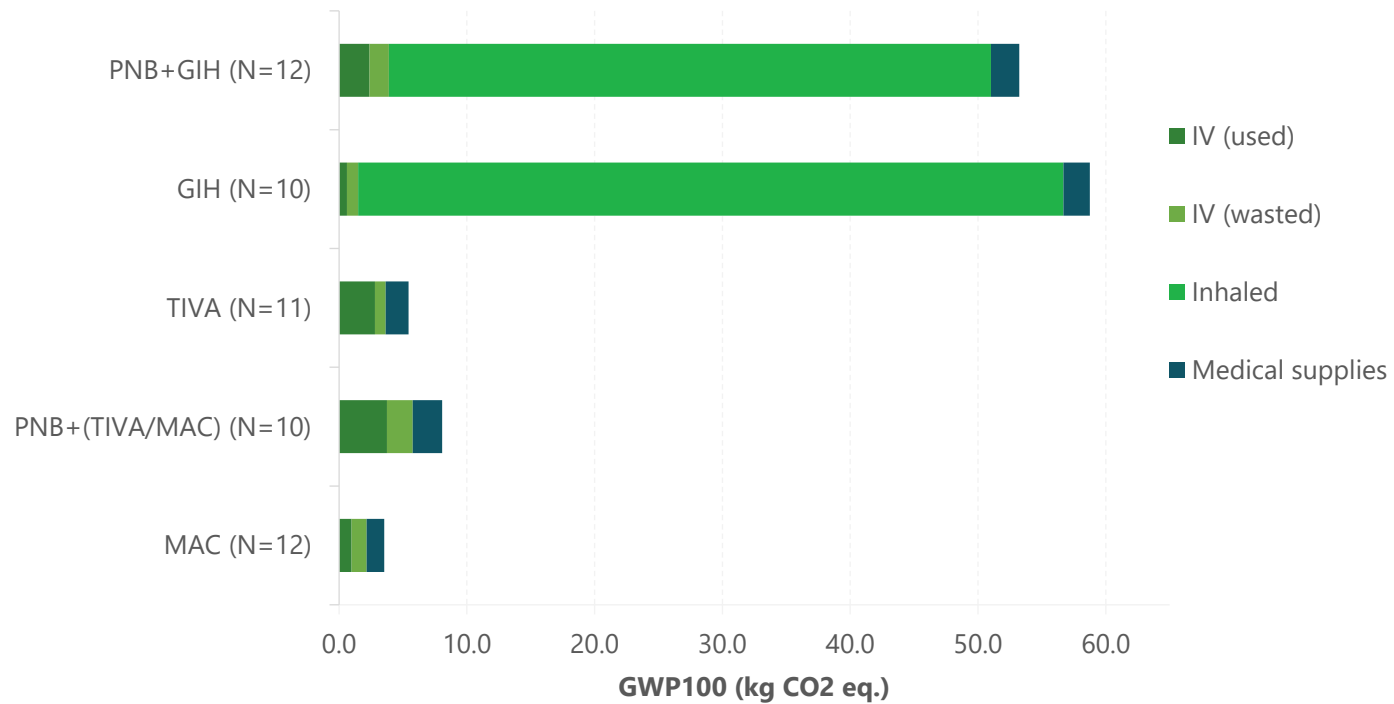
13.4 million kgCO₂e



4.5 million kgCO₂e

Global Warming Potential of Anesthetic Techniques

Sherman, Tunceroglu, Parvatker, Sukumar, Dai, Eckelman

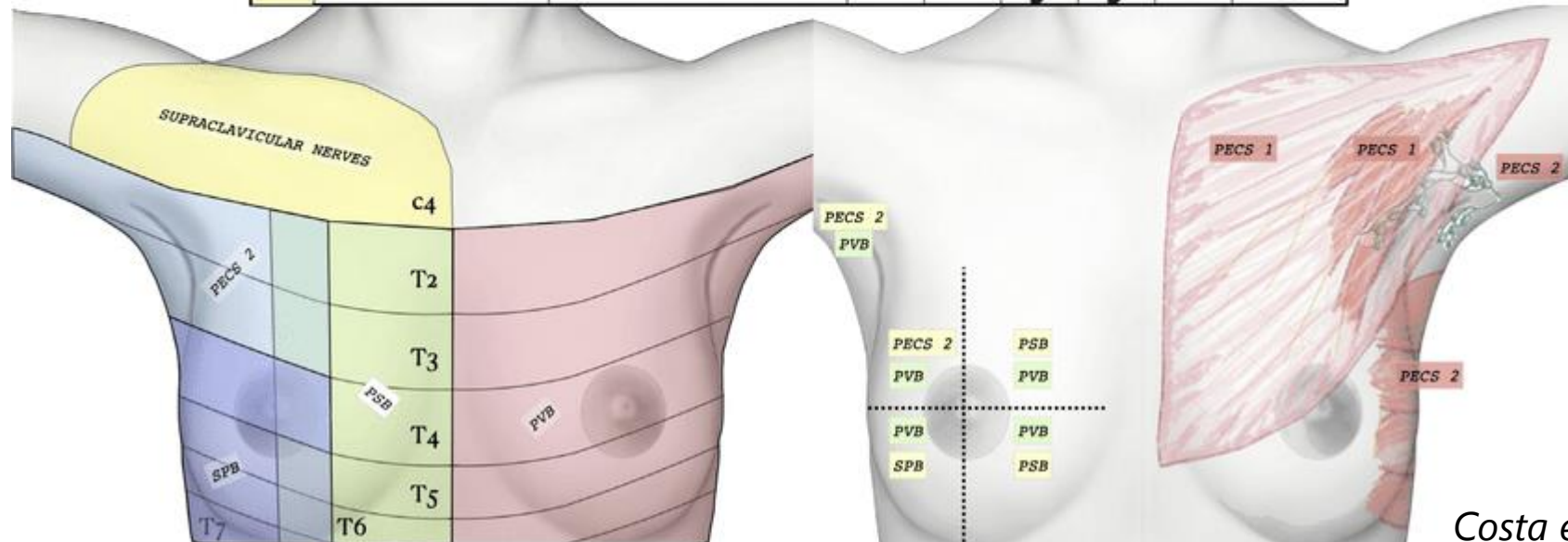


PNB=peripheral nerve block, **TIVA**= total intravenous anesthetic,
GIH=general inhaled, **MAC**= monitored anesthesia care



Breast Regional Anesthesia

	Anatomical involvement	Innervation	PVB	PECS 1	PECS 2	SPB	PSB	Local infiltration
	Lumpectomy							✓
	Axillary skin	Intercostobrachial nerve (T1-T2)	✓		✓			✓
	Deep axillary structures				✓			
Skin and gland								
Mastectomy	Infraclavicular region	Supraclavicular nerves (C3-C4)						✓
	Upper outer quadrant	Lateral cutaneous branches T2-T4	✓		✓			✓
	Lower outer quadrant	Lateral cutaneous branches T4-T6	✓			✓		✓
	Upper inner quadrant	Anterior cutaneous branches T2-T4	✓				✓	✓
	Lower inner quadrant	Anterior cutaneous branches T4-T6	✓				✓	✓
Muscles								
Implants	Pectoralis major muscle	Lateral and medial pectoral nerves		✓	✓			
	Pectoralis minor muscle	Medial pectoral nerves		✓	✓			
	Serratus anterior	Long thoracic nerves			✓	✓		



Benefits of Breast Regional Anesthesia

Patient

- No PONV
- Excellent analgesia
- Early mobilization
- +++ Satisfaction



System

- Avoidance of aerosols
- Higher throughput
- Conversion of inpatient cases to ambulatory



Society

- Reduced greenhouse gas emissions
- Reduced opioid prescribing



Climate Conscious Inhaler Prescribing in Primary Care

Why · The case for change | What · The tools for change | How · Strategy & partnerships



This project was undertaken with the financial support of the Government of Canada.

