



# Whistler Orthopaedic Summit

## Canadian Foot and Ankle Symposium (COFAS)

Westin Resort & Spa, Whistler BC

We're pleased to announce the inaugural **UBC Orthopaedic Summit** which will combine these popular conferences which delegates can select any combination of dates to attend:



Canadian Foot and Ankle Symposium (COFAS) Jan 29 - 30, 2025 (Wed - Thu)



Arthroplasty Conference Jan 30-31, 2025 (Thu - Fri)



Adult Trauma Course Jan 31-Feb 1, 2025 (Fri - Sat)



Canadian Paediatric Orthopaedic Trauma Course (CPOT) Jan 31-Feb 1, 2025 (Fri - Sat)

**Brought to you by:**  
Department of Orthopaedics,  
University of British Columbia  
**UBCORTHO**

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**UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE

Empowering continuous learning and practice improvement.



## WED Jan 29, 2025 | COFAS (Day 1)

### Learning Objectives:

- Evaluate and compare surgical techniques (open vs. minimally invasive) for forefoot, hindfoot, and ankle procedures, emphasizing patient outcomes, complication rates, and long-term success.
- Analyze complex cases, including failed surgeries and recurrent deformities, to develop effective revision strategies and improve patient care.
- Apply the latest evidence-based practices in the management of common and complex foot and ankle conditions, including osteochondral lesions (OCLs), ankle instability, and joint osteoarthritis.
- Integrate a multidisciplinary approach to pediatric and adult foot deformities, understanding the unique surgical and nonsurgical considerations for both age groups.
- Develop expertise in advanced surgical techniques and injection therapies, focusing on pearls and pitfalls to enhance clinical outcomes in minimally invasive and open procedures.

### \*\* Agenda subject to change

6:15am	Breakfast	
7:15am	Welcome & Housekeeping	
	<b>Open vs. MIS Forefoot Surgical Technique</b>	
7:30am	Lapidus - Open vs. Percutaneous Approach	Alastair Younger <i>MB, ChB, MSc, ChM, FRCSC. Orthopaedic Surgeon; Director &amp; Professor, Mentorship &amp; Wellness, Dept of Orthopaedics, UBC; President, British Columbia Orthopaedic Association (BCOA)</i>
7:45am	Open Chevron vs. Percutaneous Approach	Warren Latham <i>MD, FRCSC. President, Canadian Orthopaedic Foot and Ankle Society; Corporate Chief and Lead Surgeon Foot and Ankle Program, Scarborough Health Network</i>
8:00am	Percutaneous Approach to the Failed Bunion	Sagar Desai <i>MD, MSc, FRCSC. Orthopaedic Surgeon, Humber River Hospital, Toronto, ON</i>
8:15am	Question Period & Case Discussion	
	<b>MIS Surgical Fellowship</b>	
9:00am	Hammer Toes & Claw Toes: <i>Minimally Invasively</i>	Rachael Da Cunha <i>MD, FRCSC. Attending Orthopaedic Surgeon, Foot and Ankle Reconstruction, Royal Alexandra Hospital; Assistant Professor, University of Alberta, Edmonton, AB</i>
9:15am	Hindfoot-Calc Osteotomies & Percutaneous Joint Preparation	Monika Volesky <i>MDCM, FRCSC. Orthopaedic Surgeon, Foot and Ankle Surgery and Sport Medicine, Jewish General Hospital; Assistant Professor, Division of Orthopaedic Surgery, McGill University</i>
9:30am	Minimally Invasive Hallux Valgus Reconstruction	Oliver Gagné <i>MDCM, FRCSC, MSc. Foot and Ankle Orthopedic Surgeon, St. Paul's Hospital; Clinical Instructor, Department of Orthopaedics, UBC</i>
9:45am	Question Period & Case Discussion	

10:30am	Activity Break – return at 3:30pm	
	<b>Ankle Instability</b>	
3:30pm	Management of OCL's—Best Practice in 2025	Mark Steeves <i>MD, FRCSC. Orthopaedic Surgeon, Hôpital Montfort.</i>
3:45pm	"Why does my ankle hurt after a sprain?" A Differential	Peter Dryden <i>MD, FRCSC. Clinical Associate Professor, Department of Orthopaedics, UBC</i>
4:00pm	Deltoid Ligament Injury - Expert Opinion in 2025	Anthony Habib <i>MD, FRCSC. Assistant Professor Clinical adjunct Orthopaedic Surgeon, McMaster University Niagara Falls Campus, ON</i>
4:15pm	Failed Lateral Ankle Ligament Reconstruction: Surgical Approach & Technique	Oliver Gagné <i>MDCM, FRCSC, MSc. Foot and Ankle Orthopedic Surgeon, St. Paul's Hospital; Clinical Instructor, Department of Orthopaedics, UBC</i>
4:30pm	An Approach to the Delayed Syndesmotom Reconstruction	Andie Veljkovic <i>MD, B. Comm, MPH, FRCSC. Orthopaedic Surgeon, St. Paul's Hospital; Director of Fellowships &amp; Clinical Associate Professor, Dept of Orthopaedics, UBC</i>
4:45pm	Question Period & Case Discussion	
5:45pm	Networking Reception	

