



# WEBINAR RESOURCES

## A TEAM-BASED APPROACH TO POSTPARTUM AND NEWBORN CARE

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### Breastfeeding

- **Canadian Lactation Consultants Association** is a registered non-profit organization committed to the protection and promotion of breastfeeding in Canada: <https://www.clca-accl.ca>
- **Latching On: How Family Physicians Can Support Breastfeeding Patients** is an online module for primary care providers about how you can best support breastfeeding families: <https://ubccpd.ca/learn/learning-activities/course?eventtemplate=29>
- **Tri-Cities Infant Feeding Clinic** provides personalized lactation consulting and care in Port Moody, covered by MSP: <https://infantfeeding.ca/>
- Dina Davidson, Registered Midwife; Lactation Consultant; Founder, Inlet Community Birth Program, [dina.davidson@gmail.com](mailto:dina.davidson@gmail.com)

### Public Health Programs

- **Fraser Health (registry):** Seamless. Streams (NFP, Enhanced Family Visiting, Best Beginnings)
  - [Fraser Health – Best Beginnings Prenatal Registration Form](#)
  - [NUXX105256D SeamlessPerinatalCa \(fraserhealth.ca\)](#)
- **Interior Health (registry):** Healthy From the Start (NFP, Enhanced Family Services)
  - <https://www.interiorhealth.ca/health-and-wellness/pregnancy-and-childbirth/prenatal-connections/healthy-from-the-start-eform>
  - Or call 1-855-868-7710
- **Island Health (registry):** Right From the Start:
  - <https://surveys.viha.ca/surveys/rftsregistration.aspx>
  - Or call your local Public Health Unit
- **Northern Health:** Prenatal/ Post-partum support via Primary and Community Care(PCC): [Pregnancy support questionnaire \(northernhealth.ca\)](#)
- **Vancouver Coastal Health:** Prenatal & Early Years Program: [PRENATAL, POSTPARTUM AND EARLY CHILDHOOD PUBLIC HEALTH NURSING REFERRAL \(vch.ca\)](#)

- **BC Pregnancy Outreach Programs (BCAPOP)** lists 74 programs across BC: <https://www.bcapop.ca/POP-Programs>
- **Maternity and Babies Advice Line (MaBAL)** is a free 24/7 service to providers with questions about pregnancy, labour, or postpartum care: <https://rccbc.ca/initiatives/rtvs/mabal/>
- **Financial Help for Pregnancy** one page, double-sided client resource is designed to support pregnant individuals and parents across BC with interventions for poverty reduction and food security: <https://vch.eduhealth.ca/en/viewer?file=%2fmedia%2fvch%2fGH%2fGH.22.F56.pdf#phrase=false>

## Hyperbilirubinemia Screening Tools

- **BiliTool:** <https://bilitool.org/>
- **Pedi Tool:** <https://peditools.org/bili2022/>
- **Bhutani Nomogram:**
  - [https://cps.ca/uploads/documents/hyperbilirubinemia\\_newborn\\_fig1.pdf](https://cps.ca/uploads/documents/hyperbilirubinemia_newborn_fig1.pdf)
  - [https://cps.ca/uploads/documents/hyperbilirubinemia\\_newborn\\_fig2.pdf](https://cps.ca/uploads/documents/hyperbilirubinemia_newborn_fig2.pdf)

## Other Resources

- **Pelvic Floor Physiotherapy - Physiotherapy Association of British Columbia:** <https://bcphysio.org/find-a-physio>
- **Smart Mom** is a prenatal education program that provides trustworthy educational text messages pregnant people: <https://www.smartmomcanada.ca/>
- **Smart Parent** is an evidence-based text messaging program that sends information timed to the baby's age to help support parents as they care for their baby during the first year of life: <https://www.smartparentcanada.ca/>

## PathwaysBC Links

- **Pathways:** <http://pathwaysbc.ca>

### *Pediatrics*

#### **Clinician Tools**

- [All pediatric clinician tools](#)
  - Select Specialty: *Pediatrics* → *Clinician Tools* tab.
- [BiliTool - Calculating the Hyperbilirubinemia Risk in Newborns \(Am. Academy of Pediatrics\)](#)
- [Hyperbilirubinemia - Detection, Management and Prevention in Term and Late Pre-term Newborn Infants \(C.Ped.S\)](#)

#### **Patient Information (Eailable to patients from Pathways)**

- [All pediatric patient info items](#)
  - Select Specialty: *Pediatrics* → *Patient Info* tab
- [Newborn Care - Jaundice \(Canadian Pediatric Society\)](#)

### *Pregnancy Care & Obstetrics and Gynecology*

#### **Clinician Tools**

- [All pregnancy related clinician tools](#)
  - Select Specialty: *Obstetrics and Gynecology* → *Clinician Tools* tab
- [Early Pregnancy Care Pathway](#)
- [Breastfeeding Medicine Guidelines \(Academy of Breastfeeding Medicine\)](#)
- [Medication in Breastfeeding Database - LactMed \(NIH\)](#)
- [Mother to Baby Fact Sheets - Medications, Exposures, Cosmetics, and Infections in Pregnancy and Breastfeeding](#)

#### **Community and Health Authority Services**

- [All pregnancy related Community and Health Authority Services](#)
  - Select Specialty: *Obstetrics and Gynecology* → *Community and Health Authority Services* tab
  - Filter (right margin): *Breastfeeding / Lactation Advice* to see available services in your area.
  - Filter (right margin): *Enhanced Services for Socially Vulnerable in Pregnancy* to see public health program in your area.

#### **Patient Information (Eailable to patients from Pathways)**

- [All pregnancy related patient info](#)
  - Specialty: *Obstetrics and Gynecology* → *Patient Info* tab
  - Filter (right margin): *Breastfeeding / Lactation Advice* to see [breastfeeding materials](#).
- [Pregnancy - Financial Aid Resources \(VCH\)](#)