



OCTOBER 14 WEBINAR RESOURCES – BUILDING RESILIENCE IN CHILDREN & YOUTH: EVIDENCE-BASED APPROACHES TO MENTAL HEALTH & SUBSTANCE USE PREVENTION

Brazelton Touchpoints Resources

- [BC Council for Families](#)
- [Brazelton Touchpoints Center](#)

Icelandic Prevention Model

- [The 10 Steps to Implementing the Icelandic Prevention Model](#) (Planet Youth)
- Kristjansson AL, Mann MJ, Sigfusson J, Thorisdottir IE, Allegrante JP, Sigfusdottir ID. Development and Guiding Principles of the Icelandic Model for Preventing Adolescent Substance Use. Health Promot Pract. 2020;21(1):62-69. doi:10.1177/1524839919849032 ([View](#))
- Kristjansson AL, Mann MJ, Sigfusson J, Thorisdottir IE, Allegrante JP, Sigfusdottir ID. Implementing the Icelandic Model for Preventing Adolescent Substance Use. Health Promot Pract. 2020;21(1):70-79. doi:10.1177/1524839919849033 ([View](#))
- Mann MJ, Allegrante JP, Smith ML, Sigfusdottir ID, Kristjansson AL. The Icelandic Prevention Model Evaluation Framework and Implementation Integrity and Consistency Assessment. Eval Program Plann. 2024;106:102451. doi:10.1016/j.evalprogplan.2024.102451 (View [PDF](#))
- Sigfusdottir ID, Soriano HE, Mann MJ, Kristjansson AL. Prevention Is Possible: A Brief History of the Origin and Dissemination of the Icelandic Prevention Model. Health Promotion Practice. 2019;21(1):58-61. doi:10.1177/1524839919886314 (View [PDF](#))

PreVenture Program

- [Foundry BC](#)
- [PreVenture Program](#)
- [Substance](#)

Roots of Empathy/Emotional Literacy Resources

- [Roots of Empathy](#)
- [The Impact of Roots of Empathy Around the Word](#) (Video)
- [Understanding the Power of Positive Childhood Experiences and Attachment in Promoting Resilience](#) (UBC CPD Webinar)

Speaker Emails

- Darcy Morgan - dmorgan@rootsofempathy.org
- Dr. Alfgeir Kristjansson - alkristjansson@hsc.wvu.edu

Other Resources

- [The Brain Story](#) (Alberta Family Wellness Initiative)