

Time	Session	Speaker	
12:00pm	REGISTRATION DESK OPENS \ EXHIBIT AREA OPENS		SNACKS & REFRESHMENTS AVAILABLE IN THE EXHIBIT AREAS
2:00pm	First Nations Welcome & Opening Prayer	Spo7ez Performers	EMERALD BALLROOM BC
2:30pm	Tips for Interpreting and Ordering Rheumatology Tests <ul style="list-style-type: none"> <li>Identify the tests to order for inflammatory polyarthritis</li> <li>Identify the tests to order for acute monoarthritis</li> <li>Identify the tests to order for inflammatory back pain</li> </ul>	Kam Shojania, MD	
2:50pm	Approach to the Agitated Patient with Autism, FASD or Neurodevelopmental Disorder <ul style="list-style-type: none"> <li>Review algorithm to approach agitation in outpatient settings</li> <li>Review clinical pearls from the Compass Line for this population</li> </ul>	Susan Baer, MD	
3:10pm	ST Elevation <ul style="list-style-type: none"> <li>Review the causes of ST elevation</li> <li>Review the work-up required in the setting of ST elevation</li> </ul>	Sara Wadge, MD	
3:30pm	10-MIN STRETCH BREAK!		
3:40pm	Seizure Management in Children <ul style="list-style-type: none"> <li>Identify strategies for managing seizures in pediatric patients where you do not have IV access</li> <li>Review the Canadian Pediatric Society position statement on management of status seizures</li> </ul>	Arthur Cogswell, MD	EMERALD BALLROOM BC
4:00pm	Models for Maternity Care: Midwifery and Collaboration <ul style="list-style-type: none"> <li>Gain an understanding of the Midwifery Model of Care</li> <li>Highlight different models of providing maternity care</li> </ul>	Celina Laursen, RM	
4:20pm	Acute Knee Injuries: When a twisted knee is a broken knee <ul style="list-style-type: none"> <li>Recognize injury mechanisms that more often lead to tibial plateau/spinous process fractures and associated ligamentous injuries</li> <li>Examine findings associated with knee fractures &amp; associated acute ligamentous rupture</li> <li>Learn to spot a lipohemarthrosis on knee x-ray, tibial plateau fracture, second fracture, spinous process fracture and how this changes management</li> </ul>	Rua Read, MD	
4:40pm	PRESENTATION OF THE BC RURAL HEALTH AWARDS		
5:15pm	END OF DAY 1	Remember to hand in your Friday Evaluation Form and collect your gift!	

## WELCOME RECEPTION

Sponsored by North Peace Division of Family Practice

Westin Outdoor Plaza  
5:30pm – 8:00pm

Join us for an evening of relaxing, socializing and entertainment. A delicious selection of food, beer, wine, and cocktails will keep you energized and satisfied. And for the thrill-seekers in the crowd, you might find yourself gravitating to our axe throwing area where you can impress with your lumberjack skills. This event is open to all registered delegates – please wear your RHC name badge to access this event (drink ticket can be found in the back of your name badge).

## KIDS MOVIE NIGHT!

Emerald BC  
6:00pm – 8:00pm

Drop the kids off at our supervised movie night, which includes popcorn, snacks, and a family film favourite. Ideal for kids aged 3-12, but all ages are welcome.

Parents must sign in and sign out their children at the door.

