

# Patient Resources

COVID-19 resources for patients

## Related Resources & Recordings

<http://www.bccdc.ca/health-professionals/clinical-resources/covid-19-care/patie...>

[http://www.bccdc.ca/Health-Info-Site/Documents/COVID-gargle\\_youth.pdf](http://www.bccdc.ca/Health-Info-Site/Documents/COVID-gargle_youth.pdf)

<http://echokt.ca/covidemergency/>

<https://www.healthlinkbc.ca/healthlinkbc-files/hand-washing>

<https://www.thrive.health/covid19-app>

<https://www.thrive.health/health-canada-self-assessment-tool>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-publ...>