

CERTIFIED ACTIVITIES

Activities that have been reviewed and approved by the CFPC™

At least 125 per cycle



Group Learning

- **CFPC Certified Mainpro+ activities (conferences, workshops, rounds)**
- AAFP and ABFM activities
- Advanced Life Support programs (participant)
- AMA PRA Category 1 credits
- Foundation for Medical Practice Education (FMPE)
- International CPD activities
- MoreOB Plus Program
- Quebec Category A credits
- †Royal College MOC Section 1



Self-Learning

- CFPC Certified Mainpro+ activities
- CFPC Self Learning™ Program
- CFPCLearn
- CFP articles
- COVID-19 Learning on the Go
- AAFP and ABFM activities
- AMA PRA Category 1 credits
- Formal clinical traineeship/fellowship
- Formal studies (university degree/diploma)
- Foundation for Medical Practice Education (FMPE)
- International CPD activities
- Quebec Category A credits
- UpToDate® (with certificate of completion)



Assessment

- **CFPC Certified Mainpro+ activities**
- CFPC Accreditation Surveyor
- CFPC peer tutor (Pearls.ce)
- AAFP and ABFM activities
- Clinical supervisor (as per regulatory authority)
- Examiner for medical exams
- Family or emergency medical exams (preparation to sit the exam)
- International CPD activities
- Linking Learning exercises (Practice, Teaching, Assessment, Research, Administration)
- MCC360
- Pearls™
- Practice audit
- Provincial practice review
- Quebec Category B credits
- †Royal College MOC Section 3

NON-CERTIFIED ACTIVITIES

Activities that comply with the CFPC's definition of CPD*

†Must be non-promotional in nature

- Conference sessions and workshops
- Rounds
- Journal clubs
- Interdisciplinary events
- Royal College MOC Section 1

- Committee participation
- Curriculum development
- Journal reading
- Manuscript submission
- Online learning (videos, podcasts, etc.)
- Research
- Teaching or presenting
- Tutoring

- Curriculum review
- Manuscript review for medical journals
- Practice audits
- Clinical Practice Guideline review
- Royal College MOC Section 3

*CPD = continuing professional development

†Meetings sponsored or hosted by for-profit organizations that do not bear the CFPC Certification statement are not eligible for any type of Mainpro+® credits.

‡Certified credits that exceed the category maximums can be entered as non-certified activities.

MAINPRO+ summary

CYCLE Dates

- July 1st to June 30th

CYCLE Requirements

- Five-year reporting cycle
- During each five-year cycle you must earn and report a minimum of 250 credits, and at least 125 must be certified
- Minimum of 25 certified or non-certified credits earned and reported each year
- Mandatory online credit reporting

ACTIVITY Categories



Group Learning

Activities that provide opportunities to learn with others



Self-Learning

Activities planned and implemented by the individual, outside the context of a group



Assessment

Activities that stimulate learning and practice or performance improvement through the analysis of data and provision or receipt of feedback about an individual, group, or materials

CREDIT CATEGORIES

CERTIFIED CPD

Activities that have been reviewed and approved by the College as meeting standards for certified CPD.

NON-CERTIFIED CPD

Activities that have not been formally reviewed by the College but comply with the College's definition of CPD, are non-promotional in nature, and provide valuable professional learning opportunities.

CARRY-OVER CREDITS

In Mainpro+, up to 40 certified credits can be carried over to the next cycle. Carry-over credits are only applicable to five-year cycles, and if extra credits are reported beyond the required 125 certified (and 250 total) credits from the last completed cycle.

LINKING LEARNING EXERCISES

With our expanded Linking Learning program, Mainpro+ participants can earn certified credits by completing reflection on practice activities such as Linking Learning to Practice, Teaching, Assessment, Research, and Administration.

CONTACT US

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