Time	Session	Speaker	
7:00am	REGISTRATION DESK OPENS \ EXHIBIT AREA OPENS	HOT BREAKFAST AVAILABLE IN THE EXHIBIT AREA / EMERALD A	
7:00am	OPEN MEETING: SFU Medical School: Partnership between University, Health Service and Physicians	CRYSTAL ROOM	
7:45am	Rural Coordination Centre of BC and Rural Health Conference Welcome Rural Health Success Stories & Innovations	Drs. Ray Markham & Nicole Ebert Tracey DeLeeuw, RCCbc	EMERALD BALLROOM BC
8:00am	Ovarian Emergencies: What you need to know <ul style="list-style-type: none"> <li>Review the assessment, workup and management of suspected ovarian torsion</li> <li>Review the assessment, workup and management of hemorrhagic ovarian cysts</li> <li>Review the management of dermoid cysts found on imaging</li> </ul>	Kelsey Mills, MD	
8:20am	Acne Management: What's the Big Deal with Accutane? <ul style="list-style-type: none"> <li>Present a brief review of acne</li> <li>Review various treatment options for acne</li> <li>Deeper dive into isotretinoin: indications, how to dose it, how to counsel</li> </ul>	Allison Gregory, MD	
8:40am	Medications to Avoid in the Elderly <ul style="list-style-type: none"> <li>Identify medications or classes of medications that have a high likelihood of side effects in the elderly</li> <li>Review resources for identifying inappropriate medications</li> <li>Discuss how to approach discontinuation of some of the inappropriate medications in the elderly</li> </ul>	Josh Budlovsky, MD	
9:00am	15-MIN TRAVEL BREAK!	COFFEE AVAILABLE IN THE EXHIBIT AREA & LEVEL 2 FOYER	
9:15am	IUD Insertion Workshop *2-Hour Workshop \ Pre-registration required (\$25) <ul style="list-style-type: none"> <li>Gain expertise in inserting IUDs and troubleshooting difficult insertions</li> </ul>	Renee Hall, MD	NORDIC
9:15am	Caring to Care: Health Humanities, Cultural Humility, Storytelling, and Physician Wellness in Rural BC *2-Hour Workshop \ Drop-in seating <ul style="list-style-type: none"> <li>Understanding health humanities</li> <li>Awareness about how health humanities can be helpful to physician well-being</li> <li>Appreciation for stories and storytelling as modes of narrative medicine</li> <li>Appreciation for stories and storytelling as a means of deepening knowledge about Indigenous peoples and providing culturally humble care</li> <li>Engagement in critical reflection and creative making</li> </ul>	Sarah de Leeuw Marion Erickson Kung Jaadee Lisa Striegler	ALPINE AB
9:15am	Pediatric Dermatology: Variety is the Spice of Life <ul style="list-style-type: none"> <li>Deliver a review of viral exanthems, including:               <ul style="list-style-type: none"> <li>Drug Eruptions</li> <li>Lumps and Bumps</li> <li>What Not to Miss</li> </ul> </li> </ul>	Allison Gregory, MD	EMERALD BC
9:15am	Vulvar Health Across the Ages <ul style="list-style-type: none"> <li>Review the variations of normal vulvar anatomy and vulvar care in pre- and post-menopausal women</li> <li>Review common benign vulvar conditions and their treatment</li> <li>Review premalignant and malignant conditions of the vulva and what the primary care provider needs to know</li> </ul>	Kelsey Mills, MD	CALLAGHAN

