

UBC CPD

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WEBINAR RESOURCES - CHILD AND YOUTH EATING DISORDERS: EARLY IDENTIFICATION AND PRACTICAL STRATEGIES FOR ASSESSMENT & MANAGEMENT

Pathways Resources

- Point of Care Child and Youth Eating Disorders Care Pathway
- Patient & Caregiver Information
 - Information for Parents/Caregivers Seeking Help for Children and Youth with an Eating Disorder
 - o Caregiver Support Videos
- Assessment
 - o Guidelines for Measuring Anthropometrics & Orthostatic Vitals
- Additional Resources
 - <u>Example of a Consent & Confidentiality Script for Children and Youth with an Eating</u>
 <u>Disorder</u>
 - Transitioning to Adult Care

Articles

• Shared language and communicating with adolescents and young adults with eating disorders (Yorke et al.)

Additional Resources

- Educational Resources: Child & Youth Mental Health and Substance Use (CompassBC)
- Toolkit: Eating Disorders (CompassBC)
- Online Course: Introduction to Eating Disorders for Service Providers (PHSA)
- Online Course: The Essentials: Training Clinicians in Eating Disorders (Inside Out)