

RURAL ROUNDS: Conversations with Families about End-Of-Life in Late Frailty and Dementia

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THE UNIVERSITY OF BRITISH COLUMBIA

Continuing Professional Development

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Land Acknowledgement

I acknowledge that I work on the traditional, ancestral and unceded territory of the Ktunaxa peoples.



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PRESENTER DISCLOSURES

Name: Dr. Trevor Janz

No relationship or commercial interests to disclose.

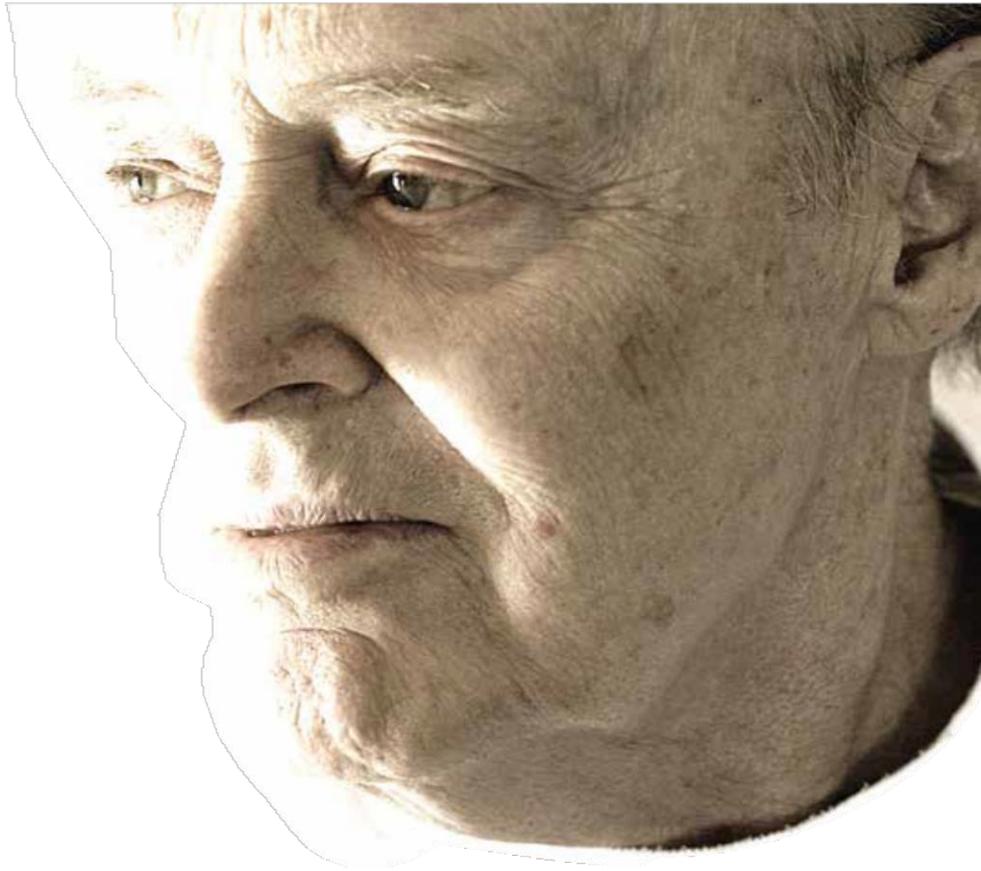


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LEARNING OBJECTIVES

- Recommend a useful patient resource for families whose loved one has dementia
- Consider three key conversations with families about dementia trajectory, expected changes coming, and advance care planning
- Review the best palliative care approach and practices for late dementia and frailty





<https://shorturl.at/L8JxZ>

When Your Loved One Has Dementia

*A Roadmap
for Families*

A Dementia Roadmap for Families

- **Early Dementia** • Middle Dementia • Late Dementia • Actively Dying
- Our Loved One** **Signposts** **Good Questions** **Our Tasks**



“

There was a sense of relief that I was able to name what was going on, but also it was a shock because I wasn't expecting that my entire life was going to change within a few moments.

”

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“
Every month, there's a little less of Mom there to see. They call it the disease of a thousand goodbyes. Now I know why.
”

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“He turns his head. He looks at me. I know he hears me. ‘Hi, Dad, I’m here.’ I repeat. ‘How are you today?!’ He looks at me and smiles weakly. Maybe he recognizes me today - I can’t really tell.”

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“When the moment came that she was released from this life, I felt loss the depth of which I’ve never experienced. I knew I should feel thankful that she was whole again and that her suffering had finally ended. And I did feel that, but it didn’t dull the pain of this final loss.”

Useful Resources and Links

- Alzheimer Society Canada: *Living with dementia*
<http://bit.ly/living-with-dementia>
- *BC's Dementia Helpline, Province-wide: 1-800-936-6033*
<http://bit.ly/dementia-help-line>
- HealthLinkBC: *Dementia*
<http://bit.ly/hlbc-dementia>
- *Advance Care Planning: Making Future Health Decisions*
<http://bit.ly/advance-care-bc>
- *Care for an older adult who needs help today; Representation Agreements*
<http://bit.ly/nidus-care-planning>
- *Alzheimer's or Other Dementia: Should I Move My Relative Into Long-Term Care?*
<http://bit.ly/move-into-care>

Useful Resources and Links (continued)

- *Care Giver Tips*

<http://bit.ly/caregiver-quicktips>

- Long Term Care: *Six Things Physicians and Patients Should Question*

<http://bit.ly/ltc-6things>

- Feeding Tubes for people with Alzheimer's disease: *When you need them—and when you don't:*

http://bit.ly/feedtubes-do_dont

- Treating disruptive behaviour in people with dementia: *Antipsychotics usually not the best choice*

<http://bit.ly/no-antipsych>