

12TH ANNUAL PACIFIC PSYCHOPHARMACOLOGY CONFERENCE

Pinnacle Harbourfront, Vancouver BC | Friday, September 21, 2018

“Practical Approaches to Treatment of Mental Disorders & Addictions”

Time	Presentation	Speaker	Location
0730	BREAKFAST, REGISTRATION & EXHIBITS OPEN		
0820	Opening Remarks	Randall White	<i>Pinnacle Ballroom</i>
0830	Optimization of Opioid Use Disorder Medications At the end of this lecture, the learner will understand: 1) Current data on the opioid overdose epidemic in North America 2) Different pharmacologic options for the treatment of opioid use disorder 3) Discuss clinical strategies to optimize opioid use disorder treatment	Michael Hoefler	
0930	CANMAT & ISBD Guidelines for Management of Bipolar Disorder 1) To learn about new CANMAT Guidelines for management of various aspects of bipolar disorder 2) To learn about the new app for use in the management of bipolar disorder	Lakshmi Yatham	
1015	HEALTH BREAK & EXHIBITS		
1030	When Less is More: Practical Strategies for Psychotropic Deprescribing 1) Explain the concept and process of rational deprescribing 2) Describe potential benefits and harms of deprescribing medications 3) Summarize successful approaches to deprescribing psychotropic medications (e.g. deprescribing guidelines; using shared decision-making)	Barbara Farrell	<i>Pinnacle Ballroom</i>
1115	New Approaches to the Pharmacologic Treatment of Early Psychosis At the end of this lecture, the learner will understand: 1) The debate regarding whether antipsychotic treatment is neuroprotective or neurotoxic in early psychosis 2) The potential role of hippocampal atrophy as a mediator of the negative effects of the duration of untreated psychosis 3) The evidence supporting the use of an antidepressant to improve negative symptoms in early psychosis	Donald C. Goff	
1200	LUNCH & EXHIBITS		
1300	Concurrent Sessions I		
A	Update on Antipsychotics At the end of the lecture, the learner will be familiar with: 1) The range of antipsychotic agents and have an approach to guide the selection of an agent for individual patients 2) Newly-available partial agonists at the dopamine receptor 3) New formulations of long-acting injectable antipsychotics	Donald C. Goff	<i>Pinnacle Ballroom I</i>
B	ADHD: Stimulant Prescribing & Other Pharmacologic Treatment 1) Discuss the diagnostic challenges associated with adult ADHD 2) Review psychostimulant treatment for adult patients with uncomplicated ADHD 3) Discuss psychopharmacologic treatment strategies for managing adult patients with ADHD & common co-morbidities such as anxiety, depression & bipolar disorder	Elisabeth Baerg Hall	<i>Pinnacle Ballroom II</i>
C	A Review of Perinatal Depression and Anxiety 1) To briefly review the epidemiology of perinatal depression and anxiety 2) To discuss screening for perinatal depression and anxiety 3) To review the pharmacological treatment of perinatal depression and anxiety	Tricia Bowering	<i>Port of Singapore</i>
D1	Adverse Cardiovascular Effects of Psychotropic Medications 1) Familiarize yourself with cardiac side effects of commonly prescribed psychotropic medications 2) Introduce and familiarize yourself with monitoring recommendations of these medications 3) Understand when to seek consultative help	Andrew Ignaszewski	<i>Pinnacle Ballroom III</i>
1345	<i>Time to move to the next session</i>		

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1400	Concurrent Sessions II		
D2	Adverse Cardiovascular Effects of Psychotropic Medications 1) Familiarize yourself with cardiac side effects of commonly prescribed psychotropic medications 2) Introduce and familiarize yourself with monitoring recommendations of these medications 3) Understand when to seek consultative help	Andrew Ignaszewski	<i>Pinnacle Ballroom III</i>
E	Post-Traumatic Stress Disorder 1) Recognize common presentations of PTSD in clinical practice 2) Screen and assess for PTSD 3) Integrate evidence informed psychological and pharmacological treatment approaches in PTSD	Laura Chapman	<i>Pinnacle Ballroom I</i>
F	Anticonvulsants in Psychiatry: Uses and Effects 1) Appreciate the broad diversity of new anticonvulsant agents available for potential use 2) Understand some of the mechanisms of action being harnessed for prevention of seizures 3) Review potential uses of the anticonvulsants in psychiatric treatment and relevant side effects	Joseph Tham	<i>Pinnacle Ballroom II</i>
G	Pharmacological Management of Pediatric Aggression 1) Highlight common causes of pediatric aggression 2) Discuss the various medication options used to treat pediatric aggression 3) Review evidence based guidelines on management of patients with ADHD and DBD, ASD and acute agitation in the Emergency Setting 4) Outline treatment recommendations based on available evidence and expert opinion	Debra Yew	<i>Port of Singapore</i>
1445	HEALTH BREAK & EXHIBITS		
1500	Simplified Guideline for Prescribing Medical Cannabinoids in Primary Care 1) Discuss the best available evidence for the use of medical cannabis 2) Discuss the benefits and harms of cannabis with patients	James McCormack	<i>Pinnacle Ballroom</i>
1545	Closing Remarks and Course Evaluations	Jane Dumontet	
1600	CONFERENCE ENDS		