“Building Capacity in Mental Health During Challenging Economic Times”

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23  Full Agenda: Sun Oct 4
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A Celebration in Honour of Prof T.Y Lin

Join us from 6-8 pm on Sat Oct 4th in the BC Foyer at the Fairmont Hotel Vancouver for a celebration.

Professor Tsung-yi Lin

A pioneer in psychiatric epidemiology, global mental health and public health psychiatry, Professor Tsung-yi, Lin, M.D., will long be remembered not only for his groundbreaking role at the World Health Organization (WHO) and the World Federation for Mental Health (WFMH), but even more importantly, for his success in projecting a compelling vision of global mental health while building exemplary local programs. “He had a global perspective far in advance of just about everybody,” said Professor Arthur Kleinman, a psychiatrist and medical anthropologist at Harvard University.

Born in 1920 to a prominent Taiwanese family of scholars and educators, T. Y. Lin completed his medical training at the prestigious Tokyo Imperial University during the Second World War. At the age of 26, Professor Lin was the founding chairperson of the Department of Neuropsychiatry at the National Taiwan University Hospital (NTUH). In the ensuing years, he mentored a cadre of psychiatrists who would become international leaders in divergent fields, ranging from cultural psychiatry to psychiatric genetics. In 1953, Dr. Lin published a study on the epidemiology of mental disorders in Taiwan - a study often cited as the starting point of the modern era of psychiatric epidemiology.

At the World Health Organization (1964-69), Dr. Lin initiated a much larger project - the International Pilot Study of Schizophrenia that was successfully completed by Dr. Norman Sartorius. Conducted in nine countries located in Africa, Asia, Europe and the Americas, the project provided empirical data demonstrating both remarkable similarities and distinct variations in phenomenology and outcome across socio-cultural groups.

For decades, Professor Lin advocated for psychiatry as a centerpiece of public health. He was Professor of Psychiatry and Public Health at the University of Michigan, USA, where he stayed until 1973, when he took the position of Professor of Psychiatry at the University of British Columbia in Vancouver, Canada. He has also held honorary professorships at the University of Tokyo, and Peking Medical University. Together with Professor Eisenberg of Harvard University, they published a book on mental health programs in China: “Mental Health Planning for One Billion People” (1985). Professor Lin was an expert consultant for Asai Hospital in Chiba, Japan and developed innovative rehabilitation programs for people suffering from mental health challenges.

As president and later honorary president of the World Federation of Mental Health, he was instrumental in promoting mental health at the community level, in Canada, and worldwide. During the 1990’s Dr. Lin founded Vancouver’s Taiwanese Canadian Cultural Society to assist the acculturation of new Taiwanese immigrant, and promote cultural exchanges with Greater Vancouver’s communities. He also co-founded the Vancouver Formosa Academy, and the Vancouver Taiwanese Seniors Golden University.

Lastly, Lin’s life story epitomizes human resilience and ability for transcending catastrophes. In 1947, Lin’s father, a prominent academic leader in Taiwan, fell victim of then rampant unrest and oppression. Instead of being vengeful, Lin was committed to excelling in professional work, and was devoted to his family. In 1986, he received a grand welcome back to Taiwan, and facilitated reconciliation efforts and healing within Taiwanese communities, as well as the promotion of understanding across Chinese communities whose paths to modernity had been drastically divergent over a century.

“Professor Lin is always a great figure, an influential mentor, and a role model in the mind of Taiwanese psychiatrists,” said Dr. Hai Gwo Hwu. “I shall always remember Tsung-yi Lin as a remarkable leader with great personal charm, charisma, vision and empathy for people in distress, whether because of mental illness or other difficulties.” said Dr. Norman Sartorius.

Members of Professor Lin’s family:

Wife- Mrs. Mei-chen Lin
Dr. Siong-chi Lin, Dr. Lillian Miao Lin, Prof. Elizabeth Lin,
Ms. Joy Lin Salzberg, and Dr. David Lin
About Vancouver

“You’re gorgeous, baby, you’re sophisticated, you live well... Vancouver is Manhattan with mountains. It’s a liquid city, a tomorrow city, equal parts India, China, England, France and the Pacific Northwest. It’s the cool North American sibling.” – The New York Times

Majestic mountains, sparkling ocean, rainforests and beautiful foliage all four seasons make Vancouver one of the most beautiful cities in the world. Canada is known for our people’s friendly nature, and Vancouver’s citizens take great pride in our welcoming, clean, safe streets - day or night, all year round.

Population
Based on 2006 Canadian Census reports, the population of the City of Vancouver in 2010 is estimated at 601,203. Greater Vancouver’s estimated total population for 2010 is 2.4 million, 52.3% of BC’s population of 4.6 million.

Languages
Federal government departments provide service in English and French, but most of the population speaks English as either a first or second language. The City of Vancouver is quite cosmopolitan and is a mix of many multicultural groups. Because the city is multicultural, it’s also multilingual on an unofficial level. Its people speak many different languages and many follow the traditions of their native lands, sometimes moderating them with Canadian culture. After English and Chinese, the most common mother tongue languages spoken are Punjabi, German, Italian, French, Tagalog (Filipino) and Spanish. More than half of Vancouver’s school-age children have been raised speaking a language other than English.

Currency
We recommend all visitors use Canadian currency when traveling within Canada. Visitors can exchange currency at Canadian chartered banks, trust companies, credit unions, or at offices of foreign exchange brokers, but it is advised to have local currency on hand prior to arriving. Some hotels, merchants, restaurants and suppliers accept US or other foreign currency at a pre-determined rate, which may differ from the daily rate posted by financial institutions.

Taxation
Effective April 1, 2013, most purchases in British Columbia will be subject to a 7% Provincial Sales Tax (PST) and a 5% Goods and Services Tax (GST), with the exception of liquor (10% GST).

Time Zone
Vancouver is in the Pacific Time Zone.

