



APRIL 13 WEBINAR RESOURCES – YOUTH SUICIDE PREVENTION IN PRIMARY CARE: NAVIGATING RISK, RELATIONSHIPS, AND COMMUNITY SUPPORTS

For some links, login to PathwaysBC is required. To create an account, go to <https://pathwaysbc.ca/login>, and select Request Access in the lower right corner.

Clinical Tools

- Ask Suicide-Screening Questions (ASQ) [[Download PDF](#) or view on [PathwaysBC \(login required\)](#)] (National Institute of Mental Health)
- Caring for Youth with Suicidal Thinking – CALM Approach [[Download PDF](#)] (Healthy Minds BC)
- Centre for Suicide Prevention [[View](#)]
- Child and Adolescent Response Team (CART) (Vancouver only) [[View](#)]
- Child and Youth Substance Use Care Enhanced Care Pathway [[Download PDF](#) or view on [PathwaysBC \(login required\)](#)] (Shared Care)
- Compass Mental Health [[View](#)]
- Suicide – Adolescent Risk Assessment Tool (TASR-Am) [[Download PDF](#) or view on [PathwaysBC \(login required\)](#)] (Teen Mental Health)
- Suicide Prevention Resources [View on [PathwaysBC \(login required\)](#)]

Resources for Patients

- 9-8-8: Suicide Call & Text Crisis Helpline [[View](#)]
- BC Children’s Hospital Kelty Mental Health Resource Centre – Suicide and Suicidal Thoughts [[View](#)]
- Canadian Mental Health Association: Getting Help for Mental Illnesses [[View](#)]
- Foundry BC [[View](#)]
- Suicidal Thoughts: How to Cope and Safety Plan [[Download PDF](#) or view on [PathwaysBC \(login required\)](#)] (BC Ministry of Health)
- Trans Care BC [[View](#)]

- Youth Suicide and Relapse Prevention Plan Worksheet [[Download PDF](#) or view on [PathwaysBC](#) (*login required*)] (Duwamish Tribe)

Other Resources

- All Our Relations: Finding the Path Forward – Book by Tanya Talaga [View on [Goodreads](#)]
- First Nations Health Authority: Hope, Help, and Healing. A Planning Toolkit for First Nations and Aboriginal Communities to Prevent and Respond to Suicide [[Download PDF](#)]

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