

The Primary Care Provider - What can I do?

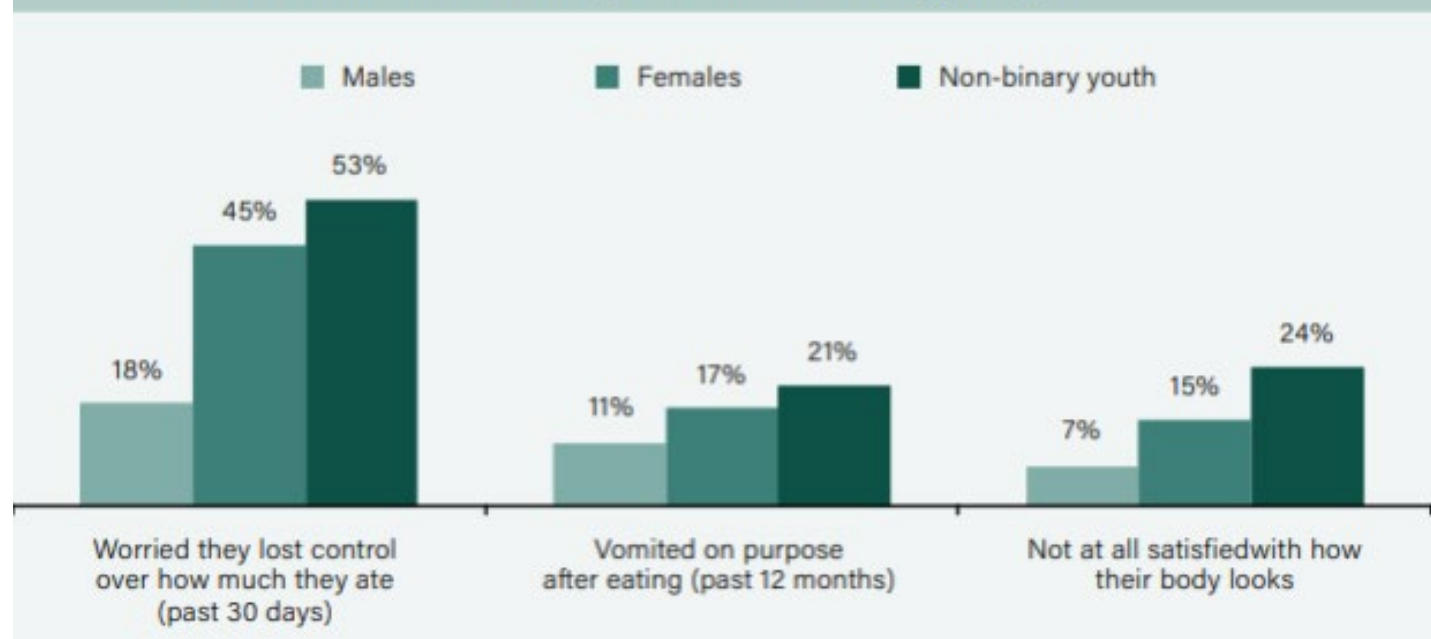


McCreary Center Adolescent Health Survey, 2023

How satisfied students felt with how their body looked



Gender differences in eating behaviours and body image



Project Rationale: COVID-19 Impact

- Increased strain:
 - Patients and Families/Caregivers
 - Providers
 - Systems



Image: CHI.ca

Eating disorders shadow pandemic illuminated urgent need for improvement in eating disorders care

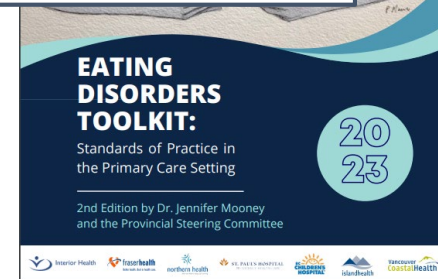
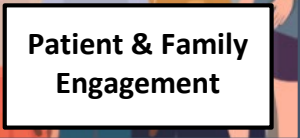
Co-Design & Partnership Development



First Nations Health Authority



Eating Disorders
Overview and tools for identification, diagnosis, and treatment of eating disorders.



A Tale of Two Pathways



Pathways BC: Point of Care Child and Youth Eating Disorders Pathway

Pathways BC is an online resource that provides providers quick access to current and accurate referral information, as well as access to hundreds of patient and clinician resources, community service and allied health information that is categorized and searchable.

Live Feb 27, 2024: Home of the new BC Point of Care Clinical Pathway for Child and Youth Eating Disorders



Compass BC: Comprehensive Care Continuum Child and Youth Eating Disorders Pathway

Compass BC is a province-wide service inclusive of both web-based resources and options for specific case conferencing support, available to providers, with the goal of supporting evidence-based care for all BC children and youth (up to age 25) living with mental health and substance use concerns.

Launching by June 30, 2024

BC Comprehensive Clinical Pathway for Child and Youth Eating Disorders

Comprehensive Pathway

Coming to Compass BC ~ June 2024

www.CompassBC.ca

The screenshot shows a web browser at the URL compassbc.ca/education. The page features the BC Children's Hospital and Compass Mental Health logos, a navigation menu with links for Home, Education, News, FAQs, About, and Our Team, and a contact button for 1-855-702-7272. A search bar contains the text 'eating disorder' and a 'Search' button. Below the search bar, there are 'Popular topics' buttons for Anxiety, Depression, ADHD, Cultural Safety, and Substance Use. The main content area is divided into three sections: Toolkits, Webinars, and Resources. The Resources section is currently selected and displays three resource cards:

- Eating Disorders Toolkit for Primary Care Settings**
Provincial Steering Committee
The Eating Disorders Toolkit: Standards of Practice in the Primary Care Setting (2nd Ed.) promotes early recognition of eating disorders and prevention of associated medical morbidity and mortality.
[PDF](#)
- Eating Disorders in Primary Care: Webinar Presentation Slides**
BC Children's Hospital
Powerpoint slides from the October 4, 2023 Compass Program Webinar on Eating Disorders in Primary Care.
[PDF](#)
- Clinical Practice Guidelines for Eating Disorders**
BC Ministry of Health
Evidence based clinical guidelines and tools for professionals from the Continuum of Care for Eating Disorders Service Provision in BC.
[PDF](#)

Prioritized Themes

- Equity, diversity, and inclusion



- Lived experience, co-design process



- Alignment in language, goals, expectations, and process in shared care



- Early identification & ongoing acuity assessment



- Transitions as opportunities for purposeful case management



Pathway Demo

Guided Tour of BC Point of Care Child and Youth Eating Disorders Pathway

Self Guided Tour (now or later): <https://pathwaysbc.ca/ci/7865>