Time	Session	Speaker	
9:15am	<b>Approach to the Suicidal Adolescent in a Rural Emergency Department</b> <ul style="list-style-type: none"> <li>Develop approaches to an emergency presentation of a suicidal adolescent in a rural emergency department</li> <li>Review psychopharmacological and non-psychopharmacological management</li> <li>Discuss complexities of the rural/remote setting</li> <li>Discuss the impact of these cases on the provider</li> </ul>	Susan Baer, MD	ALPINE C
9:15am	<b>Oncologic Emergencies</b> <ul style="list-style-type: none"> <li>Review the management of febrile neutropenia</li> <li>Review the management of severe hypercalcemia</li> <li>Review the management of complications related to immunotherapy</li> </ul>	Sara Wadge, MD	ALPINE D
9:15am	<b>RTVS SIM: Peds Anaphylactic Shock—When and How to Start IV Epi</b> <ul style="list-style-type: none"> <li>Discuss how to utilize the Real-Time Virtual Supports (RTVS) program for case consultations, second opinions, ongoing patient support, and simulations</li> <li>Run through an RTVS simulation that examines:               <ul style="list-style-type: none"> <li>how to diagnose and treat anaphylaxis in kids</li> <li>how to recognize anaphylactic shock and its need for IV epi</li> </ul> </li> </ul>	Brittany Ansell, MD	ALPINE E
9:15am	<b>BC Cultural Safety and Humility Practice Standards, Practice Guidelines: What it means for your practice</b> <ul style="list-style-type: none"> <li>Discuss the impetus for developing practice standards related to cultural safety and humility and why they are important</li> <li>Embark on a high-level review of the new cultural safety and humility HSO BC Practice Standard and CPSBC guidelines</li> <li>Identify tangible ways you can begin implementing these key documents into your practice</li> </ul>	Terri-Leigh Aldred, MD	GLACIER
10:00am	<b>30-MIN REFRESHMENT BREAK!</b>	<b>SNACKS &amp; REFRESHMENTS SERVED IN THE EXHIBIT AREA / EMERALD A</b>	
10:30am	<b>Upgrade Your Pain Game!</b> <b>Ultrasound-guided injection pearls for MSK pain in your rural practice</b> <ul style="list-style-type: none"> <li>Briefly review the “nuts and bolts” of ultrasound knobology</li> <li>Describe 7 high yield ultrasound-guided injections Appraise helpful online and other ultrasound resources and courses</li> <li>Implement effective strategies to start using in your practice on Monday morning</li> </ul>	Francois Louw, MD  <i>*This session is mandatory for those registered for the Ultrasound-Guided MSK Interventions Workshop at 1:45pm.</i>	EMERALD BC
10:30am	<b>Workup of Scrotal Masses</b> <ul style="list-style-type: none"> <li>Identify at least 5 types of scrotal masses</li> <li>Examine two types of scrotal masses that require immediate urology referral</li> <li>Review three physical exam features of testis cancer</li> </ul>	Joel Teichman, MD	ALPINE C
10:30am	<b>Management Pearls for Nasty Lacerations and Renal Trauma from Mountain Biking</b> <ul style="list-style-type: none"> <li>Review pearls on treating deep dirty lacerations</li> <li>Identify when to suspect severe renal trauma</li> </ul>	James Cranston, MD Clark Lewis, MD	ALPINE D
10:30am	<b>A How-To Guide on Locuming in Rural BC</b> <ul style="list-style-type: none"> <li>Discuss the ways to find work as a locum in BC</li> <li>How to navigate forms</li> <li>How you get paid and how to track your payments</li> <li>Review supports for surviving rural emergencies for new to practice locums</li> </ul>	Zeke Steve, MD	ALPINE E

Time	Session	Speaker	
10:30am	<b>DMARDS: When, Why and What to Monitor</b> <ul style="list-style-type: none"> <li>Understand the basics of Disease Modifying Anti-Rheumatic Drugs (DMARDS)</li> <li>Overview of what needs to be monitored for DMARDS</li> <li>Understand the role of primary care in monitoring DMARDS</li> </ul>	Kam Shojania, MD	CALLAGHAN
10:30am	<b>Rural Research 101 – You Love It...You Just Don't Know It Yet</b> <ul style="list-style-type: none"> <li>Understand the human, functional and funding resources available for considering and conducting rural research</li> <li>Review recent examples of research in rural B.C. and discuss how such work positively impacts the quality and delivery of healthcare</li> <li>Learn how to get a (small 'r') research project off the ground, starting from the research question(s) through to the methods, analysis and dissemination</li> </ul>	Jason Curran, MSc	GLACIER
11:15am	<b>15-MIN TRAVEL BREAK! COFFEE AVAILABLE IN THE EXHIBIT AREA &amp; LEVEL 2 FOYER</b>		
11:30am	<b>Practical Tips in the Management of Obesity</b> <ul style="list-style-type: none"> <li>Identify when you should refer your obese patient</li> <li>Examine major challenges in weight management</li> <li>Discuss how to increase success in weight management</li> </ul>	Francis Vala, MD	EMERALD BC
11:30am	<b>Abscesses and Cysts in the ER</b> <ul style="list-style-type: none"> <li>Understand the anatomy of Bartholin's cysts/abscesses</li> <li>Review the technique for Word Catheter insertion for management of Bartholin's cysts/abscesses</li> <li>Review current best practice for incision and drainage of other superficial abscesses</li> <li>Appreciate specific anatomic considerations when approaching abscess I&amp;D</li> </ul>	Ryan Falk, MD	CALLAGHAN
11:30am	<b>An Approach to Driving in the Elderly</b> <ul style="list-style-type: none"> <li>Become more familiar with relevant driving regulations in BC regarding elderly drivers</li> <li>Identify appropriate tools for screening elderly drivers</li> <li>Develop an approach to discussing driving cessation in elderly drivers</li> </ul>	Josh Budlovsky, MD	ALPINE C
11:30am	<b>Parenting in Practice: A conversation about the highs and lows of parenting in medicine</b> <ul style="list-style-type: none"> <li>Increase awareness of the work of Parenting in Practice</li> <li>Expand community engagement and identify the opportunities to connect with other parents who practice medicine</li> <li>Investigate and identify missing topics and themes of the work of the Parenting in Practice group</li> </ul>	Charuka Maheswaran, MD	ALPINE D
11:30am	<b>Planned Deliveries in Isolated Communities</b> <ul style="list-style-type: none"> <li>Define 'Rural and Isolated Communities' through a perinatal lens</li> <li>Learn common elements of maternity care provision in isolated communities</li> <li>Case Reviews: review and discuss obstetrics cases when there is no back up</li> </ul>	Celina Laursen, RM	ALPINE E
11:30am	<b>Joint Standing Committee on Rural Issues: A primer on our rural programs and rural supports</b> <ul style="list-style-type: none"> <li>Brief review of the history of the JSC</li> <li>Overview, discussion and feedback on current JSC programs and supports for rural practitioners</li> </ul>	James Card, MD Pooja Madan	GLACIER
12:15pm	<b>90-MIN LUNCH BREAK! LUNCH AVAILABLE IN THE EXHIBIT AREA / EMERALD A</b>		
12:15pm	<b>RURAL LOCUM NETWORKING LUNCH PRIVATE LUNCH SERVED IN FIREROCK LOUNGE   *Pre-registration required (\$15)</b>		

