

January 29—February 1, 2025 (Wed - Sat) Westin Resort & Spa, Whistler BC

We're pleased to announce the inaugural **UBC Orthopaedic Summit** which will combine theses four popular conferences – where delegates can select any combination of dates to attend:



Canadian Foot and Ankle Symposium (COFAS)

Jan 29 - 30, 2025 (Wed - Thu)



Arthroplasty Conference Jan 30-31, 2025 (Thu - Fri)



Adult Trauma Course Jan 31-Feb 1, 2025 (Fri - Sat)



Canadian Paediatric Jan 31-Feb 1, 2025 Orthopaedic Trauma (Fri - Sat) Course (CPOT)

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### WED Jan 29, 2025 | COFAS (Day 1)

### Learning Objectives:

- Evaluate and compare surgical techniques (open vs. minimally invasive) for forefoot, hindfoot, and ankle procedures, emphasizing patient outcomes, complication rates, and long-term success.
- Analyze complex cases, including failed surgeries and recurrent deformities, to develop effective revision strategies and improve patient care.
- Apply the latest evidence-based practices in the management of common and complex foot and ankle conditions, including osteochondral lesions (OCLs), ankle instability, and joint osteoarthritis.
- Integrate a multidisciplinary approach to pediatric and adult foot deformities, understanding the unique surgical and nonsurgical considerations for both age groups.
- Develop expertise in advanced surgical techniques and injection therapies, focusing on pearls and pitfalls to enhance clinical outcomes in minimally invasive and open procedures.

6:15am	Breakfast	
7:15am	Welcome & Housekeeping	
	Open vs. MIS Forefoot Surgical Technique	Moderator: Kevin Wing
7:30am	Lapidus - open vs. Percutaneous Approach	Alastair Younger  MB, ChB, MSc, ChM, FRCSC. Orthopaedic Surgeon; Director & Professor, Mentorship & Wellness, Dept of Orthopaedics, UBC; President, British Columbia Orthopaedic Association (BCOA)
7:45am	Open Chevron vs. Percutaneous Approach	Warren Latham MD, FRCSC. President, Canadian Orthopaedic Foot and Ankle Society; Corporate Chief and Lead Surgeon Foot and Ankle Program, Scarborough Health Network
8:00am	Percutaneous Approach to the Failed Bunion	Sagar Desai MD, MSc, FRCSC. Orthopaedic Surgeon, Humber River Hospital, Toronto, ON
8:15am	Question Period & Case Discussion	
	MIS Surgical Fellowship	Moderator: Eric Calvert



9:00am	Hammer Toes & Claw Toes Minimally Invasively	Rachael Da Cunha MD, FRCSC. Attending Orthopaedic Surgeon, Foot and Ankle Reconstruction, Royal Alexandra Hospital; Assistant Professor, University of Alberta, Edmonton, AB	
9:15am	Hindfoot-Calc Osteotomies & Percutaneous Joint Preparation	Monika Volesky  MDCM, FRCSC. Orthopaedic Surgeon, Foot and Ankle Surgery and Sport Medicine, Jewish General Hospital; Assistant Professor, Division of Orthopaedic Surgery, McGill University	
9:30am	Minimally Invasive Hallux Valgus Reconstruction	Oliver Gagné MDCM, FRCSC, MSC. Foot and Ankle Orthopedic Surgeon, St. Paul's Hospital; Clinical Instructor, Department of Orthopaedics, UBC	
9:45am	Question Period & Case Discussion		
10:30am	Activity Break – return at 3:30pm		
	Ankle Instability	Moderator: Mike Bridge	
3:30pm	Management of OCL's—Best Practice in 2025	Mark Steeves MD, FRCSC. Orthopaedic Surgeon, Hôpital Montfort, Ottawa, ON	
3:45pm	"Why does my ankle hurt after a sprain?" A  Differential	Peter Dryden MD, FRCSC. Clinical Associate Professor, Department of Orthopaedics, UBC	
4:00pm	Deltoid Ligament Injury - Expert Opinion in 2025	Anthony Habib MD, FRCSC. Assistant Professor Clinical adjunct Orthopaedic Surgeon, McMaster University Niagara Falls Campus, ON	
4:15pm	Failed Lateral Ankle Ligament Reconstruction: Surgical Approach & Technique	Oliver Gagné MDCM, FRCSC, MSC. Foot and Ankle Orthopedic Surgeon, St. Paul's Hospital; Clinical Instructor, Department of Orthopaedics, UBC	
4:30pm	An Approach to the Delayed Syndesmotic Reconstruction	Andie Veljkovic MD, B. Comm, MPH, FRCSC. Orthopaedic Surgeon, St. Paul's Hospital; Director of Fellowships & Clinical Asscociate Professor, Dept of Orthopaedics, UBC	
4:45pm	Question Period & Case Discussion		
5:45pm	Networking Reception		



