



## PTSD: A Case-Based Workshop

Pinnacle Harbourfront Hotel, Vancouver BC | Cordova Ballroom - Salon F  
Thursday, September 20, 2018

### Overall Workshop Learning Objectives:

- Be familiar with assessment and screening for PTSD
- Be familiar with evidence-based psychological treatment approaches for trauma-related disorders
- Assess post-traumatic conditions
- Identify risk factors for post-traumatic conditions
- Compare and contrast the pharmacologic treatment options for PTSD
- Apply assessment and treatment principles to an illustrative case

Time	Presentation	Speaker
12:00	<b>Registration Opens   Lunch Available</b>	
13:00	<b>Welcome &amp; Introduction</b>	Dr. Ric Procyshyn
13:05	<b>PTSD: Principles of Assessment and Treatment Planning</b> 1) Review assessment/screening & diagnosis of PTSD 2) Provide a general overview of available treatments 3) Review co-morbidities and how they affect staging treatment & determining priorities: <ul style="list-style-type: none"><li>o Depression, alcohol/substance abuse, personality disorders, panic disorder, and other anxiety disorders</li></ul>	Dr. Laura Chapman
13:40	<b>Q&amp;A Session</b>	
13:50	<b>Psychological Interventions for PTSD</b> 1) What's the point in talking? A rationale for psychotherapy 2) Evidence-based psychological treatments for PTSD: <ul style="list-style-type: none"><li>o Prolonged exposure</li><li>o Cognitive Processing Therapy</li><li>o Other therapies</li></ul>	Dr. Julia Ting
14:30	<b>Q&amp;A Session</b>	
14:40	<b>Quick Coffee Break!</b>	
14:45	<b>Pharmacotherapy for PTSD- Medications You Won't Want to Forget</b> 1) Review the pharmacologic treatment options for PTSD 2) Discuss the primary off-label uses of pharmacologic treatments in PTSD management 3) Review recently released practice guidelines	Dr. Katelyn Halpape
15:20	<b>Q&amp;A Session</b>	
15:30	<b>Panel Discussion / Audience Q&amp;A</b>	All Presenters
16:00	<b>Workshop Ends   Complete Evaluation Forms</b>	