



ELEVENTH ANNUAL WOMEN'S HEALTH RESEARCH SYMPOSIUM

Friday March 6, 2026

In-person (Robert H. Lee Alumni Centre, University of British Columbia) + Virtual Symposium

**From Science to Solutions: Building Bridges from Discovery Science to Women's Health**

TIME	TOPIC	PRESENTERS
0800 - 0829	Welcome and Opening Remarks Acknowledgment of Ancestral and Traditional Lands The urgent need for discovery science focused on women's health	WHRI Executive Director <a href="#">Elder Sheila Nyman</a> <a href="#">Elizabeth Rideout</a>
0830 - 0909	Keynote Presentation	
0830 - 0859	<i>The use of biomarkers to improve the diagnosis of brain injury in survivors of intimate partner violence</i>	<a href="#">Cheryl Wellington</a>
0900 - 0909	Q & A	
0910 - 0939	Coffee Break + Networking Opportunity	
0940 - 1009	Rapid-Fire Research Presentations	
0940 - 0947	<i>Does exercise mitigate the effects of advanced maternal age on pregnancy outcomes in a mouse model?</i>	<a href="#">Julian Christians</a>
0948 - 0955	<i>Defining the impacts of preventing insulin excess in a mouse model of polycystic ovary syndrome (PCOS)</i>	<a href="#">Nicole Templeman</a>
0956 - 1003	<i>Pathophysiology and blood biomarkers of brain injury in intimate partner violence: Insights from a new rat model</i>	<a href="#">Brian Christie</a>
1004 - 1009	Q & A	All session speakers
1010 - 1044	Poster Session	
1045 - 1114	Spotlight Talk on Emerging Women's Health Issue	
1045 - 1104	<i>Vaginal formulations: Research gaps and priorities</i>	<a href="#">Ariane van der Straten</a>
1105 - 1114	Q & A	
1115 - 1144	Coffee Break + Networking Opportunity	
1145 - 1214	Panel Discussion	
1145 - 1205	<i>Exploring sex differences in discovery science: A path into women's health research</i>	Moderator: <a href="#">Elizabeth Rideout</a> Panelists: <a href="#">Peter Zandstra</a> <a href="#">Lisa Osborne</a> <a href="#">Jessica Rosin</a>
1205 - 1214	Q+A & Group Discussion	All session speakers
1215 - 1221	Awards Presentation	WHRI Executive Director and <a href="#">Paul Yong</a>
1222 - 1224	Presentation by the BC Women's Health Foundation	<a href="#">Cally Wesson</a>

1225 - 1229	<b>Closing Remarks</b>	WHRI Executive Director <a href="#"><u>Elder Sheila Nyman</u></a>
1230 - 1329	<b>WHRI 20<sup>th</sup> Anniversary Celebration + Panel Discussion + Lunch</b>	
1330 – 1414	<b>Trainee-Focused Session</b>  One Minute Thesis (1MT) presentations by trainees in the discovery sciences	Moderator: <a href="#"><u>Paul Yong</u></a>
1415 - 1545	<b>Mentorship and Networking Workshop for Trainees:</b>	Moderator: <a href="#"><u>Paul Yong</u></a>