

**UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE



**16.75**

MAINPRO M1

# 50<sup>TH</sup> ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE

FEB 25-27, 2015  
WED-FRI

THE MARRIOTT VANCOUVER  
PINNACLE DOWNTOWN

## COURSE OVERVIEW

This comprehensive three-day review course offers an update of knowledge central to the practice of family medicine in both rural and urban settings. Committed to addressing everyday practical issues, speakers present equally on current and special areas of concern to the primary health care professionals.

To complement a morning of group lectures, afternoon include a series of elective interactive workshops which allow conference attendees to customize their learning experience.

Our three main topics for this year are Internal Medicine, Potpourri and Pediatrics and Women's Health.

**JOIN US IN VANCOUVER FOR THE 50<sup>TH</sup> ANNIVERSARY OF OUR POPULAR FAMILY MEDICINE REVIEW!**

*This CPD conference is sponsored by the Department of Family and Community Practice at Vancouver General Hospital.*

<b>0700</b>	<b>Continental Breakfast, Registration Opens</b>	
<b>0815</b>	<b>Welcome &amp; Opening Remarks</b>	
0830	Top 5 Articles in Internal Medicine	Dr. Steve Wong
0855	Cardiology—New CHEP Guidelines	Dr. Ken Gin
0920	Review of Parkinson’s Disease	Dr. Silke Cresswell
<b>0945</b>	<b>Intermission, Coffee/Tea and Snacks provided</b>	
1015	Pulmonary Fibrosis	Dr. Nasreen Khalil
1040	Obesity/Weight Loss (Adult): What Works?	Dr. Ali Zentner
1105	Choosing Wisely (& Beyond): Starting Conversations Around Unnecessary Tests and Procedures	Dr. Jessica Otte
1130	A Dermatologist’s Opinion of MRSA	Dr. Brian Kunimoto
<b>1200</b>	<b>Lunch</b>	
<b>1230</b>	<b>Lunch Talk: “Avoiding Physician Burnout”</b>	Dr. Rahul Gupta
<b>1330</b>	<b>Small Group Workshops I (choose 2)</b>	
<b>A</b>	Pre and Post Travel Medicine	Dr. Reka Gustafson
<b>B</b>	Practical Approaches to Fall and Injury Prevention in the Elderly	Dr. Janet Kushner-Kow
<b>C</b>	Interesting Cases with an Endocrinologist	Dr. Breay Paty
<b>D</b>	Palliative Medicine Track - Family Physician Oriented Presentations (2hrs—NOT REPEATED)	Dr. Jay Slater Dr. Shalini Nayar Dr. Gil Kimel Dr. Moe Yeung
<b>E</b>	Practice Pearls: Nutrition in Cancer	Dr. Gerry Krystal
<b>F</b>	Interesting Cases with a Rheumatologist	Dr. Kam Shojanian
<b>G</b>	Preventative Health	Dr. Lloyd Oppel
	<b>Option (see below)</b> <b>Mainpro C® “Advanced Cancer”</b> 1330 - 1530 (2hrs, NOT repeated) Facilitator: Dr. Ursula Lee Participant Limit: 15 Additional Cost: \$100	
<b>1430</b>	<b>Intermission, Coffee/Tea and Snacks Provided</b>	
<b>1445</b>	<b>Repeat of Small Group Workshops I (except workshop D)</b>	
1545	Adjourn	

**Mainpro C® Advanced Cancer Workshop**

2.0 Mainpro C | 1330 - 1530 | Additional Cost \$100

Learning objectives

- Describe the role of the primary care physician along the advanced cancer care continuum and recognize how this relates to the roles of other healthcare providers, including specialists.
- Employ effective techniques for disclosing an advanced cancer diagnosis and discussing the prognosis with patients and their families.
- Describe common treatment options and their expected side effects.
- Develop a palliative approach to care based on the four pillars of palliative care, with consideration of prognosis and patient perspective.
- Access available resources for palliative care.
- Specify a plan for integrating what is learned at the workshop into practice

**What is CCOPE?** The Cancer Care Outreach Program on Education (CCOPE), provided by the UBC Division of Continuing Professional Development (UBC CPD) in partnership with the BCCA Screening Groups and Family Practice Oncology Network (FPON), is an important educational initiative to provide BC family physicians with a better understanding of their roles and best practices across the cancer care continuum.