Time	Session	Speaker	
1:45pm	<b>Etonogestrel Subdermal Implant Insertion Workshop</b> *2-Hour Workshop   Pre-registration required (\$25) <ul style="list-style-type: none"> <li>Describe the Canadian contraceptive landscape and unmet need for contraception</li> <li>Review effective patient selection for the etonogestrel subdermal implant</li> <li>Gain skill in implant insertion and removal techniques</li> </ul>	Renee Hall, MD	NORDIC
1:45pm	<b>Ultrasound-Guided MSK Interventions Workshop: Focused pain medicine</b> *2-Hour Workshop   Pre-registration required (\$25) <ul style="list-style-type: none"> <li>GH joint injection and rotator cuff hydrodilatation for frozen shoulder (corticosteroid)</li> <li>Carpal tunnel syndrome hydrodissection</li> <li>Greater Occipital Nerve block</li> <li>Tennis elbow / Lateral epicondylitis techniques</li> <li>Subacromial bursa injection and trapezius muscle trigger point injections</li> <li>Knee injection (IA into suprapatellar bursa) as well as medial joint line structures</li> </ul>	Sean Ebert, MD Francois Louw, MD  *Participants of this workshop are also expected to attend Dr. Louw's 10:30am lecture as a primer.	ALPINE AB
1:45pm	<b>Wound Care 101</b> <ul style="list-style-type: none"> <li>Identify the three pillars of wound healing: The Patient; The Wound; and the Cause</li> <li>Recognize the causes of chronic leg ulceration</li> <li>Discuss what to do and what not to do when managing chronic leg ulcers</li> </ul>	Brian Kunimoto, MD	EMERALD BC
1:45pm	<b>Indigenous Pregnancy Care</b> <ul style="list-style-type: none"> <li>Identify social determinants to consider when providing prenatal care for Indigenous patients</li> <li>Review several provincial programs which may be beneficial for birthing patients and families</li> <li>Examine different legal and social frameworks which support the need for improvements in the provision of care to Indigenous individuals, families, and communities</li> </ul>	Don Wilson, MD	ALPINE C
1:45pm	<b>Traumatic Shock Then and Now: An Evolution in Practice from the Great War to 2023</b> <ul style="list-style-type: none"> <li>Describe what the medical community knew about shock before the First World War</li> <li>Understand the factors that led to an evolution in that understanding between 1914 and 1918</li> <li>Appreciate how new knowledge in medicine can be acquired</li> <li>Acknowledge how the modern management of trauma is based on a long tradition of trial and error</li> </ul>	Ryan Falk, MD	ALPINE D
1:45pm	<b>Relieving Pain Points of Rural Palliative Care</b> <ul style="list-style-type: none"> <li>Identify Social Prescribing as a way to relieve the "pain" of meeting all patients' needs alone</li> <li>Describe how Social Prescribing links patients to community-based support services and resources</li> <li>Recognize practice support tools for psychosocial needs assessment</li> <li>Apply knowledge of Social Prescribing and psychosocial needs assessment in their own practice and community</li> </ul>	Eman Hassan, MD	ALPINE E
1:45pm	<b>Optimizing your Documentation: Themes from CMPA cases</b> <ul style="list-style-type: none"> <li>List 5 common documentation issues seen in CMPA cases</li> <li>Describe documentation best practices to support safe medical care</li> <li>Commit to one change in your documentation to improve patient safety and decrease your medico-legal risk</li> </ul>	Janet Nuth, MD, CMPA	GLACIER
1:45pm	<b>Alcohol Withdrawal in Rural and Remote Communities</b> <ul style="list-style-type: none"> <li>Review how to safely manage outpatient alcohol withdrawal in a rural and remote community</li> <li>Identify how to use relapse prevention medication for the treatment of alcohol use disorder</li> </ul>	Hancke de Kock, MD	CALLISHAN

