ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA | **MOC PROGRAM** enhancing learning, advancing care

Pink = CACME-accredited CPD Providers can accredit eligible programs for these credit types.

Blue = New activities available as of 2025 for which credits can be self-claimed in *MyMOC* directly.

Hours submitted are automatically converted into credits.

Framework of Continuing Professional Development Activities

SECTIONS	CATEGORY	EXAMPLES	CREDIT VALUE
MOC Section 1: Group Learning	**MOC Section 1: Group Learning** Based on group interactivity (Eg. conferences, webinars,etc) ----------------------- *Unaccredited group learning activities* *Rounds, Royal College self-accredited rounds, journal clubs, small-group activities or conferences that have not been submitted for accreditation and have no industry sponsorship.*	**Group Learning** Conferences, workshops, webinars, series, other group learning, patient partnered learning ----------------------- *Self-claimed:* • *Royal College self-accredited rounds* • *Unaccredited rounds, journal clubs, small groups* • *Social Media for knowledge translation*	**1 credit per hour** 1.0 credit per hour 0.5 credits per hour *0.5 credits per hour*
MOC Section 2: Independent -learning	*[aka "Self-learning"]* **Planned Learning** *Learning activities initiated by a physician (independently or in collaboration with peers or mentors) to address a need, problem, issue or goal relevant to their professional practice.* **Scanning** *Learning activities used by a physician to enhance their awareness of new evidence, perspectives or discoveries that are potentially relevant to their professional practice.* ~~**Systems Learning**~~ *now MOC 3 Improvement (self-claimed)*	*Self-claimed:* • *Formal courses* • *Traineeships* • *Activity preparation (prev. Personal Learning Projects)* • *Postgraduate studies* • *Individual task training* • *Reading* • *Watching videos, recordings, etc* • *Listening to podcasts, etc*	*Credits vary*
MOC Section 3: Feedback & Improvement	*[aka "Assessment"]* **MOC Section 3: SAP** (Feedback: received) Provide data with feedback to individual physicians regarding their current knowledge base, enabling the identification of needs and development of future learning opportunities relevant to their practice. **MOC Section 3: SIM** (Feedback: received) Provide data with feedback to individual physicians, groups or interprofessional health teams related to their personal or collective performance across a broad range of domains. Performance assessment activities can occur in a simulated or actual practice environment. ----------------------- **Feedback: delivered** *Self-claimed:* *Reflection on feedback provided to others* **Improvement Activities** *Self-claimed:* *Individual, group or systems improvement, QI activities to improve patient care, physician well-being, professional practice; health systems, EDI, planetary health, etc.*	**Self-assessment programs (SAP)** Participants demonstrate knowledge, record their responses (eg. online module with quiz, etc.). Program provides learner with individualized feedback on knowledge. **Simulation Programs (SIM)** Participants are observed demonstrating performance (eg. skills demo, scenarios, coaching, etc.). Program provides learner with individualized feedback on performance. ----------------------- • *Chart audit* • *Feedback on teaching* • *Multi-source feedback* • *Annual performance review* • *Direct observation* • *Practice assessment* • *QI activities* • *Committee participation* • *Coaching and mentoring* • *Curriculum and exam devel.* • *Clinical practice guidelines* • *Investigations*	**3 credits per hour** **3 credits per hour** *Credits vary* *Credits vary*

Mainpro+®
Activity Grid

Activity Categories

Certified Activities

- CFPC Mainpro+ Certified Activities
- AAFP Prescribed credits
- AMA PRA Category 1*
- *CFP* Mainpro+ articles
- CFPC Self Learning™ Program
- CFPC peer tutor
- Formal traineeship/fellowship
- Formal studies/university courses
- Foundation for Medical Practice Education (FMPE)
- International (Request for Individual Consideration)
- Royal College Section 1*
- Certified rounds and journal clubs
- Quebec Category A
- Certified online CPD† activities (e.g., CFPCLearn)
- Other Certified Mainpro+ activities
- UpToDate®

Certified Assessment Activities

- CFPC Mainpro+ Certified Assessment activities
- CFPC Professional Learning Plan (PLP)
- Linking Learning exercises (Administration, Assessment, Research, Teaching, Practice)
- Medical regulatory authority (MRA) quality/practice improvement programs
- MCC360
- Other Mainpro+ Certified Assessment Activities
- Pearls.ce
- Publication of an article
- Quebec Category B
- Royal College Section 3*

Highlighted: CACME-accredited CPD Providers can certify/ accredit programs for these credit types ONLY.

*All others are existing CFPC-certified programs for which credits can be **self-claimed** in CERT+ directly.*

Non-certified Activities

- Coaching/mentoring
- Committee participation
- Corridor or team-based consultations/case-based discussions
- Interprofessional educational events
- Non-certified conferences
- Reading, watching, listening (medical-related media, books, journals, articles)
- Research and publication (writing or reviewing)
- Social media discourse (participation in practice related online discussions)
- Teaching, presenting, and preparing (includes curriculum planning, development, or review)

Combined learning (Certified + Assessment)
Mainpro+ users can claim two credit types for the same activity

- Advanced life support courses
- Certified Mainpro+ activities
- CFPC Accreditation Surveyor
- CFPC Emergency Medicine or American Board of Emergency Medicine (ABEM) exam
- Clinical supervisor (MRA)
- Examiner for medical exams

*Certified credits that exceed the category maximums can be entered as non-certified activities

†CPD: continuing professional development

www.cfpc.ca/MAINPRO

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