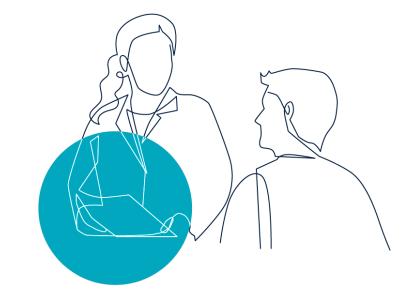
CREATING A SAFE SPACE FOR INDIGENOUS PATIENTS IN PRIMARY CARE

June 18, 2025 | 6:00-7:30pm PT

Brought to you in partnership by:







LAND ACKNOWLEDGMENT

We acknowledge that we work on the traditional, ancestral and unceded territory of the Skwxwú7mesh (Squamish), xwməθkwəyəm (Musqueam), and Səlílwəta?/Selilwitulh (Tsleil-Waututh) Nations.





FUNDING ACKNOWLEDGEMENT

We would like to thank Doctors of BC's Indigenous Specific Anti-Racism (ISAR) and Cultural Safety Team, with the support of the JCCs who have collaborated with UBC CPD to support the education development of this webinar series.









LEARNING OBJECTIVES

- Identify actionable steps for creating a safe space for Indigenous patients in primary care
- 2. Reflect on personal practice delivery and learning opportunities





DISCLOSURES

Panelists

- Dr. Carolyn Van Schagen: Nothing to disclose
- Kaitlin Frost: Nothing to disclose

Planning Team

- Dr. Chris Morrow (UBC CPD): Nothing to disclose
- Sarah Tajani (UBC CPD): Nothing to disclose
- Caldon Saunders (UBC CPD): Nothing to disclose
- Gracie Kelly (Doctors of BC): Nothing to disclose
- Kari Chambers (Doctors of BC): Nothing to disclose







Creating a Safe Space for Indigenous Patients in Primary Care

June 18th, 2025





National Indigenous History Month

Designated by Canada for all Canadians to take time to honour the cultures and contributions of First Nations, Métis, Inuit, and all Indigenous Peoples in Canada. As we continue our learning journeys use this as an encouraging nudge to actively seek Indigenous-led events, experiences and learning opportunities in your community.

National Indigenous Peoples Day

Recognized annually on June 21st, National Indigenous Peoples Day takes place on Summer Solstice, the longest day of the year, it holds deep and spiritual and cultural significance for many Indigenous Peoples, marking a time of renewal, connection, and celebration.





Overview

- Getting Started, how did this initiative come into being
- Project goals
- Community partnerships
- Indigenous leadership, engaging the patient voice
- Patient engagement
- Provider learning & commitment
- Lessons learning
- Continued growth and learning journey

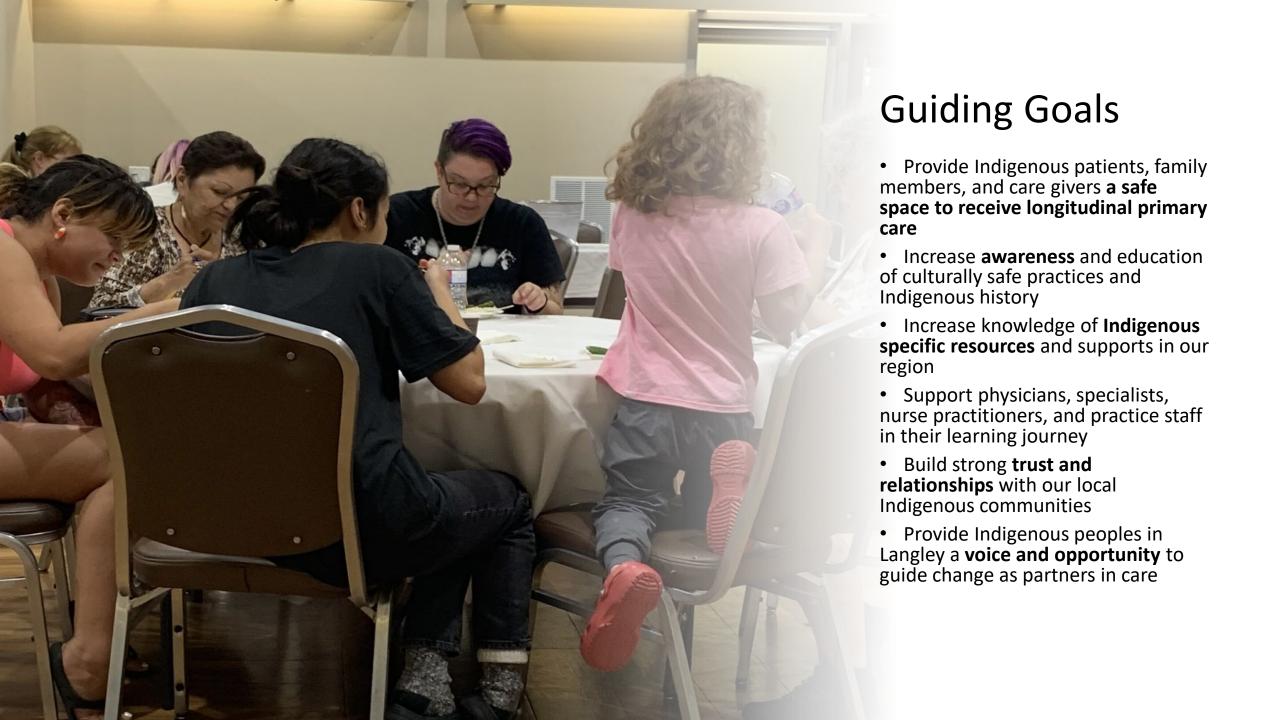
Getting Started...