0700	<b>Continental Breakfast, Registration Opens</b>	
0815	<b>Welcome &amp; Opening Remarks</b>	
0830	Top 5 CMPA Complaints	Dr. Janet Nuth
0920	Ophthalmology - Common and Concerning (Not to Miss) Eye Findings	Dr. Chris Pollock
0945	<b>Intermission, Coffee/Tea and Snacks provided</b>	
1015	Psoriasis—How to Diagnose, Treat, and When to Refer	Dr. Jan Dutz
1040	Switching, Combination and Augmentation in The Drug Treatment of Depression in Adults	Dr. Chris Gorman
1105	What Do The New Medical Marijuana Guidelines Mean For The FP?	Dr. Ailve McNestry
1130	Dermatology Cases in Rosacea	Dr. Shannon Humphrey
1200	<b>Lunch (1 hour)</b>	
1300	<b>Small Group Workshops II (choose 2)</b>	
	<b>H</b> Billing Workshop (2 hours - NOT REPEATED)	Dr. Tracy Monk
	<b>I</b> Fatigue: What Not To Miss	Dr. Edward Auersperg
	<b>J</b> MSK Exam	Dr. Teri Fisher
	<b>K</b> ADHD in Adults	Dr. Derryck Smith
	<b>L</b> Helping Patients Make Difficult Decisions	TBC
	<b>M</b> Complex Wound Care Cases	Dr. Brian Kunimoto
	<b>Option</b> (see below) <b>Mainpro C® "But I Don't Do Maternity Care!"</b> Workshop for Family Physicians Who Don't Do Deliveries (early postpartum care) 1300 - 1600 (3 hrs, NOT REPEATED) Facilitators: Dr. Karen Buhler, Dr. Anna Wolak, Dr. James Lai Participant Limit: 24 Additional Cost: \$100	
1400	<b>Intermission, Coffee/Tea and Snacks Provided</b>	
1415	<b>Repeat of Small Group Workshops II (except workshop H)</b>	
1515	Adjourn	

**Mainpro C® But I Don't Do Maternity Care! Workshop**  
**For Family Physicians Who Don't Do Deliveries (early postpartum care)**  
 3.0 Mainpro C | 1300-1600 | Additional Cost \$100

This interactive workshop will be delivered in an informal environment. The first portion of the workshop will provide an overview of maternity care in family practice and a presentation with theme specific content, building in opportunities for questions and for facilitators and participants who attended previous workshops to share pearls and describe impact on practice, including successes and challenges. The second portion of workshop will take place within small, interactive breakout groups, maximizing opportunities for group discussion, questions, and networking. Family physicians, who provide maternity care will be facilitators in each small group and guide discussion focusing on key learning points, outstanding questions, and practice implementations, supplemented using case examples and a brief presentation on structural supports. To end, participants will be asked to discuss a plan for practice change with a partner or within their small group and complete the Commitment to Change form.

At the end of the workshop participants will:

- Develop an approach for the first postpartum visit
- Describe the different approaches to breast feeding support in the first two weeks of life compared to the older newborn
- Access resources for breast feeding support for providers and for women
- Describe how to follow up with newborn hypobilirubinemia in the early postpartum period
- Provide early partum care for the mother
- Diagnose and treat postpartum problems and complications
- Practice offering women information and treatment for contraception appropriate to the postpartum period
- Review workflow efficiencies, structural supports, and billing for postpartum care.

0700	<b>Continental Breakfast, Registration Opens</b>	
0815	<b>Welcome &amp; Opening Remarks</b>	
0830	Top Articles in Interstitial Cystitis/Prostatitis (Chronic Pelvic Pain)	Dr. Joel Teichman
0855	Top 5 Articles in Pediatrics	Dr. Paul Thiessen
0920	Top 5 OB/GYN Articles Published in 2014 That Have The Most Significant Impact on Practice	Dr. Jason Hitkari
0945	<b>Intermission, Coffee/Tea and Snacks provided</b>	
1015	Vulvar Lesions	Dr. Leslie Sadownik
1040	Erectile Dysfunction - Update on Assessment and Treatment	Dr. Stacy Elliott
1105	Counselling the Anti-Vaccine Parent(s)	Dr. Jane Finlay
1130	Hormone Replacement Therapy—Revisiting The Evidence	Dr. Tim Rowe
1200	<b>Lunch (1 hour)</b>	
1300	<b>Small Group Workshops III (choose 2)</b>	
	<b>N</b> Eating Disorders in Teenagers	Dr. Vicky Klassen
	<b>O</b> Recurrent Pregnancy Loss	Dr. Mohamed Bedaiwy
	<b>P</b> Urinary Retention and Other Urology Cases	Dr. Ryan Paterson
	<b>Q</b> How to Assess and Manage Common Lower Limb Problems in Children	Dr. Kishore Mulpuri
	<b>R</b> Prevention and Management of Overweight Children	Dr. Mary Hinchcliffe Ms. Arlene Cristall Dr. Sandy Klar Dr. Sarah Schmidt
	<b>S</b> Breastfeeding Difficulties	Dr. Kara Jansen
	<b>T</b> Ask a Pediatrician - Bring Cases & Questions	Dr. Keyvan Hadad
	<b>Option</b> (see below) <b>Mainpro C® Difficult IUD Insertions &amp; Endometrial Biopsy (Advanced)</b> 1300 - 1500 (2hrs, NOT REPEATED) Facilitator: Dr. Ellen Wiebe Participant Limit: 24 Additional Cost: \$100	
1400	<b>Intermission, Coffee/Tea and Snacks Provided</b>	
1415	<b>Repeat of Small Group Workshops III</b>	
1515	Adjourn	

**Mainpro C® Difficult IUD Insertions & Endometrial Biopsy (Advanced) Workshop**

3.0 Mainpro C | 1300-1500 | Additional Cost \$100

Now that copper and levonorgestrel IUDs are recommended for a much wider variety of women - for teens and for treating dysfunctional uterine bleeding in the peri-menopause - we can expect more challenges in inserting IUDs, especially into tight nulliparous uteri. There are a number of new IUDs with which you may not be familiar.