## THU Jan 30, 2025 | COFAS (Day 2)

**\*\* Agenda subject to change**

6:15am	Breakfast	
	<b>Ankle Fracture</b>	
7:00am	TTC for a Fracture - Who and When?	Chris Del Balso <i>MBBS, MSc, FRCSC. Assistant Professor, Department of Orthopaedic Surgery, Western University, London, ON</i>
7:15am	Minimally Invasive/Scope Assisted ORIF	Mansur Halai <i>MBChB, BSc, MRCA, MRCS, FRCS. Orthopaedic Surgeon, St. Michael's Hospital; Assistant Professor, Division of Orthopaedic Surgery, University of Toronto</i>
7:30am	Treatment Algorithm for Acute Syndesmotom Injury	Kelly Apostle <i>MD, FRCSC. Head &amp; Clinical Associate Professor, Division Foot &amp; Ankle, Department of Orthopaedics, UBC</i>
7:45am	Revision ORIF of the Ankle	Brad Meulenkamp <i>MD, MSc, FRCSC. Assistant Professor, Department of Surgery, University of Ottawa</i>
8:00am	Question Period & Case Discussion	
8:45am	Break	
	<b>Injections</b>	

9:00am	Evidence Based Approach to Management of Ankle OA	Karl Lalonde <i>MD, MEd, FRCSC. Clinical Lead and Residency Program Director, Dept of Orthopaedic Surgery, The Ottawa Hospital; Associate Professor, Department of Surgery, University of Ottawa</i>
9:15am	Small Joint Injection <i>Tips and Tricks</i>	Andrew Dodd <i>MD, FRCSC. Clinical Assistant Professor, University of Calgary, Calgary AB</i>
9:45am	Surgical Injection Techniques-Pearls and Pitfalls	Lauren Roberts <i>MD, MSc, FRCSC. Clinical Assistant Professor, Department of Orthopaedics, Division of Foot &amp; Ankle, UBC</i>
10:00am	<i>Question Period &amp; Case Discussion</i>	
10:30am	Activity Break – return at 3:30pm	
<b>Combined Paediatrics &amp; Adult Deformity Session: Teenage Foot Deformity</b>		
3:30pm	Symptomatic Hallux Valgus in Teenagers - What to Do? <i>Adult surgeon's Perspective</i>	Kevin Wing <i>MD, FRCSC. Orthopaedic Surgeon, Foot and Ankle Surgery, St. Paul's Hospital; Clinical Professor, Dept of Orthopaedics, UBC</i>
3:45pm	Symptomatic Hallux Valgus in Teenagers - What to Do? <i>Paediatric Surgeon's Perspective</i>	Maryse Bouchard <i>MD, MSc, FRCSC. Paediatric Orthopaedic Surgeon, The Hospital for Sick Children; Associate Professor Department of Surgery, University of Toronto; Associate Program Director, Orthopaedic Surgery Residency, Toronto, ON</i>
4:00pm	Flat Foot in Teenagers - What to Do? <i>Adult Surgeon's Perspective</i>	Ruth Chaytor <i>MD, FRCSC. Orthopaedic Surgeon, Jewish General Hospital; Chief, Foot and Ankle Clinical Teaching Unit; Associate Professor, Division of Orthopaedic Surgery, Dept of Surgery, McGill University</i>
4:15pm	Flat Foot in Teenagers - what to do? <i>Paediatric Surgeon's Perspective</i>	Christine Alvarez <i>MD, FRCSC, MSc. Paediatric Orthopaedic Surgeon, Vancouver BC</i>
4:30pm	Cavus Foot in Teenagers- What to do <i>Adult Surgeon's Perspective</i>	Murray Penner <i>MD, FRCSC. Regional Department Head, Department of Orthopaedics, Vancouver Coastal Health Authority &amp; Providence Health Care; Clinical Professor, Department of Orthopaedics, UBC</i>
4:45pm	Cavus Foot in Teenagers- What to do <i>Paediatric Surgeon's Perspective</i>	Carrie Kollias <i>MD, FRCSC, FRACS, MBA. Pediatric Orthopedic Surgeon, BC Children's Hospital, Vancouver BC</i>
5:00pm	<i>Question Period &amp; Case Discussion</i>	
5:30pm	Networking Reception <b>COFAS conference ends</b>	