



# 13.5

MOC SECTION 1  
MAINPRO+

## SEXUAL HEALTH 2017 CONVERSATIONS THAT MATTER

MAR 31 & APR 1, 2017  
FRI & SAT

RADISSON HOTEL VANCOUVER AIRPORT  
RICHMOND BC

### WHO SHOULD ATTEND

- Family Physicians
- Nurse Practitioners
- Midwives
- Registered Nurses
- Specialists
- Residents
- Other Allied Health Professionals

Sexual health is important to patients, but may be neglected by clinicians due to lack of training, fluency or comfort. In society and as individuals we recognize sex's role in pleasure, relationships and identity. As clinicians, however, we direct our attention primarily to the negative consequences of sex: preventing or addressing conception, disease and violence. We may also forget that some aspects of sexuality have nothing to do with sex.

This popular conference seeks to expand the clinical conversation about sexual health, which is relevant to all clinicians - whether we work in primary care, specialty or focused practice. If and how we have those conversations has profound impacts for our patients.

Participants will:

- Recognize the importance of sexual health for the wellbeing of patients of all ages, all genders and all orientations
- Develop confidence and competence in a range of topics germane to sexual health
- Acquire strategies to apply in their practice

# FRI MAR 31

0700	Breakfast, Registration & Exhibits Open	
0800	<b>Welcome</b>	
0815	<b>Pleasure is the Measure</b> <i>Author of NY Times Bestseller 'Come As You Are'</i>	Emily Nagoski, PhD
0905	<b>Men Who Have Sex with Men (MSM) Health Disparities: Social, Cultural and Political Contexts</b>	Jody Jollimore, MPP
0940	<b>HIV Non-Occupational Post-Exposure Prophylaxis (nPEP) and Pre-Exposure Prophylaxis (PrEP)</b>	Malcolm Hedgcock, MD
1015	Break, Networking & Exhibits	
1035	<b>What's New with HPV?</b>	Gina Ogilvie, MD, DrPH
1110	<b>Recent Sexual Health Research You Ought to Know About</b>	Lori Brotto, PhD
1145	<b>The Remedy: Queer and Trans Stories, and Why They Should Matter to You</b>	Zena Sharman, PhD
1220	Lunch, Networking & Exhibits	
1320	<b>Concurrent Breakout Sessions I (Attend 2, based on choices as ranked with registration.)</b>	
<b>A</b>	<b>Say What?! Sexual Health Conversations with Adolescent Patients/Clients—FULL</b> <i>Expand your comfort and competence to effectively communicate about "what they need to know" and "what they actually want to know."</i>	Leta Burechailo, MD
<b>B</b>	<b>Culturally Respectful Approaches When Engaging Indigenous Peoples in Conversations About Sexual Health</b> <i>An interactive discussion focused on knowledge sharing, and based on culturally wise practice models that encourage sustainable change.</i>	Jessica Chenery, Michael McCarthy & David Tu, MD
<b>C</b>	<b>Testosterone and Sexual Function: Appropriate Use in Men and Women</b> <i>Role of T in sexual desire and function, prescribing replacement for men, debating products for women, when and where to refer or get advice.</i>	Stacy Elliott, MD
<b>D</b>	<b>STI Q&amp;A</b> <i>Frequently asked questions, common knowledge gaps, and practical answers for all clinicians.</i>	Troy Grennan, MD & Sharon Janzen, RN(c)
<b>E</b>	<b>Care of Transgender Children and Youth</b> <i>Practical approaches and key issues of care of transgender children and youth. Resources to support them, their parents and their caregivers.</i>	Daniel Metzger, MD, Mabel Tan, RN, MScN, Pascale de Kerckhove, MSW & Rebecca Brooke, RN
<b>F</b>	<b>FAQ about Cervical Cancer Screening and Prevention</b> <i>Frequently asked questions about new guidelines for Pap screening and HPV vaccination. Bring your questions.</i>	Sheona Mitchell-Foster, MD, MPH
<b>G</b>	<b>Let's Talk About Contraception</b> <i>Bring your questions, clinical experience and expertise to this facilitated discussion with colleagues.</i>	Nicole Pasquino, RN(c) & Rachel Vogler, MD
<b>H</b>	<b>Medical and Sexual Issues in Two Common Gynecological Conditions: PCOS and Endometriosis</b> <i>Diagnosis and management, when to refer to a specialist, and impact on sexual function.</i>	Christina Williams, MD
<b>I</b>	<b>Treating Problem Sexual Behaviours, and Why the Sex and Porn Addiction Model Fails Our Patients</b> <i>It starts with recognizing the root of the problem. Patient case scenarios, practical counselling tips, and discussion on when referral is recommended.</i>	Jason Winters, PhD
1430	Break, Networking & Exhibits	
1450	<b>Repeat of Concurrent Breakout Sessions I (all sessions repeat except F; J added in second session)</b>	
<b>J</b>	<b>You Are Underdiagnosing Vulvodynia and Provoked Vestibulodynia</b> <i>Are you asking about pain? Prevalence, assessment, management and resources for very common but not often talked about sexual pain conditions.</i>	Miriam Driscoll, MD & Ashley Heaslip, MD, MPH
1600	Return to Plenary	
1605	<b>Queer and Trans Youth, Health Care and the Law</b>	barbara findlay, QC
1645	<b>Closing Remarks &amp; Please Complete Your Evaluations</b>	
1700	Conference Day Ends	

