

Provider Wellness

Resources related to provider wellness during COVID-19

Related Resources & Recordings

2020-04-21 Managing COVID Emotions: Taking Care of Ourselves and Each Other
<https://www.cme.med.ubc.ca/2020-04-21-managing-covid-emotions-taking-care-ourselves-and-each-other>

<https://careforcaregivers.ca/>

<https://joulecma.ca/joule-covid-19-learning-series>

<https://boldly.cma.ca/blog/how-to-talk-to-your-kids-about-covid-19>

<https://www.doctorsofbc.ca/resource-centre/physicians/physician-health-program-...>

<https://www.doctorsofbc.ca/news/covid-19-physician-peer-support-sessions>

<http://clt1053678.benchurl.com/c/v?e=101B17E&c=1013EE&t=0&l=3F6EBC5B&email=4bkb...>

<https://www.theschwartzcenter.org/covid-19>

<https://thischangedmypractice.com/peer-support-for-physicians-during-covid-19/>

<https://mediasite.audiovisual.ubc.ca/Mediasite/Play/1fd6e381783f49e8afe0cca2a59...>