



# UBC Whistler Orthopaedic Summit COMBINED 4-in-1 SCHEDULE

January 29—February 1, 2025 (Wed - Sat)  
Westin Resort & Spa, Whistler BC

We're pleased to announce the inaugural **UBC Orthopaedic Summit** which will combine these four popular conferences - where delegates can select any combination of dates to attend:



Canadian Foot and Ankle Symposium (COFAS) Jan 29 - 30, 2025 (Wed - Thu)



Arthroplasty Conference Jan 30-31, 2025 (Thu - Fri)



Adult Trauma Course Jan 31-Feb 1, 2025 (Fri - Sat)



Canadian Paediatric Orthopaedic Trauma Course (CPOT) Jan 31-Feb 1, 2025 (Fri - Sat)



Brought to you by:  
Department of Orthopaedics,  
University of British Columbia

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CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE

Empowering continuous learning and practice improvement.



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## WED Jan 29, 2025 | COFAS (Day 1)

### Learning Objectives:

- Evaluate and compare surgical techniques (open vs. minimally invasive) for forefoot, hindfoot, and ankle procedures, emphasizing patient outcomes, complication rates, and long-term success.
- Analyze complex cases, including failed surgeries and recurrent deformities, to develop effective revision strategies and improve patient care.
- Apply the latest evidence-based practices in the management of common and complex foot and ankle conditions, including osteochondral lesions (OCLs), ankle instability, and joint osteoarthritis.
- Integrate a multidisciplinary approach to pediatric and adult foot deformities, understanding the unique surgical and nonsurgical considerations for both age groups.
- Develop expertise in advanced surgical techniques and injection therapies, focusing on pearls and pitfalls to enhance clinical outcomes in minimally invasive and open procedures.

6:15am	Breakfast		Emerald B
7:15am	Welcome & Housekeeping		Emerald C
	<b>Open vs. MIS Forefoot Surgical Technique</b>	<b>Moderator: Kevin Wing</b>	
7:30am	Lapidus - open vs. Percutaneous Approach	Alastair Younger <i>MB, ChB, MSc, ChM, FRCSC. Orthopaedic Surgeon; Director &amp; Professor, Mentorship &amp; Wellness, Dept of Orthopaedics, UBC; President, British Columbia Orthopaedic Association (BCOA)</i>	
7:45am	Open Chevron vs. Percutaneous Approach	Andrew Dodd <i>MD, FRCSC. Clinical Assistant Professor, University of Calgary, Calgary AB</i>	
8:00am	Percutaneous Approach to the Failed Bunion	Warren Latham <i>MD, FRCSC. President, Canadian Orthopaedic Foot and Ankle Society; Corporate Chief and Lead Surgeon Foot and Ankle Program, Scarborough Health Network</i>	
8:15am	Question Period & Case Discussion		
9:00am	Refreshment Break		Emerald B



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	<b>MIS Surgical Fellowship</b>	<b>Moderator: Peter Dryden</b>	
9:15am	Hammer Toes & Claw Toes <i>Minimally Invasively</i>	Rachael Da Cunha <i>MD, FRCSC. Attending Orthopaedic Surgeon, Foot and Ankle Reconstruction, Royal Alexandra Hospital; Assistant Professor, University of Alberta, Edmonton, AB</i>	Emerald C
9:30am	Hindfoot-Calc Osteotomies & Percutaneous Joint Preparation	Monika Volesky <i>MDCM, FRCSC. Orthopaedic Surgeon, Foot and Ankle Surgery and Sport Medicine, Jewish General Hospital; Assistant Professor, Division of Orthopaedic Surgery, McGill University</i>	
9:45am	Minimally Invasive Hallux Valgus Reconstruction	Oliver Gagné <i>MDCM, FRCSC, MSC. Foot and Ankle Orthopedic Surgeon, St. Paul's Hospital; Clinical Instructor, Department of Orthopaedics, UBC</i>	
10:00am	<i>Question Period &amp; Case Discussion</i>		
10:30am	Ski Break – Return at 2:30pm		
2:30pm	APRÈS SKI with Exhibits		Emerald B
	<b>Ankle Instability</b>	<b>Moderator: Mike Bridge</b>	
3:30pm	Management of OCL's—Best Practice in 2025	Mark Steeves <i>MD, FRCSC. Orthopaedic Surgeon, Hôpital Montfort, Ottawa, ON</i>	Emerald C
3:45pm	"Why does my ankle hurt after a sprain?" A <i>Differential</i>	Peter Dryden <i>MD, FRCSC. Clinical Associate Professor, Department of Orthopaedics, UBC</i>	
4:00pm	Deltoid Ligament Injury - Expert Opinion in 2025	Anthony Habib <i>MD, FRCSC. Assistant Professor Clinical adjunct Orthopaedic Surgeon, McMaster University Niagara Falls Campus, ON</i>	
4:15pm	Failed Lateral Ankle Ligament Reconstruction: <i>Surgical Approach &amp; Technique</i>	Oliver Gagné <i>MDCM, FRCSC, MSC. Foot and Ankle Orthopedic Surgeon, St. Paul's Hospital; Clinical Instructor, Department of Orthopaedics, UBC</i>	
4:30pm	An Approach to the Delayed Syndesmotic Reconstruction	Andie Veljkovic <i>MD, B. Comm, MPH, FRCSC. Orthopaedic Surgeon, St. Paul's Hospital; Director of Fellowships &amp; Clinical Associate Professor, Dept of Orthopaedics, UBC</i>	