PRCP Secretariate
Pacific Rim College of Psychiatrists
Department of Neuropsychiatry
NTT Medical Center Tokyo
5-9-22 Higashi-godanda
Shinagawa-ku Tokyo 141-8625 JAPAN
Fax: +81 3 3448 6507
E-mail: info@prcp.org www.PRCP.org

Conference Secretariate
The University of British Columbia Division of Continuing Professional Development
Erin and Lindsay are available to answer your questions onsite!

UBC CPD CONTINUING PROFESSIONAL DEVELOPMENT FACULTY OF MEDICINE

PAGE 2
# Time Table
(Refer to full agenda for expanded titles)

**Saturday October 4, 2014**

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**Sunday October 5, 2014**

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<tr>
<td>0800-1015</td>
<td>Opening &amp; Keynote: Mental Health Services 2014: Challenges &amp; Perspectives (Sartorius)</td>
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<tr>
<td>1045-1200</td>
<td>Session C Symposium of Introducing MH Components into Primary Health care</td>
<td>Session D Early Career Practitioners (Abstract Submissions)</td>
<td>Session B Child &amp; Youth Mental Health (Abstract Submissions)</td>
<td>Session A Progress in Psychopharmacology (Abstract Submissions)</td>
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<td>1315-1500</td>
<td>Global Psychiatry (Round Table)</td>
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<tr>
<td>1530-1700</td>
<td>Session E Symposium on eHealth</td>
<td>Session H Working with Suicidal Behaviour in the Adult Client—Challenges, Possibilities &amp; New Developments</td>
<td>Session G Forum on Early Career in Mental Health Work</td>
<td>Session F Older Adult Mental Health (Abstract Submissions)</td>
<td>Registration Open</td>
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<td>Time to Fill out evaluations (Found in your kit folder)</td>
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<td>1715</td>
<td>Conference Day Ends</td>
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<tr>
<td>1715-2015</td>
<td><strong>PRCP Board Meeting (Closed Meeting) Cortes Room</strong></td>
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*Page 3*
# Time Table

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## Monday October 6, 2014

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<td>0800-0850</td>
<td>Opening &amp; Keynote: Grand Challenges Focusing on Mental Health (Patel)</td>
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<tr>
<td>0905-1005</td>
<td>Session J Research in East Asia of Psychotropic Prescriptions “REAP” Symposium Antipsychotic Study</td>
<td>Session I Women’s Health</td>
<td>Session K Education: Evaluation, Curriculum Development &amp; Mentorship from an International Perspective</td>
<td>Session L Neuroscience Update (Abstract Submissions)</td>
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<td>AM Break Exhibits Open Registration Open</td>
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<tr>
<td>1035-1150</td>
<td>Session P International Research &amp; Mental Health Development Collaboration for Grand Challenges</td>
<td>Session Q Second Symposium: Research in East Asia of Psychotropic Prescriptions “REAP” Symposium Anti-psychotic Study</td>
<td>Session N Symposium: Elderly Depression &amp; Suicide Across the Pacific</td>
<td>Session M Psychopharmacology (Abstract Submissions)</td>
<td>Session O Aggression &amp; Impulsivity, Assessment &amp; Treatment</td>
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<td>1150</td>
<td>Additional Lunch Seating</td>
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<td>Mental Health Consequences After Disaster</td>
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<td>1535-1705</td>
<td>Session S Indigenous &amp; Other Models of Cultural Care Therapy</td>
<td>Room Re-Set 1630-Poster Set up</td>
<td>Session T Models of Integrative Care Across the Pacific Rim</td>
<td>Session R Traditional Model of Addiction Treatment</td>
<td>Session U Mental Health Promotion</td>
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<td>1720-1815</td>
<td>Poster Viewing &amp; Light Reception Everyone Welcome!</td>
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<td>Exhibits Open Registration</td>
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<td>1915-2015</td>
<td>Gala Dinner and Dance in the Pacific Ballroom - tickets required</td>
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# Time Table

*Refer to full agenda for expanded titles*

**Tuesday October 7, 2014**

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<td>Breakfast Exhibits Open Registration</td>
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<td>0815</td>
<td>Opening &amp; Keynote: National Mental Health Strategies and the Role of Mental Health Commissions (Goldbloom)</td>
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<td>0930-1030</td>
<td>AGM- All Welcome</td>
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<td>AM Break Exhibits Open Registration Open</td>
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<tr>
<td>1045-1145</td>
<td>Session Y Mental Health of Vulnerable Youth &amp; the Global Mental Health Agenda (Abstract Submissions)</td>
<td>Session V Rehabilitation (Abstract Submissions)</td>
<td>Session W Migrant and Refugee Settlement (Abstract Submissions)</td>
<td>Session X Forensic and Miscellaneous (Abstract Submissions)</td>
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<td>1145-1200</td>
<td>Travel Time</td>
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<td>Legal Pathways</td>
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<td>1245</td>
<td>Closing Remarks Time for evaluations</td>
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<td>1300</td>
<td>Conference Ends—Have a safe Journey Home!</td>
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<tr>
<td>1300-1700</td>
<td>Post Conference Study Tours (reservations required in advance) Spaces are limited. Pick up at 1315 at the registration desk.</td>
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<td>APPSY Editorial Meeting (closed meeting)</td>
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Greetings to PRCP 2014 participants!

It is a great honour for me to give my welcome greetings to all fellow participants in PRCP 2014, in the beautiful city of Vancouver.

Nowadays, the importance of pacific rim region is growing rapidly in many aspects, and psychiatry is not the exception. I believe that PRCP 2014 will be a great opportunity to discuss not only the current status of Asian-Pacific psychiatry, but also the future that we must go on.

In this meeting, we prepared many presentations about psychopharmacology, neuroscience, rehabilitation and mental health promotion. As all of the speakers, chairpersons and article authors are top leaders and prospects in global psychiatric medicine, PRCP 2014 is going to be the agora full of intelligence of new leading trends. Thank you for your attendance and again, I sincerely wish this meeting can be a wonderful chance to widen the range of your knowledge and experience.

