



Hours submitted are automatically converted into credits.

Framework of Continuing Professional Development Activities

| SECTIONS | CATEGORY | EXAMPLES | CREDIT VALUE |
|--|---|---|--|
| MOC Section 1: Group Learning | <p>MOC Section 1: Group Learning</p> <p>Based on group interactivity (Eg. conferences, webinars, etc)</p> <hr/> <p>Unaccredited group learning activities <i>Rounds, Royal College self-accredited rounds, journal clubs, small-group activities or conferences that have not been submitted for accreditation and have no industry sponsorship.</i></p> | <p>Group Learning</p> <p>Conferences, workshops, webinars, series, other group learning, patient partnered learning</p> <hr/> <p>Self-claimed:</p> <ul style="list-style-type: none"> Royal College self-accredited rounds Unaccredited rounds, journal clubs, small groups Social Media for knowledge translation | <p>1 credit per hour</p> <p>1.0 credit per hour 0.5 credits per hour 0.5 credits per hour</p> |
| | <p>(prev. Section 2: Self-learning)</p> <p>Planned Learning <i>Learning activities initiated by a physician (independently or in collaboration with peers or mentors) to address a need, problem, issue or goal relevant to their professional practice.</i></p> <p>Scanning <i>Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice.</i></p> <p>Systems Learning</p> | <p>Self-claimed:</p> <ul style="list-style-type: none"> Formal courses Traineeships Activity preparation (prev. Personal Learning Projects) Postgraduate studies Individual task training Reading Watching videos, recordings, etc Listening to podcasts, etc | <p>Credits vary</p> |
| MOC Section 2: Independent-learning | <p>(prev. Section 3: Assessment)</p> <p>MOC Section 3: Feedback (SAP)</p> <p>Provide data with feedback to individual physicians regarding their current knowledge base, enabling the identification of needs and development of future learning opportunities relevant to their practice.</p> <p>MOC Section 3: Feedback (SIM)</p> <p>Provide data with feedback to individual physicians, groups or interprofessional health teams related to their personal or collective performance across a broad range of domains. Performance assessment activities can occur in a simulated or actual practice environment.</p> <hr/> <p>Improvement (prev. Section 2: Systems Learning) <i>Individual, group or systems improvement, QI activities to improve patient care, physician well-being, professional practice; health systems, EDI, planetary health, etc.</i></p> | <p>Self-assessment programs (SAP)</p> <p>Participants demonstrate knowledge, record their responses (eg. online module with quiz, etc.). Program provides learner with individualized feedback on knowledge.</p> <p>Simulation Programs (SIM)</p> <p>Participants are observed demonstrating performance (eg. skills demo, scenarios, coaching, etc.). Program provides learner with individualized feedback on performance.</p> <hr/> <p>Self-claimed:</p> <ul style="list-style-type: none"> QI activities Coaching and mentoring Clinical practice guidelines Committee participation Curriculum and exam devel. Investigations Chart audit Multi-source feedback Direct observation Feedback on teaching Annual performance review Practice assessment | <p>3 credits per hour</p> <p>3 credits per hour</p> <p>Credits vary</p> |
| | <p>MOC Section 3: Feedback & Improvement</p> | | |