Resources and Toolkit

Adult ADHD in Primary Care

Clinical Tools and Education

The North Shore Division of Family Practice's Uncomplicated Adult ADHD Care Pathway

The Canadian ADHD Resource Alliance (CADDRA)

- Practice guidelines
- Education
- Guide to ADHD Pharmacological Treatments in Canada
- Provincial and Federal Public Formulary Overview
- Clinical Algorithm
- Psychosocial Chart

Centre for Effective Practice (CEP): ADHD in Adults Tool

UBC CPD's This Changed My Practice (TCMP): Adult ADHD — Practice Tip

BCMJ Journal Article: Diagnosing and treating adult attentiotn-deficit/hyperactivity disorder

Adult ADHD Centre: Events and Education

BC Children's Hospital Compass Mental Health and Toolkit (for patients 25 years old and under)

Patient Tools, Programs and Education

Mind Space BC (requires referral)

ADHD Skills Builder App

Centre for ADHD Awareness Canada (CADDAC)

How to ADHD (YouTube Channel)

Learning Disabilities Association of Ontario (LDAO): ADHD Education and Resources

THE UNIVERSITY OF BRITISH COLUMBIA
Continuing Professional Development
Faculty of Medicine