Ce projet a été réalisé avec l'appui financier du gouvernement du Canada.





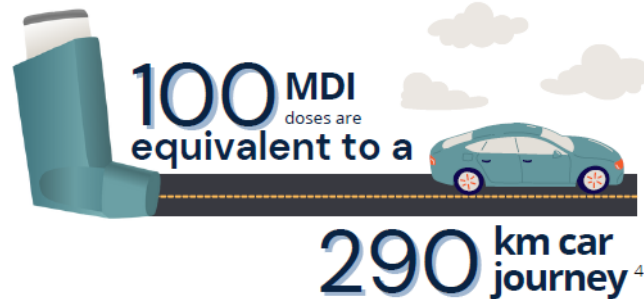
Environmentally Sustainable Opportunities for Health Systems

Metered Dose Inhalers (MDIs)

MDIs are common medical devices used to deliver inhaled medication. They are typically used in the treatment of asthma and chronic obstructive pulmonary disorder. ¹

MDIs use HFC propellants to deliver medication. ³

HFCs are artificial fluorinated gases that act as potent greenhouse gases (GHGs) when released into the atmosphere. These gases are widely used in industry, including the healthcare sector.



Hydrofluorocarbons (HFCs)

Common HFC propellants used in MDIs include:

HFC 134a

HFC 227ea**

370 GWP* ²

3350 GWP*

*100 year time horizon
**Used to a lesser extent

Global Warming Potential (GWP)



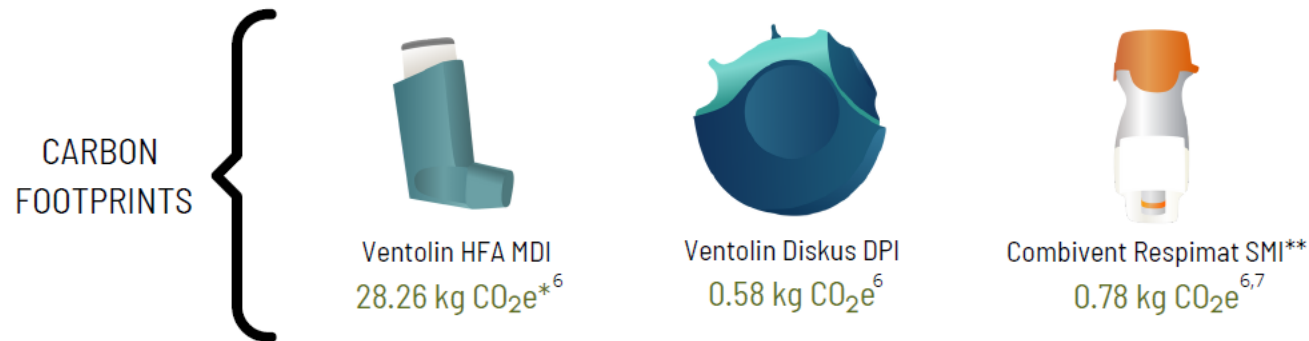
Global Warming Potential (GWP) is a standardization tool used to compare the global warming impact of different types of GHGs over a fixed time period (usually 100 years). It measures the amount of energy a given gas will absorb compared to the equivalent mass of carbon dioxide (CO₂), which has a standardized GWP of 1.

HFCs are "high-GWP gases" as they trap substantially more heat than CO₂ per unit mass.

Health care systems can curb MDI-related HFC emissions by implementing the following strategies

1 ENCOURAGING MDI ALTERNATIVES

The carbon footprint of MDIs is much higher than that of dry powder inhalers (DPIs), which do not use a propellant to deliver the medication. Opting for alternative treatment options, such as DPIs and soft mist inhalers (SMIs), when appropriate, can help **reduce** the carbon footprint of inhalers (though all of these options have environmental impacts).⁵



*CO₂e = Carbon Dioxide equivalent

** Combivent Respimat SMI is a ipratropium/salbutamol combination, and usually replaces two inhalers. Carbon footprint estimated from other Respimat Soft Mist inhaler devices.

WHEN MDIs ARE NECESSARY...

Choose **smaller volume** relievers

Small volume relievers emit less propellant at each use, and therefore, have lower carbon footprints than large volume relievers.⁸



ENSURING APPROPRIATE INHALER USAGE

2

**95-98% OF PROPELLANT EMISSIONS FROM MDIs
OCCUR AT THE USER PHASE**

This typically involves poor synchronization
of actuation with inhalation.^{8,10}



Adequate and ongoing patient training on inhaler technique and usage is a key part of reducing their environmental impacts.



National Institute for Health and Care Excellence: Patient Decision Aid Inhalers

Provides information to assist patients and health care professionals in discussing suitable inhaler options, appropriate usage, and the environmental impact of inhalers.⁹



Canadian Network for Respiratory Care: Certified Respiratory Educator

Health care professionals looking to enhance their skills and knowledge in respiratory care can opt to complete the certified respiratory educator exam, which trains professionals in up-to-date respiratory care guidelines and techniques.¹¹



3

PRACTICING SUSTAINABLE RECOVERY AND RECYCLING OF INHALERS

THE END-OF-LIFE PHASE OF MDIs IS AN ADDITIONAL SOURCE OF PROPELLANT EMISSION

Improper MDI disposal contributes to medication wastage and increases the risk of MDI residual propellant release into the atmosphere.⁸

Once fully used, MDIs can be...



RECYCLED

Plastic and aluminum in each device can be recycled at designated pharmacies.



INCINERATED

MDI incineration causes the thermal degradation of HFC chemicals.