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### THU Jan 30, 2025 | COFAS (Day 2)

6:15am	Breakfast		
	Ankle Fracture	Moderator: Joel Morash	
7:00am	TTC for a Fracture - Who and When?	Chris Del Balso  MBBS, MSc, FRCSC. Assistant Professor, Department of Orthopaedic Surgery, Western University, London, ON	
7:15am	Minimally Invasive/Scope Assisted ORIF	Mansur Halai MBChB, BSc, MRCA, MRCS, FRCS. Orthopaedic Surgeon, St. Michael's Hospital; Assistant Professor, Division of Orthopaedic Surgery, University of Toronto	
7:30am	Treatment Algorithm for Acute Syndesmotic Injury	Kelly Apostle MD, FRCSC. Head & Clinical Associate Professor, Division Foot & Ankle, Department of Orthopaedics, UBC	
7:45am	Revision ORIF of the Ankle	Brad Meulenkamp MD, MSc, FRCSC. Assistant Professor, Department of Surgery, University of Ottawa	
8:00am	Question Period & Case Discussion		
8:45am	Break		
	Injections	Moderator: Mark Glazebrook	
9:00am	Evidence Based Approach to Management of Ankle OA	Karl Lalonde MD, MEd, FRCSC, FAAOS, Site Chief , Div of Orthopaedic Surgery, The Ottawa Hospital; Associate Professor, Department of Surgery, University of Ottawa	
9:15am	Small Joint Injection <i>Tips and Tricks</i>	Andrew Dodd  MD, FRCSC. Clinical Assistant Professor, University of Calgary, Calgary AB	
9:45am	Surgical Injection Techniques-Pearls and Pitfalls	Lauren Roberts  MD, MSc, FRCSC. Clinical Assistant Professor, Department of Orthopaedics, Division of Foot & Ankle, UBC	
10:00am	Question Period & Case Discussion		
10:30am	Activity Break – return at 3:30pm	1	



	Combined Paediatrics & Adult Deformity Session: Teenage Foot Deformity	Moderator: Tim Daniels
3:30pm	Symptomatic Hallux Valgus in Teenagers - What to Do? <i>Adult surgeon's Perspective</i>	Kevin Wing MD, FRCSC. Orthopaedic Surgeon, Foot and Ankle Surgery, St. Paul's Hospital; Clinical Professor, Dept of Orthopaedics, UBC
3:45pm	Symptomatic Hallux Valgus in Teenagers - What to Do? <i>Paediatric Surgeon's Perspective</i>	Maryse Bouchard MD, MSc, FRCSC. Paediatric Orthopaedic Surgeon, The Hospital for Sick Children; Associate Professor Department of Surgery, University of Toronto; Associate Program Director, Orthopaedic Surgery Residency, Toronto, ON
4:00pm	Flat Foot in Teenagers - What to Do? Adult Surgeon's Perspective	Ruth Chaytor  MD, FRCSC. Orthopaedic Surgeon, Jewish General Hospital; Chief, Foot and Ankle Clinical Teaching Unit; Associate Professor, Division of Orthopaedic Surgery, Dept of Surgery, McGill University
4:15pm	Flat Foot in Teenagers - what to do? Paediatric Surgeon's Perspective	Christine Alvarez MD, FRCSC, MSc. Paediatric Orthopaedic Surgeon, Vancouver BC
4:30pm	Cavus Foot in Teenagers- What to do Adult Surgeon's Perspective	Murray Penner MD, FRCSC. Regional Department Head, Department of Orthopaedics, Vancouver Coastal Health Authority & Providence Health Care; Clinical Professor, Department of Orthopaedics, UBC
4:45pm	Cavus Foot in Teenagers- What to do <i>Paediatric Surgeon's Perspective</i>	Carrie Kollias  MD, FRCSC, FRACS, MBA. Pediatric Orthopedic Surgeon, BC Children's Hospital, Vancouver BC
5:00pm	Question Period & Case Discussion	
5:30pm	Networking Reception  COFAS conference ends	1