# SAT APR 1

0800	Breakfast, Registration & Exhibits Open	
0900	<b>Welcome Back</b>	
0915	<b>Providing More Inclusive Sexual Health Screening Experiences</b>	Lauren Goldman, RN(c)
0950	<b>The Inappropriate 'Abnormalization' of Asexuality</b>	Morag Yule, PhD
1025	<b>Equity-Focused and Trauma-Informed Practice in Sexual Health Care</b>	Cheryl Prescott, RN(c), MPH
1100	Break, Networking & Exhibits	
1120	<b>Sexuality and Culture: 20 x 20 x 4</b>	Roja Bagheri, MA, Molly Billows, BSc, Silvain Dang, MA, & Ruby Gidda, RN(c)
1155	<b>Where Are We Now with Mifepristone?</b>	Dawn Fowler, MA, MUP
1230	Lunch, Networking & Exhibits	
1330	<b>Concurrent Breakout Sessions II (Attend 2, based on choices as ranked with registration.)</b>	
<b>K</b>	<b>Expanding Abortion Access: Toward Becoming a Mifepristone Provider</b> <i>Practical discussion of what it would take to become a provider.</i>	Konia Trouton, MD, MPH
<b>L</b>	<b>Vulvar Health</b> <i>Approach to the exam, work up of "vulvar itch", identify common genital skin lesions, key points for treatment, and when to refer to a specialist.</i>	Ulrike Dehaeck, MD
<b>M</b>	<b>PerforMANce Issues: Addressing Sexual Issues in Men</b> <i>What to ask, what to say. Practical assessment &amp; counselling approaches for managing sexual function concerns in men of all ages.</i>	Jennifer Bossio, PhD
<b>N</b>	<b>Prolapse and Incontinence</b> <i>Childbirth risk factors, prevalence with age, primary care management, when and to whom to refer. These are common conditions where sexual impact also needs to be considered.</i>	Roxana Geoffrion, MD
<b>O</b>	<b>Test Your Contraception IQ - 7th Edition</b> <i>... and become a contraceptive "mythbuster!" Thank you to the SOGC for sharing this popular presentation.</i>	Unjali Malhotra, MD
<b>P</b>	<b>Postpartum Sexual Health</b> <i>Primary care providers' roles in addressing sexual health concerns throughout the postpartum period, and innovations for improvement.</i>	Sarah Olson, MD & Hillary McBride, MA
	<b>Non-STI Male Genital Dermatology</b> <i>Cancelled</i>	
<b>Q</b>	<b>Vaginal Health: Common Conditions</b> <i>Diagnosis and management of common vaginal concerns, such as discharge, warts, BV, yeast, recurrences...and when to refer to a specialist.</i>	Petra Selke, MD
<b>R</b>	<b>Sexual Health of School Age Children: the BC Adolescent Health Survey, Past Findings and Future Questions</b> <i>Review prevalence of specific sexual health behaviours, associated risk and protective factors - based on findings from the 2013 survey of nearly 30,000 young people in BC. Also, here's your chance to provide input into the 2018 questions, so that the survey is of greatest value to healthcare professionals like you.</i>	Annie Smith, ALM
<b>S</b>	<b>Newcomers' Sexual Health</b> <i>Sexual health considerations for immigrants, refugees and other newcomers.</i>	Mei-ling Wiedmeyer, MD & Sonja Rietkerk, NP
1440	Break, Networking & Exhibits	
1455	<b>Concurrent Breakout Sessions II Repeat (except K and N; T added in second session)</b>	
<b>T</b>	<b>Of Course I Talk to My Own Kids About Sex</b> <i>On becoming an "askable adult" for the children in your life.</i>	Kristen Gilbert, BFA(Ed)
1605	Return to Plenary	
1610	<b>Paraphilic Disorders: When Kink Stops Being All in Good Fun</b>	Jason Winters, PhD
1645	<b>Closing Remarks &amp; Please Complete Your Evaluations</b>	
1700	Conference Ends	



## CONFERENCE CHAIR

**Marisa Collins**, MD, MHSc, CCFP, FCFP. Medical Director, Options for Sexual Health (Opt); Medical Director, Special Projects, UBC CPD; Clinical Assistant Professor, Department of Family Practice, UBC