CO₂ emission

SAVINGS 4-18kg⁸
per inhaler*



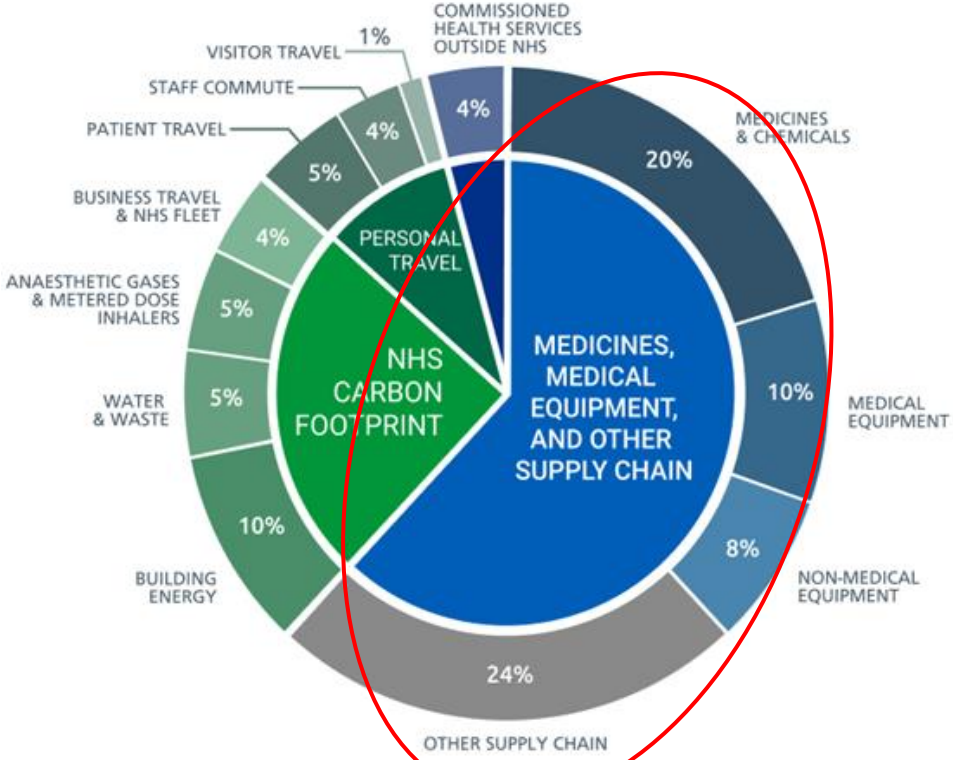
CO₂ emission

SAVINGS 3-17kg⁸
per inhaler*

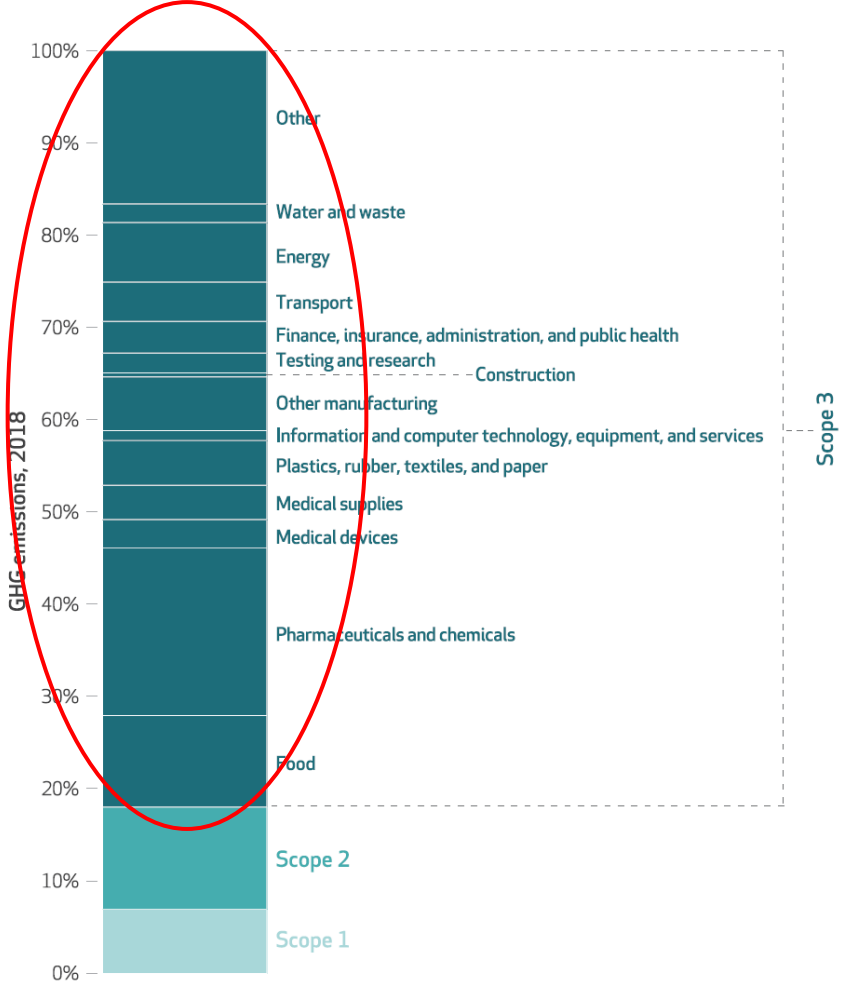
*Compared to landfill disposal



Supply Chain

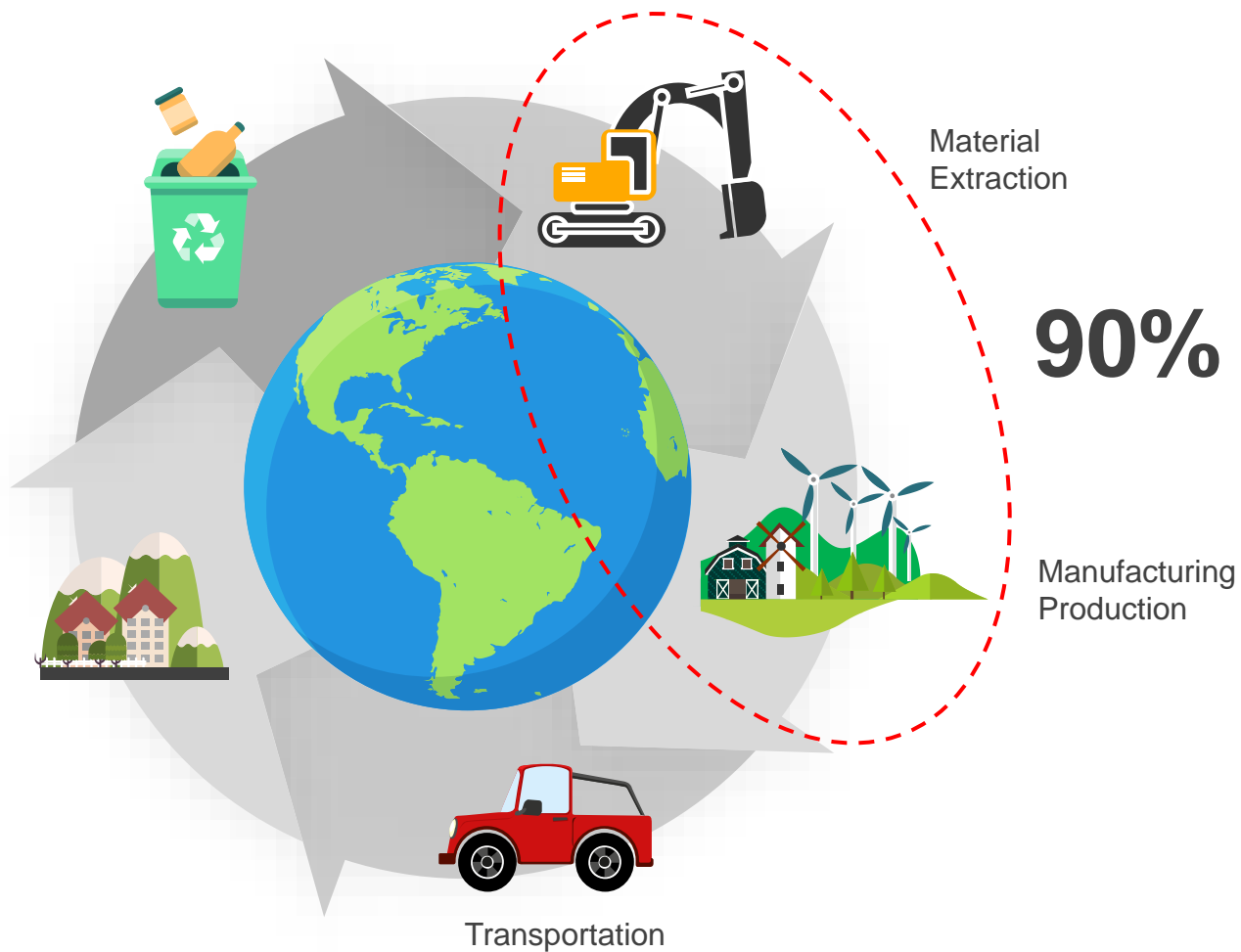


US national health care greenhouse gas emissions by GHG Protocol Scope, 2018



SOURCES See sources to exhibit 1. NOTE Scopes 1-3 are defined in the notes to exhibit 1.