100%
I am willing to commit to care that is culturally safe

96%

I am willing to receive feedback from patients who identify as Indigenous.

(at the practice, in a talking circle, through the community, by survey...)



Building Community Relationships

- Indigenous Leadership Table
- Lower Fraser Valley Aboriginal Society
- Kwantlen First Nation Chief and Health Nurse
- Matsqui First Nation Chief and Members
- Métis Nation BC
- Culturally Committed

"Our partnership with the Division provides an opportunity to make sure all our clients who want a doctor get one. They even help find them close to home if transportation is a concern."

-LFVAS Early Years Coordinator





Listen with openness
Engage and share rather, not an after thought
Visual representation
Judgement free
Indigenous specific resources
Traditional medicine/modern medicine
Relationships and trust
People centered
Family matters

"I walked into my doctor's office and saw Métis artwork. It made me smile."

- Langley Urban Indigenous Member

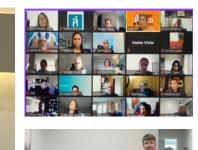
"We trust the Langley doctors, they come to us to help with Flu shots."

- Kwantlen First Nations Member

"We ask the Langley Division for help, and we get it. There is a trust built from their approach and willingness to learn from our people."

– Matsqui First Nations Member























All My Relations Lisa Shepherd

In Métis culture, family values extend beyond immediate family. When we acknowledge "all my relations", we remember that we are all connected to one another. We live within consideration of the family circle, the community and all of nature. Human beings, animals, insects, land, water and all of Creation are related to each other because on these things we all depend.

Provider Learning

- Open to Feedback
- Cultural Safety & Cultural Humility
- The Importance of Recognizing the Land & Personal Lineage
- Traditional Medicines & The Medicine Wheel
- Seven Sacred Values
- San'yas
- 2 Eyed Seeing & Allyship
- Culturally Committed Mentorship Circle
- Trauma Informed Care
- Bulletin/Resource Awareness
- Commitment cards
- Nawh whu'nus'en We see in two worlds: Trauma sensitive practices for collectively healing in relationship







learned with co-workers, family and friends





You have received this card because your family care provider and their office staff are open to learning and feedback.

They want to create a safe space for you and your family. Please take a moment to reflect on the time with your family care

provider today. Is there something that was said or done that made you feel uncomfortable? Or that was appreciated?



National Indigenous Languages Day - March 31

March 31, in Canada, marks National Indigenous Languages Day as an opportunity for both non-Indigenous and Indigenous Peoples to create space and recognize the importance of language revitalization. NILD allows us to celebrate the ongoing efforts of those who continue to protect, educate and preserve Indigenous languages and uplift the Indigenous Languages Act

həngəminəm Alphabet

həńqəmińəm is spoken by the Down River people's of the Fraser Valley, including the Katzie and Kwantlen First Nations. In the 1970's, the Musqueam community began their journey towards language revitalization, and since then has adopted the North American Phonetic Alphabet to accurately document and demonstrate the specialized symbols, helping to express, communicate, and document histories and contemporary realities.

http://www2.moa.ubc.ca/r

Friendly Phrases



Join the Langley SD35 for the pronunciation of some commonly used acknowledgements in the nəńqəmińəm language.

Or check out their online learning portal for more history and information. Additional language and Indigenous resources can be found on the FirstVoices website. Take a moment to



NATIONAL INDIGENOUS HISTORY MONTH

June is National Indigenous History Month in Canada, a time to recognize the rich history, heritage, resilience and diversity of First Nations Inuit and Métis



HISTORY

In 2009, June was declared National Indigenous History Month, providing an opportunity to recognize not only the historic contributions of Indigenous peoples to the development of Canada but also the strength of present-day Indigenous communities and their

LEARNING

Your learning journey is a personal commitment and is different for everyone Learn on-the-go through interactive this Reconciliation: A Starting Point. Learn about

interactive and educational app. key historical events and reconciliation



FRAILBLAZERS

helped shape Canadian history

Orange Shirt Day (September 30th) is a day to honour the Indigenous children who were sent away to residential schools in Canada. The "orange shirt" represents the new shirt that Phyllis Webstad was given by her grandmother for her first day at St. Joseph's Mission residential school. When Phyllis got to school, they took away all her clothes, including her new shirt. It was never returned. The colour orange reminds Phyllis of this experience and she wants to pass on that Orange Shirt Day, and every day, every child matters. Orange Shirt Day was started by Phyllis to educate people about residential schools and to fight racism and bullying.