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4:45pm	Question Period & Case Discussion	
5:45pm	Networking Reception with Exhibits	Emerald B

## THU Jan 30, 2025 | COFAS (Day 2)

6:15am	Breakfast with Exhibitors		Emerald B
	<b>Ankle Fracture</b>	<b>Moderator: Joel Morash</b>	
7:00am	TTC for a Fracture - Who and When?	Chris Del Balso <i>MBBS, MSc, FRCSC. Assistant Professor, Department of Orthopaedic Surgery, Western University, London, ON</i>	Emerald C
7:15am	Minimally Invasive/Scope Assisted ORIF	Mansur Halai <i>MBChB, BSc, MRCA, MRCS, FRC. Orthopaedic Surgeon, St. Michael's Hospital; Assistant Professor, Division of Orthopaedic Surgery, University of Toronto</i>	
7:30am	Treatment Algorithm for Acute Syndesmotic Injury	Mark Steeves <i>MD, FRCSC. Orthopaedic Surgeon, Hôpital Montfort, Ottawa, ON</i>	
7:45am	Revision ORIF of the Ankle	Brad Meulenkamp <i>MD, MSc, FRCSC. Assistant Professor, Department of Surgery, University of Ottawa</i>	
8:00am	Question Period & Case Discussion		
8:45am	Refreshment Break		Emerald B
	<b>Injections</b>	<b>Moderator: Mark Glazebrook</b>	
9:00am	Evidence Based Approach to Management of Ankle OA	Karl Lalonde <i>MD, MEd, FRCSC, FAAOS, Site Chief, Division of Orthopaedic Surgery, The Ottawa Hospital; Associate Professor, Department of Surgery, University of Ottawa</i>	Emerald C
9:15am	Small Joint Injection <i>Tips and Tricks</i>	Joel Morash <i>MD, MSc, FRCSC. Assistant Professor, Department of Surgery, Dalhousie University</i>	
9:45am	Surgical Injection Techniques-Pearls and Pitfalls	Lauren Roberts <i>MD, MSc, FRCSC. Clinical Assistant Professor, Department of Orthopaedics, Division of Foot &amp; Ankle, UBC</i>	



