

BREATHE INSTRUCTOR SIMULATION FACILITATION QUICK REFERENCE

Prebrief

Creating a safe container for learning

- **Suspension of Disbelief**

Encourage learners to try their best to pretend this is a real-life situation

- **Confidentiality**

Remind learners that *“what happens in simulation stays in simulation”*

- **Team Assessment for Accreditation**

Inform learners that you will be assessing their performance as a team, not individually, and that the assessment is part of the MOC Section 3 Simulation accreditation only. Simulation assessment data will not be shared with hospital administration, professional bodies or any other organizations.

Debrief

The foundation of experiential education - reflecting on hands-on learning

- **Emotional Check-In**

Re-establish psychological safety by starting with the question *“How did that feel?”*

- **Case Understanding**

Ask the group *“Can someone describe what happened?”* to ensure everyone knows what the case was about

- **Self-Evaluation**

Encourage the learners to practice self-evaluation and reflection, allowing them to identify opportunities for improvement or ask you questions

- **Constructive Conversation**

Throughout the debrief, ensure learners feel supported and not judged. Take care to refocus the conversation on how to improve in the future if learners are caught in a discussion about things that went wrong during the simulated case