Life-Cycle Emissions



ENVIRONMENTAL HEALTH

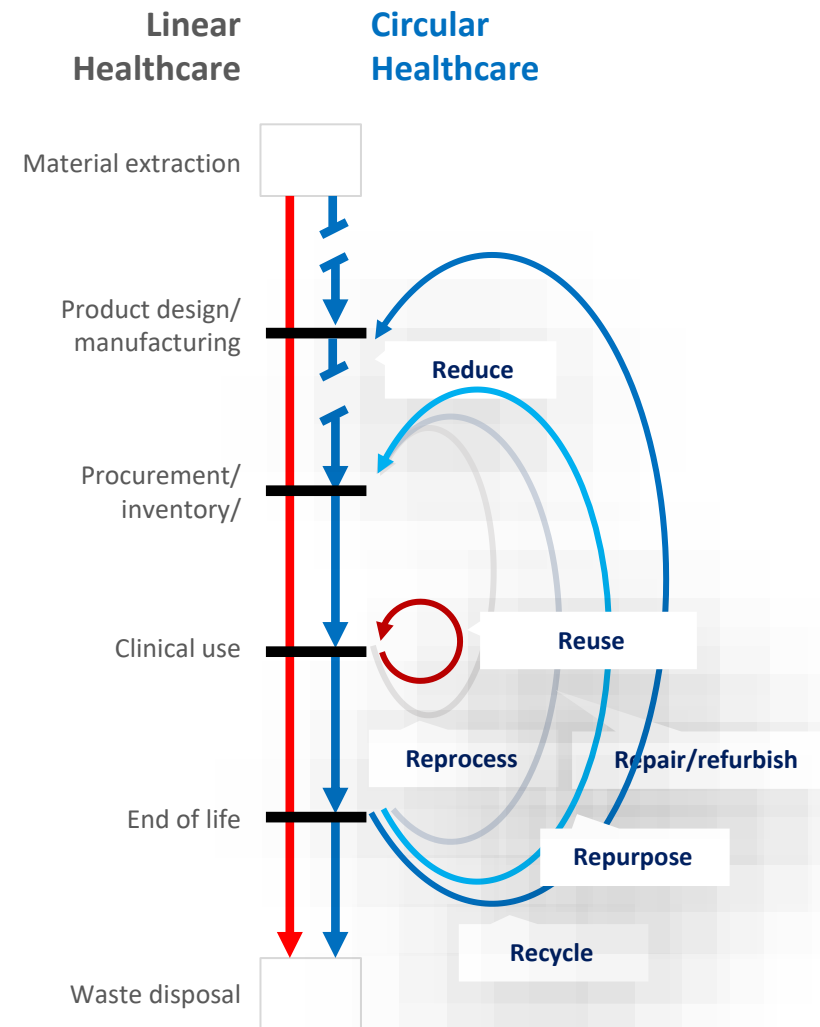
By Andrea J. MacNeill, Harriet Hopf, Aman Khanuja, Saed Alizamir, Melissa Bilec, Matthew J. Eckelman, Lyndon Hernandez, Forbes McGain, Kari Simonsen, Cassandra Thiel, Steven Young, Robert Lagasse, and Jodi D. Sherman

ANALYSIS

Transforming The Medical Device Industry: Road Map To A Circular Economy

ABSTRACT A circular economy involves maintaining manufactured products in circulation, distributing resource and environmental costs over time and with repeated use. In a linear supply chain, manufactured products are used once and discarded. In high-income nations, health care systems increasingly rely on linear supply chains composed of single-use disposable medical devices. This has resulted in increased health care expenditures and health care-generated waste and pollution, with associated public health damage. It has also caused the supply chain to be vulnerable to disruption and demand fluctuations. Transformation of the medical device industry to a more circular economy would advance the goal of providing increasingly complex care in a low-emissions future. Barriers to circularity include perceptions regarding infection prevention, behaviors of device consumers and manufacturers, and regulatory structures that encourage the proliferation of disposable medical devices. Complementary policy- and market-driven solutions are needed to encourage systemic transformation.

Health Affairs. 2020. 39(12):2088-97.



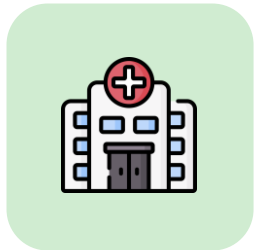
ENVIRONMENTAL HEALTH

By Andrea J. MacNeill, Harriet Hopf, Aman Khanuja, Saed Alizamir, Melissa Bilec, Matthew J. Eckelman, Lyndon Hernandez, Forbes McGain, Karl Simonsen, Cassandra Thiel, Steven Young, Robert Lagasse, and Jodi D. Sherman

ANALYSIS

Transforming The Medical Device Industry: Road Map To A Circular Economy

Drivers of a Linear Economy



Consumers

Avoidance of liability and complexity



Manufacturers

Profit maximization



Regulators

Assumptions of improved safety with single-use devices



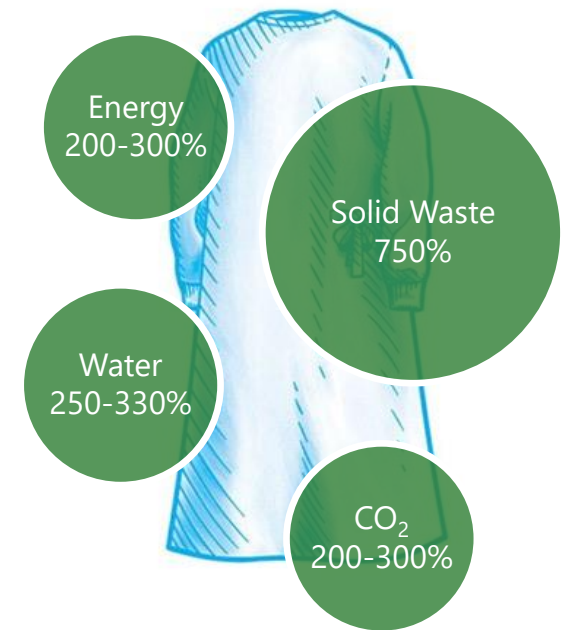
A Comparison of Reusable and Disposable Perioperative Textiles

Overcash M. Anesth Analg 2012.

Reusable Textiles



Disposable Textiles



Comparative Life Cycle Assessment of Disposable and Reusable Laryngeal Mask Airways

Eckelman M, Mosher M, Gonzalez A and Sherman J. Anesth Analg 2012.