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10:00am	Question Period & Case Discussion		
10:30am	Ski Break – Return at 2:30pm		
2:30pm	APRÈS SKI with Exhibits		Emerald B
	<b>Combined Paediatrics &amp; Adult Deformity Session: Teenage Foot Deformity</b>	<b>Moderator: Joel Morash</b>	
3:30pm	Cavus Foot in Teenagers- What to do <i>Adult Surgeon's Perspective</i>	Murray Penner <i>MD, FRCSC. Regional Department Head, Department of Orthopaedics, Vancouver Coastal Health Authority &amp; Providence Health Care; Clinical Professor, Department of Orthopaedics, UBC</i>	
3:45pm	Cavus Foot in Teenagers- What to do <i>Paediatric Surgeon's Perspective</i>	Carrie Kollias <i>MD, FRCSC, FRACS, MBA. Pediatric Orthopedic Surgeon, BC Children's Hospital, Vancouver BC</i>	
4:00pm	Symptomatic Hallux Valgus in Teenagers - What to Do? <i>Adult surgeon's Perspective</i>	Kevin Wing <i>MD, FRCSC. Orthopaedic Surgeon, Foot and Ankle Surgery, St. Paul's Hospital; Clinical Professor, Dept of Orthopaedics, UBC</i>	
4:15pm	Symptomatic Hallux Valgus in Teenagers - What to Do? <i>Paediatric Surgeon's Perspective</i>	Maryse Bouchard <i>MD, MSc, FRCSC. Paediatric Orthopaedic Surgeon, The Hospital for Sick Children; Associate Professor Department of Surgery, University of Toronto; Associate Program Director, Orthopaedic Surgery Residency, Toronto, ON</i>	Emerald C
4:30pm	Flat Foot in Teenagers - What to Do? <i>Adult Surgeon's Perspective</i>	Ruth Chaytor <i>MD, FRCSC. Orthopaedic Surgeon, Jewish General Hospital; Chief, Foot and Ankle Clinical Teaching Unit; Associate Professor, Division of Orthopaedic Surgery, Dept of Surgery, McGill University</i>	
4:45pm	Flat Foot in Teenagers - what to do? <i>Paediatric Surgeon's Perspective</i>	Christine Alvarez <i>MD, FRCSC, MSc. Paediatric Orthopaedic Surgeon, Vancouver BC</i>	
5:00pm	Question Period & Case Discussion		
5:30pm	Networking Reception with Exhibits <i>Kids Buffet available in Emerald C</i> <b>COFAS Conference Ends</b>		Emerald B



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## THU Jan 30, 2025 | Arthroplasty (Day 1)

### Learning Objectives:

- Assess preoperative patient optimization strategies, including management of comorbidities like obesity and approaches to minimizing complications in hip and knee arthroplasty.
- Implement evidence-based protocols for thromboprophylaxis, infection prevention, and intraoperative complication reduction to improve patient outcomes in arthroplasty.
- Evaluate innovative technologies, including robotics and enabling technologies, to enhance surgical precision and outcomes in hip and knee reconstruction.
- Develop strategies for managing complex revision surgeries, including addressing bone loss, fixation optimization, and periprosthetic fractures.
- Integrate advanced techniques for preventing and managing post-arthroplasty complications, such as instability, dislocation, and insufficiency fractures, in both primary and revision surgeries

6:15am	Breakfast		Emerald B
6:50am	Welcome & Housekeeping		Emerald A
	<b>Hip/Knee Arthroplasty Patient Optimization/Minimizing Complications</b>		
7:00am	Patient Optimization Prior to Hip/Knee Arthroplasty—The State of the Art for 2025	Lisa Howard <i>MD, MHSc, FRCSC. Assistant Professor of Orthopaedics &amp; Fellowship Director Lower Extremity Arthroplasty, Department of Orthopaedics, UBC</i>	
7:10am	Managing the Patient with Increased BMI—Current Guidelines/Strategies for Safe Surgery	Nelson Greidanus <i>MD, FRCSC, MPH. Director, Continuing Professional Development and Continuing Medical Education; Assistant Professor, Division of Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	
7:20am	Thromboprophylaxis—a ‘risk-stratified’ approach	Tim Kostamo <i>MD, FRCSC. Clinical Associate Professor, Dept of Orthopaedics, UBC</i>	
7:30am	Infection Prophylaxis and Novel Protocols for Prevention	Michael Neufeld <i>MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Clinical Instructor, Division of Lower Limb Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	