NATIONAL **INDIGENOUS PEOPLES DAY**



On National Indigenous Peoples Day, we recognize and celebrate the history, heritage, resilience and diversity of First Nations, Inuit and Métis across Canada.

ABOUT

Many Indigenous groups and communities celebrate their unique culture, heritage, and contributions of First Nations, Inuit and Métis peoples across Turtle Island on June 21 because of the significance of the summer solstice and a new season of life.

More on NIPD can be found online here.



SUPPORT

Show your support, if you haven't already, hang your artwork from Rain Pierre and Lisa Shepherd. Wear your orange shirts and or lanyards to acknowledge that every child matters.

GET INVOLVED

Take your learning journey to the next level and spend time with family and friends exploring Indigenous recipes, films, events or activities! Check out a variety of films/documentaries on gem.cbc.ca (Time To Eat, Wildhood,

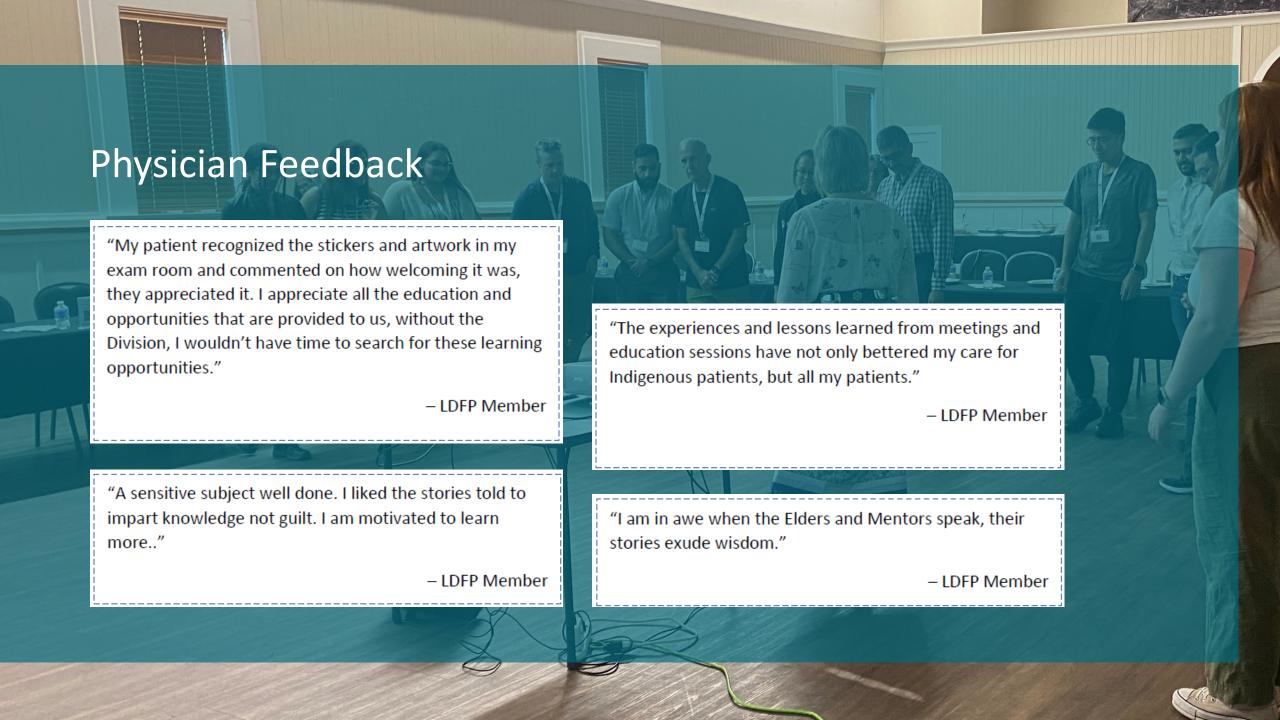
Rumble:The Indians Who Rocked The World, Eagle & Hawk Take The Stage....) or indigenousbc.com to learn about the Immersive IndigenousBC Bucket List!



Lessons Learned

- Be open
- Be respectful
- Collaboration
- Compensation
- Give more than you take
- Listen
- Little to no agenda

Safe space to one, may not be the same for another





Moving Forward

- Learning
- Primary Care Network
- Relationships
- Growth

Thank you!

Contact

Kaitlin.Frost@LDFP.org

Questions?