Best regards,
Min-Soo Lee, President of Pacific Rim College of Psychiatrists

Welcome to Vancouver!

It is a great honour for us to be hosting the Pacific Rim College of Psychiatrists Conference for the first time in North America. After nearly three years of preparation in conjunction with Vancouver Coastal Health and the University of British Columbia, Department of Psychiatry, and the University of British Columbia, Continuing Professional Development Division, we are happy to be able to bring together a diverse array of presentations and programming that reflect the current challenges in mental health care and addiction services.

It is our sincere hope that this conference will provide a platform and opportunity for all mental health and addiction professionals to be informed of the latest research, to discuss current progress, and learn of new approaches to treatment that are reflective of the diverse populations we serve. This also includes the opportunity to participate in study tours to explore specific features of mental health and addiction services within metro-Vancouver.

I would also like to express our sincere appreciation to all PRCP board members, its executive, the international advisory committee, the scientific committee and the University of British Columbia Department of Psychiatry, Faculty of Health Sciences Simon Fraser University, and UBC Continuing Medical Education Office for their support in organizing this conference in making this conference a success.

Warmest regards,
Soma Ganesan, Conference Chair
Clinical Professor
Head & Medical Director, Department of Psychiatry
Vancouver Acute, Vancouver Community & Tertiary Mental Health
Medical Director Burnaby Centre for Mental Health and Addictions
Director, Cross Cultural Program
Welcome to the 16th Pacific Rim College of Psychiatrists Scientific meeting in Vancouver, one of the most livable cities in the world.

Our programming strives for scientific rigor and paves the way in developing excellence in clinical care and promoting best practices.

We are deeply committed to ensuring all participants leave with an improved appreciation of psychiatry and the interface between mental health, neuroscience, and the socio-cultural contexts in which we all live across the Pacific Rim.

We would like to thank members of the PRCP Board, those who also sit on the International Advisory, Organizing and Scientific Program Committees, UBC Continuing Professional Development, for all your contributions, assistance and advice, in making this meeting a success.

Hiram Mok MA MD FRCPC
Co-Chair PRCP 2014
Clinical Professor, Department of Psychiatry, University of British Columbia
PERSONAL MESSAGE AND GREETINGS FROM
HONOURABLE TERRY LAKE
MINISTER OF HEALTH

2014 PACIFIC RIM COLLEGE OF PSYCHIATRISTS CONFERENCE

October 5-7, 2014

I would like to extend greetings to all the attendees at this week’s conference and acknowledge the Pacific Rim College of Psychiatrists for their leadership in mental health and substance use education and research.

With this year’s conference focusing on “Building Capacity in Mental Health During Challenging Economic Times,” we are pleased to highlight the fact that the Ministry of Health has made it a priority to build a comprehensive mental health and substance use system of care throughout the province. Released in 2010, “Healthy Minds, Healthy People: A Ten-Year Plan to Address Mental Health and Substance Use in British Columbia” provides a roadmap for ensuring evidence-based services and improvements in the mental health field.

We are transforming our approach to mental health and substance use to support lifelong mental well-being of all British Columbians, and we are seeing results. For example, in the Vancouver area, ministry funding has helped expand the Inner City Youth team, launched an Assertive Outreach Team, opened a new Acute Behavioural Stabilization Unit, and added two new Assertive Community Treatment teams to help people experiencing severe mental health and or substance use challenges to get back on their feet.

Building on this, we recently announced an additional $3 million, in partnership with Dr. Evan Wood, to expand and support a provincial addiction medicine education and research training program for clinicians. We’re demonstrating on the ground that our government maintains a strong commitment to improving the health of families, including those with mental health and substance use problems. Thank you for the work you do, and I hope you have a successful and interesting conference.

Sincerely,

Terry Lake
Minister of Health
2014 PRCP Committees

Organizing
Prof. Tsuyoshi Akiyama Japan
Prof. Renato Alarcon USA
Dr. Anthony Bailey Canada
Prof. Johann Brink Canada
Prof. Peter Chan Canada
Prof. Helen Chiu Hong Kong
Prof. Yong Chon Park Korea
Prof. Mian-Yoon Chong Taiwan
Prof. Soma Ganesan Canada
Dr. Elliot Goldner Canada
Prof. Ee Heok Kua Singapore
Prof. William Honer Canada
Prof. Chee Hong Ng Australia
Dr. Shigenobu Kanba Japan
Prof. Lawrence Kirmayer Canada
Prof. Michael Krausz Canada
Prof. Raymond Lam Canada
Prof. Min-Soo Lee Korea
Prof. Paul Leung USA
Dr. Xin-Min Li Canada
Prof. Francis Lu USA
Prof. Biju Mathew Canada
Prof. Hiram Mok Canada
Prof. Fumitaka Noda Japan
Prof. John Ogrodniczuk Canada
Dr. Kiran Rabheru Canada
Dr. Soichiro Sato Japan
Dr. Jun Shigemura Japan
Dr. Shinji Shimodera Japan
Prof. Naotaka Shinfuku Japan
Prof. Allan Tasman USA
Prof. Summer Telio Canada
Prof. Lakshmi Yatham Canada
Prof. Xin Yu China

International Advisory
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Prof. Helen Chiu Hong Kong
Prof. Mian-Yoon Chong Taiwan
Prof. Julian Freidin Australia
Prof. Soma Ganesan Canada
Prof. Hussain Habil Malaysia
Prof. Helen Herrman Australia
Prof. Hai-Gwo Hwu Taiwan
Prof. Ee Heok Kua Singapore
Prof. Min-Soo Lee Korea
Prof. Paul Leung USA
Prof. Lingjiang Li China
Prof. Francis Lu USA
Prof. Ma Hong China
Prof. Graham Mellsop New Zealand
Prof. Hiram Mok Canada
Prof. Philip Morris Australia
Prof. Chee Hong Ng Australia
Dr. John O’Neil Canada
Prof. Yong Chon Park Korea
Prof. Michelle Riba USA
Prof. Shinji Shimodera Japan
Prof. Tao Li China
Prof. Allan Tasman USA
Prof. Pichet Udomratn Thailand
Dr. Yosuke Wake Japan