7.4 kgCO₂e



11.3 kgCO₂e

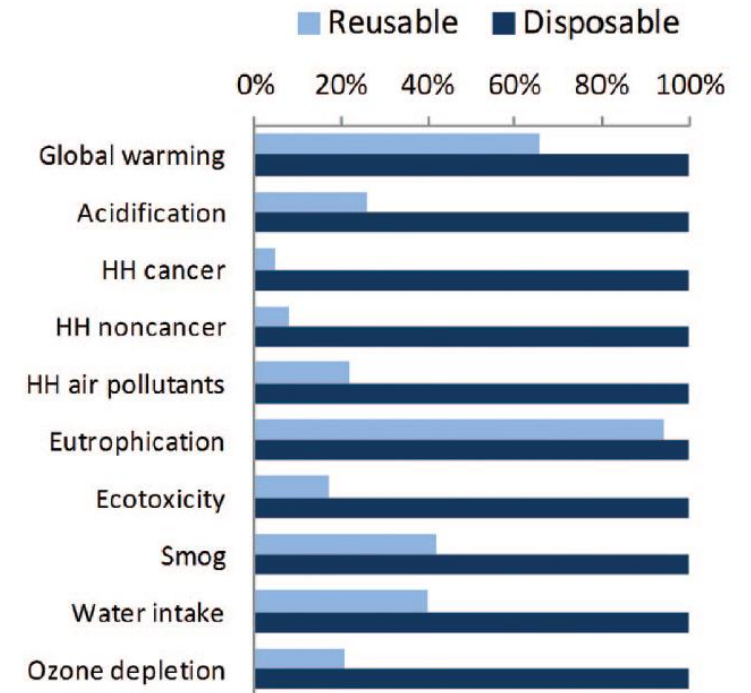


Figure 2. Comparative environmental and human health (HH) impacts for disposable and reusable laryngeal mask airways (LMA), Building for Environmental and Economic Sustainability (BEES) impact assessment method.

Supply chain resilience

BRITISH COLUMBIA

BC Gov News

Health

B.C. launches first accredited PPE testing lab in Western Canada

Share News Release

Vancouver

Thursday, October 21, 2021 2:30 PM

MEDIA ASSETS



Connect



VS





Circular Healthcare Strategy

Micro

- Reduce material consumption
- Select low-carbon drug or reusable device where choice exists
- Innovate toward lower carbon design

Meso

- Environmentally preferable procurement policies
- Evidence-based infection control practices
- Policies for rational use of single-use devices

Macro

- Professional guidelines to support low-carbon treatments (e.g. inhalers, anesthesia)
- Extended producer responsibility
- Accreditation policies to promote environmental stewardship



Food as Medicine

UN Climate Change Report

Food and Land



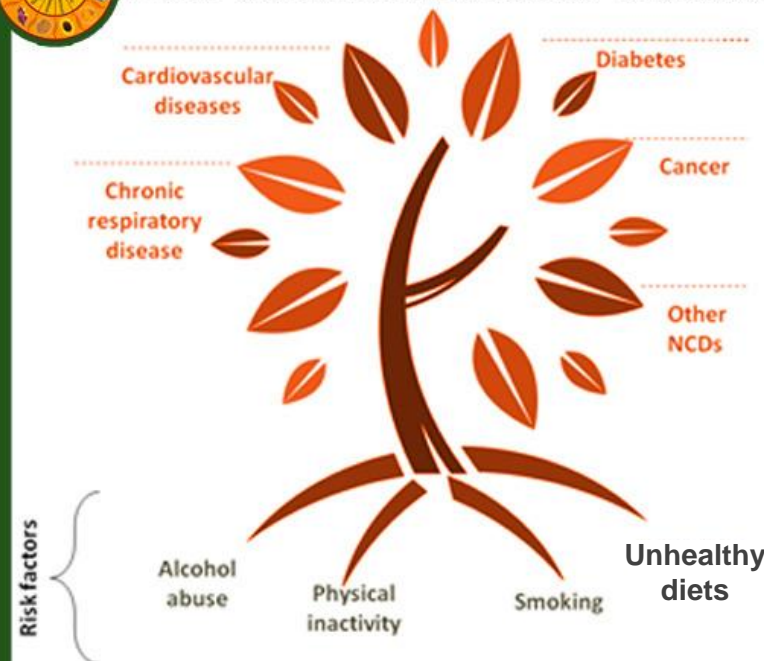
An estimated **33%** of greenhouse gas emissions come from agriculture, livestock, and the land and forests needed to raise them.



Global land surface air temperatures have already increased by **more than 1.5°C** and we're exploiting the resources of **more than 70%** of the world's land.



Non Communicable Disease



<http://www.dietkundali.com/non-communicable-disease.htm>

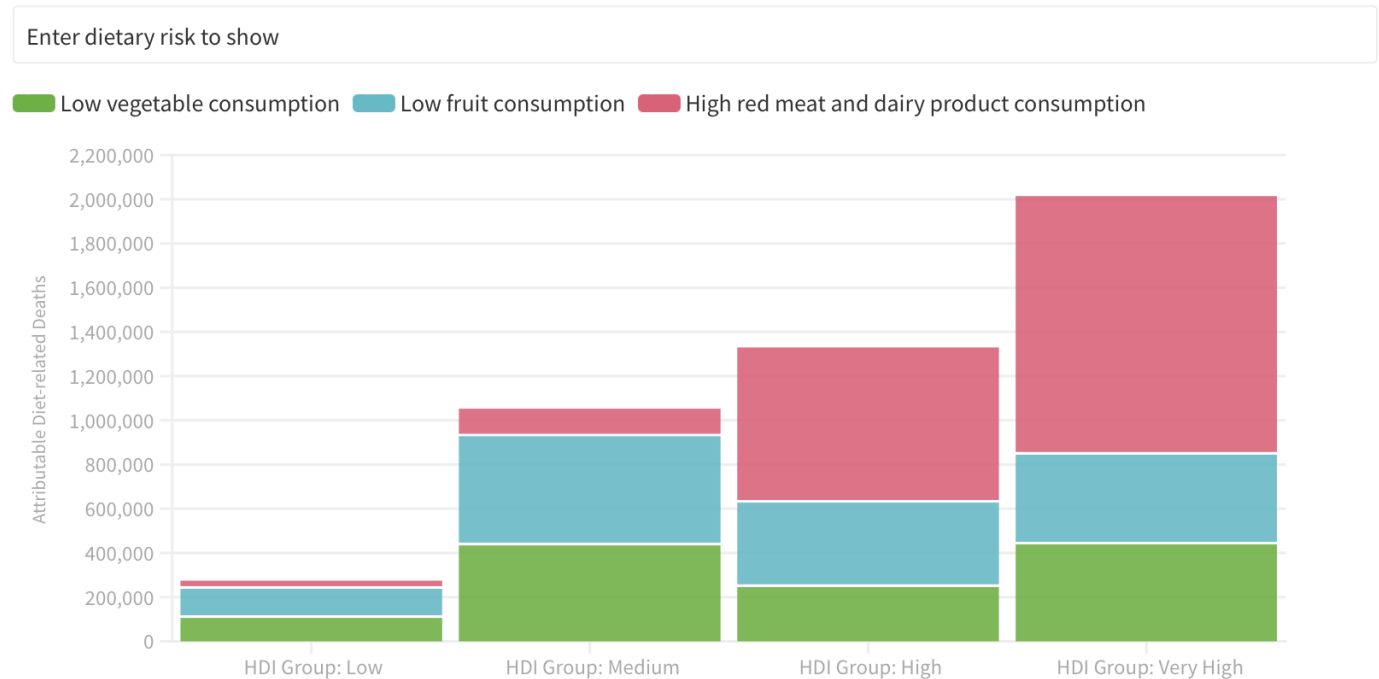


Individual Health

Romanello et al. Lancet Countdown. 2022

Deaths Due to Diet Imbalances

Number of imbalanced diet-related deaths attributable to specific factors in 2019, by Human Development Index (HDI) group