Time	Session	Speaker	
2:30pm	<b>15-MIN TRAVEL BREAK!</b>	<b>COFFEE AVAILABLE IN THE EXHIBIT AREA &amp; LEVEL 2 FOYER</b>	
2:45pm	<b>Pearls: Primary Care Occupational Medicine for Family Physicians</b> <ul style="list-style-type: none"> <li>Introduce key practical occupational medicine concepts relevant to primary care</li> <li>Provide pearls to integrate occupational historical and practical elements in the SOAP</li> <li>Include presentation and discussion of common clinical cases</li> <li>Offer strategies to enhance function and minimize the effect of work-related impairment</li> <li>Review common pitfalls in return-to-work planning</li> <li>Describe common disability management terminology</li> </ul>	Alfredo Tura, MD	EMERALD BC
2:45pm	<b>Acute Knee Injury Clinical Care Pathway</b> <ul style="list-style-type: none"> <li>Assessment and treatment of acute knee injuries</li> <li>Identification and management of "time sensitive" injuries</li> <li>Identification and management of surgical meniscal injuries</li> <li>Introduction of acute knee clinical care pathway in pathways</li> <li>Review of patient and clinician acute knee resources in pathways</li> </ul>	Karin Kausky, MD Alex Brooks-Hill, MD Sally Clark, MD	CALLAGHAN
2:45pm	<b>Interstitial Cystitis for Primary Care Physicians</b> <ul style="list-style-type: none"> <li>Describe the pathophysiology of interstitial cystitis</li> <li>Identify 3 differential diagnoses</li> <li>Review 4 treatment options for interstitial cystitis</li> <li>Describe the appropriate evaluation for pentosan maculopathy</li> </ul>	Joel Teichman, MD	ALPINE C
2:45pm	<b>CHARLiE Pediatric Case Reviews (Child Health Advice in Real-Time Electronically)</b> <ul style="list-style-type: none"> <li>Approach to an unanticipated newborn delivery</li> <li>Differential diagnosis of respiratory distress in an infant</li> <li>Management of mild pediatric head injuries</li> </ul>	Melissa Paquette, MD Laura Swaney, MD	ALPINE D
2:45pm	<b>Wound Care Cases: An Interactive Discussion</b> <ul style="list-style-type: none"> <li>Interactive discussion regarding management of a variety of wound care cases</li> </ul>	Brian Kunimoto, MD	ALPINE E
2:45pm	<b>Anti-Indigenous Racism in Healthcare: Where do we go from here?</b> <ul style="list-style-type: none"> <li>Discuss racism in its various forms and its relationship to each of us</li> <li>Review key findings from In Plain Sight and the Rural Site Visit data demonstrating the prevalence of anti-Indigenous racism within the health care system</li> <li>Review key tools to develop an anti-racist practice</li> </ul>	Terri-Leigh Aldred, MD	GLACIER
3:30pm	<b>END OF DAY 2</b>	Remember to hand in your Saturday Evaluation Form and collect your gift!	

## PICKLEBALL @ WHISTLER RACQUET CLUB

4:00pm – 7:00pm | Free | Reserve a court time at the reg desk

We've reserved four courts (plus paddles and balls) for members of our group who'd like to drop in and take part in some friendly competition. A pickleball instructor will also be onsite to offer support for newbies!