Scientific
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Prof. Renato Alarcon USA
Dr. Anthony Bailey USA
Prof. Johann Brink Canada
Prof. Peter Chan Canada
Prof. Helen Chiu Hong Kong
Prof. Mian-Yoon Chong Taiwan
Prof. Soma Ganesan Canada
Dr. Elliot Goldner SFU
Prof. William Honer Canada
Prof. Shigenobu Kanba Japan
Prof. Lawrence Kirmayer Canada
Prof. Michael Krausz Canada
Prof. Ee Heok Kua Singapore
Prof. Raymond Lam Canada
Prof. Min-Soo Lee Korea
Prof. Paul Leung USA
Dr. Xin-Min Li Canada
Prof. Francis Lu USA
Prof. Biju Mathew Canada
Prof. Hiram Mok Canada
Prof. Chee Hong Ng Australia
Prof. Fumitaka Noda Japan
Prof. John Ogrodniczuk Canada
Prof. Yong Chon Park Korea
Dr. Kiran Rabheru Canada
Dr. Soichiro Sato Japan
Dr. Jun Shigemura Japan
Dr. Shinji Shimodera Japan
Prof. Naotaka Shinfuku Japan
Prof. Allan Tasman USA
Prof. Summer Telio Canada
Prof. Lakshmi Yatham Canada
Prof. Xin Yu China
**Poster Session:**
Monday October 6, 2014

**Viewing Times:**
1720-1815
(*Access for set up at 16:30 by presenters*)

Please refer to pages 12-16 for themes, authors and poster titles.
Poster Titles & Authors

**Biological Psychiatry**

P2  The Relationship between Plasma Oxytocin Level and Social Anxiety Symptoms; A Case-Control Study  
    Kang Seob Oh (Republic of Korea), Jeong-Kyu Sakong, Sewon Lim

P3  Protein Expression Analysis on Human Embryonic Carcinoma (NCCIT) Cell-Derived Neuronal Cells Line with Treatment of Fluoxetine  
    Daeyoung Oh (Republic of Korea), Joonho Choi, Yong-Chan Park

P4  Dimenhydrinate Use Disorder and Treatment-Resistant Psychosis: Case Report and Focused Literature Review  
    Randall White (Canada), William Honer, Fidel Vila-Rodriguez, Ric Procyshyn

P5  No Association Between Serotonin-Related Polymorphisms in TPH1, HTR3A Genes and Escitalopram Treatment Response in Korean Patients with Major Depression  
    Yong Gu Kim (Republic of Korea), Hun Soo Chang, Eun Soo Won, Min-Soo Lee

P6  The Association of Proopiomelanocortin Polymorphism with the Risk of Major Depressive Disorder and with Responses to Antidepressants  
    Hun Soo Chang (Republic of Korea), Eun Soo Won, Yong Gu Kim, Min Soo Lee

P7  Neuroleptic Malignant Syndrome, and Malignant Catatonia as the Manifestations of an Anti-NMDAR Encephalitis: a Case Report  
    Pongsatorn Paholpak (Thailand), Poonsri Rangseekajee, Pattharee Paholpak, Kevarin Kriengburapa, Somsak Tiamkao

**Child and Youth**

P8  Identifying Early Psychosis of Patients  
    Miranda Dalani (Albania), E Metaj

P9  Influences of Friend’s Suicide on Mental Health in Middle-School Students  
    Young Kwak (Republic of Korea), Nari Kang

P10  Psychotropic Drug Utilization in Child and Adolescent Psychiatry Inpatients of a University Hospital  
    Ashwin Kamath (India), Sanjay Hadigal, Priyanka Kamath, Ashok Shenoy

P64  Using the Strengths and Difficulties Questionnaire (SDQ) to Screen for Children between 4-17 Years Old in a Community Sample  
    V.Bayarmaa (Mongolia), L. Nasantsengel, N.Tuya, B.Batzorig, O.Chimeduresen

**Collaborative Care (they are not grouped in the room due to presenter’s presenting two posters)**

P11  Burnout Syndrome in Medical Professionals  
    Alexandr Merkin (Russian Federation), Vitaliy Kazin, Yekaterina Brandt, Igor Nikiforov, Eugen Dinov, Olga Belokurskaya

    William Affleck (Canada)

P23  Online and Smartphone Based Cognitive Behaviour Therapy for Bariatric Surgery Patients  
    Melvyn Zhang (Singapore), Roger CM Ho, Sanjeev Sockalingam

P51  The Role of Psychiatrists in Determining Surgical Treatment for Obesity Patients  
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P27 A Retrospective Chart Review of Vitamin B12 in Combination with Folate Augmentation as Therapy in Refractory Depression  
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Registration & Information Desk Hours
Located in the BC Foyer

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Registration Fee Includes
Conference folder with name badge and certificate of attendance, breakfast, lunches and coffee breaks.

Name Tag
Please wear your name badge during the conference.

Certificate of Attendance
Will be in your folder, if you registered onsite, you will receive a electronic version post conference by email.

Abstracts
The PRCP 2014 abstracts will be published as the supplement of the Asia-Pacific Psychiatry (APPY) Journal.

Preview Room (Presenter)
The Burrard Room (located in the BC Ballroom Foyer across from Registration)
1. Every presenter should review their slides in advance to ensure that graphics, links, background and images appear properly.
2. All presenters are expected to show up to meet their co-presenters in advance to ensure that the session chair has a copy of their presentation saved to the session laptop in the session room.
3. Any animation or video’s should be tested in advance and the speaker should inform the secretariat right away.