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### THU Jan 30, 2025 | Arthroplasty (Day 1)

### Learning Objectives:

- Assess preoperative patient optimization strategies, including management of comorbidities like obesity and approaches to minimizing complications in hip and knee arthroplasty.
- Implement evidence-based protocols for thromboprophylaxis, infection prevention, and intraoperative complication reduction to improve patient outcomes in arthroplasty.
- Evaluate innovative technologies, including robotics and enabling technologies, to enhance surgical precision and outcomes in hip and knee reconstruction.
- Develop strategies for managing complex revision surgeries, including addressing bone loss, fixation optimization, and periprosthetic fractures.
- Integrate advanced techniques for preventing and managing post-arthroplasty complications, such as instability, dislocation, and insufficiency fractures, in both primary and revision surgeries

6:15am	Breakfast	
6:50am	Welcome & Housekeeping	
	Hip/Knee Arthroplasty Patient Optimization/Minimizing Complications	
7:00am	Patient Optimization Prior to Hip/Knee Arthroplasty—The State of the Art for 2025	Lisa Howard MD, MHSc, FRCSC. Assistant Professor of Orthopaedics & Fellowship Director Lower Extremity Arthroplasty, Department of Orthopaedics, UBC
7:10am	Managing the Patient with Increased BMI— Current Guidelines/Strategies for Safe Surgery	Nelson Greidanus MD, FRCSC, MPH. Director, Continuing Professional Development and Continuing Medical Eudcation; Assistant Professor, Division of Reconstruction & Oncology, Dept of Orthopaedics, UBC
7:20am	Thromboprophylaxis—a 'risk-stratified' approach	Tim Kostamo MD, FRCSC. Clinical Associate Professor, Dept of Orthopaedics, UBC
7:30am	Infection Prophylaxis and Novel Protocols for Prevention	Michael Neufeld  MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Clinical Instructor, Division of Lower Limb Reconsturction & Oncology, Dept of Orthopaedics, UBC



7:40am	Can I eliminate 'hip precautions' for my routine primary THA?	Michael Tanzer  MD, FRCSC, FAAOS. Associate Surgeon-in-Chief, MUHC;  Medical Director Perioperative Services, MUHC; Jo Miller Chair of Orthopaedic Research, MUHC; Vice Chair Surgery (Clinical) & Professor, McGill University, Montreal QC	
7:50am	Preventing Intraoperative Fractures in THA	Don Garbuz MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor & Head, Division of Lower Limb Reconsturction & Oncology, Dept of Orthopaedics, UBC	
8:00am	Question Period & Case Discussion	All faculty	
	Novel Pathways of Care for Rapid Recovery an	d Improved Care	
9:00am	Same-Day Discharge Pathways for Hip and Knee Arthroplasty	Steve Burnett  MD, CCFP, FCSQ, FRCSC, Dipl ABOS.	
9:10am	Patient Selection for Accelerated Recovery— minimizing return to ER/complications	Steve MacDonald  MD, FRCSC. Professor of Orthopaedic Surgery, Western University, London, ON	
9:20am	Selection of THA Surgical Approach for Rapid Recovery-A 'Practical Approach'	Michael Neufeld  MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Clinical Instructor, Division of Lower Limb Reconsturction & Oncology, Dept of Orthopaedics, UBC	
9:30am	Unique Pathways of Preop Workup for Challenging THA Situations (Spine Fusion, instability risk)	Michael Tanzer  MD, FRCSC, FAAOS. Associate Surgeon-in-Chief, MUHC; Medical Director Perioperative Services, MUHC; Jo Miller Chair of Orthopaedic Research, MUHC; Vice Chair Surgery (Clinical) & Professor, McGill University, Montreal QC	
9:40am	Question Period & Round Table Case Discussion	All faculty	
10:30am	Activity Break – return at 3:30pm		
	Innovations in Arthroplasty		
3:30pm	The Emerging Role of the Robot in my Practice—lessons learned	Tim Kostamo MD, FRCSC. Clinical Associate Professor, Dept of Orthopaedics, UBC	
3:45pm	Enabling Technologies for Hip/Knee Reconstruction—a practical approach to implementation	Don Garbuz MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor & Head, Division of Lower Limb Reconsturction & Oncology, Dept of Orthopaedics, UBC	



