

**UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE



**16.75**

MOC SECTION 1  
MAINPRO M1

## **49<sup>TH</sup> ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE**

FEB 26-28, 2014  
WED-FRI

THE MARRIOTT VANCOUVER  
PINNACLE DOWNTOWN

### **COURSE OVERVIEW**

This comprehensive three-day review course offers an update of knowledge central to the practice of family medicine in both rural and urban settings. Committed to addressing everyday practical issues, speakers present equally on current and special areas of concern to the primary health care professionals.

To complement a morning of group lectures, afternoon include a series of elective interactive workshops which allow conference attendees to customize their learning experience.

Our three main topics for this year are Internal Medicine, Potpourri and Pediatrics and Women's Health.

**JOIN US IN VANCOUVER FOR THE 49TH ANNIVERSARY OF OUR POPULAR FAMILY MEDICINE REVIEW!**

*This CPD conference is sponsored by the Department of Family and Community Practice at Vancouver General Hospital.*

0700	<b>Continental Breakfast, Registration Opens</b>	
0815	<b>Welcome and Opening Remarks</b>	
0830	5 Articles That Changed My Practice	Dr. Steve Wong
0855	Hemoptysis	Dr. Mark Fitzgerald
0920	CVD Primary Prevention-Evidence For and Against For Both Men and Women	Dr. Ken Gin
0945	<b>Intermission, Coffee/Tea and Snacks provided</b>	
1015	Autoimmune Rheumatology 101: The Basics of Diagnosis	Dr. Rhonda Shuckett
1040	TIA - Evaluations and Disposition When Patients Present at the GP Office	Dr. Preet Chahal
1105	What's New in the 2012 Canadian Diabetes Association Clinical Practice Guidelines	Dr. Breay Paty
1130	Osteoporosis: Screening, Treatment, Risk of Treatment	Dr. Larry Dian
1200	<b>Lunch</b>	
1230	<b>Lunch Talk: "Working in Mass Gathering Medicine/Event Medicine Risk Management"</b>	Dr. Sam Gutman
1330	<b>Small Group Workshops I (choose 2)</b>	
	<b>*A</b> Medications with Little Evidence of Benefit in the Elderly (2 hours - NOT REPEATED)	Dr. Larry Dian
	<b>B</b> Assessing Competency in Elderly	Dr. Peter Chan
	<b>C</b> Sleep Apnea/Complications/Why to Treat	Dr. Frank Ryan
	<b>*D</b> Initiation of Insulin (2 hours - NOT REPEATED)	Dr. Breay Paty Dr. Bob Bluman
	<b>E</b> Overview of Cardiac Imaging for the GP (Understanding dx testing in cardiology to the GP)	Dr. Brett Heilbron
	<b>F</b> COPD Workshop for Family Physician	Dr. Pearce Wilcox
	<b>G</b> "Saving Medicare: What a GP Can Do!"	Dr. Bob Woollard Dr. Margaret McGregor
	<b>Option:</b> <b>MainPro C® Effective Conversation - Physician Health Program</b> Time: 1330 - 1730 (4 hrs, NOT repeated) Facilitator: Dr. Andrew Clarke Participant Limit: 24 No Additional Cost	
1430	<b>Intermission, Coffee/Tea and Snacks Provided</b>	
1445	<b>Repeat of Small Group Workshops I (except workshops *A &amp; *D)</b>	
1545	Adjourn	

### MainPro C® Workshop Effective Conversation - Physician Health Program

The half-day Effective Conversations Workshops are based on a model and practice of empathy developed by Dr. Marshall Rosenberg, a clinical psychologist. Rosenberg's model helps us communicate, avoiding the most common ways that we unintentionally produce alienation, defensiveness and stagnation, when we're actually trying to create connections, inspiration and progress. Compassionate (nonviolent) Communication is a four-step communication model that helps us to express ourselves more clearly and honestly, listen effectively and hear with empathy. It is both an attitude and a set of skills that can enhance personal and professional relationships and strengthen our ability to effectively address difficult interpersonal issues. The PHP Effective Conversations Workshop a) outlines this why a practical approach to empathy is beneficial for physicians, b) introduces the Compassionate Communication model, and c) allows participants the opportunity to apply the model to workplace and personal situations.