Invited Guests Who Paid To Attend
Are welcome to attend conference meals and social events (except the gala dinner unless a ticket was purchased).

Poster Viewing/Set Up
Date Monday Oct 6, 2014
Viewing Time 1720-1815
Location Columbia Ballroom
Poster Set up: 4:30 PM

Award Information
Best Presentation Award
Announcement at the closing ceremony in the British Ballroom

Best Poster Awards
Announcement at the closing ceremony in the British Ballroom

Internet Stations
There will be four stations located outside of the Columbia Ballroom for everyone’s use.

Lost and Found
Please check with the front desk of the hotel.
Social Events, Trainee Travel, Study Tours

Saturday Oct 4 from 1800-2000 in the BC Ballroom Foyer
Celebration Professor T Y Lin - Everyone welcome!!
This year on the opening night we will be celebrating the life of Professor TY Lin who has had an enormous influence in developing the Cross Cultural Psychiatry program in Vancouver and UBC Department of Psychiatry and we now have an annual research award for a Psychiatry Resident at UBC under his name.

We also have a surprise treat with local artist Jennifer Hodge who will perform with a small Jazz Ensemble during the reception.

Monday Oct 6 from 1815 - 1915 PM in the Columbia Ballroom
Join us for a light reception with the scientific Poster Presentations

Monday Oct 6 from 1915 in the Pacific Ballroom
(requires advance ticket purchase)
This very special evening will highlight some of the best of the West Coast featuring BC wines and a Northwestern buffet prepared by the Chefs at the Fairmont Hotel Vancouver. To ensure you end the evening dancing, we will have a private performance by Delhi 2 Dublin—an electronic fusion between bhangra beats and Celtic fiddle and has since grown into anything from dub reggae to break to just straight up happy dance music. Founded by Tarun Nayar (of Beats Without Borders cred), Sanjay Seran (at the time hailing from live bhangra act Signia), and Ravi Binning (a professionally trained bhangra dancer and dhol player), the band started raising their profile on stages across North America, with violinist extremist Kytami and sitar/guitar hero Andrew Kim. Described by one magazine as the “United Nations of rock ‘n’ roll”, Delhi 2 Dublin has become one of Canada’s most buzzed-about bands, and this was not just a happy accident – see for yourself what everyone’s been dancing about!

Trainee Travel Awards
We are pleased to announce that the PRCP 2014 conference has subsidized a number of Travel Trainees from low income countries to join us in Vancouver this year! The recipients applied by writing a cover letter indicating how attending will benefit the applicant as well as contribute to the quality of the conference. Most recipients will also be presenting a poster abstract thereby contributing to the scientific program.

Post Conference Study Tours
Tue Oct 7, 2014 1:15- 5:00 PM (reservations required in advance) Spaces are limited
Departure from: The Fairmont Hotel Vancouver at 1315 Oct 7th, returning by 1700. Be sure to sign up soon, as this is first come, first served! There will be a maximum of 10 people per tour. If there are spots available you can register at the Conference Registration Desk in the BC Ballroom Foyer.

Tour Options:
Tour 1. Community & Drug Court & outpatient forensic & Forensic Hospital
Tour 2. Acute Home Base Treatment and Assertive Community Treatment
Tour 3. Burnaby Mental Health and Addiction Centre
Tour 4. Needle exchange clinic & Strathcona Mental Health Team and Venture
Tour 5. North East Mental Health Team and Early Psychosis Team & Eating disorder outpatient team
Tour 6. Geriatric Central Intake and GPot
Tour 7. ISS (Immigrant Services Society) Tour
### Disclosure Statements

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliations, financial or otherwise, with a commercial organization that may have a direct or indirect connection to the content of my presentation:</th>
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<tbody>
<tr>
<td>Prof. Tsuyoshi Akiyama</td>
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<tr>
<td>Dr. Siemon Altman</td>
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<tr>
<td>Nguyen Ba Chinh</td>
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<td>Dr. Rolando Barrios</td>
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<td>Prof. Peter Chan</td>
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<td>Dr. Teffion Davies</td>
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<td>Research grants - Roche; Clinical trials - Roche</td>
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<td>Prof. Kendall Ho</td>
<td>Research grants - Lundbeck; Received fees - Lundbeck (Funding to develop a mental health app); Not-for-profit &amp; gov. agencies related to content; Funding from Ministry of Health, Health Canada, and Foundations for ehealth work</td>
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<tr>
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<td>Prof. Shuichi Katsuragawa</td>
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<td>Received fees - Alberta Child and Youth Advocate, Correctional Services Canada (no conflict); Not-for-profit - U.S. Substance Abuse and Mental Health Services Administration (no conflict)</td>
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<td>Advisory Board - CCSA Scientific Advisory, MHCC EMH steering; Research Grants - BELL Youth Impact project Clinical trials - PI of SALOME; Not-for-profit &amp; gov agencies related to content - Mayors task force City of Vancouver</td>
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<td>Dr. Shaohua Lu</td>
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<td>Dr. Rathi Mahendran</td>
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<td>Prof. Philip Morris</td>
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<td>Dr. Yukako Nakagami</td>
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<td>Anthony Philips</td>
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<td>Prof. Kiran Rabheru</td>
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<td>Dr. Deirdre Ryan</td>
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<td>Advisory Board - AstraZeneca, Bristol Myers Squibb/Otsuka, Eli Lilly, Otsuka, Janssen Ortho, Lundbeck, Sonovian, Valeant - No Bias; Speaker's bureau - AstraZeneca, Bristol Myers Squibb/Otsuka, Eli Lilly, Otsuka, Janssen Ortho, Lundbeck, Sunovion, Valeant - No Conflict</td>
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<td>Prof. Lakshmi Yatharm</td>
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Acknowledgements

This conference is supported and endorsed by:
Vancouver Coastal Health Authority (www.vch.ca)
The University of British Columbia (www.ubc.ca)
Simon Fraser University (www.SFU.ca)
The Cross Cultural Mental Health Conference (www.ccmhs.ca)
The World Psychiatric Association (WPA) (http://www.wpanet.org/)
The Chinese Psychiatrist Association (CPA) (http://www.cpa-pa.org.cn/)