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7:40am	Can I eliminate 'hip precautions' for my routine primary THA?	Michael Tanzer <i>MD, FRCSC, FAAOS. Associate Surgeon-in-Chief, MUHC; Medical Director Perioperative Services, MUHC; Jo Miller Chair of Orthopaedic Research, MUHC; Vice Chair Surgery (Clinical) &amp; Professor, McGill University, Montreal QC</i>	Emerald A
7:50am	Preventing Intraoperative Fractures in THA	Don Garbuz <i>MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor &amp; Head, Division of Lower Limb Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	
8:00am	<i>Question Period &amp; Case Discussion</i>	<i>All faculty</i>	
9:00am	Refreshment Break		Emerald B
	<b>Novel Pathways of Care for Rapid Recovery and Improved Care</b>		
9:15am	Same-Day Discharge Pathways for Hip and Knee Arthroplasty	James McInnes <i>MD, FRCSC. Clinical Instructor, Dept of Orthopaedics, UBC</i>	Emerald A
9:25am	Selection of THA Surgical Approach for Rapid Recovery-A 'Practical Approach'	Michael Neufeld <i>MD, MSc. FRCSC. Clinical Instructor, Division of Lower Limb Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	
9:35am	Expanding the Indications for Outpatient Hip and Knee Arthroplasty: Success Rate and Safety of Same Day Discharge in Atypical Patients	Michael Tanzer <i>MD, FRCSC, FAAOS. Associate Surgeon-in-Chief, MUHC; Medical Director Perioperative Services, MUHC; Jo Miller Chair of Orthopaedic Research, MUHC; Vice Chair Surgery (Clinical) &amp; Professor, McGill University, Montreal QC</i>	
9:45am	Choosing the Best Prosthesis for THA: One Size Does Not Fit All	Steven MacDonald <i>MD, FRCSC. Chief of Orthopaedics and Chief of Surgery LHSC, Professor of Orthopaedic Surgery, Western University, London, ON</i>	
9:55am	<i>Question Period &amp; Case-Based Discussion</i>	<i>All faculty</i>	
10:45am	Ski Break – Return at 2:30pm		
2:30pm	APRÈS SKI with Exhibits		Emerald B



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	<b>Innovations in Arthroplasty</b>		
3:30pm	Joint Preservation Surgery	James McInnes <i>MD, FRCSC. Clinical Instructor, Dept of Orthopaedics, UBC</i>	Emerald A
3:45pm	Understanding Alignment in 2025	Steven MacDonald <i>MD, FRCSC. Chief of Orthopaedics and Chief of Surgery LHSC, Professor of Orthopaedic Surgery, Western University, London, ON</i>	
4:00pm	Cementless TKR—is 'now' the time?	Lisa Howard <i>MD, MHSc, FRCSC. Assistant Professor &amp; Fellowship Director Lower Extremity Arthroplasty, Dept of Orthopaedics, UBC</i>	
4:15pm	The Emerging Role of the Robot in my Practice—lessons learned	Tim Kostamo <i>MD, FRCSC. Clinical Associate Professor, Dept of Orthopaedics, UBC</i>	
4:30pm	Robotics and Digital Technologies are Here: now what are the big questions?	Steven MacDonald <i>MD, FRCSC. Chief of Orthopaedics and Chief of Surgery LHSC, Professor of Orthopaedic Surgery, Western University, London, ON</i>	
4:45pm	<i>Question Period &amp; Case-Based Discussion</i>	<i>All faculty</i>	
5:30pm	Networking Reception with Exhibits <i>Kids Buffet available in Emerald C</i>		Emerald B

## FRI Jan 31, 2025 | Arthroplasty (Day 2)

6:15am	Breakfast with Exhibits		Emerald B
	<b>Novel Technologies/Strategies for Primary/Revision Hip/Knee Arthroplasty</b>		
7:00am	Management of Bone Loss for Revision Acetabular Surgery	Lisa Howard <i>MD, MHSc, FRCSC. Assistant Professor of Orthopaedics &amp; Fellowship Director Lower Extremity Arthroplasty, Department of Orthopaedics, UBC</i>	Emerald A
7:15am	Strategies for Femoral Revision Surgery	Don Garbuz <i>MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor &amp; Head, Division of Lower Limb Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	





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7:30am	Optimizing Fixation for Revision TKR	Nelson Greidanus <i>MD, FRCSC, MPH. Director, Continuing Professional Development and Continuing Medical Education; Assistant Professor, Division of Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	Emerald A
7:45am	Infection Management Principles/Techniques/One vs Two Stage Exchange	Michael Neufeld <i>MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Clinical Instructor, Division of Lower Limb Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	
8:00am	Treating Hip Instability	Steven MacDonald <i>MD, FRCSC. Professor of Orthopaedic Surgery, Western University, London, ON</i>	
8:15am	Questions & Round-Table Case Discussion	All faculty	
8:30am	Refreshment Break		Emerald B
	<b>Complex Primary THA</b>		
9:05am	Dual Mobility in Primary THA-current role and indications	Lisa Howard <i>MD, MHSc, FRCSC. Assistant Professor of Orthopaedics &amp; Fellowship Director Lower Extremity Arthroplasty, Department of Orthopaedics, UBC</i>	Emerald A
9:20am	Tips and Tricks for the Challenging Primary THA: strategies for success	Michael Tanzer <i>MD, FRCSC, FAAOS. Associate Surgeon-in-Chief, MUHC; Medical Director Perioperative Services, MUHC; Jo Miller Chair of Orthopaedic Research, MUHC; Vice Chair Surgery (Clinical) &amp; Professor, McGill University, Montreal QC</i>	
9:35am	Question Period & Case Discussion		
9:50am	<b>Arthroplasty &amp; Adult Trauma ** Combine groups into Emerald Ballroom A**</b>		