Please reference the 2022 Report of the Lancet Countdown if using this data •

For a full description of the indicator, see the 2022 report of the Lancet Countdown at lancetcountdown.org



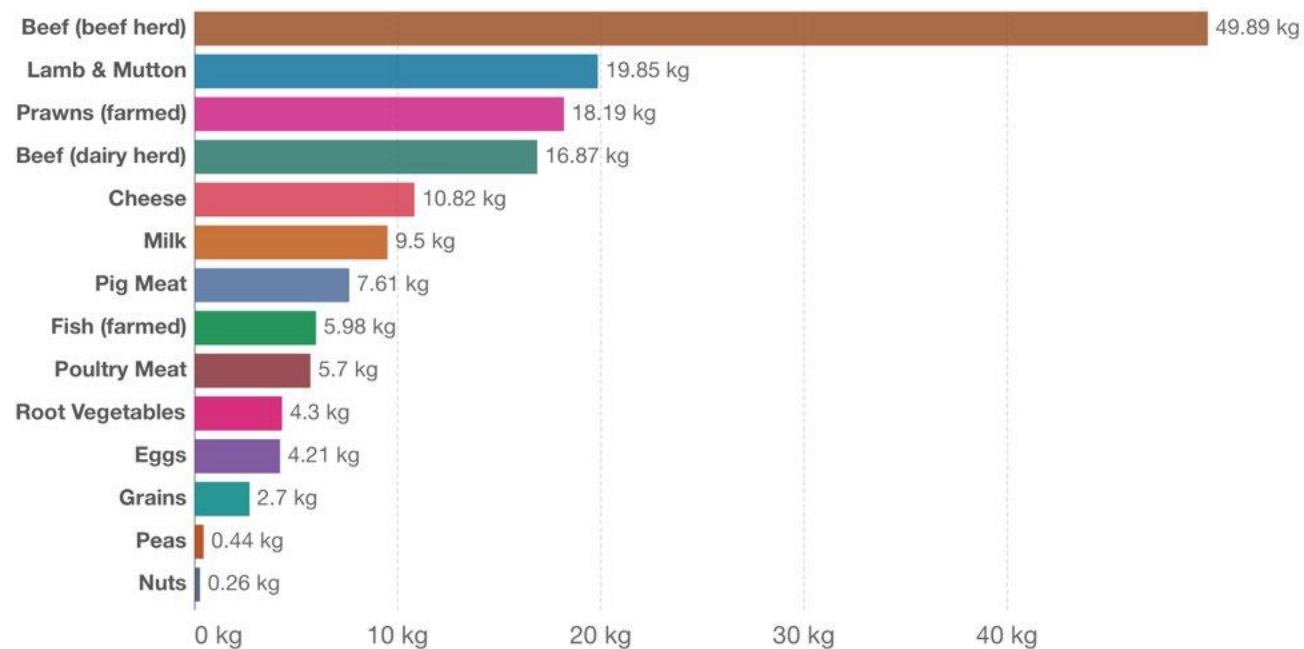
A Flourish data visualization



Greenhouse gas emissions per 100 grams of protein

Our World
in Data

Emissions are measured in carbon dioxide equivalents (CO₂eq). This means non-CO₂ gases are weighted by the amount of warming they cause over a 100-year timescale.



Source: Poore, J., & Nemecek, T. (2018). Additional calculations by Our World in Data.

Note: Greenhouse gases are weighted by their global warming potential value (GWP100). GWP100 measures the relative warming impact of one molecule of a greenhouse gas, relative to carbon dioxide, over 100 years.

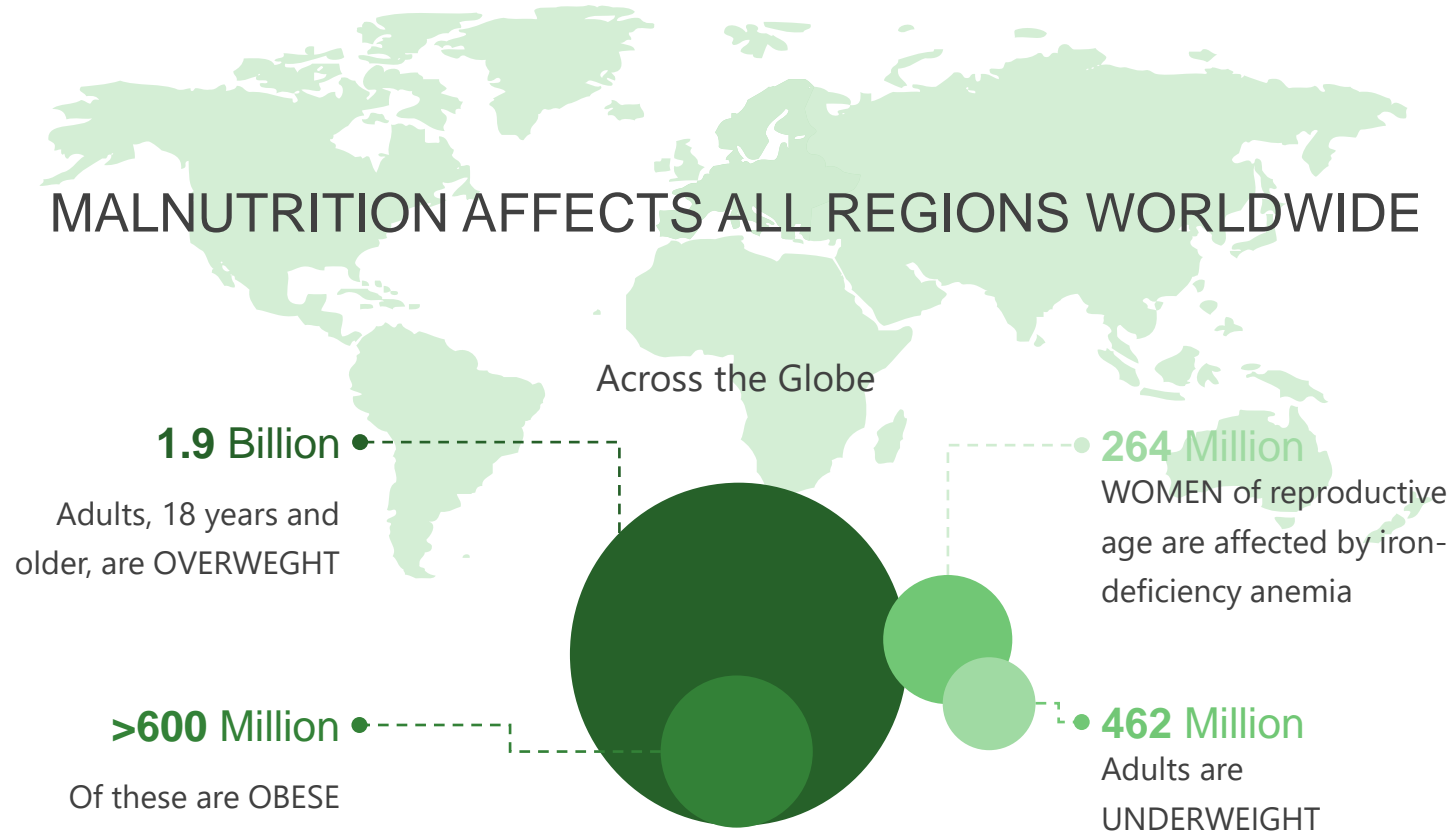
OurWorldInData.org/environmental-impacts-of-food • CC BY