This hands-on workshop will take advantage of plastic models, slides and discussion and is most suitable for clinicians who have already been inserting IUDs. Participants are encouraged to bring clinical scenarios that have been challenging. The facilitators are family doctors who run IUD clinics and will share their experience with a range of clinical equipment and techniques to simplify the challenging IUD insertion. All 13 IUDs currently available in Canada will be at the workshop.

Learning objectives: After this session, participants will be able to:

- Use a para-cervical block,
- Decide when to use misoprostol pre-insertion
- To trouble shoot difficult insertions

# 50<sup>TH</sup> ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE

ME8812

Feb 25-27, 2015

The Marriott Vancouver Pinnacle Downtown  
Vancouver BC

## CONTACT DETAILS

Dr.  Mr.  Ms.

Urban  Rural

Last Name  Given Name(s)

Address

City  Prov/State  Postal Code

Telephone  Fax

Email (required)

## CONFERENCE FEES Course online materials, breakfasts, refreshments & lunch each day

Save \$10 by registering online!	By Jan 30	Feb 2 - Feb 13	Feb 16 & On-site
Full Conference	\$689	\$739	\$789
I will attend <b>TWO</b> days	<input type="radio"/> Wed & Thu	<input type="radio"/> Wed & Fri	<input type="radio"/> Thu & Fri
Two Days	\$449	\$489	\$549
I will attend <b>ONE</b> day	<input type="radio"/> Wednesday	<input type="radio"/> Thursday	<input type="radio"/> Friday
One Day	\$299	\$319	\$339

I will **NOT** need a printed syllabus. Please apply a \$20 discount.

**Electronic Syllabus will be available to download. NOT on USBs.**

## WORKSHOPS

Select 2 workshops from each session and number in order of preference  
1=most preferred (\*NOT REPEATED WORKSHOP)

	A	B	C	*D (Not Repeated)	E	F	G
Wed Feb 26 Session I							
	<input type="radio"/> <b>OR</b> MAINPRO C® Advanced Cancer (Additional \$100)						
Thu Feb 27 Session II	*H (Not Repeated)	I	J	K	L	M	
	<input type="radio"/> <b>OR</b> MAINPRO C® Early Post Partum Care (Additional \$100)						
Fri Feb 28 Session III	N	O	P	Q	R	S	T
	<input type="radio"/> <b>OR</b> MAINPRO C® IUD Insertion Workshop (Additional \$100)						

## PAYMENT

\$   VISA  MC

TOTAL AMOUNT ENCLOSED

Name of Cardholder  Signature

Credit Card Number  Expiry Date

\*No refunds or transfers, unless you cancel by Feb 10, 2015 for a fee \$50



Easy ways to  
**Register**



www.ubccpd.ca



(604) 875-5101



(604) 875-5078



cpd.info@ubc.ca



UBC CPD  
855 West 10th Avenue  
Vancouver, BC, V5Z 1L7

I am a:

- Family Physician/General Practitioner
- Specialist
- Other

Are you a fellow of the Royal College of Physicians and Surgeons of Canada (RCPC)?

- Yes
- No

If yes, please list your specialty:

Personal Information is collected on this registration form pursuant to section 26 of the Freedom of Information and Protection of Privacy Act, RSBC 1996 c. 165. Information is used for the purposes of facilitating the conference and collecting aggregate statistics.

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- I DO NOT CONSENT to being on the participant list

All participants registered for UBC CPD courses are included on the contact list for future programs. If you DO NOT wish to be on the UBC CPD contact list, please indicate below.

- I DO NOT wish to be on the UBC CPD contact list

## DIETARY REQUIREMENTS / ALLERGIES:

Severity:  HIGH or

- LOW, foods can be in the same room



## CONFERENCE VENUE & ACCOMMODATION

The Marriott Vancouver Pinnacle Downtown  
1128 West Hastings St.  
Vancouver BC V6E 4R5

Special conference rates starting @ \$163.00 CDN/night. Quote "UBC CPD 50th Annual Post Graduate Review in Family Medicine" event in order to obtain the conference rate.

Reservations must be made by Jan 23, 2015 as rooms will not be held beyond this date, except on a space available basis.

### TO MAKE A RESERVATION

T 1.800.207.4150 or

W <https://resweb.passkey.com/go/UBCCPD>

## 50TH ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE IS BROUGHT TO YOU BY



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Medicine  
Continuing Professional Development

## FOR MORE INFORMATION VISIT

[ubccpd.ca](http://ubccpd.ca)

- Accreditation Statement
- Refunds & Cancellations

UBC Continuing Professional Development | 855 W 10th Ave. Vancouver BC V5Z 1L7

T 604.875.5101 | F 604.875.5078 | [cpd.info@ubc.ca](mailto:cpd.info@ubc.ca) | [ubccpd.ca](http://ubccpd.ca)