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## FRI Jan 31, 2025 | Adult Trauma (Day 1)

### Learning Objectives:

#### Lower Extremity Fragility Fractures:

- Evaluate effect of bone quality on current fracture fixation techniques
- Apply strategies to augment fracture fixation
- Converting to early weight bearing in the fragility fracture population

#### Periprosthetic Fracture Dilemma

- Review fixation strategies in periprosthetic fractures
- Integrate revision arthroplasty for periprosthetic fractures
- Combine fixation and revision replacement strategies

#### Bone Health: current concepts

- Review efficacy of oral supplementation in bone healing and density
- Evaluate systemic factors affecting fracture healing
- Review the latest evidence on bisphosphonate treatment of osteoporosis

#### Upper Extremity Fragility Fractures

- Identify challenges in fragility fracture fixation
- Evaluate strategies to augment fixation
- Convert to early weight bearing in fragility fracture population

6:15am	Breakfast		Emerald B
		<b>Moderator: Bertrand Perey</b>	
7:00am	Ankle and Distal Tibial Fractures	Paul Duffy <i>MD, FRCSC. Clinical Assistant Professor, Cumming School of Medicine, Department of Orthopedic Surgery; Associate Member, McCraig Institute of Bone and Joint Health, Calgary AB</i>	Emerald C
7:15am	Lateral Tibial Plateau Fractures	Matthew Menon <i>MD, FRCSC, MHSc, MSc(Econ). Associate Professor, Orthopaedic Trauma Surgery, University of Alberta</i>	
7:30am	Questions & Case Based Group Discussion		
8:45am	Break		
8:50am	Distal Femoral Fractures	Darius Viskontas <i>MD. Clinical Professor, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Vancouver BC</i>	



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9:05am	Questions & Round Table Case Discussion	
9:40am	<b>Arthroplasty &amp; Adult Trauma ** Combine groups into Emerald Ballroom A**</b>	

## Adult Trauma (Day 1) & Arthroplasty (Day 2) Joint Program

		<b>Moderator: Nelson Greidanus</b>	
9:50am	Primary THA for Femoral Neck Fractures—improving outcomes and reducing complications	Nelson Greidanus <i>MD, FRCSC, MPH. Director, Continuing Professional Development and Continuing Medical Education; Assistant Professor, Division of Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	Emerald A
10:05am	Pelvic Fractures- an algorithm for ORIF vs “Fix and Replace with THA”	Aresh Sepehri <i>MD, Clinical Assistant Professor, Department of Orthopaedic Surgery, Division of Orthopaedic Trauma, Faculty of Medicine, UBC</i>	
10:20am	Questions & Round Table Case Discussion	All Faculty	
10:45am	Ski Break – Return at 2:30pm		
2:30pm	APRÈS SKI with Exhibits		Emerald B
	<b>Periprosthetic Distal Femur Fractures</b>	<b>Moderator: Nelson Greidanus</b>	
3:30pm	ORIF Periprosthetic Fractures of the Distal Femur	Darius Viskontas <i>MD, Clinical Professor, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Vancouver BC</i>	Emerald A
3:45pm	Distal Femoral Replacement	Michael Neufeld <i>MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Clinical Instructor, Division of Lower Limb Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	
4:00pm	Case Based Group Discussions	All Faculty	
	<b>Periprosthetic Proximal Femur Fractures</b>	<b>Moderator: Darius Viskontas</b>	
4:40pm	ORIF Periprosthetic Fractures of the Proximal Femur	Paul Duffy <i>MD, FRCSC. Clinical Assistant Professor, Cumming School of Medicine, Department of Orthopedic Surgery; Associate Member, McCraig Institute on Bone and Joint Health, Calgary AB</i>	