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4:00pm	Unicompartmental Knee Arthroplasty—current status with/without 'enabling technologies'?	Steve Burnett MD, CCFP, FCSQ, FRCSC, Dipl ABOS.
4:15pm	Cementless TKR—is 'now' the time?	Steve MacDonald MD, FRCSC. Professor of Orthopaedic Surgery, Western University, London, ON
4:30pm	Question Period & Round Table Case Discussion	All faculty
5:45pm	Break ~ end of day	
6:30pm	Reception with Exhibits	

### FRI Jan 31, 2025 | Arthroplasty (Day 2)

6:15am	Breakfast	
	Novel Technologies/Strategies for Primary/Revision Hip/Knee Arthroplasty	
7:00am	Management of Bone Loss for Revision Acetabular Surgery	Lisa Howard  MD, MHSc, FRCSC. Assistant Professor of Orthopaedics & Fellowship Director Lower Extremity Arthroplasty, Departmen of Orthopaedics, UBC
7:15am	Strategies for Femoral Revision Surgery	Don Garbuz  MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor & Head, Division of Lower Limb Reconsturction & Oncology, Dept of Orthopaedics, UBC
7:30am	Optimizing Fixation for Revision TKR	TBD
7:45am	Infection Management Principles/Techniques/One vs Two Stage Exchange	Michael Neufeld  MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Clinical Instructor, Division of Lower Limb Reconsturction & Oncology, Dept of Orthopaedics, UBC
8:00am	Managing Instability/Dislocation in Revision THA- strategies for success	Steve MacDonald  MD, FRCSC. Professor of Orthopaedic Surgery, Western University, London, ON
8:15am	Questions & Round Table Case Discussion	All faculty
	Complex Primary THA	



9:00am	Dual Mobility in Primary THA-current role and indications	Lisa Howard  MD, MHSc, FRCSC. Assistant Professor of Orthopaedics & Fellowship Director Lower Extremity Arthroplasty, Department of Orthopaedics, UBC
9:15am	Tips and Tricks for the Challenging Primary THA: strategies for success	Michael Tanzer  MD, FRCSC, FAAOS. Associate Surgeon-in-Chief, MUHC; Medical Director Perioperative Services, MUHC; Jo Miller Chair of Orthopaedic Research, MUHC; Vice Chair Surgery (Clinical) & Professor, McGill University, Montreal QC
9:30am	Question Period & Case Discussion	
9:45am	Arthroplasty & Adult Trauma ** Combine groups into same ballroom **	



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### **FRI Jan 31, 2025 | Adult Trauma (Day 1)**

### Learning Objectives:

#### Lower Extremity Fragility Fractures:

- Evaluate effect of bone quality on current fracture fixation techniques
- Apply strategies to augment fracture fixation
- Converting to early weight bearing in the fragility fracture population

#### Periprosthetic Fracture Dilemma

- Review fixation strategies in periprosthetic fractures
- Integrate revision arthroplasty for periprosthetic fractures
- Combine fixation and revision replacement strategies

### Bone Health: current concepts

- Review efficacy of oral supplementation in bone healing and density
- Evaluate systemic factors affecting fracture healing
- Review the latest evidence on bisphosphonate treatment of osteoporosis

#### Upper Extremity Fragility Fractures

- Identify challenges in fragility fracture fixation
- Evaluate strategies to augment fixation
- Convert to early weight bearing in fragility fracture population