## COURSE PLANNING COMMITTEE

**Leta Burechailo**, MD, CCFP. Youth Clinic Physician, Powell River, BC

**Lindsay Callan**. Conference Services Director, Division of Continuing Professional Development, Faculty of Medicine, UBC

**Kristen Gilbert**, BFA(Ed). Certified Sexual Health Educator; Director of Education, Options for Sexual Health (Opt)

**Ashley Heaslip**, MD, MPH, CCFP. Public Health PhD Candidate

**Christie Newton**, MD, CCFP. Associate Professor and Director, Continuing Professional Development and Community Engagement, Department of Family Practice, UBC; President, BC College of Family Physicians

**Nicole Pasquino**, RN(C), BSN, BHSc. Professional Practice Leader, Options for Sexual Health (Opt)

**Dawn Petten**. Sexual Health Educator and Help Line Counsellor, Sex Sense, Options for Sexual Health (Opt)

**Paul Yong**, MD, PhD, FRCSC. Assistant Professor, Divisions of Gynaecologic Specialities and Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynaecology, UBC

## CONFERENCE VENUE & ACCOMMODATION

**Radisson Hotel Vancouver Airport**  
8181 Cambie Road  
Richmond BC V6X 3X9

Special conference rates starting @ \$129.00 CDN/night. Quote "Sexual Health Conference" to obtain the conference rate.

Reservations must be made by Feb 28, 2017 as rooms will not be held beyond this date, except on a space available basis.

### TO MAKE A RESERVATION

T 604.279.8384 or 1.800.333.3333

E [reservations@radissonvancouver.com](mailto:reservations@radissonvancouver.com)



## SEXUAL HEALTH 2017 IS BROUGHT TO YOU BY:



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA

**Faculty of Medicine**  
Division of Continuing Professional Development

## FOR MORE INFORMATION VISIT

[ubccpd.ca](http://ubccpd.ca)

- Accreditation Statement
- Refunds & Cancellations

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# SEXUAL HEALTH 2017 CONFERENCE REGISTRATION

Mar 31-Apr 1, 2017

Radisson Hotel Vancouver Airport  
Richmond BC

ME9050  
UBC CPD use only

## CONTACT DETAILS

Urban  Rural

Last Name \_\_\_\_\_ Given Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Prov/State \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

Email (required) \_\_\_\_\_

## CONFERENCE FEES

Course materials, breakfasts, refreshments & lunch

Save \$10 by registering online!	By Feb 17	Feb 18 - Mar 22	After Mar 22 & On-Site
Physicians	\$439	\$489	\$539
Allied Health	\$359	\$379	\$399
Residents/Students	\$225	\$235	\$245

## WORKSHOPS

Select **3 breakout sessions from each day** and rank in order of preference. (1=most preferred)  
You will be assigned to 2 breakout sessions per day, based on availability.

Concurrent Sessions I (Friday)									
A	B	C	D	E	F 13:20 only	G	H	I	J 14:50 only
FULL									
Concurrent Sessions II (Saturday)									
K 13:30 only	L	M	N 13:30 only	O	P	Q	R	S	T 14:55 only

## DIETARY REQUIREMENTS / ALLERGIES

Severity:  HIGH or  LOW, foods can be in the same room, but well labeled

## PAYMENT BY FAX

Please do not email this form

\$ \_\_\_\_\_  VISA  MC

TOTAL AMOUNT ENCLOSED \_\_\_\_\_

Name of Cardholder \_\_\_\_\_ Signature \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_

\*No refunds or transfers, unless you cancel IN WRITING by March 9 for a \$50 fee. Please contact our office at cpd.info@ubc.ca regarding the availability of on-site registration. This event has previously sold out.



Easy ways to  
**Register**



ubccpd.ca



604.875.5101



604.875.5078



cpd.info@ubc.ca



UBC CPD  
VGH JPPN 3300  
910 W 10<sup>th</sup> Ave  
Vancouver BC V5Z 1M9

I am a:

- Family Physician
- Nurse Practitioner
- Midwife
- Registered Nurse
- Specialist
- Resident
- Other (please specify) \_\_\_\_\_

Are you a fellow of the Royal College of Physicians and Surgeons of Canada (RCPSC)?

- Yes
- No

If yes, please list your specialty:

Personal Information is collected on this registration form pursuant to section 26 of the Freedom of Information and Protection of Privacy Act, RSBC 1996 c. 165. Information is used for the purposes of facilitating the conference and collecting aggregate statistics.

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- I DO NOT CONSENT to being on the participant list.

All participants registered for UBC CPD courses are included on the contact list for future programs. If you DO NOT wish to be on the contact list, please indicate below.

- I DO NOT wish to be on the UBC CPD contact list.