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4:55pm	Revision of Periprosthetic Fractures of the Proximal Femur	Don Garbuz <i>MD, FRCSC. Orthopaedic Surgeon, Vancouver General Hospital; Professor &amp; Head, Division of Lower Limb Reconstruction &amp; Oncology, Dept of Orthopaedics, UBC</i>	
5:10pm	Case Based Group Discussions		
5:45pm	Networking Reception with Exhibits Kids Buffet available in Emerald C <b>Arthroplasty Conference ends</b>		Emerald B

## SAT Feb 1, 2025 | Adult Trauma (Day 2)

6:15am	Breakfast and Exhibits		Emerald B
7:00am	Bone Health; “Recognition and Management of the Osteoporotic Patient”	Lane Dielwart <i>MD FRCPC. Clinical Assistant Professor and Head of Division of Comprehensive Orthopaedics, Department of Orthopaedic Surgery, Faculty of Medicine, UBC, Kelowna BC</i>	Emerald A
7:15am	Proximal Humeral Fractures	Diane Nam <i>MSc MD FRCSC. Associate Professor, Division of Orthopaedic Surgery, University of Toronto; Associate Scientist Biological Sciences, Sunnybrook Health Sciences Centre, Toronto ON</i>	
7:30am	Humeral Shaft Fractures	Henry Broekhuysen <i>MD, FRCSC, Clinical Professor UBC Department of Orthopaedics; Head Division of Orthopaedic Trauma Vancouver General Hospital, Vancouver BC</i>	
7:45am	Questions & Case-Based Discussion		
9:15am	Refreshment Break		Emerald B
9:30am	Distal Humeral Fractures	Diane Nam <i>MSc MD FRCSC. Associate Professor, Division of Orthopaedic Surgery, University of Toronto; Associate Scientist Biological Sciences, Sunnybrook Health Sciences Centre, Toronto ON.</i>	Emerald A



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9:45am	Proximal Ulnar Fractures	Paul Duffy <i>MD, FRCSC. Clinical Assistant Professor, Cumming School of Medicine, Department of Orthopedic Surgery; Associate Member, McCraig Institute of Bone and Joint Health, Calgary AB</i>	
10:00am	<i>Questions &amp; Case-Based Discussion</i>		
11:00am	Ski Break <b>Adult Trauma Conference Ends</b>		



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CANADIAN PAEDIATRIC  
ORTHOPAEDIC  
TRAUMA COURSE

## FRI Jan 31, 2025 | CPOT (Day 1)

### Learning Objectives:

- Evaluate treatment strategies for complex fractures of the lower extremities, including ankle, tibial plateau, femoral, and periprosthetic fractures, to optimize surgical outcomes and recovery.
- Apply advanced fixation techniques, such as open reduction internal fixation (ORIF) and distal femoral replacement, to manage both primary fractures and revision surgeries in trauma patients.
- Develop comprehensive care plans for patients with femoral neck fractures, focusing on improving outcomes through primary total hip arthroplasty (THA) and reducing complications.
- Integrate evolving surgical indications for insufficiency fractures and assess the role of bone health management in patients with osteoporosis to prevent recurrent fractures.
- Analyze management approaches for upper extremity fractures, including proximal humeral, humeral shaft, and distal humeral fractures, to enhance treatment decision-making in orthopedic trauma care.

6:00am	Breakfast		Alpine BCD Foyer (2 <sup>nd</sup> Floor)
7:00am	Welcome & Housekeeping		
	<b>Lower Limb Fractures in Kids: How to Treat &amp; When to Refer</b>		
7:05am	<b>Femoral Neck Fractures</b> <ul style="list-style-type: none"> <li>• Review optimal treatment of femoral neck fractures based on age and classification,</li> <li>• Know when to cross the physis, 3. Be able to council family on risks associated with femoral neck fractures. 4. Know which femoral neck fractures need to be treated on an emergent basis</li> </ul>	<b>Haemish Crawford</b> MBChB, FRACS. Paediatric Orthopaedic Surgeon, Starship Children's Hospital, Auckland, New Zealand	
7:20am	<b>Femoral Shaft Fractures</b> <ul style="list-style-type: none"> <li>• Understand the current treatment options for femoral shaft fractures, know how to maximise non-operative management and how to treat surgically.</li> </ul>	<b>Carrie Kollias</b> MD, FRCSC, FRACS, MBA. Pediatric Orthopedic Surgeon, BC Children's Hospital, Vancouver BC	Alpine BCD (2 <sup>nd</sup> Floor)
7:35am	<b>Fractures of Distal Femoral Physis</b> <ul style="list-style-type: none"> <li>• Understand the common pattern of distal femoral physis fractures.</li> <li>• Review which fractures need surgical fixation and the optimal fixation techniques.</li> <li>• Recognize the pattern of distal femoral fractures and how they are associated with physeal closure.</li> <li>• Review how to fix these fractures and address any resultant growth arrest.</li> </ul>	<b>Alaric Aroojis</b> M.S.(Ortho), D'Ortho, DNB (Ortho). Paediatric Orthopaedic Surgeon, Lilavati Hospital, PD Hinduja Hospital & Bai Jerbai Wadia Hospital for Children, Mumbai, India	