6:15am	Breakfast	
7:00am	Ankle and Distal Tibial Fractures	Paul Duffy MD, FRCSC. Clinical Assistant Professor, Cumming School of Medicine, Department of Orthopedic Surgery; Associate Member, McCraig Institute or Bone and Joint Health, Calgary AB
7:15am	Lateral Tibial Plateau Fractures	Matthew Menon MD, FRCSC, MHSc, MSc(Econ). Associate Professor, Orthopaedic Trauma Surgery, University of Alberta
7:30am	Questions & Case Based Group Discussion	
8:45am	Break	
8:50am	Distal Femoral Fractures	Darius Viskontas  MD. Clinical Professor, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Vancouver BC
9:05am	Questions & Round Table Case Discussion	



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9:40am Arthroplasty & Adult Trauma \*\* Combine groups into same ballroom \*\*

### Adult Trauma (Day 1) & Arthroplasty (Day 2) Joint Program

9:50am	Primary THA for Femoral Neck Fractures— improving outcomes and reducing complications	Nelson Greidanus MD, FRCSC, MPH. Director, Continuing Professional Development and Continuing Medical Eudcation; Assistant Professor, Division of Reconstruction & Oncology, Dept of Orthopaedics, UBC
10:05am	Pelvic Fractures- an algorithm for ORIF vs "Fix and Replace with THA"	Aresh Sepehri  MD, Clinical Assistant Professor, Department of Orthopaedic Surgery, Division of Orthopaedic Trauma, Faculty of Medicine, UBC
10:20am	Questions & Round Table Case Discussion	All Faculty
10:45am	Activity Break – return at 3:30pm	
	Periprosthetic Distal Femur Fractures	
3:30pm	ORIF periprosthetic fractures of the distal femur	Darius Viskontas  MD. Clinical Professor, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Vancouver BC
Continued	— Joint Adult Trauma & Arthroplasty Program	
3:45pm	Distal Femoral Replacement	TBC
4:00pm	Case Based Group Discussions	All Faculty
	Periprosthetic Proximal Femur Fractures	
4:40pm	ORIF periprosthetic fractures of the proximal femur	Paul Duffy MD, FRCSC. Clinical Assistant Professor, Cumming School of Medicine, Department of Orthopedic Surgery; Associate Member, McCraig Institute or Bone and Joint Health, Calgary AB
4:55pm	Revision of periprosthetic fractures of the proximal femur	Don Garbuz  MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor & Head, Division of Lower Limb Reconstruction & Oncology, Dept of Orthopaedics, UBC
5:10pm	Case Based Group Discussions	
5:45pm	Networking Reception ~ Arthroplasty Conference	ends



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### SAT Feb 1, 2025 | Adult Trauma (Day 2)

6:15am	Breakfast	
7:00am	Bone Health; "Recognition and Management of the Osteoporotic Patient"	Lane Dielwart  MD FRCPC. Clinical Assistant Professor and Head of Division of Comprehensive Orthopaedics, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Kelowna BC
7:15am	Proximal Humeral Fractures	Diane Nam MSc MD FRCSC. Associate Professor, Division of Orthopaedic Surgery, University of Toronto; Associate Scientist Biological Sciences, Sunnybrook Health Sciences Centre, Toronto ON
7:30am	Humeral Shaft Fractures	Henry Broekhuyse  MD, FRCSC, Clinical Professor UBC Department of Orthopaedics; Head Division of Orthopaedic Trauma Vancouver General Hospital, Vancouver BC
7:45am	Questions & Case-Based Discussion	
9:15am	Break	
9:30am	Distal Humeral Fractures	Diane Nam MSc MD FRCSC. Associate Professor, Division of Orthopaedic Surgery, University of Toronto; Associate Scientist Biological Sciences, Sunnybrook Health Sciences Centre, Toronto ON.
9:45am	Proximal Ulnar Fractures	Paul Duffy MD, FRCSC. Clinical Assistant Professor, Cumming School of Medicine, Department of Orthopedic Surgery; Associate Member, McCraig Institute or Bone and Joint Health, Calgary AB
10:00am	Questions & Case-Based Discussion	
11:00am	Adult Trauma Conference Ends ** EXHIBIT PASSPORT DRAWS **	1



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### FRI Jan 31, 2025 | CPOT (Day 1)

