

UBC CPD

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WEBINAR RESOURCES: CLIMATE CHANGE: UNDERSTANDING AND MANAGING THE SIGNIFICANT HEALTH IMPACTS OF EXTREME HEAT EVENTS

Web Resources

- 1. Lancet planetary health: <u>https://www.thelancet.com/journals/lanplh/home</u>
- 2. Cascades Canada: https://cascadescanada.ca/
 - A network for healthcare professionals working to make healthcare sustainable.
- 3. CAPE (Canadian Association of Physicians for the Environment): <u>https://cape.ca/</u>
- 4. Knowledge Exchange: Studies of Mortality in British Columbia During the 2021 Extreme Heat Event: <u>https://www.youtube.com/watch?v=WWZEW6z_bLl</u>
 - Includes a chart review of heat stroke cases in the lower mainland by Dr. Corinne Hohl (starting at 48:07) and a review of impacts on healthcare systems from the Ministry of Health (starting at 1:06:14)
- 5. Prepared BC emergency guides and resources: <u>https://www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/guides-and-resources</u>
 - Includes translated guides
- 6. Sun and Heat Safety (Fraser Health): https://www.fraserhealth.ca/health-topics-a-to-z/sun-safety
- 7. Heat Preparation for Patients (Fraser Health): <u>https://www.fraserhealth.ca/employees/medical-health-officer-updates/heat-preparation-for-patients</u>
- 8. Summer Heat Safety for Seniors and People with Medical Conditions (Fraser Health): <u>https://patienteduc.fraserhealth.ca/file/summer-heat-safety-for-seniors-and-people-with-medi-666904.pdf</u>

- Also available in other languages: https://patienteduc.fraserhealth.ca/permalink/666904
- 9. Medications and the Heat (New Brunswick): <u>https://www2.gnb.ca/content/dam/gnb/Departments/h-</u> <u>s/pdf/en/HealthyEnvironments/Medicationsandtheheat.pdf</u>
- 10. Dysautonomia Support Network: <u>https://www.dysautonomiasupport.org/thermoregulation/#:~:text=Many%20people%20with%</u> <u>20dysautonomia%20experience,pooling%20can%20cause%20cold%20intolerance</u>
- 11. Toward the Heart resources: <u>https://towardtheheart.com/a-z-resource-page</u>
- 12. Extreme heat and people experiencing homelessness (Fraser Health): <u>https://www.fraserhealth.ca/health-topics-a-to-z/sun-safety/extreme-heat-and-people-</u> <u>experiencing-homelessness--a-primer-for-community-organizations</u>
- 13. Health checks during extreme heat events (National Collaborating Centre for Environmental Health): <u>https://ncceh.ca/documents/guide/health-checks-during-extreme-heat-events</u>

Articles

1. Protecting Your Clients From Extreme Heat (BC Pharmacy and Fraser Health): https://www.bcpharmacy.ca/tablet/spring-23/protecting-your-clients-extreme-heat