



WEBINAR RESOURCES: ANTI-INDIGENOUS RACISM IN THE B.C. HEALTH CARE SYSTEM

Clinical Resources

- [Equity Talk Pocket Cards](#)
- [BC College of Family Physicians Poverty Tool](#)
- [First Nations Health Benefits Guide](#)
- [Government of Canada's Jordan's Principle](#)
- [First Nations Health Authority PharmaCare Formulary Search – Plan W](#)
- [Ministry of Health - First Nations Health Benefits \(Plan W\) Over-the Counter Drug Benefits](#)
- [BC Government – Plan W Non-Drug OTC Benefits](#)

Personal Development Resources

- [Northern Health: How to get the most out of health care visits: Provider advice to patients and families \(Video\)](#)
- [Educating for Equity Care Framework: Addressing social barriers of Indigenous patients with type 2 diabetes](#)
- [Trauma-Informed Practice Guide](#)
- [In Plain Sight Report: Addressing Indigenous-specific Racism and Discrimination in B.C. Health Care](#)
- [Indigenous Health Primer](#)
- [EQUIP Toolkit: Equity-Oriented Care](#)

Cultural Safety Education Resources

- [Brazelton Touchpoints Centre Professional Development](#)
- [ICS Collaborative Learning Series](#)
- [FNHA Cultural Humility Webinar Series](#)
- [University of Alberta Indigenous Canada Online Course](#)
- [Cancer Care Ontario – Indigenous Cultural Safety Course](#)
- [University of Toronto Aboriginal Worldview and Education](#)
- [San'yas Indigenous Cultural Safety Training Program](#)

Resources for Patients

- [Kuu-us Crisis Line](#) - Youth: 250-723-2040 / Adult: 250-723-4050

- [Métis Crisis Line](#) - 1-833-638-4722
- [Hope for Wellness Helpline](#) - 1-855-242-3310
- [Virtual Substance Use & Psychiatry Service - Referral Form](#)
- [Residential Schools Resolution Health Support Program](#) - 1-866-925-4419
- [First Nations Virtual Doctor of the Day](#)
- [First Nations Health Authority Quality Care & Safety Office – Compliments and Complaints](#)

Additional Resources

- [National Centre for Truth and Reconciliation](#)
- [National Collaborating Centre for Indigenous Health](#)
- [Statistics Canada: Aboriginal Peoples](#)
- [First Nations Health Authority](#)
- [Northern Health Local Resources](#)
- [Island Health Local Resources](#)
- [Fraser Health Local Resources](#)
- [Interior Health Local Resources](#)
- [Vancouver Coastal Health Local Resources](#)
- [Racism Scale: Where do you fall?](#)