Sign up for a court time at the conference registration desk.

## SALISH STROLL: GUIDED FOREST WALK

4:00pm – 5:15pm | Tickets: \$19 | See reg desk for ticket availability

This peaceful ethnobotanical walk is guided by a Cultural Ambassador who will share local First Nations history and how they used local flora and fauna for food, preventive medicines, tools and more.

Meet at 3:40pm in the Westin Lobby to walk as a group to the Squamish Lil'wat Cultural Centre (approx. 15 minute walk).

## BC STUDENT, RESIDENT AND PRECEPTOR MEETING & SOCIAL EVENT

4:00pm – 5:30pm | Callaghan Room (Level 2) | Private Event – Hosted by REAP



## SIP, SAVOUR & SOCIALIZE @ FIREROCK LOUNGE

5:00pm – 7:00pm | Tickets: \$50 | See reg desk for ticket availability

Cozy. Moody. Intimate. Connected to the Westin Resort, you'll find the FireRock Lounge – a warmly-lit intimate chalet-style bar. Catch up over cocktails and locally-inspired appetizers before heading out to your dinner reservation or to explore Whistler's nightlife. Meet up with friends (new and old) for an unforgettable evening.

## SATURDAY SOIRÉE @ 21 STEPS KITCHEN + BAR

6:30pm – 10:30pm | Tickets: \$120 | See reg desk for ticket availability

Ascend the private attic at the top of 21 Steps Kitchen + Bar and set your sights on a remarkable dining experience in the heart of Whistler Village. Enjoy a selection of canapés and premium cocktails to start, then indulge in a delectable four-course sit-down dinner of modern comfort food in the company of your colleagues.

## CHECK OUT OUR RURAL ABSTRACT POSTERS!

POSTERS ARE ON DISPLAY IN THE LEVEL 2 FOYER

1. The Role of a Rural ICU in an International Observational Study on COVID-19
2. How Long-Stay Patients Affect Hospital Overcapacity in Northern Health
3. Improving Access, Understanding, and Dignity during Miscarriage Recovery in BC
4. Engaging residents and improving our food systems using on-site gardens
5. Nawh whu'nes'en - We See in Two Worlds: Trauma sensitive practices for collectively healing in relationship
6. Symptom Distress and Emergency Visits among Women Diagnosed and Treated with Breast Cancer in Canada
7. Providing Healthcare Career Mentorship to Rural Students
8. SmartMom: Teaching by Texting
9. Innovation: One Rural Town's Approach to Tackling ED Closures
10. Family Physician-Led Primary Care Pulmonary Rehab Education for COPD Patients in Rural Canadian Communities
11. Postal Codes do Matter: Understanding the barriers to accessing a Neurodevelopmental Assessment for Children, Youth and Families in BC
12. Building capacity for Autism Assessments in Rural Communities: the role Speech-Language Pathologists
13. Hypertension In Pregnancy: Applying Best Practices
14. BLS/ACLS/PALS Certification: Improvement Project in Dease Lake
15. Acing the AIC: Northern Roots Primary Care PQI Project
16. Quality of Patient Handover in a Rural Setting: Assessing the Quality of Physician-To-Physician Handover in the Rural/ Remote Setting
17. MMH Emergency Department Industrial Transfers: A Physician Quality Improvement Project