5 MainPro C credits (No Additional Cost)

0700	<b>Continental Breakfast, Registration Opens</b>	
0815	<b>Welcome and Opening Remarks</b>	
0830	Medical Marijuana (Current Evidence & Assessment Approach)	Dr. Siavash Jafari
0855	Red Eye	Dr. Simon Moore
0920	How to Identify Patients Who Would Benefit from Palliative Care Approach?	Dr. Tim Sakaluk
0945	<b>Intermission, Coffee/Tea and Snacks provided</b>	
1015	Common Oral Lesions - Diagnosis, Management and What Not to Miss	Dr. Eli Whitney
1040	Antibiotic Prescribing - Why We Need to Change What We're Doing - Common Examples	Dr. David Patrick
1105	5 Articles That Changed My Practice (Psychiatry)	Dr. Diane Fredrikson
1130	Nail Disorder Cases in the Office	Dr. James Bergman
1200	<b>Lunch (1 hour)</b>	
1300	<b>Small Group Workshops II (choose 2)</b>	
	<b>*H</b> Advanced Billing Workshop (Includes Attachment) (2 hours - NOT REPEATED)	Dr. Tracy Monk
	<b>I</b> Myopathy vs Neuropathy	Dr. Michelle Mezei
	<b>J</b> Diagnosis and Management of Bipolar II Disorder	Dr. Hiram Mok
	<b>K</b> Transfusion Medicine Risks of Transfusions, When to Transfuse in Chronic Anemia	Dr. Kristine Roland
	<b>L</b> Post Traumatic Stress Disorder	Dr. Charles Brasfield
	<b>M</b> Allergy Skin Testing	Dr. James Bergman
	<b>N</b> Breast Cancer Screening	Dr. Christine Wilson
	<b>Option:</b> <b>MainPro C® Navigating Work Disability Workshop: Practical Tools and Approaches</b> Time: 1300 - 1600 (3 hrs, NOT REPEATED) Facilitator: Dr. Paul Farnan Participant Limit: 15 Additional Cost: \$100	
1400	<b>Intermission, Coffee/Tea and Snacks Provided</b>	
1415	<b>Repeat of Small Group Workshops II</b>	
1515	Adjourn	

### MainPro C® Workshop Navigating Work Disability Workshop: Practical Tools and Approaches

This initiative is working for and with physicians to help achieve more effective disability management for patients on medical leave from work.

- A 12-week injury-related absence from work, reduces the likelihood of a person ever returning to work by 50%.
- Family physicians' medical curriculum does not include prevention and management of disability.
- Worklessness negatively impacts an individuals physical and mental health.

3 MainPro C credits (Additional Cost \$100)

<b>0700</b>	<b>Continental Breakfast, Registration Opens</b>	
<b>0815</b>	<b>Welcome and Opening Remarks</b>	
0830	5 Articles That Changed My Practice (Peds)	Dr. Paul Thiessen
0855	"Doc, I am pregnant! Now What?"	Dr. Karen Buhler
0920	Viral Exanthems in Children	Dr. Ran Goldman
<b>0945</b>	<b>Intermission, Coffee/Tea and Snacks provided</b>	
1015	Top Referrals GPs Don't Have to Make or Diagnoses GPs Should Not Miss in Office Pediatrics	Dr. Kevin Hadad
1040	Polycystic Ovary Syndrome	Dr. Sabrina Gill
1105	Managing Headaches in Children in the Office	Dr. Mary Connolly
1130	Top 5 Articles for Women's Health	Dr. Stephanie Fisher
<b>1200</b>	<b>Lunch (1 hour)</b>	
<b>1300</b>	<b>Small Group Workshops III (choose 2)</b>	
<b>O</b>	Scoliosis: Should We Be Screening? When to Refer?	TBC
<b>P</b>	Pearls in Concussion Management	Dr. Rose Martel
<b>Q</b>	Evaluation and Management of Abnormal Uterine Bleeding	Dr. Tim Rowe
<b>R</b>	Subtle/Less Commonly Known Learning Disorders in Children	Dr. Alisa Lipson
<b>S</b>	Fertility Over Age 40 - How to Guide Patients, What is Possible and What is Not Possible	Dr. Beth Taylor
<b>T</b>	Anemia in Children -Iron Deficiency causes cognitive deficits (Lead exposure at home) Screening for exposure	Dr. Svjetlana Ruzic
<b>U</b>	Contraception for Women Over 40 - Evidence Based Recommendations	Dr. Salim Lalani
	<b>Option:</b> <b>MainPro C® CCOPE Colorectal Cancer Workshop</b> Time: 1300 - 1600 (3 hrs, NOT REPEATED) Facilitator: Dr. Ursula Lee Participant Limit: 15 Additional Cost: \$100	
<b>1400</b>	<b>Intermission, Coffee/Tea and Snacks Provided</b>	
<b>1415</b>	<b>Repeat of Small Group Workshops III</b>	
1515	Adjourn	

**MainPro C® Cancer Care Outreach Program on Education (CCOPE) - Colorectal Cancer Workshop**

Small group, case-based discussion workshop.  
Learn about best practices in colorectal cancer screening and care with take home resources to support family physicians.