Environmental Impacts Of Food

Scarborough 2014

Food as Medicine

MALNUTRITION AFFECTS ALL REGIONS WORLDWIDE



THE GLOBE AND MAIL*

OPINION

Hospital food should be healing, not horrifying



ANDRÉ PICARD >

PUBLISHED AUGUST 6, 2019

Malnutrition in Canadian hospitals

Katherine F. Eckert RD BSc, Leah E. Cahill RD PhD

■ Cite as: *CMAJ* 2018 October 9;190:E1207. doi: 10.1503/cmaj.180108

CMAJ



50% wasted



Impacts of Inpatient Food at Vancouver General Hospital on Patient Satisfaction, Nutrition, and Global Climate

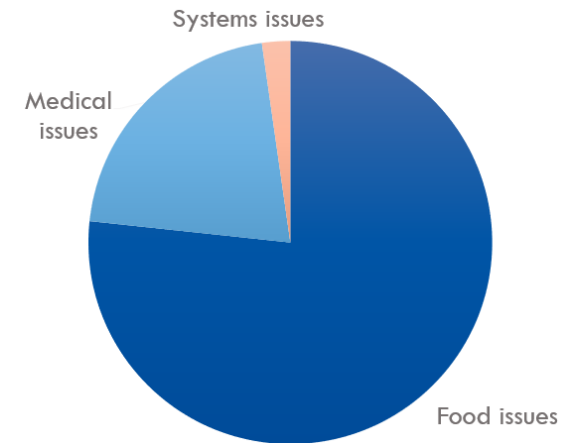
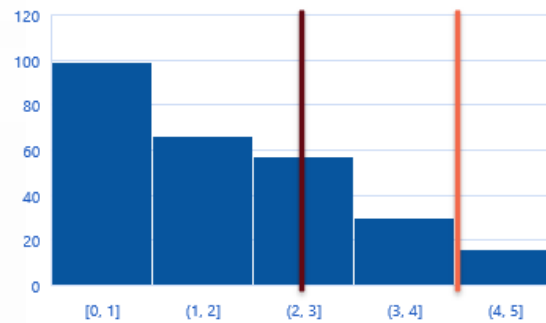
Annie Lalande, Keiko Patterson, Stephanie Alexis, Karina Spoyalo, Navin Ramankutty, Jiaying Zhao, Andrea J. MacNeill



0.9kg of food waste per patient per day



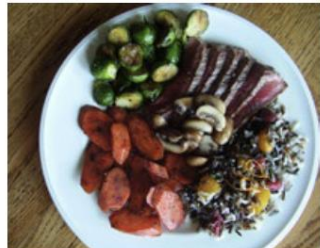
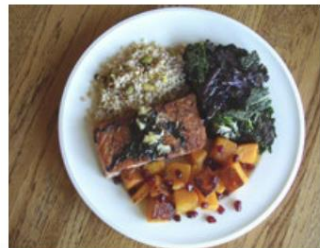
Overall Satisfaction





Food as medicine

Transforming hospital food systems for improved patient care and planetary health



Retail Food



LE PIZZE

Made-to-order traditional Italian pizzas cooked in our fiery-hot stone hearth oven

PROSCIUTTO E RUCOLA	368g CO ₂ e / 100g	13.5
<i>Tomato, prosciutto, arugula, bocconcini and basil</i>		
PIZZA BIANCA	463g CO ₂ e / 100g	13.5
<i>Bocconcini, mozzarella, gorgonzola, parmesan and chevre cheese</i>		
ORTOLANA	304g CO ₂ e / 100g	13.5
<i>Basil, mozzarella, bocconcini, arugula, artichokes and pickled tomato</i>		
VEGAN FEATURE  VEGAN	157g CO ₂ e / 100g	12.5
<i>Ask your server about today's feature</i>		

Catering

Vancouver Coastal Health Providence HEALTH CARE

PLANT-BASED EATING

Vancouver Coastal Health and Canada's Food Guide both recommend choosing protein foods that come from plants more often.



Did you know choosing plant-based proteins more often could reduce individual impacts on the Earth more than flying less or buying an electric car.



Antibiotics given to animals on farms contribute to the development and spread of resistant bacteria that can be transferred to humans through the food we eat.

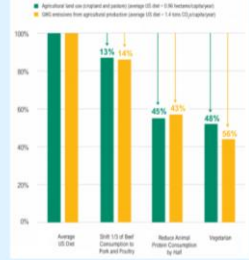


Of all the mammals on Earth, 96% are livestock and humans, only 4% are wild mammals.

Protein Scorecard

Category	Protein	IMPACT (CO ₂ e/100g protein)	Cost (\$/100g protein)
LOW	Beans, chickpeas, lentils	~10	~\$1
	Fish	~15	~\$5
	Eggs	~20	~\$5
	Nuts	~25	~\$5
MEDIUM	Poultry	~30	~\$5
	Pork	~35	~\$5
	Dairy (milk, cheese)	~40	~\$5
HIGH	Beef	~100	~\$5
	Lamb & goat	~120	~\$5

Shifting High Consumers' Diets Can Greatly Reduce Per Person Land Use and GHG Emissions



WORLD RESOURCES INSTITUTE

GOOD FOR YOUR HEALTH

- Eating plant-based foods may lead to significant health improvements.
- Many plant-based foods such as whole grains, tofu and lentils are excellent sources of protein to help build muscles and healthy tissues.
- Plant-based protein foods are generally more heart healthy and have less saturated fats than most meats and animal-based protein foods

On-Call Food



CULTIVATE
By ElevATE Society

Resident Meals

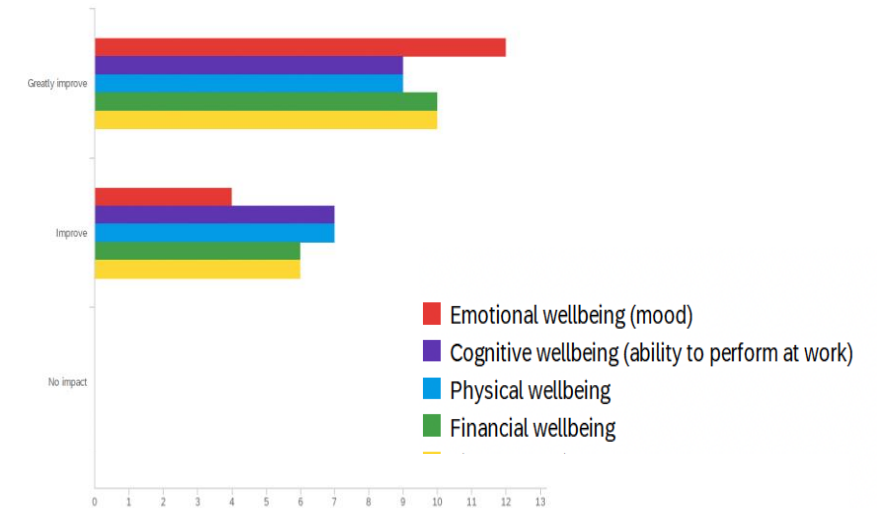
The Vancouver Sun



Richmond surgeon starts food truck with profits going to local charities

Sharadh Sampath's main motivation is to create a business model that donates all profits, promotes access to employment for those facing barriers to employment, and creates healthy and diverse meal options.

Impact - How did these meals impact your...



