THE UNIVERSITY OF BRITISH COLUMBIA
Continuing Professional Development
Faculty of Medicine

THE BREATHE COURSE

Simulation Facilitation Quick Reference

Prebrief

Creating a safe container for learning

- **Suspension of Disbelief**
  Encourage learners to try their best to pretend this is a real-life situation
- **Confidentiality**
  Remind learners that "what happens in simulation stays in simulation"
- **Team Assessment for Accreditation**
  Inform learners that you will be assessing their performance as a team, not individually, and that the assessment is part of the MOC Section 3 Simulation accreditation only. Simulation assessment data will not shared with hospital administration, professional bodies or any other organizations.

Debrief

The foundation of experiential education - reflecting on hands-on learning

- **Emotional Check-In**
  Re-establish psychological safety by starting with the question "How did that feel?"
- **Case Understanding**
  Ask the group "Can someone describe what happened?" to ensure everyone knows what the case was about
- **Self-Evaluation**
  Encourage the learners to practice self-evaluation and reflection, allowing them to identify opportunities for improvement or ask you questions
- **Constructive Conversation**
  Throughout the debrief, ensure learners feel supported and not judged. Take care to refocus the conversation on how to improve in the future if learners are caught in a discussion about things that went wrong during the simulated case