

ADOLESCENT VISITS: 13-18 YEARS – CASE STUDY & GROUP BREAK OUT EXERCISE

Jessica (16 years old) has an appointment with you, her Family Physician. She comes into your office with her mother Barbara.

Jessica is sitting in the corner on a stool and Barbara is sitting closer to you. You ask Jessica “what brings you into the office today? “ Jessica mumbles to her mother: “you tell her.”

Barbara tells you that things have not been going very well at home. Jessica doesn’t want to go to school and she stays in her room on her iPhone all day. At which point, Jessica rolls her eyes at her mother.

You notice this interaction and ask Jessica if there is anything she would like to tell you about what is going on at home. Jessica responds with another mumble.

45

What would you do?



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