Credits

The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. This program has been reviewed and approved by the UBC Division of Continuing Professional Development. UBC CPD designates this educational program as meeting the accreditation criteria of the College of Family Physicians of Canada for up to 17.00 Mainpro M1 credits. This program is an Accredited Group Learning Activity eligible for up to 17.00 MOC Section 1 credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. Each physician should claim only those credits he/she actually spent in the activity.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.
PLATINUM
Lundbeck-Otsuka Alliance

GOLD
Janssen

SILVER
Apotex

CONTRIBUTORS
St. George’s University
PsychoSocial Rehabilitation BC
IACAPAP 2016 Congress
BC Schizophrenia Society
Sunovion Pharmaceuticals Canada
(not exhibiting)

Place:
British Columbia Ballroom Foyer

Times:

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Meal Seating:
All breakfast, breaks, and lunches will be served from this BC foyer. Please note that on Monday there will be a non-accredited lunch presentation in the Pacific Ballroom, however if you decide not to attend it there will be additional seating in the British Ballroom.
# Scientific Program

**Scientific Program**

### Preconference Day  |  Saturday Oct 4, 2014

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| 1800-2000 | **Opening Reception Celebration Professor T Y Lin**  
Everyone welcome!!  
Members of Prof. Lin’s family: Dr. David Lin, Prof. Elizabeth Lin, and Ms. Joy Lin Salzberg  
with Prof. Soma Ganesan, Prof. Elliot Goldner, Prof. Hai-Gwo Hwu, and Prof. Norman Sartorius | BC Foyer |

### Main Conference (Day 1)  |  Sunday Oct 5, 2014

<table>
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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>0700</td>
<td><strong>Registration Opens—Exhibit Open, Breakfast</strong></td>
<td>BC Foyer</td>
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</table>
| 0800 | **Opening Remarks**  
Prof. Soma Ganesan | British |
| 0810 | Aboriginal Blessing Custom | |
| 0825 | Welcome from PRCP President  
Dr. Min-Soo Lee | |
| 0835 | Welcome from the Head of University of British Columbia Psychiatry  
Dr. William Honer | |
| 0845 | Welcome from the Dean of Simon Fraser University  
Dr. John O’Neil | |
| 855 | Welcome from the Immediate Past President of the Canadian Psychiatric Assoc.  
Prof. Hiram Mok | |
| 0900 | **Keynote: Mental Health Services 2014: Challenges & Perspectives**  
Prof. Norman Sartorius  
Prof. Elliot Goldner (Chair) | |
| 1015 | **AM Break—Exhibits Open** | BC Foyer |
| 1045 | **Abstracts (Rapid Fire) Concurrent Sessions I (4 Tracks):** | |
| | **A. Progress in Psychopharmacology (Abstract Submissions)**  
Dr. Siemon Altman (Chair) | Boardroom |
| | Use of the Cannabinoid Nabilone in Treating PTSD-Related Insomnia and Nightmares in a Correctional Population  
Dr. Diane Watson | |
| | Antipsychotics and real life correlates: Effectiveness and efficacy  
Dr. Graham Mellsop | |
| | Risperdal Consta is a Cost Effective Treatment—A 5-Year Retrospective Study  
Gabriella Valeria Obrocea | |
| | Role of Scheduled RPN Psychotropic Agents in Management of Agitation in Hospitalized Patients  
Gabriella Valeria Obrocea | |
| | **B. Child & Youth Mental Health (Abstract Submissions)**  
Dr. Shimi Kang (Chair) | Waddington |
| | Dream-A-World Child Project for Promotion of Resilience in Garrison Communities of Inner City Kingston Jamaica  
Jaswant Guzder | |
| | Supporting our Government Assisted Refugee (GAR) students in the inclusive Canadian Classroom  
Ying Hoh | |
| | ‘Someone Like Us’: Preferred Characteristics of Peers for Delivery of Mental Health Care in South Asia  
Daisy R. Singla | |
| | Cost Effectiveness of Telehealth to Reach At-Risk Aboriginal Youth Populations  
Matthew Chow | |
### C. Symposium on Introducing Mental Health Components into Primary Health Care

- Dr. Cynthia Chan (Co-Chair)
- Dr. Tania Culham
- Prof. Elizabeth Lin
- Prof. Philip Morris
- Dr. Chris Schenk (Co-Chair)

### D. Early Career Practitioners (Abstract Submissions)

- Dr. Summer Telio (Chair)

<table>
<thead>
<tr>
<th>Title</th>
<th>Chair/Co-Chair</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Developing a Mental Health Research Career: A Review of Early Career Opportunities in the U.S.</td>
<td>Dr. Alan R. Teo</td>
<td>Columbia</td>
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<tr>
<td>Effectiveness of Accelerated Repetitive Transcranial Magnetic Stimulation (rTMS) for Treatment-Resistant Major Depressive Disorder</td>
<td>Alexander McGirr</td>
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<tr>
<td>The Perspective of an Established Clinician Scientist; Examination of the relation of white matter architecture measured by diffusion tensor imaging and post-concussion symptom reporting post mild traumatic brain injury</td>
<td>Dr. William Panenka</td>
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### Lunch Break

- BC Foyer

### “Global Psychiatry” (Round table)

- Prof. William Honer
- Prof. Raymond Lam (Chair)
- Prof. Norman Sartorius
- Prof. Lakshmi Yatham

### PM Break- Exhibits Open

- BC Foyer

### Concurrent Sessions II (4 tracks):

#### E. Symposium on e-Health

- Including Abstracts:
  - From Information Sharing to a Virtual Mental Health Clinic - Web-Based Mental Health Care & the Future of Psychiatry
  - Dr. Michael Krausz
  - Usage of new innovative Smartphone technologies in Clinical Psychiatric Teaching – Feasibility Study Melvyn Zhang