### Learning Objectives:

- Evaluate treatment strategies for complex fractures of the lower extremities, including ankle, tibial plateau, femoral, and periprosthetic fractures, to optimize surgical outcomes and recovery.
- Apply advanced fixation techniques, such as open reduction internal fixation (ORIF) and distal femoral replacement, to manage both primary fractures and revision surgeries in trauma patients.
- Develop comprehensive care plans for patients with femoral neck fractures, focusing on improving outcomes through primary total hip arthroplasty (THA) and reducing complications.
- Integrate evolving surgical indications for insufficiency fractures and assess the role of bone health management in patients with osteoporosis to prevent recurrent fractures.
- Analyze management approaches for upper extremity fractures, including proximal humeral, humeral shaft, and distal humeral fractures, to enhance treatment decision-making in orthopedic trauma care.

6:00am	Breakfast	
7:00am	Welcome & Housekeeping	
	Lower Limb Fractures in Kids: How to Treat & When to Refer	
7:05am	<ul> <li>Femoral Neck Fractures</li> <li>Review optimal treatment of femoral neck fractures based on age and classification,</li> <li>Know when to cross the physis, 3. Be able to council family on risks associated with femoral neck fractures. 4. Know which femoral neck fractures need to be treated on an emergent basis</li> </ul>	Haemish Crawford MBChB, FRACS. Paediatic Orthopaedic Surgeon, Starship Children's Hospital, Auckland, New Zealand
7:20am	Femoral Shaft Fractures  • Understand the current treatment options for femoral shaft fractures, know how to maximise non-operative management and how to treat surgically.	Carrie Kollias MD, FRCSC, FRACS, MBA. Pediatric Orthopedic Surgeon, BC Children's Hospital, Vancouver BC
7:35am	<ul> <li>Fractures of Distal Femoral Physis</li> <li>Understand the common pattern of distal femoral physis fractures.</li> <li>Review which fractures need surgical fixation and the optimal fixation techniques.</li> <li>Recognize the pattern of distal femoral fractures and how they are associated with physeal closure.</li> <li>Review how to fix these fractures and address any resultant growth arrest.</li> </ul>	Alaric Aroojis M.S.(Ortho), D'Ortho, DNB (Ortho). Paediatric Orthopaedic Surgeon, Lilavati Hospital, PD Hinduja Hospital & Bai Jerbai Wadia Hospital for Children, Mumbai, India



7:50am	<ul> <li>Tibial Tuberosity Fractures</li> <li>Understand the common pattern of tibial tuberosity fractures.</li> <li>Review which fractures need surgical fixation and the optimal fixation techniques.</li> <li>Recognise the pattern of tibial tuberosity fractures.</li> </ul>	TBC
8:05am	<ul> <li>Tibial Spine Fractures</li> <li>Facilitate large group discussion using cases to demonstrate the common patterns of tibial spine fractures, demonstrate different options and the risks associated with these fractures</li> </ul>	Deb Bartley MD, FRCSC. Professor of Surgery, Western University; Paediatric Orthopaedic Surgeon, Children's Hospital of Western Ontario
8:20am	<ul> <li>Tibial Shaft Fractures</li> <li>Facilitate large group discussion using cases to demonstrate the common patterns of tibial shaft fractures, demonstrate different options and the risks associated with these fractures</li> </ul>	Louise Reid Nichols MD, FAOA, FAAOS. Assistant Professor of Orthopedic Surgery, Thomas Jefferson University; Director of Clubfoot Clinic Co- Director of Arthrogryposis Clinic, Nemours Children's Health, Delaware, USA
8:35am	<ul> <li>Transitional Fractures of Distal Tibia</li> <li>Facilitate large group discussion using cases to demonstrate the different patterns of transitional fractures of distal tibia so the audience will know the optimal level for surgery and understand reconstruction options as the pertain to function and risks</li> </ul>	Mark Camp MD, MSc (Bioethics), FRCSC. Paediatric Orthopaedic Surgeon, The Hospital for Sick Children; Associate Professor, Dept of Surgery, University Of Toronto
8:50am	Discussion  Facilitate large group discussion using cases to demonstrate the risk of developing growth arrest in the femur and tibia, with tips to avoid growth arrest, how to diagnose growth arrest and principles of management	All faculty
9:05am	Break	
9:15am	CPOT WORKSHOP: Lower limb cases: Faculty led small group discussions	All faculty
10:15am	Activity Break – return at 3:30pm	
11:00- 1:00pm	<ul> <li>CPOT - Add on Course: Deformity Workshop</li> <li>Application of a monolateral fixator for femur and application of a hexapod fixator for tibia</li> <li>Review how to apply an external fixator for femoral lengthening, including the use of knee hinge to stabilise knee</li> <li>Review how to apply an external fixator for tibial lengthening and how to program the frame</li> <li>+ \$250 Delegates   \$100 fellows, residents and students +GST</li> </ul>	Dr. Anthony Cooper, Dr. Carrie Kollias, & Dr. Dror Paley
3:30pm	Refreshments with Exhibits	



