



UBC CPD COURSE CALENDAR 2018-2019

FACULTY OF MEDICINE | CONTINUING PROFESSIONAL DEVELOPMENT

THE UNIVERSITY OF BRITISH COLUMBIA





UBC CPD DIRECTIONS

“How did it get so late so soon?”

- Dr. Seuss

Indeed, how quickly time flies! It has been a year since our last calendar and we are pleased to present to you the 2018-19 edition. The calendar is designed to make course selection easy and efficient so you can direct your time toward meaningful learning opportunities.

At UBC CPD we make every effort to listen to the needs of our audience and strive to offer professional development that is customized and contextualized to the needs of individual learners and the groups within which they work. We achieve this through building educational programs that cultivate relationships between health care professionals, for example through coaching or post-program support, and by delivering these programs in the context of where care is being provided. These programs can increase professional satisfaction and act as a catalyst for meaningful and sustained practice improvement. The communications course, clinical coaching and mentoring programs are just three examples of accredited learning opportunities that prioritize relationship-building and support practice improvement.

Based on learner feedback and taking a more holistic approach, we continue the shift towards

CPD that is embedded in the workplace and aligned with quality improvement methodology. As one of the only existing levers of practice improvement, CPD has the power to transform clinical care delivery, support team-based practice, and close gaps in care through enhanced relationships and data-driven practice improvement.

Conferences are another valuable educational approach to support learning and practice improvement. Every year, we manage upwards of 50 medical conferences on a variety of topics including emergency medicine, mental health and residential care. We also develop, implement, and evaluate the impact of over 100 custom education programs including interactive small group learning sessions, travelling skills-based and simulation courses and numerous online and self-directed learning opportunities. We are also excited about the increasing number of programs that we offer to midwives, physical therapists, and other members of the health care team.

You will find that courses already scheduled are listed inside this calendar. We invite you to hang this up on your wall for easy reference. Please visit ubccpd.ca throughout the year for new additions and to register for courses. Our team is here to support you and we wish you great learning experiences in the year ahead!



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UBC CPD AWARDS & GRANTS

ubccpd.ca/awards-grants

Awards for Innovation & Distinguished Services in CPD

You are invited to nominate your UBC colleagues who contribute to CPD/CME! Each award recipient receives \$1,000 and an award plaque @ the Annual UBC Faculty of Medicine Awards Reception. We thank our past winners for their contributions in the CPD field!

- Innovation - Dr. Silvia Guillemé
- Service - Dr. Gisèle Bourgeois-Lav

Educational Research Grants for Residents

Calling all residents! We have two research grants available to recognize original research work in the field of CPD. Grant recipients receive an honorarium of \$500 to support their medical educational research projects.

We congratulate our past winners:

- Specialty Practice - Dr. Riki Dayan
- Family Practice - Dr. Dan Abrams

“CPD is more than attending an event. It is about curiosity and understanding the evidence. It is about motivations and capacity to change. It is about finding ways to put learning into practice, reflect on success, and move forward. In my new role at UBC CPD, I work on programs that aim to empower your practice improvement.”



- Bruce Hobson, MD, UBC CPD Consultant and Quality Improvement Lead

LET'S TALK ABOUT YOUR LEARNING

If you learn best from...

1:1 LEARNING

Coaching & Mentoring Programs connect you with trusted colleagues to support you with a customized approach to addressing your learning goals; we'll find the Coach or Mentor that will work for you!

More info: ubccpd.ca/camp

QUICK SNIPPETS

Subscribe to UBC CPD's popular This Changed My Practice (TCMP) and get the curated eNewsletter every 2 weeks. Read articles on any device and receive CME study credits.

More info: thischangedmypractice.com

ONLINE LEARNING & SELF-REFLECTION

We are pleased to provide a growing library of online modules, many interactive webinars covering hot topics, and a NEW self-guided personal eCoach tool that will guide you through the process of practice improvement on any topic you choose. We are excited to announce that eCoach has been awarded the 2018 National CFPC CPD Program Award for its exceptional learning experience. Sign up today and enjoy the flexibility and comfort of self-paced learning.

More info: ubccpd.ca/elearning



50 communities currently supported with coaching and mentoring



GET INVOLVED email nina.z@ubc.ca to learn how you can submit an article



CPD eCoach improve your practice at your own pace and earn 3 credits per hour!

FINDING IT HARD TO FIND THE TIME?

That's why we are finding new ways to make learning efficient, memorable, and most certainly worth your time.

PRACTICE SUPPORT PROGRAM COLLABORATION

The Practice Support Program has partnered with UBC CPD to evolve their existing modules, which require a significant time commitment from the learner, into smaller, bite-sized chunks that consider the realities of physician workflow. Topics include: COPD, heart failure, hypertension, diabetes, pain, and end of life care.

More info: ubccpd.ca/psp or email laura.b@ubc.ca

CPD COURSES

Our aim is to deliver the best learning experience for each course. We offer pre-course surveys to meet your personal learning needs, we create networking areas, and we find the most impactful topics and carefully plan the educational delivery to increase the impact of each course.

More info: ubccpd.ca/courses

“I am working on a new online module on Adverse Childhood Experiences (ACEs) and how they relate to the Indigenous population.

In this course, we have created opportunities for you to self-reflect in a way that might be out of your comfort zone, while embarking on the health care journeys of three Indigenous patients who need you at your best. Most of us, physicians included, have experienced at least one ACE before our 18th birthday, so this course hits really close to home on many levels. UBC CPD uses storytelling coupled with thoughtful design to empower and support your learning.”



- Paige Blumer, MSc, UBC CPD Biomedical Visualization Specialist



QUICK TIP use the advanced search function to quickly find courses tailored to your needs

“Rural practitioners have to be resourceful in order to provide exceptional care for their patients, and in turn, we are challenged to be just as creative in supporting you. The best part of my job is working with the most exceptional people and meeting the most industrious health professionals across BC. I have seen such tremendous growth in the rural portfolio as a result of the dedicated efforts of our funder, the Joint Standing Committee on Rural Issues, our partners, especially the Rural Coordination Centre of BC, and our amazing Rural CPD team. We have multiple rural-specific offerings, such as the Online Journal Clubs and Videoconference Rounds, Hands on Ultrasound Education (HOUSE) training, and our Coaching and Mentoring programs which help establish and build supportive relationships amongst colleagues for professional and personal growth.”



- Dilys Leung, PhD, Rural CPD Project Manager

OTHER SERVICES

Are you leading a program or interested in running an event? We can help!

EVENTS & CURRICULUM

We can help you plan, facilitate, and provide curriculum design and research for your upcoming events. We manage local, national, and international conferences ranging from 10 to 1000+ delegates.

More info: ubccpd.ca/event-management or email lindsay.c@ubc.ca

ACCREDITATION

Our Accreditation Office delivers a boutique-style service that can transform your CPD ideas into exceptional educational offerings.

More info: ubccpd.ca/accreditation or email joanna.c@ubc.ca

INSTRUCTIONAL DESIGN

Let our team of instructional designers and multimedia experts help bring your content to life!

More info: ubccpd.ca/online-learning or email kate.c@ubc.ca

For full staff stories visit: ubccpd.ca/stories