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7:50am	<b>Tibial Tuberosity Fractures</b> <ul style="list-style-type: none"> <li>Understand the common pattern of tibial tuberosity fractures.</li> <li>Review which fractures need surgical fixation and the optimal fixation techniques.</li> <li>Recognise the pattern of tibial tuberosity fractures.</li> </ul>	<b>Lise Leveille</b> <i>MD, MHSc, FRCSC. Paediatric Orthopaedic Surgeon, BC Children's Hospital; Clinical Assistant Professor and Director, Undergraduate Medical Education, Dept of Orthopaedics, UBC</i>	
8:05am	<b>Tibial Spine Fractures</b> <ul style="list-style-type: none"> <li>Facilitate large group discussion using cases to demonstrate the common patterns of tibial spine fractures, demonstrate different options and the risks associated with these fractures</li> </ul>	<b>Deb Bartley</b> <i>MD, FRCSC. Professor of Surgery, Western University; Paediatric Orthopaedic Surgeon, Children's Hospital of Western Ontario</i>	
8:20am	<b>Tibial Shaft Fractures</b> <ul style="list-style-type: none"> <li>Facilitate large group discussion using cases to demonstrate the common patterns of tibial shaft fractures, demonstrate different options and the risks associated with these fractures</li> </ul>	<b>Louise Reid Nichols</b> <i>MD, FAOA, FAAOS. Assistant Professor of Orthopedic Surgery, Thomas Jefferson University; Director of Clubfoot Clinic Co-Director of Arthrogyposis Clinic, Nemours Children's Health, Delaware, USA</i>	Alpine BCD (2 <sup>nd</sup> Floor)
8:35am	<b>Transitional Fractures of Distal Tibia</b> <ul style="list-style-type: none"> <li>Facilitate large group discussion using cases to demonstrate the different patterns of transitional fractures of distal tibia so the audience will know the optimal level for surgery and understand reconstruction options as they pertain to function and risks</li> </ul>	<b>Mark Camp</b> <i>MD, MSc (Bioethics), FRCSC. Paediatric Orthopaedic Surgeon, The Hospital for Sick Children; Associate Professor, Dept of Surgery, University Of Toronto</i>	
8:50am	<b>Discussion</b> <ul style="list-style-type: none"> <li>Facilitate large group discussion using cases to demonstrate the risk of developing growth arrest in the femur and tibia, with tips to avoid growth arrest, how to diagnose growth arrest and principles of management</li> </ul>	All faculty	
9:05am	Comfort Break		
9:15am	<b>CPOT WORKSHOP:</b> Lower Limb Cases: Faculty-led small group discussions	All faculty	Emerald C
10:15am	Ski Break – Return at 2:30pm		
11:30-1:30pm	<b>CPOT – Add on Course: Deformity Workshop</b> Application of a monolateral fixator for femur and application of a hexapod fixator for tibia <ul style="list-style-type: none"> <li>Review how to apply an external fixator for femoral lengthening, including the use of knee hinge to stabilise knee</li> <li>Review how to apply an external fixator for tibial lengthening and how to program the frame</li> </ul> + \$250 Delegates   \$100 fellows, residents and students +GST	<b>Dr. Anthony Cooper, Dr. Carrie Kollias, &amp; Dr. Dror Paley</b>	Alpine BCD (2 <sup>nd</sup> Floor)
2:30pm	APRÈS SKI with Exhibits		Emerald B



# UBC Whistler Orthopaedic Summit COMBINED 4-in-1 SCHEDULE

January 29—February 1, 2025 (Wed – Sat)  
Westin Resort & Spa, Whistler BC

3:45pm	Lower Limb Instructional Interactive Practical Simulation sessions	All faculty	Emerald C
5:45pm	Networking Reception with Exhibits <i>Kids Buffet available in Emerald C</i>		Emerald B