- (Replacement tbc: Prof. Kendall Ho)
- Dr. Michael Krausz
- Prof. Lakshmi Yatham (Chair)
- Dr. Melvyn Zhang

### F. Older Adult Mental Health (Abstract Submissions)

- Prof. Peter Chan (Chair)

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<tr>
<th>Title</th>
<th>Chair/Co-Chair</th>
<th>Location</th>
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<tbody>
<tr>
<td>Dementia Care Practice: Innovative Programs and Practices - A Memory Clinic in the Private Practice Setting</td>
<td>Prof. Philip Morris</td>
<td>Boardroom</td>
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<tr>
<td>Co-Existing medical Comorbidity and Depression: Multiplicative Effects on Health Outcomes in Older Adults</td>
<td>Dr. Cyrus Su Hui Ho</td>
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<tr>
<td>Establishing a Virtual Collaborative Research Network in Challenging Economic Times: Lessons from “Aussie” - The Australian United States Scandinavian Imaging Exchange</td>
<td>Dr. Jeffrey C.L. Looi</td>
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<tr>
<td>Rational Polypharmacy Applied in a Rural Outpatient Psychiatric Clinic</td>
<td>Gabriella Valeria Obrocea</td>
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### G. Forum on Early Career in Mental Health Work

- Prof. Tsuyoshi Akiyama
- Dr. Telison Davies (Co-Chair)
- Dr. Hironori Kuga
- Dr. Yong Chong Park (Co-Chair)
- Dr. Summer Telio