Time	Session	Speaker	
7:00am	<b>MORNING RUN:</b> Meet in the hotel lobby for an early morning trail run		
7:30am	<b>REGISTRATION DESK OPENS \ EXHIBIT AREA OPENS</b>	<b>HOT BREAKFAST AVAILABLE IN THE EXHIBIT AREA / EMERALD A</b>	
7:30am	<b>OPEN MEETING:</b> Rural Maternity Networking Breakfast	<b>CALLAGHAN ROOM</b>	
7:30am	<b>OPEN MEETING:</b> SFU Medical School: Writing for Contextualized Case Based Learning (CBL)	<b>CRYSTAL ROOM</b>	
8:30am	<b>Medication Misadventures: An ER Pharmacists' Perspective</b> <ul style="list-style-type: none"> <li>Identify the most common medication related problems presenting to the Emergency department</li> <li>Recognize the potential risks for medication errors resulting from transition to and from hospital care</li> <li>Identify ways to help reduce medication related problems</li> </ul>	Susan Barss, Pharm.D	EMERALD BALLROOM BC
8:50am	<b>BCEHS Critical Care Team and How we Can Work Together Across the Province</b> <ul style="list-style-type: none"> <li>Review the Critical Care Team structure and mandate, including where we fit within PHSA and BCEHS</li> <li>Provide a high-level breakdown of the CCP scope of practice and the education required for our competencies and licensing</li> <li>Outline the workflow of a CCP inter-facility response vs scene response and how we can facilitate moving patients in rural and remote areas</li> </ul>	Sarah Shaw, PCP	
9:10am	<b>Occupational Therapy in Support of Primary Care</b> <ul style="list-style-type: none"> <li>Describe the role of occupational therapy with adults in the areas of physical injury, brain injury, and mental health</li> <li>Review examples of how an OT can support a primary care patient in a rural community</li> <li>Understand how to make a referral to your local OT</li> </ul>	Brian O'Rourke, MOT, CWCE	
9:30am	<b>15-MIN TRAVEL BREAK!</b>	<b>COFFEE AVAILABLE IN THE EXHIBIT AREA &amp; LEVEL 2 FOYER</b>	
9:45am	<b>Airway Workshop with The CARE Course</b> <b>*2-Hour Workshop \ Pre-registration required (\$25)</b> <p>Join this comprehensive two-hour airway workshop for rural providers. The curriculum will cover RSI, surgical airways, rescue airways and basic airway management and will be hands-on, in the 'safe learning' &amp; fun style of The CARE Course.</p> <ul style="list-style-type: none"> <li>effectively evaluate the 'when' and 'how' of definitive airway management with a focus on the low resource setting</li> <li>prepare, communicate and execute an 'any size' team-based plan for endotracheal intubation, including airway rescue techniques</li> <li>assemble equipment, medication and personnel to optimally manage the airway</li> <li>perform standard endotracheal intubation (if in scope of practice) and rescue techniques</li> <li>troubleshoot a difficult laryngoscopy</li> <li>demonstrate appropriate post-intubation assessment and care</li> </ul>	Jel Coward, MD Rebecca Lindley, MD	NORDIC
9:45am	<b>"Is That a Probe in Your Pocket, Or Are You Just Happy to See Me?" — Handheld Ultrasound for Rural/Remote Generalists</b> <b>*2-Hour Workshop \ Pre-registration required (\$25)</b> <p>We encourage registered participants to bring their own handheld ultrasound devices to this workshop, but probes will be made available for anyone who needs one.</p> <p>During this workshop, Rural Generalists will be able to:</p> <ul style="list-style-type: none"> <li>Compare personal hand-held ultrasound probes while scanning models</li> <li>Practice a variety of scans with instructor support</li> <li>Describe benefits of integrating comprehensive ultrasound into rural practice</li> <li>Describe the learning curve necessary to reach PoCUS integration into rural practice</li> </ul>	Virginia Robinson, MD Jonathan Wallace, MD Andrew O'Farrell, MD	ALPINE AB