Community Wellbeing



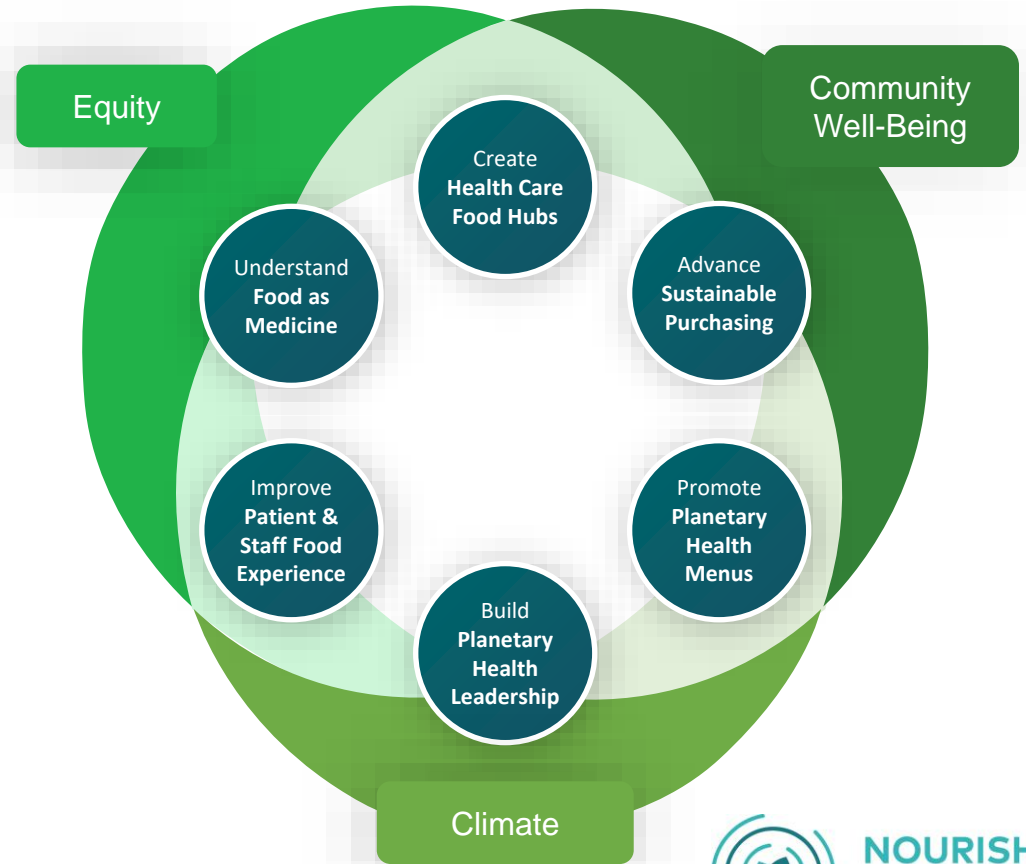
Cultural Safety

In Plain Sight

Addressing Indigenous-Specific Racism and Discrimination in BC Health Care



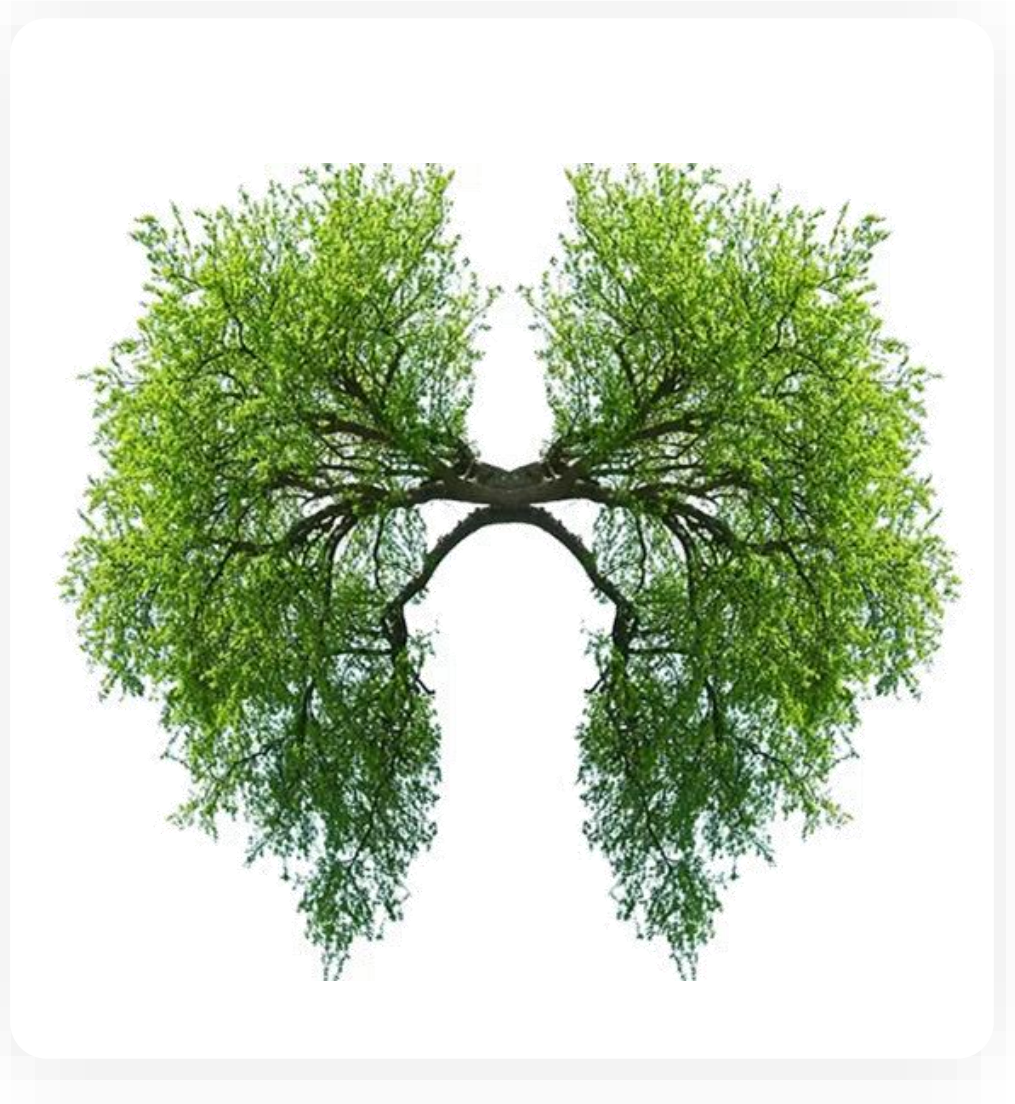
Addressing Racism Review
December 2020

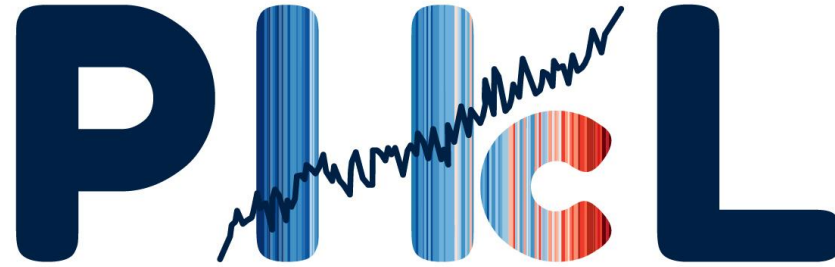




Planetary Healthcare

Expanded duty of care from individual
patient to public and planet





PLANETARY HEALTHCARE LAB

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[@ecosurgeon](#)