### H. Working with Suicidal Behaviour in the Adult Client—Challenges, Possibilities & New Developments

- Ms. Dammy Damstrom-Albach
- & Dr. David Klonsky

### Time to fill our Presentation Evaluations/Guests on own for evening

### PRCP Board meeting (closed meeting)

- Cortes Island Room
<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>0700</td>
<td>Registration Opens—Exhibit Open, Breakfast</td>
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<tr>
<td>0800</td>
<td>Opening Remarks</td>
<td>British</td>
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<tr>
<td>0805</td>
<td><strong>Keynote: Grand Challenges Focusing on Mental Health</strong></td>
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<td></td>
<td>Prof. Vikram Patel&lt;br&gt;Prof. Elliot Goldner (Chair)</td>
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<td>0850</td>
<td>Move to Concurrent rooms</td>
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<tr>
<td>0905</td>
<td><strong>Concurrent Sessions III:</strong></td>
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<td></td>
<td>I. Women’s Health</td>
<td>Columbia</td>
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<td></td>
<td>Prof. Helen Herrman&lt;br&gt;(Co-Chair)&lt;br&gt;Dr. Shaila Misri (Co-Chair)&lt;br&gt;Dr. Deirdre Ryan</td>
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<td></td>
<td>J. Research in East Asia of Psychotropic Prescriptions &quot;REAP&quot; Symposium Antipsychotic Study</td>
<td>British</td>
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<td>(A second symposium will be presented at 1035 as well)</td>
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<td></td>
<td>Prof. Mian-Yoon Chong&lt;br&gt;Prof. Ee Heok Kua&lt;br&gt;Dr. Hironori Kuga&lt;br&gt;Prof. Norman Sartorius (Chair)</td>
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<tr>
<td>1005</td>
<td>K. Education: Evaluation, Curriculum Development &amp; Mentorship from an International Perspective</td>
<td>Waddington</td>
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<td>Dr. Tefion Davies&lt;br&gt;Dr. Graham Melllop&lt;br&gt;Dr. Wei-Yi Song (Chair)</td>
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<tr>
<td>1035</td>
<td>L. Neuroscience Update (Abstract Submissions)</td>
<td>Boardroom</td>
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<tr>
<td></td>
<td>Vitamin B12 Adjunct in Treatment of Refractory Depression-Phase II-Continuation Study</td>
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<td></td>
<td>Tai Yoo</td>
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<td></td>
<td>RAC1 Activity in Hippocampus Regulates the Forgetting of Contextual Fear Memory</td>
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<td></td>
<td>Lizhu Jiang</td>
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<td></td>
<td>Research on Brain Fear circuitry in treatment-naive Patients with Generalized Anxiety Disorder and Patients with Panic Disorder</td>
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<td></td>
<td>Yan Zhang</td>
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<td>1035</td>
<td>AM Break – Exhibits Open</td>
<td>BC Foyer</td>
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<td>1035</td>
<td><strong>Concurrent Sessions IV:</strong></td>
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<td></td>
<td>M. Psychopharmacology (Abstract Submissions)</td>
<td>Boardroom</td>
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<tr>
<td></td>
<td>Prescription Research of Mental Patients Treatment in Shanghai (PROMPTS)</td>
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<td></td>
<td>Dr. Jun Chen</td>
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<td>Metformin to Address Psychotropic Induced Weight Gain</td>
<td>Gabriella Valeria Obrocea</td>
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<td>Lithium and Lamtorigine Combination in Treatment of Cyclic Mood Disorders</td>
<td>Gabriella Valeria Obrocea</td>
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<td></td>
<td>Identifying Early Psychosis of Patients</td>
<td>Miranda Dalani</td>
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<td>N. Symposium: Elderly Depression &amp; Suicide Across the Pacific</td>
<td>Waddington</td>
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<td></td>
<td>Prof. Peter Chan&lt;br&gt;Prof. Helen Chiu (Co-Chair)&lt;br&gt;Prof. Ee Heok Kua (Co-Chair)&lt;br&gt;Prof. Kiran Rabheru</td>
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<td></td>
<td>O. Aggression &amp; Impulsivity, Assessment &amp; Treatment</td>
<td>Cortes</td>
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<td>Prof. Johann Brink (Chair)&lt;br&gt;Dr. Diane Watson</td>
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<td></td>
<td>P. International Research &amp; Mental Health Development Collaboration for Grand Challenges (Includes Model “Transition to Scale of Dream-A World Cultural Therapy for Promotion of Childhood Resilience in Jamaica”)</td>
<td>British</td>
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<td>Prof. Elliot Goldner&lt;br&gt;Dr. Fred Hickling&lt;br&gt;Prof. Philip Morris (Co-Chair)&lt;br&gt;Prof. Vikram Patel (Co-Chair)</td>
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<td>Q. Second Symposium: Research in East Asia of Psychotropic Prescriptions &quot;REAP&quot; Symposium Antipsychotic Study (Includes Abstract Submission: Antipsychotic Use in Asia: findings of the Research in East Asia of Psychotropic Prescriptions (REAP) studies)</td>
<td>Columbia</td>
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<td>Prof. William Honer (Chair)&lt;br&gt;Dr. Rath Mahendran&lt;br&gt;Prof. Min-Soo Lee</td>
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<tr>
<td>1150</td>
<td>Lunch Presentation (Non-Accredited in the Pacific Ballroom)</td>
<td>Pacific Ballroom Or British Ballroom</td>
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| 1305-1505 | Mental Health Consequences After Disaster  
(Includes Abstract Submission: A Place for Baksbat (Broken Courage) in Forensic Psychiatry at the Extraordinary Chambers in the Courts of Cambodia (ECCC)) | British                          |
<p>| 1505  | PM Break and Exhibits Open                                                                  |                                  |
| 1535  | <strong>Concurrent Sessions V:</strong>                                                                  |                                  |
| 1705  | Time to fill out Presentation Evaluations                                                   |                                  |
| 1720  | Refreshments, POSTER SESSION and RECEPTION                                                   | Columbia                        |
| 1815  | Poster Tear Down                                                                            | Columbia                        |
| 1915  | Gala Dinner                                                                                 | Pacific Ballroom                |</p>
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<td>0700</td>
<td>Registration, Exhibits Open, Breakfast</td>
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<tr>
<td>0815</td>
<td>Opening Remarks</td>
<td>British</td>
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<tr>
<td>0830</td>
<td><strong>Keynote: National Mental Health Strategies and the Role of Mental Health Commissions</strong>&lt;br&gt;Prof. David S. Goldbloom&lt;br&gt;Prof. William Honer (Chair)</td>
<td>British</td>
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<tr>
<td>0930</td>
<td><strong>ANNUAL GENERAL MEETING - ALL WELCOME</strong></td>
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<tr>
<td>1030</td>
<td>AM Break</td>
<td>BC Foyer</td>
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<tr>
<td>1045</td>
<td><strong>Concurrent Session VI</strong></td>
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<td><strong>V. Rehabilitation (Abstract Submissions)</strong></td>
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<td></td>
<td>The Effect of Personal Coaching Process on the Rehabilitation</td>
<td>Dr. Yael Sone</td>
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<td>Efficacy of a Brief Nurse-Led Psychosocial Intervention for Cancer Patients in Singapore</td>
<td>Dr. Rathi Mahendran</td>
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<td>Experiences of Compulsive Admission of Severe Mental Illness in Taiwan</td>
<td>Dr. Chun-Wei Chang</td>
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<td><strong>W. Migrant and Refugee Settlement (Abstract Submissions)</strong></td>
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<td></td>
<td>Refugee Mental Health in the Community Context in British Columbia: Challenges to Treatment and Recovery</td>
<td>Dylan Mazur</td>
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<td>Immigration &amp; Psychosis: An Exploratory Qualitative Study</td>
<td>Abraham Rudnick</td>
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<td></td>
<td>Mental Health of Unskilled Migrant Labourers in Indian Socio-historical Context: Exploring the Experiential Dimensions</td>
<td>Ms. Sangeeta Yadav</td>
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<td>Quality of life of the Severely Mentally III Immigrant Population Unfinished Research of the Existing Problem</td>
<td>Dr. Maria Daszkiewicz</td>
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<td><strong>X. Forensic and Miscellaneous (Abstract Submissions)</strong></td>
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<td>Adjunct Treatment with Metformin and/or Phentermine in Treatment of Obese Patients</td>
<td>Gabriella Valeria Obrocea</td>
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<td>Psychotic &amp; Pasung in Indonesian Population: A National Study</td>
<td>Sri Idaiani</td>
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<td></td>
<td>A Cross-National Study of Social Withdrawal Identification, Diagnosis, &amp; Psychosocial Features of Hikikomori in Four Countries</td>
<td>Dr. Alan R. Teo</td>
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<td><strong>Y. Mental Health of Vulnerable Youth &amp; the Global Mental Health Agenda (Abstract Submissions)</strong></td>
<td>British</td>
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<td></td>
<td>Responding to the Mental Health Needs of Young People Across Countries</td>
<td>Prof. Helen Herrman (Co-Chair)</td>
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<td>Early trauma and addiction</td>
<td>Dr. Michael Krausz (Co-Chair)</td>
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<td>Protecting Vulnerable Women &amp; Kids – The Role of Psychiatry on a Global Level</td>
<td>Prof. Michaela Amering</td>
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<td>Early Detection &amp; Intervention Strategies Using E-Mental Health Approaches</td>
<td>Dr. Matthew Chow</td>
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<tr>
<td>1145</td>
<td>Return to Plenary</td>
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<tr>
<td>1200</td>
<td><strong>Legal Pathways</strong></td>
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<tr>
<td>1245</td>
<td><strong>Closing Remarks - Evaluations</strong></td>
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<td>APPSY Editorial Board Meeting (closed meeting)</td>
<td>Prof. Allan Tasman</td>
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<tr>
<td>1300 - 1700</td>
<td>Post Conference Study Tours—REPORT TO THE REGISTRATION DESK AT 1300</td>
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<td>Reservations required in advance and spaces are limited</td>
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<td>Departure from: The Fairmont Hotel Vancouver at 1315pm, returning by 1700</td>
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