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3:45pm	<u>CPOT WORKSHOP:</u> Lower Limb Instructional Interactive Practical Simulation sessions	All faculty
5:45pm	Networking Reception with Exhibits	

### **SAT Feb 1, 2025 | CPOT (Day 2)**

6:15am	5am Breakfast	
	Upper Limb Evidence Based Practice Updates & Practical Simulation Sessions	
7:00am	Introduction & Housekeeping	
7:05am	Prox Humerus  Review when to operate on a proximal humerus fracture.  Discuss different techniques and fixation options	Jeff Pike MD, MBA, MPH, FRCSC. Orthopaedic Surgeon, BC Children's and St. Paul's Hospitals; Clinical Associate Professor, Dept of Orthopaedics, UBC
7:20am	Lateral Condyle  Review when to treat a lateral condyle fracture by closed and open reduction.  Evaluate the appropriate fixation technique for lateral condyle fractures.	Carrie Kollias  MD, FRCSC, FRACS, MBA. Pediatric Orthopedic Surgeon, BC Children's Hospital, Vancouver BC
7:35am	Supracondylar Fractures  Review how to approach the surgical management of supracondylar fractures  Review how a treatment algorithm for pulseless supracondylar fractures	Lise Leveille MD, MHSc, FRCSC. Paediatric Orthopaedic Surgeon, BC Children's Hospital; Clinical Assistant Professor and Director, Undergraduate Medical Education, Dept of Orthopaedics, UBC
7:50am	Medial Epicondyle  Review what are the important considerations for operative fixation of medial epicondyle fractures.	Haemish Crawford MBChB, FRACS. Paediatic Orthopaedic Surgeon, Starship Children's Hospital, Auckland, New Zealand
8:05am	Monteggia  Review the surgical indications and techniques for monteggia fracture dislocations.	Thierry Benaroche MD, FRCSC. Chief of Staff, Shriners Hospital for Children; Division Director, Pediatric Orthopaedics; Associate Professor, Shriners Hospitals for Children, Montreal, QC
8:20am	Radius/Ulna Midshaft Fractures  • Review the surgical indications and techniques for radius/ulna midshaft fractures.	Alaric Aroojis M.S.(Ortho), D'Ortho, DNB (Ortho). Paediatric Orthopaedic Surgeon, Lilavati Hospital, PD Hinduja Hospital & Bai Jerbai Wadia Hospital for Children, Mumbai, India
8:35am	Distal Radius Fractures  • Review the surgical indications and techniques for distal radius fractures.	Kishore Mulpuri MD, FRCSC. Paediatric Orthopaedic Surgeon, BC Children's Hospital; Professor and Head, Dept of Orthopaedics, UBC



8:50am	Discussion	
9:00am	Refreshment Break with Exhibits	
9:15am	Small Group Case Discussions	
10:15am	** EXHIBIT PASSPORT DRAWS ** Activity Break – Return at 2:30 PM	

2:30pm	Après Ski Break with Exhibits	
3:30pm	Practical: Radial neck fracture/both bone forearm ESIN  Interactive: Case based discussion on management of radial neck non-union/AVN  Practical: Monteggia fracture dislocation acute management techniques  Interactive: Case based discussion on management of late presenting Monteggia fractures  supracondylar fractures & lateral condyle fractures  Distal radius fractures? TBC re Sawbones	Round tables with Faculty Facilitators
5:30pm	CPOT Conference Ends	