Time	Session	Speaker	
9:45am	<b>Trauma-Sensitive Health Coaching: Empowering the Traumatized Patient</b> *2-Hour Workshop   Drop-in seating  This workshop was developed in response to the demand from BC communities for education in trauma care and aims to improve provider job satisfaction and meaning in work, by offering new tools to support patients living with trauma. It teaches practical tools to foster participation and empowerment, and integrates features of health coaching, somatic experiencing, and positive psychology. This workshop is suitable for both family physicians & specialists and can be applied in both office and hospital settings.	Rahul Gupta, MD	GLACIER
9:45am	<b>Eye Pain: When is it an emergency?</b> <ul style="list-style-type: none"> <li>Develop an approach to triage your patient's eye pain</li> <li>Apply an anatomically-guided differential diagnosis to guide your history &amp; examination of a patient with eye pain</li> <li>Determine the urgency and/or severity of these complaints</li> </ul>	Nawaaz Nathoo, MD	EMERALD BC
9:45am	<b>A Case of Too Much Airtime: Chest Trauma from Ski and Mountain Biking Injuries</b> <ul style="list-style-type: none"> <li>Review rib fractures and management in the elderly using cases and xrays</li> <li>Review the management of traumatic pneumothorax and hemothorax with tube thoracostomy - using cases and xrays</li> <li>Review the use of pigtail catheters vs large bore chest tubes</li> </ul>	Rua Read, MD	ALPINE C
9:45am	<b>GP Billings: After the Visit</b> <ul style="list-style-type: none"> <li>Present a deeper look into MSP resubmissions, critical care fees and other complex billings</li> </ul>	Ashlee Ward	ALPINE D
9:45am	<b>It Takes A Village: Transitioning primary care from a private practice to a community led and governed non-profit society</b> <ul style="list-style-type: none"> <li>Examine timelines and stakeholders</li> <li>Review lessons learned and the importance of relationships and communication</li> <li>Review the role of professional management</li> </ul>	Karin Kausky, MD	ALPINE E
9:45am	<b>Pelvic Floor 101: Assessment and Treatment for the Busy Clinician</b> <ul style="list-style-type: none"> <li>Assess for signs and symptoms of Pelvic Floor Dysfunction</li> <li>Initiate initial conservative treatment for incontinence in the primary care office</li> </ul>	Alexzandra Hale, RPT	CALLAGHAN
10:30am	<b>15-MIN TRAVEL BREAK!</b> <b>COFFEE AVAILABLE IN THE LEVEL 2 FOYER</b>		
10:45am	<b>Pediatric Respiratory Surge: Lessons Learned from Winter 2022/2023</b> <ul style="list-style-type: none"> <li>Explore the events leading up to the pediatric respiratory surge</li> <li>Explore the system responses to the surge</li> <li>Review the impact on rural communities and potential to improve responses and care in future surges</li> </ul>	David Wensley, MD	ALPINE C
10:45am	<b>Imposter Syndrome in Rural Medicine</b> <ul style="list-style-type: none"> <li>Define imposter syndrome in the rural context</li> <li>Discuss case examples: new to practice, rural ED, career transitions</li> <li>Review how imposter syndrome impacts retention and resilience</li> <li>Examine strategies to mitigate imposter syndrome</li> </ul>	Zeke Steve, MD	ALPINE D
10:45am	<b>Palliative Care and Difficult Conversations in the Emergency Room Environment</b> <ul style="list-style-type: none"> <li>Review and discuss palliative conversations suitable for the ER</li> <li>Understand more about what makes a conversation difficult and how to overcome those challenges</li> </ul>	Robin Love, MD	ALPINE E

Time	Session	Speaker	
10:45am	<b>Dental Emergencies</b> <ul style="list-style-type: none"> <li>Review basic dental anatomy and nerve blocks</li> <li>Review common analgesics and antibiotics for odontogenic infections</li> <li>Case-based learning on pain, infection, and trauma</li> <li>Identify when to med-evac a dental patient</li> </ul>	Caitlin Meredith, DMD	CALLAGHAN
11:30am	<b>15-MIN TRAVEL BREAK!</b>	<b>COFFEE AVAILABLE IN THE LOBBY LEVEL FOYER</b>	
11:45am	<b>The RHC Trivia Show: Collaboration, Competition, Prizes!</b> <p>Join us at the closing session of the conference for a fun return to med school cramming sessions. This collaborative trivia game will test how closely you were paying attention by quizzing you on some of the topics that were covered at RHC (and a few other cool topics). Don't worry; this will be a fun and lighthearted session. Plus we'll be handing out prizes for all who attend...and a grand prize for the winning team!</p> <p>Work together with other conference participants to:</p> <ul style="list-style-type: none"> <li>Demonstrate that you've absorbed valuable clinical knowledge and skills at this conference</li> <li>Demonstrate your mastery of medical trivia</li> <li>Demonstrate your knowledge of BC First Nations and BC geography (and other fun trivia)</li> </ul>	John Soles, MD Stuart Johnston, MD Nicole Ebert, MD	EMERALD BALLROOM BC
12:30pm	<b>END OF DAY 3 — END OF CONFERENCE</b>	<b>GRAB 'N' GO SNACK AVAILABLE ON YOUR WAY OUT!</b>	

**Don't forget to complete and hand in your evaluation forms.**

**THANK YOU FOR JOINING US IN WHISTLER!**  
**SAFE TRAVELS HOME — WE HOPE TO SEE YOU NEXT YEAR.**