

# **Whistler Orthopaedic Summit Adult Trauma Program**

Westin Resort & Spa, Whistler BC

We're pleased to announce the inaugural **UBC Orthopaedic Summit** which will combine theses popular conferences which delegates can select any combination of dates to attend:



Canadian Foot and Ankle Symposium (COFAS)

Jan 29 - 30, 2025 (Wed - Thu)



**Arthroplasty** Conference

Jan 30-31, 2025 (Thu - Fri)



Adult Trauma Course Jan 31-Feb 1, 2025

(Fri - Sat)



Canadian Paediatric Orthopaedic Trauma (Fri - Sat)

Jan 31-Feb 1, 2025

Course (CPOT)

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Department of Orthopaedics, University of British Columbia Organized & Accredited by:

**UBC CPD** 



Empowering continuous learning and practice improvement.



### Adult Trauma (Day 1) | FRI Jan 31

#### Learning Objectives:

#### Lower Extremity Fragility Fractures:

- Evaluate effect of bone quality on current fracture fixation techniques
- Apply strategies to augment fracture fixation
- Converting to early weight bearing in the fragility fracture population Periprosthetic Fracture Dilemma
- Review fixation strategies in periprosthetic fractures
- Integrate revision arthroplasty for periprosthetic fractures
- Combine fixation and revision replacement strategies

#### Bone Health: current concepts

- Review efficacy of oral supplementation in bone healing and density
- Evaluate systemic factors affecting fracture healing
- Review the latest evidence on bisphosphonate treatment of osteoporosis

#### **Upper Extremity Fragility Fractures**

- Identify challenges in fragility fracture fixation
- Evaluate strategies to augment fixation
- Convert to early weight bearing in fragility fracture population

6:15am	Breakfast	
7:00am	Ankle and Distal Tibial Fractures	Paul Duffy  MD, FRCSC. Clinical Assistant Professor, Cumming School of  Medicine, Department of Orthopedic Surgery; Associate  Member, McCraig Institute or Bone and Joint Health, Calgary AB
7:15am	Lateral Tibial Plateau Fractures	Matthew Menon MD, FRCSC, MHSc, MSc(Econ). Associate Professor, Orthopaedic Trauma Surgery, University of Alberta
7:30am	Questions & Case Based Group Discussion	
8:45am	Break	· · · · · · · · · · · · · · · · · · ·
8:50am	Distal Femoral Fractures	Darius Viskontas  MD. Clinical Professor, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Vancouver BC
9:05am	Questions & Round Table Case Discussion	
9:40am	Arthroplasty & Adult Trauma ** Combine groups into same ballroom **	





## Adult Trauma (Day 1) & Arthroplasty (Day 2) | FRI Jan 31 Joint Program

9:50am	Primary THA for Femoral Neck Fractures— improving outcomes and reducing complications	Nelson Greidanus  MD, FRCSC, MPH. Director, Continuing Professional Development and Continuing Medical Eudcation; Assistant Professor, Division of Reconstruction & Oncology, Dept of Orthopaedics, UBC
10:05am	Pelvic Fractures- an algorithm for ORIF vs "Fix and Replace with THA"	Aresh Sepehri MD, Clinical Assistant Professor, Department of Orthopaedic Surgery, Division of Orthopaedic Trauma, Faculty of Medicine, UBC
10:20am	Questions & Round Table Case Discussion	All Faculty
10:45am	5am Activity Break – return at 3:30pm	
	Periprosthetic Distal Femur Fractures	
3:30pm	ORIF periprosthetic fractures of the distal femur	Darius Viskontas  MD. Clinical Professor, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Vancouver BC
Continued	— Joint Adult Trauma & Arthroplasty Program	
3:45pm	Distal Femoral Replacement	TBC
4:00pm	Case Based Group Discussions	All Faculty
	Periprosthetic Proximal Femur Fractures	
4:40pm	ORIF periprosthetic fractures of the proximal femur	Paul Duffy  MD, FRCSC. Clinical Assistant Professor, Cumming School of  Medicine, Department of Orthopedic Surgery; Associate  Member, McCraig Institute or Bone and Joint Health, Calgary  AB
4:55pm	Revision of periprosthetic fractures of the proximal femur	Don Garbuz MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor & Head, Division of Lower Limb Reconstruction & Oncology, Dept of Orthopaedics, UBC
5:10pm	Case Based Group Discussions	
5:45pm	Networking Reception ~ Arthroplasty Conference ends	



### Adult Trauma (Day 2) | SAT Feb 1, 2025

6:15am	Breakfast		
7:00am	Bone Health; "Recognition and Management of the Osteoporotic Patient"	Lane Dielwart  MD FRCPC. Clinical Assistant Professor and Head of Division of Comprehensive Orthopaedics, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Kelowna BC	
7:15am	Proximal Humeral Fractures	Diane Nam MSc MD FRCSC. Associate Professor, Division of Orthopaedic Surgery, University of Toronto; Associate Scientist Biological Sciences, Sunnybrook Health Sciences Centre, Toronto ON	
7:30am	Humeral Shaft Fractures	Henry Broekhuyse MD, FRCSC, Clinical Professor UBC Department of Orthopaedics; Head Division of Orthopaedic Trauma Vancouver General Hospital, Vancouver BC	
7:45am	Questions & Case-Based Discussion		
9:15am	Break		
9:30am	Distal Humeral Fractures	Diane Nam MSc MD FRCSC. Associate Professor, Division of Orthopaedic Surgery, University of Toronto; Associate Scientist Biological Sciences, Sunnybrook Health Sciences Centre, Toronto ON.	
9:45am	Proximal Ulnar Fractures	Paul Duffy MD, FRCSC. Clinical Assistant Professor, Cumming School of Medicine, Department of Orthopedic Surgery; Associate Member, McCraig Institute or Bone and Joint Health, Calgary AB	
10:00am	Questions & Case-Based Discussion		
11:00am	Adult Trauma Conference Ends  ** EXHIBIT PASSPORT DRAWS **		