## SAT Feb 1, 2025 | CPOT (Day 2)

6:00am	Breakfast and Exhibits		Emerald B
	<b>Upper Limb Evidence Based Practice Updates &amp; Practical Simulation Sessions</b>		
6:45am	Introduction & Housekeeping		
6:50am	Proximal Humerus <ul style="list-style-type: none"> <li>Review when to operate on a proximal humerus fracture.</li> <li>Discuss different techniques and fixation options</li> </ul>	Jeff Pike <i>MD, MBA, MPH, FRCSC. Orthopaedic Surgeon, BC Children's and St. Paul's Hospitals; Clinical Associate Professor, Dept of Orthopaedics, UBC</i>	
7:05am	Lateral Condyle <ul style="list-style-type: none"> <li>Review when to treat a lateral condyle fracture by closed and open reduction.</li> <li>Evaluate the appropriate fixation technique for lateral condyle fractures.</li> </ul>	Carrie Kollias <i>MD, FRCSC, FRACS, MBA. Pediatric Orthopedic Surgeon, BC Children's Hospital, Vancouver BC</i>	
7:20am	Supracondylar Fractures <ul style="list-style-type: none"> <li>Review how to approach the surgical management of supracondylar fractures</li> <li>Review how a treatment algorithm for pulseless supracondylar fractures</li> </ul>	Lise Leveille <i>MD, MHSc, FRCSC. Paediatric Orthopaedic Surgeon, BC Children's Hospital; Clinical Assistant Professor and Director, Undergraduate Medical Education, Dept of Orthopaedics, UBC</i>	Emerald C
7:35am	Medial Epicondyle <ul style="list-style-type: none"> <li>Review what are the important considerations for operative fixation of medial epicondyle fractures.</li> </ul>	Haemish Crawford <i>MBChB, FRACS. Paediatric Orthopaedic Surgeon, Starship Children's Hospital, Auckland, New Zealand</i>	
7:50am	Monteggia <ul style="list-style-type: none"> <li>Review the surgical indications and techniques for monteggia fracture dislocations.</li> </ul>	Thierry Benaroché <i>MD, FRCSC. Chief of Staff, Shriners Hospital for Children; Division Director, Pediatric Orthopaedics; Associate Professor, Shriners Hospitals for Children, Montreal, QC</i>	



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8:05am	Radius/Ulna Midshaft Fractures <ul style="list-style-type: none"> <li>Review the surgical indications and techniques for radius/ulna midshaft fractures.</li> </ul>	Alaric Aroojis <i>M.S.(Ortho), D'Ortho, DNB (Ortho). Paediatric Orthopaedic Surgeon, Lilavati Hospital, PD Hinduja Hospital &amp; Bai Jerbai Wadia Hospital for Children, Mumbai, India</i>	Emerald C
8:20am	Distal Radius Fractures <ul style="list-style-type: none"> <li>Review the surgical indications and techniques for distal radius fractures.</li> </ul>	Kishore Mulpuri <i>MD, FRCSC. Paediatric Orthopaedic Surgeon, BC Children's Hospital; Professor and Head, Dept of Orthopaedics, UBC</i>	
8:35am	Questions & Discussion	All faculty	
8:45am	Refreshment Break		Emerald B
9:00am	Small Group Case Discussions	All faculty	Emerald C
10:00am	Ski Break – Return at 2:30pm		
2:30pm	APRÈS SKI with Exhibits		
3:30pm	<u>Practical:</u> Radial neck fracture/both bone forearm ESIN <ul style="list-style-type: none"> <li><i>Interactive: Case based discussion on management of radial neck non-union/AVN</i></li> <li><i>Practical: Monteggia fracture dislocation acute management techniques</i></li> <li><i>Interactive: Case-based discussion on management of late presenting Monteggia fractures</i></li> <li><i>supracondylar fractures &amp; lateral condyle fractures</i></li> <li><i>Distal radius fractures? TBC re Sawbones</i></li> </ul>	Round tables with Faculty Facilitators	Emerald C
5:30pm	Networking Reception with Exhibits <i>Kids Buffet available in Emerald C</i> <b>CPOT Conference Ends</b>		Emerald B