- Cases cover:
- current screening recommendations & guidelines
  - colonoscopy preparation requirements
  - implications of various polyp types
  - staging & diagnosis; and
  - post-treatment follow-up of colorectal cancer patients.

3 MainPro C credits (Additional Cost \$100)

# 49<sup>TH</sup> ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE

ME8732

Feb 26-28, 2014

The Marriott Vancouver Pinnacle Downtown  
Vancouver BC

## CONTACT DETAILS

Dr. 
  Mr. 
  Ms. 
  Urban 
  Rural

Last Name  Given Name(s)

Address

City  Prov/State  Postal Code

Telephone  Fax

Email (required)

## CONFERENCE FEES Course materials, breakfasts, refreshments & lunch each day

Save \$10 by registering online!	By Jan 31	Feb 1 - Feb 14	Feb 15 & On-site
Full Conference	\$669	\$719	\$769
I will attend <b>TWO</b> days	<input type="radio"/> Wed & Thu	<input type="radio"/> Wed & Fri	<input type="radio"/> Thu & Fri
Two Days	\$449	\$489	\$549
I will attend <b>ONE</b> day	<input type="radio"/> Wednesday	<input type="radio"/> Thursday	<input type="radio"/> Friday
One Day	\$299	\$319	\$339

I will **NOT** need a printed syllabus. Please apply a \$20 discount.  
**Electronic Syllabus (on USBs) are NOT provided; however we will have them available online to download.**

## WORKSHOPS

Select 2 workshops from each session and number in order of preference  
1=most preferred (\*NOT REPEATED WORKSHOP)

	*A (Not Repeated)	B	C	*D (Not Repeated)	E	F	G
Wed Feb 26 Session I							
	<input type="radio"/> <b>OR</b> MAINPRO C® Effective Conversation - Physician Health Program						
Thu Feb 27 Session II	*H (Not Repeated)	I	J	K	L	M	N
	<input type="radio"/> <b>OR</b> MAINPRO C® Navigating Work Disability Workshop: Practical Tools and Approaches (Additional \$100)						
Fri Feb 28 Session III	O	P	Q	R	S	T	U
	<input type="radio"/> <b>OR</b> MAINPRO C® CCOPE Colorectal Cancer Workshop (Additional \$100)						

## DIETARY REQUIREMENTS / ALLERGIES:

Severity:  HIGH or  LOW, foods can be in the same room, but well labeled

## PAYMENT

\$   VISA  MC

TOTAL AMOUNT ENCLOSED

Credit Card Number  Expiry Date

Name of Cardholder  Signature

\*No refunds or transfers, unless you cancel by Feb 11, 14 for a fee \$50.00



Easy ways to  
**Register**



www.ubccpd.ca



(604) 875-5101



(604) 875-5078



cpd.info@ubc.ca



UBC CPD  
855 West 10th Avenue  
Vancouver, BC, V5Z 1L7

I am a:

- Family Physician/General Practitioner
- Specialist
- Other

Are you a fellow of the Royal College of Physicians and Surgeons of Canada (RCPSC)?

- Yes
- No

If yes, please list your specialty:

Personal Information is collected on this registration form pursuant to section 26 of the Freedom of Information and Protection of Privacy Act, RSBC 1996 c. 165. Information is used for the purposes of facilitating the conference and collecting aggregate statistics.

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- I DO NOT CONSENT to being on the participant list

All participants registered for UBC CPD courses are included on the mailing list for future programs. If you DO NOT wish to have UBC CPD course brochures mailed to you, please indicate below.

- I DO NOT wish to be on the UBC CPD mailing list



## CONFERENCE VENUE & ACCOMMODATION

The Marriott Vancouver Pinnacle Downtown  
1128 West Hastings Street  
Vancouver BC V6E 4R5

Special conference rates starting @ \$159.00 CDN/night. Quote "UBC CPD 49th Annual Post Graduate Review in Family Medicine" event in order to obtain the conference rate.

Reservations must be made by Jan 24, 2014 as rooms will not be held beyond this date, except on a space available basis.

### TO MAKE A RESERVATION

T 1.800.207.4150 or

W [www.marriott.com/hotels/travel/yvrdt-vancouver-marriott-pinnacle-downtown-hotel](http://www.marriott.com/hotels/travel/yvrdt-vancouver-marriott-pinnacle-downtown-hotel)

## 49TH ANNUAL POST GRADUATE REVIEW IN FAMILY MEDICINE IS BROUGHT TO YOU BY



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA  
Faculty of Medicine  
Continuing Professional Development

### FOR MORE INFORMATION VISIT

[www.ubccpd.ca](http://www.ubccpd.ca)

- Accreditation Statement
- Refunds & Cancellations

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